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MUMBAI

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Shivaji park

to proceed

despite rain

Mumbai, Sept 29 (UNI)

Shiv Sena (Thackeray

Dussehra rally

Pages: 8 Rs.1

Heavy rainfall claims ten lives in Maharashtra

Mumbai, Sept 29 (UNI) : The India Meteorological Department (IMD) has issued an orange alert for Mumbai and four other districts, including Mumbai suburban, Raigad, Thane and Palghar, warning of heavy to very heavy rainfall at isolated places.

The warning comes as coastal Maharashtra faces incessant downpour, with Mumbai's rainfall crossing the 3,000 millimetre threshold for this monsoon

According to officials,

at least ten people lost their lives in rain-related incidents across Maharashtra in over 48 hours, while more than 11,800 people have been rescued from floodaffected areas till late.

The State Disaster Management Department reported that four deaths occurred in Nashik district alone, two deaths each in Dharashiv and Ahilyanagar, and one each in Jalna and Yavatmal

In the past 24 hours ending at 8:30 am today,

the India Meteorological Department's Colaba coastal observatory registered 101.2 millimetres of rainfall, while the Santacruz observatory received 77.5 millimetres.

ccording to the Brihanmumbai Municipal Corporation's automatic weather stations, the heaviest downpour was recorded in the western suburbs at an average of 99.44 millimetres, followed by 80 millimetres average rainfall in the eastern suburbs and 74 millimetres in the island city division.

event at the historic venue. Referring to the state's heavy rains and flood situation which has severely affected farmers' lives, Thackeray said, "If farmers can endure mud and water, we too can sit in the rain and mud for a few hours. That's not a problem for us." The Dussehra rally has

instead.

been of historic significance to the Shiv Sena since its inception. Under the leadership of late party founder BalasahebThackeray, lakhs of Shiv Sainiks and ordinary citizens would throng Shivtirth to listen to his speeches and with a plan of action.



Incessant rains have flooded Nanded district with the Godavari river waters cutting off the

submerged and standing crops have been damaged, particularly affecting several villages within the Nanded Assembly constituency. Rahegaon remains the worst-hit area, isolated due to increased discharge from the Godavari

Roads and bridges providing access to the village have been badly damaged. Anand Bondharkar, MLA, visited the affected areas and directed officials to immediately carry out a panchanama to assess losses, ensuring timely assistance reaches the affected farmers and villagers.

Seventeen rescued from stranded bus in Palghar district

faction) chief Uddhav Thackeray today said that he the party's traditional Dussehra rally will be held at Shivtirth as per tradition, evacuated after their bus regardless of rain, wind or became stranded near Chari storm.As the weather department has forecast rain Palghar district yesterday on Dussehra, senior minister night.The rescue operation Chandrakant Patil taunted was personally supervised Thackeray by suggesting by Palghar District Collector that the rally be held online Dr Indu Rani Jakhar and statements, all rescued However, Superintendent of Police individuals were admitted Thackeray has stood firm on Yatish his decision to conduct the demonstrating administration's direct health check-ups and

> The operation resulted Inspector Kiran Pawar of Dahanu police station, who Hospital in Dahanu.

emergency response.

against the backdrop of a more serious accident. heavy rainfall that has been lashing Palghar district between throughout the weekend, creating challenging conditions for both the passengers from the stranded passengers and stranded vehicle despite the rescue personnel.

The rescue effort saw and difficult terrain.

Palghar, Sept 29 (UNI) In coordinated participation a night time rescue mission, from multiple agencies and seventeen individuals officials, including Dahanu including sixteen women Sub-Divisional Police and their driver were safely Officer Ankita Kanse, Tehsildar Sunil Koli, Public Works Department Deputy village in Dahanu tehsil of Engineer Nitin Pagare, municipal employees, and various other emergency response teams.

According to official Deshmukh, to the sub-district the hospital for primary involvement in the were confirmed to be safe following their ordeal.

Authorities credited the in injuries to Police successful outcome to the timely intervention of the administration and the wellis currently undergoing coordinated performance of treatment at the Sub-District district agencies, which effectively averted what The incident occurred could have developed into

> The collaborative effort different departments ensured the safe extraction of all adverse weather conditions



Sanjay Raut slams 'boycott hypocrisy' shares video of

Uddhav Thackeray-led Shiv Sena Rajya Sabha MP and chief party spokesperson Sanjay Raut lashed out against the Indian cricket team today for enacting a 'drama' to fool the Indian public that it had refused to accept the Asia Cup trophy from Pakistan Cricket Board (PCB) chief and minister Mohsin Naqvi,

(See on page 3)

Looking to build momentum in Chennai: Tamil Thalaivas



The Pro Kabaddi League Season 12 caravan returns to Chennai after two years, and the kabaddi stars are ready to hit the ground running at the SDAT Multipurpose Indoor Stadium. (See on page 7)

Leh Apex Body (LAB) not to participate in October 6 talks with center

Security personnel stand guard on a road amid curfew, days after violence during protests

the October 6 talks with the engaging center while the government discussions," he said. said it is always open to dialogue on Ladakh matters called for the next round of recruitment for 1,800 posts with LAB and Kargil talks with civil society in government has already Democratic Alliance (KDA) leaders in the union Territory at any time. The Leh Apex of Ladakh on October 6. Body (LAB), which is leading the demand for expressed confidence that continuous dialogue would statehood and inclusion of continuing dialogue would yield the desired results in Ladakh in the six schedule yield the desired result. The near future," the statement of the Constitution, stressed Home Ministry in a added. the need for judicial probe statement said, "We would into the recent violence, the continue to welcome edge since Wednesday release of detained persons discussion with ABL and when violent protests broke and restoration of peace in KDA through the High out during activist Sonam

demanding statehood for Ladakh, in Leh.

Thupstan Chewang told platform". reporters in Leh that the decision not to hold talks mechanism on Ladakh has The clashes left four people was taken unanimously in yielded good results in the dead and over 100 injured. view of the tense form of increased Curfew remains in place in Leh

in

The Home Ministry had

The government also Powered Committee (HPC)

environment prevailing in reservations to the for the sixth consecutive day.

Heavy rains cause flood losses in Nashik

Nashik, Sept 29 (UNI): The heavy rains in the last two Godavari river had flooded. "Now the flood has receded as

to three days have caused huge losses to farmers and the continuous flow has stopped and the situation is under

citizens along the Godavari riverbanks. "This is the situation control. The administration is on 24-hour alert mode and in most places in the state and the government is ready to no untoward incident has taken place as the citizens have

Leh/New Delhi, Sep 29 the region."Until tranquillity Scheduled Tribes of (UNI) The Leh Apex Body is established and a Ladakh, providing women (LAB) today announced its harmonious environment is reservation in LAHDCs and decision not to participate in created, we will refrain from protection to local any languages, the statement added.

> process of The commenced in the UT of Ladakh, the statement said. "We are confident that

Ladakh has remained on Wangchuk's hunger strike The head of the LAB on Ladakh or any such for statehood and Sixth Schedule status after two dialogue elderly participants fell ill.

village in Nanded Nanded, Sept 29 (UNI):

Rahegaon village. Several homes are

over the past two days.



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help farmers and citizens affected by the floods caused by followed the instructions given by the administration from The Insurance Ombudsman shall receive and consider complaints heavy rains and relief work is underway," said the state's time to time." However, due to the release of water, water as per Insurance Ombudsman Rules 2017 (as amended up to date) Minister for Water Resources and Disaster Management, has entered the houses of citizens, and the animals, crops Girish Mahajan. Minister Girish Mahajan was speaking after and land of the farmers have been washed away. Email IDs of 18 offices of Insurance Ombudsman are as follows:inspecting the Godavari river area, Old Vegetable Market, Businessmen on the banks of the river have also been Patangan and Ramkund areas. On this occasion, MLA affected by this flood. The Panchnamas of the villages where Devyani Farande, MLA Rahul Dhikle, District Collector Jalaj water has entered the houses are being conducted and the Sharma, Municipal Commissioner Manisha Khatri, Police residents of the villages have been shifted to safe places Commissioner Sandeep Karnik, Deputy Commissioner of for protection and their shelter and food facilities have Police Monica Raut, Superintendent Engineer of Water been provided through the administration. Chief Minister Devendra Fadnavis has instructed a Resources Department Rajesh Gowardhane, Executive Engineer of Water Resources Department Sonal Shahane panchnama survey. In many places in the state, farmers' and officers of various departments were present. Minister lands have been washed away and 4 to 5 feet of soil has

Girish Mahajan said that when he visited the Panchavati been washed away. Water is accumulating in the fields of area and Holkar Bridge last night, due to heavy rain, the farmers whose crops have been damaged.

Missing girl found in **Udaipur**

Betul (MP), Sept 29 (UNI): A girl who had gone missing from Betul district in Madhya Pradesh has been found in Rajasthan, police said today.

Following a directive from Superintendent of Police Virendra Jain, a special campaign was on to trace missing children.

Earlier this month, a complaint was lodged by the minor's father that she had been lured away.

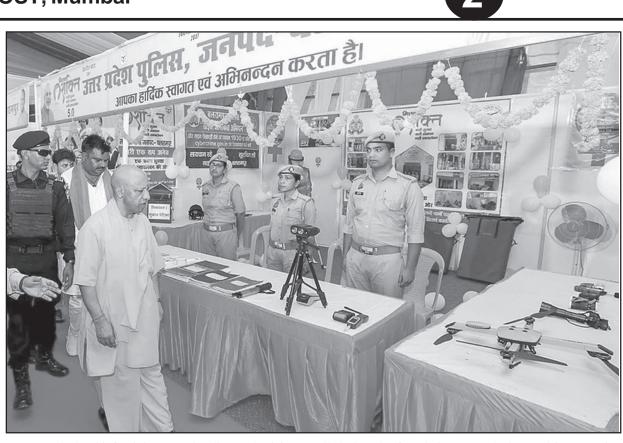
A search commenced and information was received that the girl was at a factory in Udaipur. A lawenforcement team left for that city and recovered the minor from Bhainsdehi Police Station limits.

Poshan Bhi -Padhai Bhi' workshop organised in Raipur

Raipur Sept 28 (UNI): The Women and Child Development Department, Chhattisgarh organised a three-day workshop titled 'Poshan Bhi – Padhai Bhi' from September 25 to 27 in Abhanpur project area, Raipur. Anganwadi workers (AWTs) from 12 sectors actively participated in the programme.

The workshop focused on the objectives of the National Education Policy 2020 (NEP 2020), particularly strengthening non-formal schooling and Early Childhood Care and Education (ECCE). Under NEP 2020, Anganwadi centres are no longer seen merely as sites for nutrition services, but as the first step in ensuring the cognitive, linguistic, physical, mental, and social development of children.Over the three days, Anganwadi workers were trained through demonstrations of daily activities designed to achieve these developmental goals. The capacity-building sessions aimed to enable workers to integrate nutrition and education more effectively at the

grassroots level. **Project Officer** Rachayita Naidu, in her address, said that initiatives like "Poshan Bhi - Padhai Bhi" empower Anganwadi workers with new approaches to deliver quality early education. She stressed that guidance from sector supervisors and master trainers would help workers understand local challenges and adopt practical solutions. She also underlined that the initiative not only integrates education and nutrition but also advances a holistic model combining health, nutrition, and early education. The workshop saw active participation and support from sector supervisors including Kanchanprabha Sahu, Kanta Lakda, Smita Dhruv, Rekha Sahu, Rekha Rajput, Vaishali Dewangan, Rashmi Devi Verma, Khemeshwari Sahu, Saroj Khobragade, and Kusum Singh Thakur. Institutions such as UNICEF, Vikramshila, Eduweave, and the Azim Premji Foundation also extended valuable collaboration.



Uttar Pradesh Chief Minister Yogi Adityanath visits a stall during the foundation stone laying and inauguration ceremony of various public welfare projects, in Balrampur district.

Basohli Utsav: Basohli is complete exuberance of art & culture: LG Sinha

Jammu and Kashmir Lieutenant Governor Manoj Sinha today said the Basohli Utsav is an opportunity to promote Brand Basohli to every corner of the country and abroad, and to provide a global platform for the handicrafts and worldrenowned paintings of Basohli. Basohli Utsav, organised by the J&K Academy of Art, Culture and Languages, Divisional Administration, Jammu and Indira Gandhi National Centre for Arts was inaugurated by the Lieutenant Governor today at Basohli in Kathua.

"I Consider the Basohli Utsav as the Mahakumbh of Art, Culture and Tradition. Basohli Utsav

Jammu, Sept 29 (UNI): reminds all sections of society that they are inheritors of the great heritage of India and they need to contribute to the cultural renaissance and in the journey towards a developed India," the Lieutenant Governor said. The Lieutenant Governor highlighted that as we intensify the process for Viksit Bharat, there is a need to focus on promoting our tangible and intangible cultural heritage and ensure their transmission to the young generation.

> "India's growing economic power and India's culture, art, and traditions gaining global recognition. philosophical, spiritual and artistic capability is drawing admiration worldwide. This

growing global interest is strengthening India's soft power," the Lieutenant Governor said. "Basohli is a complete exuberance of art and culture and there is sensitivity embedded in Basohli's traditions. Basohli is not just a geographical point on the map. It is not just a part of history books but Basohli is the energy field of the seekers associated with art, literature and tradition of who have dedicated every particle of their body and every moment of their life to attain the expertise in different art forms," the Lieutenant Governor said.

He said, a Whole of Government approach is required to promote Basohli painting across the country and abroad, and to ensure

the prosperity of artist. He also urged the youth to participate in the symposium and workshop on Ramayana during the Basohli Utsav. It was informed that the Basohli Utsav will be an annual festival and a part of the annual calendar of events for the Department of Culture. The Lieutenant Governor released five publications—'Lok Mein Ram', 'Ramayan Ki Stree Gatha', 'Ram Ka Ghar', 'Ram Ki Sanjeevani' and 'Tribes Ramayana'. The publications, touching

upon diverse dimensions of the epic from women's perspectives to tribal traditions and the cultural ethos of Lord Ram, enriched the Utsav and complementing its artistic and spiritual spirit.

Internally displaced teenager commits suicide in Manipur

Imphal, Sept 29 (UNI) A thirteen-year-old boy was found dead by hanging at Jiribam Higher Secondary School relief camp in Jiribam of Imphal today.

The boy, a Meitei who fled attack from another community, had been living in a relief camp for more than two years. His house was completely burnt down.Over 60000 people displaced by the conflict, began which Churachandpur district on May 3, 2023, are still languishing in relief camps in pathetic conditions. Over a hundred persons Moreh Churachandpur have died due to unnatural deaths like shock, anxiety and depression. Most of the relief camps have seen large numbers of deaths by suicide.

Keisam Pradipkumar, Chairperson of the Manipur Commission for Protection of Child Rights (MCPCR), expressed concern over the large number of suicide cases among teenagers in relief camps and other cases. He said last July a 13 -year-old displaced boy died by committing suicide at a school hostel and in August, a 15-year-old boy was found hanging, and a girl committed suicide after a case of harassment was reported. According to a person living in a relief camp in Imphal East, the news of the deaths of any displaced persons sent shockwaves among all the displaced persons as they live in pitiable conditions.

Union MoS Tokhan Sahu reviews urban development projects in Arunachal

Itanagar, Sept 29 (UNI): Union Minister of State for Housing and Urban Affairs, Tokhan Sahu, who is on a two day visit to Arunachal Pradesh, today convened a meeting with officials of the State Urban Affairs Department at the State Guest House.

The meeting was chaired by State Urban Affairs Minister Balo Raja and attended by Advisor to Minister (Urban Affairs) and local MLA Techi Kaso, Commissioner (Urban Affairs) Vivek Pandey, Director (Housing), Director (Town Planning), and Chief Executive Officers of the Itanagar and Pasighat Smart City Corporations, among

In his opening remarks, Minister Balo Raja expressed gratitude to the Prime Minister for his focus on the northeastern states and for sending union Ministers and senior officials to address local development challenges. He highlighted the State's difficulties in accessing central schemes due to population criteria, challenging terrains, and adverse weather conditions, urging special consideration for Arunachal Pradesh's project proposals.

Advisor Techi Kaso also welcomed the visiting Minister and appreciated the Ministry's ongoing support for urban development initiatives in the state. In his closing remarks, union MoS Tokhan Sahu expressed satisfaction with the progress of urban projects and assured full support for the development of towns and cities in Arunachal Pradesh. He will proceed to Ziro tomorrow to oversee ongoing project activities.

During the session, Commissioner Pandey presented a detailed status update on various projects under centrally sponsored schemes and Smart City initiatives. He commended the achievements of Pasighat Smart City and highlighted vital projects commissioned by the Itanagar Smart City, along with others scheduled for inauguration soon. Earlier in the day, Minister Sahu met Governor Lt Gen (Retd) KT Parnaik at Raj Bhavan for discussions on the pace of urbanization in the State. The Governor highlighted challenges arising from rapid urban growth, including unplanned concrete structures, narrow lanes, inadequate drainage, poor solid waste and septic waste management, and the proliferation of unplanned settlements. He emphasized the need for inclusive, affordable, and well-planned housing solutions to meet rising population demands. Stressing the importance of cleanliness, the Governor said that well-maintained surroundings are vital for public health and overall livability. He urged the Central Government to provide guidance and support for sustainable, people-centric urban development in Arunachal Pradesh.

They are ruining the lives of children by handing them 'I Love **Mohammad'** placards: Yogi

Balrampur, Sept 29 (UNI): Uttar Pradesh Chief Minister Yogi Adityanath has warned that those who create chaos during festivals and obstruct development will face strict action. He announced that dream of "Ghazwa-e-Hind" will never be fulfilled in India, instead, such people will be handed a "ticket to hell".

UP CM urged people to be vigilant against those involved in anti-India and anti-Hindu activities and share their information with the administration. The government is implementing zero tolerance for crime, criminals, and traitors. Addressing a public meeting in Ghughulpur area of Balrampur district, on the India-Nepal border in Uttar Pradesh, CM said that faith is not a matter of display at crossroads, but a matter of conscience.

"Those spreading chaos are ruining the lives of children by handing them 'I Love Mohammad' placards and posters and making them protest. Those creating riots and anarchy have been handed a ticket to hell without even asking for it", he charged.

He said that those who unnecessarily spread fear and rumors about drones and theft will be charged under gangster Act. Appealing for cooperation in widespread public awareness, Yogi Adityanath said that if anyone will try to create an atmosphere of fear, administration will be informed and report of cow smuggling and cow slaughter will be informed to the police. They will receive immediate

Yogi Adityanath said that Balrampur district is being transformed into a district full of aspirations by covering projects worth Rs 825 crore. "The previous government used to provide One District-One Mafia, but the BJP government is providing One District- One Medical College." He announced that Balrampur will get a medical college named after former Prime Minister Atal Bihari

He said that Devipatan Mandal will get a sports college. He inspected the under-construction Maa Pateshwari University. UP CM said that Balrampur is creating a new identity for itself through development under the doubleengine government. From the stage, he spoke about road connectivity and air connectivity and enumerated the government's development plans for this.

RSS Vijaya Dashmi Utsav starts its centenary celebrations

Jaipur, Sept 29 (UNI)

The nine-day Vijaya Dashmi Utsav begins today marking the start of the Rashtriya Swayamsevak Sangh's (RSS) year long Centenary celebrations. The opening ceremony was observed today all over Rajasthan with several programmes which are being held during the nine days until October 5.On the opening day today, Swayamsevak Congregations were organised at 9000 locations throughout the state right from local ward/basti level upto district and the state capital level, a Sangh spokesman said today evening.The Swayamsevaks in all age groups are attending the congregations, more than 27,000 intellectualscitizens would attend these Vijaya Dashmi Utsav programme as guests. The Sangh would high light it's mission "Panch Parivartan" to evoke mass awareness on this Sangh agenda.

were organised with aim to demonstrate the disciplined and the collective power of the RSS, so that it can inspire more and more intellectuals and people from different walks of life and strata of society for engaging in the social service mission of the Sangh.

The poster war in UP These Congregations anonymously.

Poster war erupts in UP, 'I Love Akhilesh Yadav' posters put up outside SP office

: Uttar Pradesh politics is once again on the verge of polarization ahead of the Panchayat elections.

Supporters of political parties are demonstrating unity through poster wars.

Meanwhile, in response to the "I Love Yogi Adityanath Ji" posters, supporters outside the Samajwadi Party office have expressed their faith by putting up "I Love Akhilesh Yadav" posters.

began during Rahul Gandhi's two-day visit to Rae Bareli.Since Rahul's Rae Bareli visit coincided with the Voter Rights Yatra, Rahul Nirmal Bagi, state

Lucknow, Sept 29 (UNI) secretary of the SP's Lohia their allegiance by putting further heated up the Vahini, created a sensation by putting up posters depicting Brahma, Vishnu, and Mahesh. The posters depicted Tejashwi, Rahul Gandhi, and Akhilesh Yadav as gods. The posters read, "India's last hope, the Brahma, Vishnu, and Mahesh of Kaliyuga." In the photo, Tejashwi Yadav was depicted as Lord Brahma and Rahul Gandhi as Lord Vishnu. Akhilesh Yadav was described as an incarnation of Lord Mahesh.Following this, supporters of Samajwadi Party leader Mohammad Azam Khan, who was released from Sitapur jail after 23 months, expressed

up posters outside the party office. The poster, put up by SP leader Mohammad Ikhlaq, read, "Azam is back, this is the sign of a new dawn. Listen carefully...the wind is announcing a change in government."

The recent controversy surrounding the "I Love Mohammad" poster in the Rawatpur area of Kanpur has served as a booster dose for political parties.

While posters of "I Love Mahadev" were initially put up in light of the government's tough stance on the protests in Bareilly, BJP leader and Yuva Morcha General Secretary Amit Tripathi has

political heat by posting "I Love Shri Yogi Adityanath Ji" and "I Love Bulldozers." These posters feature

photos of Chief Minister Yogi Adityanath and Amit Tripathi, with a picture of a bulldozer in the middle.

The "I Love Akhilesh Yadav Ji" poster, put up outside the SP office by Samajwadi Lohia Vahini's National Secretary Vivek Singh Yadav, highlights the development work done during the Samajwadi Party government. The poster features Akhilesh Yadav's dream project, the Lucknow-Agra Express, the landing of fighter jets on the expressway, and the laptop scheme.

Punjab police launches organised crime helpline

Chandigarh, Sept 29 (UNI): In a significant step to empower citizens and strengthen the fight against organised crime, Director General of Police (DGP) Punjab Gaurav Yadav today launched a dedicated, tollfree helpline 1800-330-1100 for the public to report organised crime including intimidation, extortion, and gangster-related activities

Pertinently, this helpline has been activated by the Punjab Police's Anti-Gangster Task Force (AGTF) to provide citizens with a direct and confidential channel to report organised crime.

In order to ensure the helpline's effectiveness, the DGP made a trial call to 1800-330-1100 during the inauguration and interacted with the representative understand the working of the new system. DGP Gaurav Yadav, in

his video message to the public, assured that every piece of information received on this helpline will be treated with the highest level confidentiality, and the identities of callers will be protected.He appealed to the people of Punjab to save the number, report any such incidents without any fear or hesitation, and join the Punjab Police in its mission to build a safer state."This helpline is a powerful tool for the public

to directly assist the police.

Reports received here will trigger immediate and coordinated action," said the DGP, while emphasising that the helpline is centrally monitored under the direct supervision of the Additional Director General of Police (ADGP) AGTF Promod Ban, to ensure effective and prompt follow-up on every lead. The DGP informed that the established infrastructure of the 112 helpline is being utilised to ensure smooth functioning of this helpline, however.

Nashik wall collapse amid heavy rain kills disabled man

Nashik, Sept 29 (UNI) A tragic incident occurred in Nashik city's Gopalwadi area when a house wall collapsed amid heavy rains at midnight yesterday, killing a 62-yearold disabled man, Dilip Barku Thackeray. His wife was seriously injured and admitted to the district hospital.

The collapse was likely due to heavy rains that wreaked havoc in the district, flooding the Godavari river and damaging crops.

The rains caused significant disruption, with Dutondya Maruti, a statue of Lord Hanuman located on the banks of the Godavari in Nashik, being submerged.

Sanjay Raut slams 'boycott hypocrisy' shares video of 'handshake' with Pak cricket chief

Mumbai, Sept 29 (UNI) Uddhav Thackeray-led Shiv Sena Rajya Sabha MP chief party spokesperson Sanjay Raut lashed out against the Indian cricket team today for enacting a 'drama' to fool the Indian public that it had refused to accept the Asia Cup trophy from Pakistan Cricket Board (PCB) chief and minister Mohsin Naqvi, after sharing a video showing Indian cricket captain Suryakumar Yadav greeting, posing for a picture and even shaking hands with Naqvi, before the Asia Cup match.

"I don't know about the BJP's fake patriots and devotees, but the actual patriots did not watch the match yesterday. You did not take the trophy from the PCB chief Naqvi, but I shared a video which shows the Indian captain shaking hands with them, having tea and clicking pictures. Do you think the

public is a fool?" Sanjay Raut tweeted on X. Raut said, lashing out against the Indian cricket team's hypocrisy, at a press

conference today. "If patriotism was truly in your blood, you wouldn't have even stepped on the field with Pakistan. Top to bottom pure theatre. Indian public being played," Sanjay Raut tweeted on X, calling the handshake controversy during the first India versus Pakistan game "nationalist drama cooked up for TV cameras".

"At the start of the cricket series, 15 days ago, he (Indian cricket captain Suryakumar Yadav) shook hands and clicked photos with Pakistan's minister Mohsin Naqvi. But now they are showing the country a drama of patriotism. If nationalism truly flowed in their blood, they should not have stepped onto the field against Pakistan," Sanjay

Raut called the cricket match between India and Pakistan "an insult to the Indian Army and the people who died during the Pahalgam terror attack". "Our question is, why are you playing with Pakistan? You should not insult the soldiers who martyred and the people who died in Pahalgam. You did not take the trophy, did not shake hands with their captain, but then why did you play the match? If you played the match, then stop this

drama," Sanjay Raut said. "Appearances on the field are different and the appearance inside is very different. Who are you fooling? Have you taken inspiration from the Prime Minister to fool the country? This needs to come before the people now," Sanjay Raut said. Ever since (Union Home Minister Amit Shah's son) Jay Shah came, players

from Maharashtra have not been seen on the Indian Cricket Board. Is this being done deliberately? This is the question that every Marathi person should ask himself. Why is this happening? The work of removing Maharashtra from many Indian cricket organisations is being systematically done," Sanjay Raut alleged.

Maharashtra Congress Chief Spokesperson Atul Londhe Patil also slammed union Minister Amit Shah and questioned why his son Jay Shah who is the Chairman of International Cricket Council's (ICC) did not oust the Pakistan team. "We wish to ask, has 'Operation Sindoor' ended? If the game was being played to normalise relations, it would have been understandable. But how can it take place when 'Operation Sindoor' supposedly has still not ended? Is all this being

done only for money? Amit Shah says this is organised by ICC. Then why can't the ICC which is headed by his son Jay Shah not oust Pakistan?" Atul Londhe Patil questioned.

Reacting to the attack

by the opposition, the Maharashtra unit of the BJP's official spokesperson Navnath Ban said, "Pakistan suffered a heavy defeat in the India-Pakistan cricket match due to which Sanjay Raut had to bear a huge loss in cricket betting. Raut's DNA is not of India, but of Pakistan. Raut speaks the language of Pakistan. 100 crore Indians watched the final match of the Asia Cup tournament, which made Raut's face black. It is highly commendable that cricketer Suryakumar Yadav donated his honorarium to the armed forces after winning the match. Did Raut give even one day's honorarium to flood-affected farmers?"



Maharashtra State Electricity Transmission Company Limited (Mahatransco), Mumbai on Monday.

Thousands of devotees participate from across State in Devotional **Competition** "Khel Rangla Warkaryancha "

Pune Sep 29 (UNI) With resounding chants of 'Pundalik Varada Hari Vitthal' and 'Jai Jai Ramkrishna Hari', the devotional event 'Khel Rangla Warkaryancha' reached its peak of excitement today. Warkaris immersed themselves wholeheartedly in traditional activities of the Warkari culture such as ringan (devotional circle dance), phugdi, katwat kana, kandaphodi, talayat malayat, and leaping joyfully to the chorus of Harinam. For the first time in Maharashtra, Milind Dada Walunj Yuva Manch of Mulshi organized this spiritual and cultural event, "Khel Rangla Warkaryancha"in Pune. Warkaris (Devotees) experienced the depth of their spiritual and cultural heritage. Thousands of Warkaris from all over Maharashtra participated with great enthusiasm.

The program was chaired by Nandkumar (Babuji) Walunj.

Distinguished guests included MP Shrirang Barne, MLA Shankar Bhau Mandekar, MLA Atul Sheth Benke, Sunny Nimbhan, youth leader and social worker from Mulshi Milind Walunj, Pandurang Maharaj Shastri Shitole, and all office-bearers of Warkari Sampraday Samaj, Mulshi Taluka, Dindi No. 96.

BJP spokesperson Keshav Upadhye slams Uddhav Thackeray over Dussehra rally, urges funds for farmers

BJP spokesperson Keshav Upadhye has criticized Shiv Sena (Uddhav Balasaheb Thackeray) chief Uddhav Thackeray, urging him to Dussehra rally and instead use the lakhs of rupees spent on the event to help distressed farmers.

"You stayed indoors when action was needed.

rally and use that money to support the farmers in crisis," Upadhye said in a sharp attack on Thackeray.

Commenting cancel the party's annual Thackeray's recent tour of Marathwada, Upadhye alleged that the former chief minister visited five districts in three hours "empty-handed," merely offering "words of Now is the time to atone for sympathy" and "wiping

Mumbai, Sept 29 (UNI) it. Cancel the Dussehra tears theatrically" without concrete aid.

Taking a jibe at the Dussehra rally, he said, "During Balasaheb Thackeray's time, the rally was a platform for powerful ideas. Now it's only about 'traitors, betrayal, and who stole my party.' Why waste lakhs of rupees to subject ordinary Shiv Sainiks to this drama when the same crying continues regularly?"

Youth dies after being hit by coconut from moving train

Mumbai, Sept 29 (UNI) In a shocking incident, a 27year-old youth from Panju Island died after being hit by a coconut thrown from a moving train while it was passing over the bridge connecting Thane and Palghar districts.

The victim was identified as Sanjay Dattaram Bhoir, who was walking across the railway bridge to reach Panju Island when the coconut struck him.

The railway bridge passes over Panju Island in Vasai Creek, located in the western suburbs of Mumbai, and is not connected by road.

The coconut was apparently part of 'nirmalya' (sacred floral offerings) thrown in the direction of the creek from the train on Saturday morning. Many commuters passing over the creek throw such offerings in plastic or paper bags into the creek from running Western Railway

For villagers of Panju, the railway bridge remains the only alternative route to leave the island during emergencies, as the village has no road connectivity.

Kiran Bhoir, founder-Director of KMC Holidays and Offshore Pvt Ltd and a native of Panju Island, explained that passengers frequently throw coconuts, flowers, and offerings into the sea from passing trains, causing multiple fatal accidents over the years.

Panju, famously known as the "Village of Freedom Fighters" for contributing 21 fighters to India's independence movement, lies on the western side of

the historic Mumbai railway line.

The island had its own railway station until 1956, but it was later removed, leaving villagers deprived of basic healthcare, education, and socioeconomic opportunities due to lack of proper road

Currently, only a small ferry service operated by villagers runs between 6 am and 9 pm, leaving the community isolated at night. Bhoir expressed frustration that despite repeated election promises of Ro-Ro services, tourism development, and bridges, nothing has materialised.

He warned that villagers may soon have to fight against government apathy for survival, just as their forefathers fought against British rule.

Deadline for 12th exam form submission extended till Oct 20 due to heavy rains

Mumbai, Sept 29 (UNI) : The Maharashtra State Examination Board has decided to extend the deadline for the submission of examination forms for Class 12 students to October 20 following heavy rains and flood-like situation in many parts of the state.

Deputy Chief Minister Eknath Shinde spoke over the phone with Education Minister Dadaji Bhuse and instructed him to extend the deadline, said Shinde today.

The last date for submission of exam forms for Class 12 students in the state was earlier set for September 30. However, due to ongoing heavy rains and flood-like conditions in Marathwada, Nashik, Solapur, Ahilyanagar, and other regions, students were unable to submit their forms within the stipulated time.

Several students and parents had approached Deputy CM Shinde requesting an extension of the deadline.

Sharad Gosavi, Chairman of the State Examination Board, has been instructed by the Education Minister to extend the deadline. A formal circular will be shortly issued, soures said.

Assistant Revenue Officer held for accepting Rs 30,000 bribe in Chandrapur

Chandrapur, Sept 29 (UNI) The Maharashtra Anti-Corruption Bureau (ACB) arrested an Assistant Revenue Officer (ARO) here for allegedly accepting a bribe of Rs 30,000 to clear a projectaffected certificate, an ACB release said today.

The accused has been identified as Narendra Khandekar, Assistant Revenue Officer.

According to the ACB, the complainant's daughter was selected as a junior engineer in Maharashtra State **Electricity Generation** Company (MSEB) under the project-affected quota. For verification of the certificate, the family approached the rehabilitation office in July 2025.

Khandekar allegedly demanded Rs 2 lakh for the process, of which Rs 1 lakh had already been paid. He later sought an additional Rs 30,000 to forward the verification report.

Unwilling to pay, the complainant approached the ACB, which laid a trap. Khandekar was caught red-handed while accepting the bribe in his office, the release said.

The operation was carried out by a team led by Sub-Inspector Manjusha Bhosale. Further investigation is underway.

Woman lawyer found dead in Powai residence, husband arrested

Mumbai, Sept 29 (UNI) A 56-year-old woman lawyer was found dead under suspicious circumstances in her Powai residence yesterday, with police subsequently arresting her husband in connection with the case.

The deceased has been identified as Savitridevi Chandrabhan, a legal professional who lived alone in the Raheja building in Powai. She was discovered unconscious in her home yesterday afternoon, prompting local residents to alert the police control room.

Savitridevi was immediately rushed to a nearby hospital, but doctors declared her dead upon arrival, confirming that the cause of death was suffocation.

The Powai Police, suspecting foul play, initiated a thorough investigation into the matter.

During their inquiry, they determined that Savitridevi had been living separately from her husband, Rajiv Chandrabhan, for approximately one year, though he had been persistently attempting to reconcile with her.

According to police officials, Rajiv Chandrabhan, who had retired from a private airline two years earlier, initially denied any involvement in the incident when questioned.

However, during sustained interrogation, he allegedly confessed to the crime.

The couple had previously lived together in the Raheja Vihar area of Powai, but frequent disputes following Rajiv's retirement led them to live separately, with Rajiv moving to Marol while Savitridevi remained in Powai.Investigations revealed that on yesterday afternoon, Rajiv visited his wife's residence to once again attempt to persuade her to resume their married life together. When Savitridevi refused his reconciliation efforts, an argument ensued between them.

Police allege that in a fit of rage, Rajiv smothered her with a pillow, causing fatal suffocation. The Powai Police have registered a murder case against Rajiv Chandrabhan, who remains in custody as the investigation continues.

Major fire in Business Park near Mumbai, No casualties reported

Mumbai, Sept 29 (UNI) A major fire broke out this afternoon in an office located in a business park in neighbouring Thane city, with no casualties reported.

According to details, the incident occurred at the office of Nikhdeep Plasticars Pvt. Ltd. on the second floor of Centrum Business Square, located in Wagale Estate,

Two fire engines, two pickups, one high-rise fire tender, and one hydraulic vehicle were deployed to douse the fire, which was brought under control and fully extinguished within two hours.

The Regional Disaster Management Cell (RDMC) of the Thane Municipal Corporation said that the cause of the fire is under investigation.

WESTERN RAILWAY EXTENDS TRIPS OF SPECIAL TRAIN BETWEEN MUMBAI CENTRAL - INDORE

TRAIN NO.	FROM	то	DAYS OF SERVICE	EXTENDED UPTO	
09085	MUMBAI CENTRAL	INDORE	MONDAY, WEDNESDAY AND FRIDAY	28.11.2025	
09086	INDORE	MUMBAI	TUESDAY, THURSDAY	29.11.2025	

For detailed information regarding stoppages, timings of halts and composition, passengers may please visit www.enquiry.indianrail.gov.in

The Booking for the extended trips of Train Nos. 09085 and 09086 opens from 30.09.2025 at all PRS Counters and on IRCTC website. The above train will run as Special Train on Special Fare



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CH. E. (S.O.) DEPARTMENT **E- TENDER NOTICE**

The Municipal Commissioner of Greater Mumbai invites the following online tender. The tender copy can be download from portal (https://mahatenders.gov.in/ nicgep/app) under "e-Procurement" section.

Sr. No.	Description of work	Tender Reference	EMD in (Rs.)	Tender Fee in (Rs.)	Tender Due On
1.	Design Fabrication & installation of new weather shed at Robert Road pumping station.	2025_MCGM- 1223108_1	19000/-	Rs 3630/- +18 % GST	07-10-2025 At 4 P.M.
2.	Replacement of main incoming switch & ultrasonic level transmitter of with allied work at NF Road pumping station & replacement of pH sensor & Data transfer unit of online monitoring system with allied work at Colaba STP.	2025_MCGM- 1223074_1	8000/-	Rs 1452/- +18 % GST	07-10-2025 At 4 P.M.

For further details log on to https://mahatenders.gov.in/nicgep/app

PRO/1765/ADV/2025-26

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(M. K. Bapat) Ex. Eng. Mech. (Sew.) City-II

STANDARD POST

RIC reboot? Putin's India visit gains significance amid global realignments and US tariffs

National Security Advisor Ajit Doval, who is in Russia, said that President Vladimir Putin will visit India. He, however, added that the dates are being worked out. The visit by President Putin, his first since the Russia-Ukraine war, will be watched closely, especially by the United

The visit would come at a time when the US has imposed a 50 per cent tariff on India for purchasing Russian oil. President Donald Trump says that India is funding Russia's war machine by buying oil from Russia.

The visit by the Russian President is crucial in the wake of several developments that the world is seeing. India has, over the years, inched closer to the United States through collaborations such as the Quad. However, New Delhi still maintains that its ties with Russia are steady and time-tested.

During his visit, he would hold high-stakes meetings with Prime Minister Narendra Modi. While the agenda is not clear, there could be a possibility of the Russia-India-China Troika being revived. Although China would need to be part of this dialogue, many see the visit by President Putin as a start.

The RIC, which was once seen as a counterweight to the Western world, has once again gained significance as under President Trump, all three countries are facing increased pressure, particularly on the economic front.

Another reason why there is a chance of a recalibration is that Prime Minister Narendra Modi would be visiting China on August 31 to take part in the Shanghai Cooperation Summit (SCO). In China, he is likely to meet with President Xi Jinping. If the meetings go well, then the RIC could become a formidable force to counter the pressures from the US and other European countries.

Russia is, however, keen on reviving the RIC, which has been dormant for a long time. In May this year, Moscow had said that the format should be revived to reposition itself at the heart of Eurasian diplomacy.

However, one thing is clear for now, and that is India would not back down from the US threat of tariffs for buying Russian oil. This explains the visit by NSA Doval to Russia and President Putin's visit to India sometime this month.

The Trump administration has imposed new tariffs on several countries, including India, China, and trade partners linked to Russia. While Russia remains heavily sanctioned due to the war, China is facing trade restrictions. These are factors that have created a common ground for the RIC nations to fight back.

Tariffs and secondary sanctions are largely a threat to all three countries, and hence the trio may stick together and revive the Troika.

India has, in recent years, stayed away from the RIC due to border tensions with China. However, today, the fast-changing global situation may make both India and China think of this grouping. India prefers to stay independent in its foreign policy and also avoids taking sides either with the US or China. Hence, the RIC fits well for India as it could work with Russia and China on specific issues. Moreover, for India, both Russia and China are important for its energy needs. The RIC would also give India a buffer against pressure from the West. The RIC format was initiated in the 1990s by former Russian Prime Minister Yevgeny Primakov. He had said that this would be a perfect counterbalance to Western dominance. There have been 20 ministerial-level meetings. However, following the 2020 Galwan Valley incident, the format lost momentum.

(Standard Post Bureau)

Many middle-aged individuals are struggling to distinguish whether the discomfort they feel is due to gastric issues or a heart-related problem, says Dr. Rajesh Deshmukh, Consultant Cardiothoracic Surgeon at Kamineni Hospitals. He notes that the symptoms of both conditions are often very similar, which leads to confusion and negligence, sometimes until the condition becomes severe.

Dr. Deshmukh explains

that his hospital frequently sees patients who ignore early warning signs, thinking it's just a gastric issue. "In recent times, heart problems have been rising, particularly among people aged 40 to 55. Due to lifestyle changes, more people are facing heartrelated issues at younger ages," he said while speaking to the media, Dr. Rajesh Deshmukh was joined by Dr. A. Ravikanth, Consultant Cardiologist, Dr. Rishith Bathini, Consultant Cardiothoracic Surgeon and Dr. Suresh Kumar, Chief Cardiac Anaesthesiologist. Together, they elaborated on the increasing prevalence of heart disease and the importance of early detection, especially in patients who mistake heart symptoms for gastric issues.

"When people experience discomfort in the chest area, nausea, dizziness, or indigestion, they often assume it's just gastric trouble. However,

Gas Pain or Heart Attack?



Middle-aged adults urged to differentiate symptoms and seek timely care

in cases of angina, a condition caused by reduced blood flow to the heart, symptoms like upper abdominal pain, chest burning, and bloating can occur. These are easily mistaken for gastric symptoms. Similarly, conditions like ulcers or GERD (Gastroesophageal Reflux Disease) also produce symptoms that closely resemble heart-related chest pain."

He advises that individuals, especially those with risk factors like age, diabetes, and high blood pressure, should suspect heart issues when such symptoms arise. "Proper evaluation including symptom history, ECG, and troponin tests are crucial. A delay

in identifying heart problems can put lives at risk. General physicians also need to carefully examine such cases in high-risk patients and educate them on the difference between gastric and heart pain to provide timely treatment that could save lives."

"Many patients assume it's a gas issue and go directly to a pharmacy to buy antacids or syrups without medical consultation. This often doesn't help, and the underlying issue may continue to worsen. By the time they come to a heart specialist, the condition is already critical," he warns.

He adds that such cases are seen more commonly in men than in

women, with around 10 such patients reported every month. One way to differentiate: if the symptoms occur even after eating, it might be heart-related. If it's truly a gastric issue, the pain typically appears on an empty stomach. Also, if gastric medications don't relieve symptoms within a month, one should consult a cardiologist immediately.

longer limited to older people. Due to smoking, alcohol consumption, and other lifestyle factors, even younger individuals are reporting these symptoms. In middle-aged people, high blood pressure and diabetes remain key contributors to this trend.

Heart issues are no

"With the rising number of heart conditions, we are also seeing sudden cardiac arrests in some patients, which are extremely difficult to manage without immediate action. That's why every citizen should learn CPR (Cardiopulmonary Resuscitation) and how to use an AED (Automated External Defibrillator)," said Dr. A Ravikanth, Consultant Cardiologist.

He emphasized that government efforts are needed to promote CPR training widely and make AED devices available in public places, junctions, and transit hubs. "Only then can we effectively reduce deaths caused by sudden heart attacks," he

Brush of hope launches mobile app to combat cyberbullying and online exploitation

Mumbai, Sept 29 (UNI) In a major step to fight cyberbullying and online exploitation, Brush of Hope unveiled its mobile application, chatbot, and revamped website, in collaboration Maharashtra Cyber Police.

Maharashtra Chief Minister Devendra Fadnavis addressed the event through an audiovisual message, calling the initiative a "game changer" for tackling cybercrime.

He congratulated Dr. Sheetal Gagrani, Minu Deora, Rupal Kanakia, Gayatri Oberoi, ADGP Yashasvi Yadav and the entire team of Brush of Hope for their commendable efforts.

event The attended by Maharashtra Cyber's Additional Director General of Police Yashasvi Yadav (IPS), Mumbai Municipal Commissioner Bhushan Gagrani, Joint Commissioner of Police (Law and Order) Satyanarayan Chaudhary (IPS), actress Sonali Bendre, actor Jackky Bhagnani, and other dignitaries.

"This app will be of great help to victims of cyberbullying sextortion. It is also an important step towards women's empowerment," said Sonali Bendre. ADGP Yashasvi Yadav assured that Maharashtra Cyber would extend full support to Brush of Hope in this initiative.

Founded by Dr. Sheetal Gagrani in memory of her niece Swara, who lost her life due to cyberbullying and sextortion, Brush of Hope works to ensure that no one suffers similar

The organisation offers free services including counselling, guidance, awareness workshops, training programmes and public outreach campaigns.

All new Feature Packed Adventure X Persona of Harrier and Safari launched, starting at Rs 18.99 Lakh range more intelligent,

(Standard Post Bureau)

Tata Motors, India's leading SUV manufacturer, today unveiled the All-New Adventure \boldsymbol{X} Persona, featuring in its flagship SUVs - the Tata Harrier and the Tata Safari. With this new persona, the Company has brought in a complete package of adventure, performance, and features, offering

and access to a robust and adventurous lifestyle to its customers. Packed with segment-first features at this price point, the Harrier and Safari Adventure Persona includes ADAS with Adaptive Cruise Control (AT), 360° HD Surround View, Trail Hold EPB with Auto Hold, Trail esponse

greater value proposition

Modes (Normal, Rough, Wet), a Land Roverderived Command Shifter (AT), along with segmentleading features such as the Ergo Lux Driver Seat with Memory & Welcome function, a 26.03 cm Ultra-View Twin Screen System, Trail Sense Auto Headlamps, Aqua Sense Wipers, and Multi Drive Modes (City, Sport,

Eco). These personas will be available for grabs, starting today, at an introductory price of? 18.99 Lakh for the Harrier Adventure X and ? 19.99 Lakh for the Safari

Adventure X+ persona. With the launch of this new variant, Tata Motors has enhanced the appeal of the Harrier and Safari lineup by making the

cohesive, and valuepacked than ever in the high SUV segment. With a streamlined persona structure, feature-rich variants, and new colour options, the line-up also comes with the new Pure X persona which will offer enhanced value to the customers at a great price

Himesh Reshammiya Becomes the Only Indian Artist on Bloomberg's Global Pop Power List

(By Rajesh undi)

In a historic moment for Indian music, Superstar Rockstar Himesh Reshammiya has earned a place on Bloomberg's ranking of the world's most influential pop stars, becoming the only Indian artist to be featured on the prestigious list.

The ranking, based on data-driven seven performance metrics, celebrates the artists dominating the global pop landscape today. Bloomberg evaluated artists based on seven key metrics, including revenues and ticket sales from recent live shows, album and digital song sales, and YouTube views.

Standing shoulder to shoulder with global pop heavyweights including Beyoncé, Post Malone, Sabrina Carpenter, Coldplay, Shakira, and others, The Hit Machine Himesh's inclusion marks a watershed moment not just for his career, but for Indian



music at large, making India proud on a global level."

Known for his charttopping hits, signature vocal tone, and ability to

constantly reinvent himself, Reshammiya's crossover into the global spotlight reflects the growing recognition of Indian talent his music continues to dominate the playlists of audiences across all generations, Himesh has struck a chord with Gen Z, especially. His latest release, Badass Ravi Kumar emerged as a blockbuster for the right reasons, generating maximum $interest\,among\,Gen\,Z\,about$ the iconic character, Ravi Kumar.From iconic Bollywood tracks to viral digital hits, Superstar Rockstar Himesh Reshammiya's journey has anything conventional. Over the years, the hit machine has delivered over 2000 superhit songs and has earned exposure of over 200 billion views on YouTube, cementing him as an artist whose success is meteoric! This recognition from Bloomberg not only cements his status as a household name in India but also as a global music powerhouse. In addition to this, his recently held

in international arenas. As concerts and musical shows have created a frenzy among audiences, whether national or international! After the magnificent success of his recent concerts, the lineup of his next shows is soon to be announced!Earlier too, Himesh Reshammiya made India proud with his first studio album 'Aap Kaa Surroor', which emerged as the second highest-selling album in the world after Michael Jackson's 'Thriller'. His recent recognition highlights that Himesh's own music album is the biggest label in India for any individual artist! On YouTube, Himesh's music label, 'Himesh Reshammiya Melodies' has crossed more than 25 billion views, marking a significant feat.

As Indian music finds a wider global audience, Himesh Reshammiya's inclusion signals a meaningful step forward — both for the industry and for the fans who've followed his journey.

Pune BJP traders' front takes initiative for flood victims

Pune, Sep 29 (UNI) On behalf of the BJP Pune city unit, a large-scale campaign to collect relief material for the flood-affected people of Maharashtra was undertaken today.

The BJP Traders' Front, Pune, played a key role in this initiative. Officebearers, workers, and citizens enthusiastically responded and contributed generously.

Many donors provided food grains, essential commodities, supplies, as well as cash assistance.

These relief packets were prepared and handed over at the BJP city office in the presence of BJP City President Dheerajji Ghate.

The event was

attended by Traders' Front President Umeshbhai Shah, General Secretary, Mahesh Gupta, along with Dhaval Patel, Vikram Chavan, Sudhindra Kulkarni, Ankit Gajendra Tiwari, Deshpande, Vijay Narela, Vijay Shekhdar, and other office-bearers and workers.

Beauty





techniques from around the world. Not under your eyes. completely natural. From soothing a way there's a way to have it all.

Spanish circles

slices to lighten dark circles around your bodies. When it comes to cellulite, dry eyes. And there's also a range of brushing is the best, natural and haemorrhoidal creams to treat under-eye probably, the only way to getting rid of circles. Weird as it sounds, it is supposed them. So, use sand to kiss cellulite to work like a dream! Not brave enough goodbye.



There is wisdom in those words. to try it? Then follow Spanish women Beautiful skin, hair and nails do not have and use very thin potato slices over your to be synonymous with lighter wallets eyes. Keep them on for ten minutes. You and wasting hours on end. We bring you will notice that they actually lighten the a compilation of some amazing beauty skin reducing the blueness of the veins

only are they intriguing, but also Kiss cellulite goodbye, the Brazilian

flaky scalp to getting lustrous skin, Cellulite is every woman's despair and there seems to be no way to shooing it away. Here's a thing to learn from You surely must have tried cucumber Brazilian women, who rub sand on their **Greek TLC for lips**

Beauty regimens need not mean spending a bomb on products or devoting a lot of time to it (unless you are greatly inspired by Cleopatra). Some of the most easily available things straight off your kitchen shelves can be used for beautifying your self. Greek and Italian women use olive oil to sooth and repair chapped lips. It is the best treatment to heal dry and irritated skin. It also conditions skin and lips while making it glow beautifully.

Chinese anti-ageing Want skin that defies age-related problems? Sip on white tea like the

Chinese do. It protects your skin from Scandinavian women are credited free radicals and you don't need to worry about Botox, fillers, collagen and the likes.

Australian dandruff cure

Suffering from dandruff? Add a few drops of eucalyptus oil or tea tree oil to your shampoo and kiss those flakes goodbye. This is a foolproof trick from down under to getting rid of dandruff. Be careful with the essential oils though. Massage your scalp with a few drops to see the change.

Scandinavian skincare They aren't called the world's most skin. It also helps eliminate

beautiful women for nothing.

with flawless skin and aging gracefully. Water plays an essential role in their skincare regime, drinking lots of spring water along with treating their face to it. Steaming your face while in the shower helps open the pores and unclog all the impurities lodged in them. You can also use a hot towel to cover your face for a few minutes for this purpose. Then splash your face with ice cold water. Cold water

closes the pores and tightens the

Beauty

rituals from

around the world

Do not dismiss your granny

the next time she gives you

an earful about the virtues

of a good old champi.

puffiness. A good 20 splashes with cold water should do the trick. Dominican way to stronger nails

So what is the secret to the super strong nails of women from the Dominican Republic? Garlic. It is the natural way to strengthen your nails and to ward off vampires! Want sturdy nails? Chop fresh garlic pods and add them to a bottle of clear nail polish. Leave them in there for seven to eight days. Paint your nails with this concoction. Although it will smell initially, it is a small price to pay to getting rid of brittle nails.

Be scorching hot at this summer



With Mumbai summer refusing to bow out, we are left to deal with a rather long stint of heat and humidity. But are you letting it affect your social life, or rather, 'look'? Here are a few tips to keep in mind when stepping out for a party this summer... Keep it simple

Beauty consultant Manasi Bhakade states, "Always begin day makeup with a sunblock (at least SPF 30), followed by a light oil-free foundation or BB/CC cream. Shadow and mascara on your eyes and a nourishing lip tint later, you are good to face the day." According to

senior makeup artiste Sonic Sarwate, one should choose makeup that blends well with the skin and doesn't feel

Use concealers

Dr Geeta Oberoi, dermatologist, says, "Use mineral-based makeup and keep your base to a minimum. Rather than using heavy foundation, use concealers to get a flawless face."

Do a double cleansing

Removing makeup is a must before you hit the sack. "Do a double cleansing procedure to unclog pores — a cleanser followed by medicated face wash," says Dr Oberoi. If you have oily skin, do not work your skin too much because it will end up making your skin more oily.

Close pores

You must use an alcohol-free toner after every wash to close open pores.

If you sweat a lot...

"Use lotions containing aluminium chlorohydrate. It works as an antiperspirant. However, in some cases, it can cause skin irritation. So, ask your dermatologist first," Dr Oberoi explains.

Use the right makeup

Dr Sama Rais, dermatologist and cosmetologist, advises using makeup that is 'non-comedogenic' or 'nonacnegenic' — it won't clog pores or cause pimples.

Dr Poonam Wadhwani, cosmetic dermatologist, suggests, "Wear dark colours that hide sweat patches. For dark circles, try home remedies like applying cool tea bags on the eyes for 15 minutes or applying cucumber juice and potato juice.'

Get this look

- Use a concealer and then apply a hydrating base that matches your skin

- Use a light-brown or coral-toned blush. - Apply highlighter on your brow bone, cheeks and in the inner corner of your

- A warm eye-shadow will enlarge and brighten your peepers.

- Line your eyes with smudge-proof

- Curl your lashes; apply a coat of

mascara.

- Now apply a bright lipstick.

Hair care becomes a difficult and timeconsuming job in the monsoon season. But it is also important for healthy hair to stay away from chemicals and outside treatments as much as possible. Well, here are

some easy home remedies

that can answer your tress woes-For dry, frizzy hair, apply a paste of two bananas and honey and leave it for about an hour. This will help moisturize hair and keep it soft.

A p p 1 y

lemon juice on your

Home remedies for hair-care in

Monsoon



ensure an oil-free scalp. scalp for 15 minutes and Soak fenugreek (methi) then wash it off. This will seeds in water overnight.

Strain the water the next day and use this water to wash your hair. Methi is effective for many hair problems like hairfall, dandruff and dryness.

The rains and sweatiness due to the humid weather results in an itchy scalp. Add a spoon of vinegar to water and rinse your hair with this at the end

you get rid of the itchiness. Mix two spoons of curd shiny.

Here are some easy home remedies for the smooth and silky hair in monsoon.

with an egg and apply it on your hair for 15-20 minutes. Use this mixture as a after you shampoo conditioner after you it. This will help shampoo your hair. It will make your hair soft and

Home remedies to cure dry, Flaky

skin

Banana pack -

Mash one ripe or over ripe banana until it forms a paste and mix one teaspoon of honey with it. Apply a thick layer of this mixture on face and leave it on for 20-30 minutes. Wash it off with cold water and repeat the process twice a week to get moist fresh skin.

Almond pack -

Grind soaked almonds to make a paste. Add some cold milk, lemon juice and besan (gram flour) to this mix and apply a thick layer on the face and other dry areas. Scrub it off once dry and wash face with lukewarm water.

Yogurt pack -

Make a pack by mixing cold yogurt, lemon juice and honey and apply on face. Leave it on for 20 minutes and wash it off with cold water.

Aloe Vera Gel-

Dry skin is a horrible problem to have. People suffer from stretchy, white looking skin that may even crack and bleed. Not only that, dry skin causes itchiness and discomfort too. Here are a few home remedies you can use to solve the problem.



Apply a generous amount of Aloe Vera gel all over the face and leave it on until it dries. Wash it off with cold water. This not only provides moisture to the skin but also prevents ageing and acne.

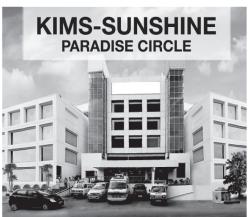
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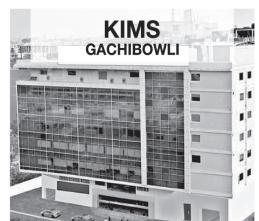


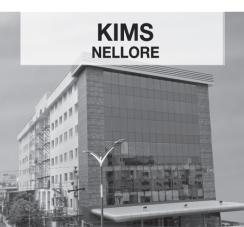
MAKING QUALITY HEALTHCARE ACCESSIBLE & AFFORDABLE



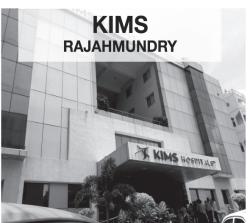






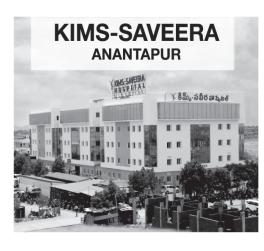


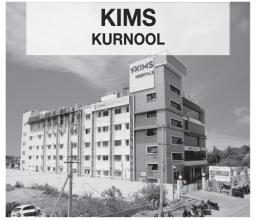


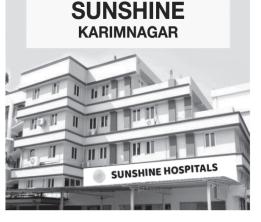














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WR bags the prestigious Kaul Gold cup



Shri Vivek Kumar Gupta, General Manager, Western Railway with the prestigious Kaul Gold Cup along with Shri. V. A. Malegaonkar, President Western Railway Sports Association (WRSA), senior officials and sportspersons.

(Standard Post Bureau)

Mumbai, Sept 29: Western Railway has bagged the prestigious Kaul Gold Cup for the year 2024 - 25. This Cup is a symbol of overall supremacy in the sporting arena over Indian Railways. remarkable achievement highlights Railway's dominance and commitment to excellence in the field of sports. Shri Vivek Kumar Gupta, General Manager, Western Railway commended all the sportspersons for their

achieving remarkable feat.

According to a press release issued by Chief Public Relations Officer of Western Railway, Shri Vineet Abhishek, Western Railway's sportspersons have participated in various sporting events and have brought laurels to the organization. Ms. Antim, the talented wrestler from Western Railway, represented India at the recently held Senior World Wrestling Championship 2025 held in Zagreb, Croatia outstanding performance and bagged Bronze Medal in the 53 kg category. In the same tournament, Shri Satyadev Malik, an employee of Western Railway as well as a seasoned referee, officiated as a referee, contributing his expertise and supervising during the Championship.

Shri Vineet further stated that Western Railway also celebrated a victorious moment at the 71st All India Inter-Railway Table Tennis (Men & Women) Championship 2025 - 26, held at Jaipur in August, 2025. Ms. Anusha Kutumbale, an ace Table Tennis player of Western

Railway, with her outstanding performance clinched Gold Medal in the Individual event. WR's Women Table Tennis Team also made their mark and secured Gold Medal at the Tournament.

GM Shri Gupta congratulated winners for remarkable achievements. He also extended his best wishes to all sportspersons to perform their best in their respective disciplines and bring laurels for the organization as well as for

"This team can surprise a lot of people", says **Torpedoes Captain Matt West**

Hyderabad, Sept 29 (UNI): Newly appointed Captain of the Bengaluru Torpedoes, American setter Matt West, is all set to lead the franchise for the upcoming fourth season of the RR Kabel Prime Volleyball League powered by Scapia, set to begin in Hyderabad on 2 October.

Hailing from Seattle, Washington, the soon to be 32year-old brings over a decade of professional experience across nine countries, with multiple league titles and medals to his name, including stints in the Bundesliga, Holland, Czech Republic and Finland. Volleyball runs deep in his family as his mother represented Peru at the 1980 Moscow Olympics, and his father is also a former player.

Speaking about his new role West said, "At this stage of my career, I'm less focused on proving my worth and more on enjoying the game and giving back. India feels like the right place for that, the athletes here are so talented, and the influence I can have as captain is greater than it would be in Europe.

With David Lee guiding us as coach, and me leading on court, our goal isn't just about chasing wins but about controlling what we can, improving every day, and building something meaningful together."The Torpedoes have amassed a formidable team on paper. Matt West is joined by a explosive American attacker in Jalen Penrose and a roster of talented Indian players like attackers Sethu TR and Joel Benjamin J, blocker Mujeeb MC, and experienced libero Midhunkumar Balasubramaniyan.

On his impressions of the team, West added, "The Indian players have incredible athletic ability, the way they can attack and serve is impressive. What we are working on is the mindset, teaching them how to analyze situations as the game unfolds. If we can get that balance right, I believe this team can surprise a lot of people this season."

The Torpedoes, finalists of the season 2, are looking to build on their strong foundation and establish themselves as one of the most competitive sides in the PVL. With West's leadership, the team is focused on growth, discipline, and playing a fearless brand of volleyball and with two-time Olympic medallist David Lee continuing to excel as a coach, the team looks primed to take the final step and clinch the title.

Hero Women's Indian Open 2025 to be held from October 9-12

(UNI): Hero Women's Indian Open 2025 is set to return with its most powerful line-up yet, as world-class golfers from across the globe converge in Gurugram for the 2025 edition of India's flagship women's golf tournament. Scheduled from October 9-12, 2025, the tournament will once again be held at the iconic DLF Golf & Country Club, which will be hosting the event for the 15th time.

Hero Women's Indian Open has grown exponentially since its inception in 2007. This year, the tournament sees its prize purse boosted to USD \$500,000, reflecting its rising stature on the international golf calendar.

India will be wellrepresented by its top female golfers, including LET winner Diksha Dagar, Pranavi Urs, Tvesa Malik, and Avani Prashanth — all of whom have made a mark on the international stage. A strong group of emerging local players from the Hero Women's Pro Golf Tour (Hero WPGT) will also join them in this edition. Supported and sponsored by Hero MotoCorp, WPGT

Gurugram, Sept 29 is India's premier domestic tour that has served as a vital launchpad for the nation's golf talent over the last two decades. It serves as a vital stepping-stone for Indian golfers aiming to compete on the Ladies European Tour (LET) and beyond. The 2025 edition will

> feature international line-up, including defending champion Liz Young, current LET Order of Merit leader Mimi Rhodes, and rising star Anna Huang, the 16-year-old Canadian sensation who recently secured back-to-back wins on the LET. Other top contenders include Chiara Tamburlini, Alice Hewson, Shannon Tan, and Sara Kouskova - all multiple-time winners on the 2025 LET season, making this year's field the strongest in tournament history.

Hero Women's Indian Open has a proud history of producing champions who have gone on to achieve legendary status in the sport. Notably, Yani Tseng, the 2007 Indian Open winner, rose to become the world's No. 1 female golfer, while

Looking to build momentum in Chennai: Tamil Thalaivas captain Arjun Deshwal

The Pro Kabaddi League Season 12 caravan returns to Chennai after two years, and the kabaddi stars are ready to hit the ground running at the SDAT Multipurpose Indoor Stadium. The focus will be on Tamil Thalaivas as the home team prepare to take the mat in front of their beloved fans. Looking forward to the occasion, Arjun Deshwal shared how his team aims to build some momentum "For us, we have to win all our remaining games in the league stage.Our next game is on 1st October, so we'll plan for the opposition and

some confidence and we're motivated to build the momentum forward in Chennai", he said.

The opening game of the Chennai leg will be played between Gujarat Giants and UP Yoddhas. Sharing his excitement to be playing in Chennai again, Gujarat Giants raider Rakesh Sungroya said, "The Chennai leg is quite important to us, and it has also been lucky for us in the past. We haven't started the season as well as we'd hoped but we know that eight teams will make it to the playoffs this year.

of Asian Table Tennis Championship

Chennai, Sep 29 (UNI): This win has given the team confident of making a comeback. There's always a great turnout in Chennai and we want to ensure that the Gujarat Giants fans over here won't be disappointed," he added.

Meanwhile, Yoddhas captain Sumit Sangwan is confident that his side can build momentum after winning back-to-back games. He said, "We've won two games in a row, so we're confident coming into the Chennai leg. Now, we want to carry that confidence forward throughout the leg and the team will give it their all to put on a show. We hope that the fans will

"So, we still have give it our all in practice. chance to qualify and we're support us here as well." Sharath Kamal to be brand ambassador

Bhubaneswar, Sept 29 (UNI): India's table tennis great A. Sharath Kamal has been named as the brand ambassador of the 28th ITTF-ATTU Asian Table Tennis Championships, set to be held in Bhubaneswar from October 11 to 15.

The continental tournament will bring together 22 top Asian teams, serving as a crucial qualification pathway for the 2026 World Teams Table Tennis Championships in London.

For Odisha, which is hosting the event for the very first time, Sharath Kamal's association is both symbolic and inspiring.

The multiple Commonwealth Games gold medallist and Asian Games medallist is not only India's most decorated paddler but also a respected voice in world sport, serving as Co-Chairperson of the ITTF Athletes Commission and Vice-Chairperson of the Indian Olympic Association's Athletes Commission.

The Padma Shri and Khel Ratna awardee is a 10-time national champion whose career has inspired a generation of Indian players.

Accepting the ambassadorial role, Sharath Kamal said, "I am deeply honoured to be named the Brand Ambassador for the 2025 Asian Table Tennis Championships in Bhubaneswar. Table tennis has been my lifelong passion, and I am thrilled to play a part in promoting this prestigious event that

will bring together the finest talent from across Asia."He further added, "With the world-class organisation infrastructure being prepared by the Organising Committee, I am confident this championship will set new benchmarks and create an unforgettable experience for both players and fans. I look forward to supporting the event, inspiring young athletes, and contributing to the growth of table tennis in India. Tournaments like these not only unite our community but also highlight the world-class potential of Indian sport."

The Organising Committee and the Government of Odisha jointly extended the invitation to Sharath Kamal, recognising his stature as the face of Indian table tennis. His participation in promoting the championships is expected to enhance visibility and encourage more young people to take up the sport.

Welcoming the announcement, the organisers remarked, "Sharath Kamal embodies the values of dedication, resilience, and excellence. Having him as brand ambassador elevates this tournament and reflects the pride of Odisha in hosting such a landmark sporting event."Sharath Kamal will arrive in Bhubaneswar on October 9 and will participate in the inaugural ceremony the

hosts dominate Day 5 of ISSF Junior World Cup New Delhi, Sept 29 (UNI): India produced a

stunning display of dominance in the 10m Air Rifle Junior Women's event at the ISSF Junior World Cup New Delhi 2025, here at Dr. Karni Singh Shooting Range, registering a clean sweep of the podium. Ojasvi Thakur emerged as (122.1). the champion with a score of 252.7, firing two brilliant 10.9s on her 8th and 16th shots to seal the gold medal. Teammate Hrudya Shri Kondur secured the silver with 250.2, while qualification leader Shambhavi S. Kshirsagar completed the all-India podium with 229.4.

The Indian trio had already stamped their authority in qualification, finishing as the top three with Shambhavi leading on 632.0, Ojasvi following with 631.9, and Hrudya third on 629.8. Croatia's Anamarija Turk, who had qualified eighth, was the closest Oman's Khalid Mohammed challenger but placed fourth in the final with 206.6.

The rest of the finalists included Individual athletes Lidiia Vasileva (184.5), Varvara Kardakova (164.2), and Mariia Kruglova (142.8), as well as Slovakia's Kamila Novotna

In the men's 10m Air Rifle Junior final, India's Himanshu, who had topped qualification with 633.7, kept his form intact to clinch gold with a superb 250.9. Individual Neutral Athlete Dmitrii Pimenov followed with 249.9 for silver, while India's Abhinav Shaw claimed bronze with 228.4.

Fellow Indian Naraen Pranav Vanitha Suresh finished fifth on 187.0. AIN's Kamil Nuriakhmetov placed fourth with 208.3, while his teammate Sergei Novoselov took sixth on 165.9. Croatia's Darko Tomasevic (144.8) and

Ali Khalaf Al Kalbani (123.5) rounded off the lineup.The 25m Rapid Fire Pistol Men Junior final produced a thrilling finish as individual athlete Aleksandr Kovalev of AIN edged past India's Mukesh Nelavalli in a shoot-off to had ended tied on 27 hits, before Kovalev prevailed 3-1 in the decider. Mukesh, who had qualified third with 571-20x, settled for

Clean sweep for India in women's junior air rifle as

India still managed a double podium as Suraj Sharma, the qualification leader with 577-15x, took bronze with 21 hits. Sameer finished fourth on 15 hits, while Great Britain's Toby Aberdeen (10) and AIN's Georgii Tarasov (7) closed the field.

silver.

Trap In Junior qualification Day 1, competition remained tight. In the women's section,

AIN's Kseniia Samofalova, India's Addya Katyal, and Italy's Sofia Gori shared the lead with 70 hits from 75 targets, while USA's Lucy Myers followed in fourth with 69. Four shooters, including India's Tanisska Senthil Kumar, were tied on 68.In the junior men's claim the gold medal. Both event, Croatia's Toni Gudelj and Spain's Daniel Fernandez de Vicente led with 73 hits, while seven shooters followed on 72.

> Qualification Day 2 for both Trap men and women will be held tomorrow, September 30, 2025, with 50 additional targets starting at 9 AM, ahead of the medal finals in the afternoon.

Other Indians in action 10m Air Rifle Men Junior Mohammed Vania -627.1 (6th)

Piyush Sharma - 626.0 (7th) 10m Air Rifle Women

Anvii Rathod – 628.3

Isha Anil Taksale – 625.3 (10th)25m RFP Men Junior Qualification - Stage 2 Abhinav Chaudalry -569-21x (5th) Jatin - 566-14x (6th) Trap Men Junior

> Arya Vansh Tyagi - 71 (10th)

> Qualification - Day 1 (75

Vinay Pratap Singh Chandrawat - 70 (14th)

Udhav Singh Rathore -70 (15th) Arjun - 70 (16th)

Aman Chauhan - 62 Trap Women Junior Qualification - Day 1 (75

Targets) Addya Katyal - 70 (2nd) Tanisska Senthil Kumar

- 68 (8th) Sabeera Haris - 67 (9th)

Shreshtha Sisodiya - 63 Bhavya Tripathi - 58

Top seed Vaishnavi, Prajwal make winning starts in **30th Fenesta Open National Tennis Championship**

New Delhi, Sept 29 (UNI) Top seed Vaishnavi Adkar and Karnataka's SD Prajwal Dev made winning starts in their respective categories on the opening day of the 30th Fenesta Open National Tennis Championship at the DLTA Complex in here today.

Playing in the women's category, singles Maharashtra's Vaishnavi dominated her first-round match from the get-go and registered a comfortable 6-2, 6-4 victory over Mirudhula Palanivel of Tamil Nadu to move into the next round of the tournament. Meanwhile, second seed Prajwal defeated Delhi's Sarthak Suden 6-2, 6-1 in the first

round of the men's singles category.

Supported by DCM Shriram Ltd., and held under the aegis of the All India Tennis Association (AITA) and the Delhi Lawn Tennis Association (DLTA), the Fenesta Open is India's largest domestic tennis championship, drawing top contenders from across the country.

Vaishnavi displayed tremendous baseline play from the first game, quickly taking a 4-0 lead in the set. Mirudhula won the fifth game and then broke the top seed's serve to keep her hopes alive. However, the Maharashtra player refused to let a comeback happen and clinched the set by

winning the next two games. The second set saw a close battle as the scores were tied 3-3 at one point before Vaishnavi broke Mirudhula's serve and then won the set to reach the second round. On the other hand, Prajwal made easy work of his opponent, as the Delhi player had no answer to his powerful forehands in the first set. Sarthak won the first game of the following set but could not stop the momentum of the second seed, as Prajwal notched the next six games

in a row to clinch victory. Odisha's Debasis Sahoo made an upset in the men's singles category as he beat fifth seed Parth Aggarwal 7-5, 6-0 in a thrilling clash. The opening set saw a topsy-turvy battle with Parth taking a 5-3 lead before the 39thranked player clinched the four straight games to take the advantage in the match.

Debasis broke no sweat in the second set and registered a commanding

win to reach the next round. Meanwhile, Punjab's Sahira Singh also won her first-round match in the women's singles category as she defeated Sonicka Jadeesh 6-4, 6-0 in straight

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Special Traffic and Power Day Blocks for carrying PR department of MSETCL out Pre Non-Interlocking works at Karjat station

Mumbai, Sept 29: Repercussions on running of trains from 01.10.2025 (Wednesday) to 02.10.2025 (Thursday)

Central Railway will operate Special Traffic and Power Day blocks for carrying out Pre Non-Interlocking works at Karjat station in connection with Karjat yard remodelling work.

Details of Block and repercussions on running of trains from 01.10.2025 (Wednesday) to 02.10.2025 (Thursday) is as follows:

Date and Duration of block:

01.10.2025 (Wednesday) from 11.20 hrs to 17.20 hrs

02.10.2025 (Thursday) from 11.00 hrs to 15.30 hrs Traffic Block Section:

Between Bhivpuristation-Jambrung Cabin-Thakurvadi-Nagnath Cabin and Karjat

Working of suburban trains during the block period Up and Down suburban

services between Karjat & Khopoli will not be available during the block period.

0 1 . 1 0 . 2 0 2 5 (Wednesday)

Repercussions on Train running

Cancellation of Down Suburban trains

Karjat-Khopoli locals departing Karjat at 12.00 hrs, 13.15 hrs and 15.39 hrs will be cancelled."Cancellation of Up Suburban trains

Khopoli-Karjat locals departing Khopoli at

14.55 hrs will be will be regulated at cancelled "Short Termination of Suburban trains

locals departing CSMT at 9.01 hrs, 9.30 hrs, 9.57 hrs, 11.14 hrs & 13.40 hrs will be short terminated at Neral station.

Thane-Karjat local departing Thane at 12.05 hrs will be short terminated at Neral station.

CSMT-Khopoli local departing CSMT at 12.20 hrs will be short terminated at Neral station.

CSMT-Karjat locals departing CSMT at 10.36 hrs & 14.45 hrs will be short terminated at Ambarnath station

 CSMT-Kariat local departing CSMT at 13.19 hrs will be short terminated at Thane station.

Short Origination of Suburban trains

Karjat-CSMT locals scheduled to depart Karjat at 10.43 hrs, 11.19 hrs, 12.00 hrs, 13.00 hrs, 13.55 hrs & 15.26 hrs will short originate from Neral station.

Karjat-Thane local scheduled to depart Karjat at 13.27 hrs, will short originate from Neral station.

Karjat-CSMT locals scheduled to depart Karjat at 12.23 hrs & 16.00 hrs will short originate from Ambarnath station.

Khopoli-CSMT local scheduled to depart Khopoli at 13.48 hrs will short originate from Thane station.

Regulation of Mail & Express trains

Train no 20495 11.20 hrs, 12.40 hrs and Jodhpur-Hadapsar Express Bhiwandi station from 13.00 hrs to 17.00 hrs.

Train no 11019 CSMT-Karjat CSMT-Bhubaneshwar Express will be regulated at Bhivpuri Road station from 15.37 hrs to 17.40 hrs.

> Train no 22732 CSMT-Hyderabad Express will be regulated at Neral station from 15.48 hrs to 17.45 hrs.

Train no 16588 Bikaner-Yesvantpur Express will be regulated at Vangani station from 15.50 hrs to 18.20 hrs.

Train no 17613 Panvel-Nanded Express will be regulated at Chok station from 16.25 hrs to 18.10 hrs.

Train no 11014 Coimbatore-LTT Express will be regulated at Monkey Hill Cabin from 11.43 hrs to 11.50 hrs.

Re-scheduling of Mail & Express trains

Train no 22159 CSMT-Chennai Express scheduled to depart CSMT at 12.45 hrs is re-scheduled at 15.30 hrs.

Train no 22101 LTT-Madurai Express scheduled to depart LTT at 13.15 hrs is re-scheduled at 16.00 hrs.

Mail & Express trains following the below mentioned trains will be delayed by 15 to 20 minutes

due to bunching Train no 20920 Ektanagar-Chennai Express Train no 12125

Express Train no 12123 CSMT-Pune Deccan

Pragati

CSMT-Pune

Rajkot-Secuderabad **Express**

02.10.2025 (Thursday) Repercussions on Train running

Cancellation of Down Suburban trains

Karjat-Khopoli local departing Karjat at 13.15 hrs will be cancelled."Cancellation of Up Suburban trains

Khopoli-Karjat local departing Khopoli at 14.55 hrs will be cancelled

• 14.55 hrs will be cancelled "Short Termination of Suburban

CSMT-Karjat locals departing CSMT at 9.01 hrs, 9.30 hrs, 9.57 hrs & 11.14 hrs will be short terminated at Neral station.

Thane-Karjat local departing Thane at 12.05 hrs will be short terminated at Neral station.

CSMT-Khopoli local departing CSMT at 12.20 hrs will be short terminated at Neral station.

CSMT-Karjat local departing CSMT at 10.36 hrs will be short terminated at Ambarnath station

CSMT-Karjat local departing CSMT at 13.19 hrs will be short terminated at Thane station

Short Origination of Suburban trains Karjat-CSMT

locals scheduled to depart Karjat at 10.43 hrs, 11.19 hrs, 12.00 hrs, 13.00 hrs & 13.55 hrs will short originate from Neral station.

Karjat-Thane local scheduled to depart Karjat at 13.27 hrs, will short originate from Neral station.

Karjat-CSMT local scheduled to depart Karjat at 12.23 hrs will short originate from Ambarnath station.

Khopoli-CSMT local scheduled to depart Khopoli at 13.48 hrs will short originate from Thane station.

Regulation of Mail & Express trains

Train no 22159 CSMT-Chennai Express will be regulated at Bhivpuri Road station from 14.21 hrs to 15.30 hrs.

Train no 20495 Jodhpur-Hadapsar Express will be regulated at Neral station from 14.30 hrs to 15.55 hrs.

Train no 17222 LTT-Kakinada Express will be regulated at Vangani station from 14.31 hrs to 16.05 hrs.

Mail & Express trains following the below mentioned trains will be delayed by 15 to 20 minutes due to bunching

Trainno 11019 CSMT-

Bhubaneshwar Express Train no 22732 CSMT-Hyderabad Express

Passengers to please note the changes in train running

Details of repercussions of further blocks and train running from 03.10.2025 to 10.10.2025 due to the same will be shared sunsequently

These maintenance mega blocks are essential for infrastructure upkeep and safety. Passengers are requested to bear with the Railway Administration for the inconvenience caused.

bestowed upon three prestigious awards by PRCI

Honoured for 'The Best Digital Media Innovation', 'The Best House Journal' and The Best Corporate Communication Excellence

(Standard Post Bureau)

Panaji (Goa), Sept 29: The Public Relations department of the Maharashtra State Electricity Transmission Company Limited (MSETCL) has been bestowed upon three prestigious awards instituted by the Public Relations Council of India

Legislative assembly MSETCL Dr. Sanjeev speaker Dr. Ganesh Gaonkar and received by the Public Relations Officer, MSETCL Dr. Milind Awatade. The Awards were given for the 'The Best Digital Media Innovation', 'The Best House Journal' and The Best Corporate Communication (PRCI). The awards were Excellence`. The Chairman given at the hands of Goa and Managing Director of

Kumar (IAS) congratulated the PR department for the honour. The awards were distributed at the 19th Global Communication Conclave held at Hotel Fern Kadamba in Goa. Actor and Director Milind Tendulkar, chairman of PRCI M. B. Jayaram, Dr. Geetha Shankar, Chinmayi Pravin were also present on the occasion.

WR extends the trips of special train between Mumbai Central - Indore

(Standard Post Bureau)

Mumbai, Sept 29: For the convenience of passengers and with a view to meet the travel demand especially during the festive season, Western Railway has extended the trips of Special Train on Special Fare between Mumbai Central & Indore.

According to a press release issued by Chief Public Relations Officer of Western Railway, Shri Vineet Abhishek, the details of the train is as

Train No. 09085/09086 Mumbai Central - Indore (Tri – Weekly) Special:

Train No. 09085 Mumbai Central - Indore Special departs from Mumbai Central every Monday, Wednesday & Friday at 23.20 hrs and reaches Indore at 13.00 hrs, the next day. The trips of this train have been extended further from 01st October to 28th November, 2025. Similarly, Train No. 09086 Indore – Mumbai Central Special departs from Indore every Tuesday, Thursday & Saturday at 17.00 hrs and arrives Mumbai Central at 07.10 hrs, the next day. The trips

of this train have been

extended further from 02nd

October to 29th November, 2025.

Enroute this train will halt at Borivali, Vapi, Surat, Vadodara, Dahod, Ratlam and Ujjain station in both directions.

This train comprises of First AC, AC 2-Tier and AC 3-Tier Coaches.

The booking for the extended trips of Train No. 09085 & 09086 opens from 30.09.2025 at all PRS Counters and on IRCTC website. For detailed information regarding timings of halts and composition, passengers please may www.enquiry.indianrail.gov.in.

CMD Dr. Sanjeev Kumar appreciates PR department





The Public Relations department of Maharashtra State Electricity Transmission Company Limited (MSETCL) received three prestigious awards instituted by the Public Relations Council of India (PRCI) in Panaji, Goa. The awards were given away at the hands of Goa Legislative assembly speaker Dr. Ganesh Gaonkar and received by the Public Relations officer, MSETCL Dr. Milind Awatade can be seen. Actor and director Milind Tendulkar, PRCI Chairman M. B. Jayram, Chinmayi Pravin, Dr. Geetha Shankar and other office bearers of PRCI are also seen

(Standard Post Bureau)

The Chairman and Managing Director of MSETCL Dr. Sanjeev Kumar (IAS) had credited the success to the Public Relations department and its entire team. He said, 'Creative and innovative work and understanding the continuous innovative

Public Relations department is working in a positive way with variations in its work. The PR department has presented the positive role of the Transmission Company before the people through social media including Facebook, Twitter (X), Instagram, YouTube, Telegram,

performing its duty, the

threads, Blog and various other social media platforms." The Public Relations Department has successfully implemented a groundbreaking initiative Artificial utilizing Intelligence (AI).

He exuded confidence

Samman Saudamini Women employees of Mahavitaran honored occasion, Chief Engineer Senior Manager (HR) (Standard Post Bureau)

Kalyan, Sept 29: Women engineers, officers and employees of Mahavitaran working in risky sectors like power supply were honored in Kalyan Parimandal on the occasion of Navratri as part of the Samman Saudamini program. At a ceremony organized at Tejashree Building in Kalyan Parimandal, Chief Engineer Chandramani Mishra honored the working women engineers, officers and employees by giving them roses.

Speaking on the



Chief Engineer Chandramani Mishra honoring women

Chandramani Mishra organized such a program by taking note of the women officers and employees working in Mahavitaran administration.

Today, it is commendable that women are working on par with men in all sectors. Present on this occasion were Kaumudi Pardeshi -Executive Engineer, Smita Kale and Sawani Malandkar - Deputy Executive Engineers, Sharvari Patil - Assistant Engineer, Smita Salunkhe and Pournima Udavant -

Mayuri Borse - Deputy Manager (F& A)Siddhi Desai, Neelima Ranadive Trishna Sonawane, Jyoti Jadhav, Darshana Karekar - External Source Employees who were honored.

Superintendent Engineer - Vijay Funde, Anil Thorat, Sushil Pawaskar - Assistant General Manager (Human Resources), Ramgopal Ahir - Deputy Chief **Industrial Relations** Officer were present on this occasion. The program was moderated by Smita Pevekar.

students of Classes 10th and 12th for their exceptional academic performance. In addition, students from other classes securing first, second, and third positions were also felicitated for their

On behalf of the

institution, Smt. Jyoti

Shrivastava, Principal,

Central Railway Junior

College, extended heartfelt

gratitude, stating: "We are fortunate to have dedicated

teachers who tirelessly

shape the future of our

recognition of students'

achievements reflects the

combined efforts of both

teachers and learners."

Today's

achievements.

Kalyan Railway School & Junior College Celebrates Teacher's Day with Enthusiasm and Felicitation of Meritorious Students



(Standard Post Bureau)

Kalyan, Sept 29: Kalyan Railway School & Junior College (CBSE Board), Kalyan West, celebrated Teacher's Day with great enthusiasm and dignity.

the esteemed presence of Shri Gaurav Jha, Group General Manager, IRCTC West Zone, as the Chief Guest.

The program was graced by

The occasion was also

honoured by Shri Manish Singh, Sr. Divisional Personnel Officer, Mumbai Division, Central Railway, Dr. A.K. Singh, PRO, IRCTC West Zone, and Shri Nagesh Chaudhary,

Manager/HR, IRCTC West Zone, Mumbai, who attended as Guests of Honour.

As part of the celebrations, prizes were distributed to meritorious

students.

The event concluded with a vote of thanks and cultural performances by the students, making the celebration memorable for all.

Panaji (Goa), Sept 29:

changes in media while

that this department will be continuously taking efforts for bringing laurels to the MSETCL in future, too.