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SOLAPUR

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the damage is required for

compensation.He added

that the government will also

accept photos of the

damage taken by the farmers

themselves. The government

has already allocated Rs

2,300 crore for areas where

Panchnama reports of

damage have been received.

necessary assistance will be

provided once the

Fadnavis assured that

IN BRIEF

Uncle and nephew killed, in Lightning Strike

Wardha, Sept 27 (UNI): Two persons were killed and a 17-year-old boy was seriously injured after being struck lightning Hinganghat taluka of Maharashtra's Wardha district, police said today. The incident took place last evening on the Sonegaon-Allipur road near Dhotra crossroads when Anil Thakare, a resident of Bhipur, was returning home on a twowheeler along with his son Vedant (17) and nephew Saurabh.

As heavy rain and lightning began, the trio took shelter under a tree, where a sudden lightning strike hit them.

Anil and Saurabh died on the spot, while sustained Vedant grievous injuries.

The injured boy was rushed to Hinganghat Subdistrict Hospital, where he is undergoing treatment and is reported to be in critical condition.

The police have registered a case, and investigation underway, they added.

Natural gas found on **Andaman** islands

New Delhi, Sept 27 (UNI) : India has announced "an ocean of energy opportunities" in the Andaman Sea with the occurrence of natural gas on the east coast of Andaman islands at a depth of 295 meters.

Petroleum Minister Hardeep Puri said this occurrence of natural gas will help India in taking forward exploration ambitions coordination with global deepwater exploration experts and will be a significant milestone in our journey through Amrit Kaal.

"Very happy to report the occurrence of natural gas in Sri Vijayapuram 2 well at a distance of 9.20 NM (17 km) from the shoreline on the east coast of the Andaman Islands at a water depth of 295 meters and target depth of 2650 meters," the Minister said on X.

Initial production testing of the well in the range of 2212 - 2250 meters has established the presence of natural gas with intermittent flaring. The gas samples were brought by ship to Kakinada, were tested and found to be 87 percent methane. The size of the gas pool and commercial viability of the discovery will get verified in the coming months but establishing the presence of hydrocarbons in the Andaman basin.

CM interacts with farmers in Jalgaon

(Standard Post Bureau)

Jalgaon, Sept 27: Farmers in areas affected by heavy rains in Jalgaon district will be given substantial compensation for their losses, and no rules will be allowed to interfere with this, Chief Minister Devendra Fadnavis said, providing relief to the farmers.Chief Minister Fadnavis was speaking while interacting with farmers in the affected talukas of the district at Jalgaon Airport. Today, Chief arrived at Jalgaon Airport and Jalgaon, and Erandol. interacted with the affected



Minister Devendra Fadnavis Muktainagar, Bhusawal,

Pachora, Bhadgaon, Jamner, their problems are assessed. firmly behind them and has of damage. Only a record of heavy rain disaster.

He assured that the instructed affected farmers do not administration to provide He said that assistance need to worry. The help to everyone without farmers from the talukas of will be provided as soon as government is standing excluding anyone in terms administration during the

Solapur farmers protest

neglect amid flood crisis

(Standard Post Bureau)

affected by recent floods and heavy rains, have expressed

intense anger and frustration over the delayed relief and

perceived neglect by their political leaders. The crisis

escalated today when local BJP MLA Sadabhau Khot was

forced to cut short his visit amid aggressive protests by

villagers. Earlier, Chief Minister Devendra Fadnavis had

toured flood-affected regions in Solapur and Latur to assess

the Undargaon area of Madha taluka but faced fierce

criticism from local residents. Villagers questioned the

leaders' prolonged absence despite the scale of devastation

caused by the excessive rainfall. They shouted: "Where

were you all during the worst days? Why didn't you even

expecting help in return. They claimed to have been

completely ignored in their time of need since the elections.

38 people dies

in Stampede

tragedy at

The protest forced the MLA to leave the area

Following the Chief Minister's visit, MLA Khot toured

the damage and reassure struggling farmers.

enquire about us earlier?"

Solapur, Sept 27: Farmers in Solapur district, severely

against leaders over

Panchnama reports from other areas are received.

Farmers in the rainaffected talukas expressed satisfaction at the support and help shown by the local representatives

Uddhav Thackeray tells Fadnavis to waive off farmers' loans and make them debt-free

(Standard Post Bureau) Mumbai, Sept 27: Shiv

Sena chief Uddhav Thackeray, who is back in Mumbai after touring flood-hit villages, today demanded that the Devendra Fadnavis led state government waives off loans of all farmers in Maharashtra, make them debt-



free, and also announce that you should waive off assistance of Rs 50,000 per the loans of farmers, hectare of crop lost to immediately announce Rs floods."We must have seen 50,000 per hectare to the that after the Chief Minister farmers as assistance, and village in Latur's Ausa went there (Ujani village in distribute it in a time-bound taluka, Fadnavis inspected Latur district's Ausa taluka manner. Stop all loan debt the flood damage and on September 24), the farmer collection notices being sent to interacted with affected who asked him when and the farmers by banks," Uddhav farmers on September 24, prematurely amid the unrest. Farmers also voiced resentment, how much help he would T h a c k e r a y when some farmers pointing out they had spent large sums of money from their give, Fadnavis said, come demanded.Significantly, demanded a loan waiver as own pockets to campaign for the leaders during elections, on, don't do politics, and the waiving off farmers' loans police went after him. What $\;$ was part of the BJP's 2024 kind of democracy is this? assembly election manifesto, What kind of government is and Maharashtra CM this? Why are you ruling?" Devendra Fadnavis had Uddhav Thackeray told referred to it after he met PM media persons here on Modi in Delhi yesterday, seized this incident Saturday, highlighting the requesting financial assistance incident.Uddhav Thackeray from the Centre to cope with said that the amount rains and floods in announced as relief to Maharashtra."The Prime the government, they are farmers has not yet reached Minister has asked the state them. "Therefore, our government to send a demand is that the farmers proposal in this regard, should be completely debt- which will be considered free. Today, I request the constructively," Fadnavis Chief Minister with folded told media persons in Delhi,

manifesto mentioned a loan waiver for Maharashtra's farmers and the aim of his government is to make it more effective.

The issue shot into the limelight after a few farmers requested Fadnavis to waive off farmers' loans when he was surveying crop damage due to floods in a village in Maharashtra a couple of days ago.

During his visit to Ujani well as the declaration of a "wet drought."When some other farmers shouted slogans, Fadnavis told them, "Come on, don't do politics here."The opposition had immediately and criticised Fadnavis heavily.

"When farmers question threatened with remarks like, where should we bring money from? Do we carry cash in our pockets? Don't do politics, etc. Farmers and citizens have come on the streets after losing everything.

Special interest-free loan scheme launched for 'Ladki Bahin' beneficiaries

Mumbai, Sept 27 (UNI) The Department of Women and Child Development, in collaboration with Mumbai Bank, has announced a special initiative to help beneficiaries of the 'Ladki Bahin' scheme become financially self-reliant.

women can secure interestfree loans ranging from Rs 10,000 to Rs 1 lakh to start their own businesses. Eligibility is restricted to women registered under the family members of the 'Ladki Bahin' scheme who receive their monthly honorarium of Rs 1,500 through Mumbai Bank accounts. The facility allows women to take loans individually or form joint borrowing groups of

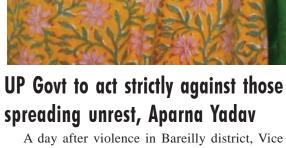
Vijay's rally Chennai, Sept 28 (UNI) : Tamil Nadu Chief Minister early this morning reached Karur, where 38 people died in a tragic stampede at Mr Stalin held brief TVK Founder and actor discussions with the Vijay's political rally.Soon after reaching Karur, officials about the accompanied by Ministers Mathiventhan, K N Nehru ahour's drive, where and EV Velu, he met the injured at the Karur Poyyamozhi, former Governor Medical College Hospital, where they were undergoing treatment.He also met the doctors, oversee the medical drafted from various districts at the Karur government hospital, the injured, which the officials put it at 51, where special wards were including at karur set up, and enquired about the nature of treatment being given to the injured.

He also met the met the deceased and personally offered his condolences. After chairing a high

level emergency meeting at the State Secretariat to take stock of the situation, he rescheduled his visit (earlier decided to visit

fly to Karur late last night and biarded the flight at midnight.After reaching Trichy airport at 0130 hrs, prevailing situation before driving down to Karur, an Ministers Anbil Mahesh Minister V Senthilbalaji and Collectors of various districts were camping to treatment being given to government hospital and private hospital. Earlier, Mr Stalin

ordered a Judicial Probe headed by Retd Justice Ms Aruna Jagadeesan and also announced a solatium of Rs ten lakh each to the families of the deceased, and Rs one lakh each to those injured and undergoing treatment.



A day after violence in Bareilly district, Vice Chairperson of the Uttar Pradesh State Women's Commission Aparna Yadav on Friday said that any kind of anarchy is unacceptable in the state. Talking to reporters after the prize distribution at the closing ceremony of the Girls Kho-Kho National Championship organised by the CBSE Board in Ayodhya, Aparna said that every citizen has complete freedom to practice their religion. (See on page 2)

R Venkataramani's tenure as attorney general extended



Senior advocate R. Venkataramani will continue as the Attorney General for India for the next two years, following the union government's decision to extend his tenure. Venkataramani, who succeeded KK Venugopal in 2022, was initially appointed for a threeyear term set to conclude on September 30, 2025.

(See on page 4)

UAE FM Abdullah bin Zayed presses for Gaza ceasefire



UAE Foreign Minister Abdullah bin Zayed met with Israeli PM Benjamin Netanyahu on the sidelines of the UN General Assembly, and stressed on the need for an urgent ceasefire in Gaza and firmly rejected Jerusalem's potential annexation of Palestinian territories. According to statements by the UAE Foreign (See on page 5)

We have shed the pressure and are keen to sustain the



When the UP Yoddhas step onto the mat, it's rarely about one player. But when Gagan Gowda is in form, the team knows it has a weapon. Eight games into Pro Kabaddi League (PKL) Season 12, Gowda has already scored 82 points, the highest for his team.

(See on page 8)

hands on behalf of farmers adding that the BJP Marathwada braces for heavy to very heavy rain

high levels: Ahmedpur

27 (UNI): The India (Parbhani) at 15 cm, Loha Meteorological Department (Nanded) at 14 cm, (IMD) has warned of heavy Gangakhed (Parbhani) at 11 to very heavy rainfall at cm, Aundha Nagnath isolated places over (Hingoli) at 10 cm, Beed Marathwada on September town at 9 cm, and Washi 27 and 28, and heavy rainfall (Dharashiv) at 7 cm.Latur district's Ahmedpur (17 cm) This fresh spell follows and Chakur (11 cm) stations recent floods that claimed 84 will see continued heavy to lives and submerged crops very heavy rain on the 28th. across the region. The Nanded's Loha (14 cm) and forecast is due to a well- Naigaon Khairgaon (10 cm) marked low-pressure area are expected to face over the Bay of Bengal thunderstorms and strong intensifying into a winds persisting into the depression and moving 28th.Parbhani saw 15 cm at westward.Recordings from Palam; Hingoli recorded 10 the 24 hours ending 8:30 am cm at Aundha Nagnath; on September 27 showed Beed town logged 9 cm; and

Ch. Sambhajinagar, Sept (Latur) at 17 cm, Palam Under the scheme,

(Contd on page 3) two to ten members.

Central Railway to Continue Services of 578 Special Trains Running via Solapur Division

(Standard Post Bureau)

Solapur, Sept 27: entral Railway will continue the services of 578 special trains running via Solapur Division to clear the extra rush of the passengers as per details given below:

Train no 01435 Solapur-Lokmanya Tilak Terminus Mumbai Weekly Special notified to run every Tuesday up to 30.09.2025 is now continued to run till 30.12.25. (13 trips)

Train no 01436 Lokmanya Tilak Terminus Mumbai-Solapur Weekly Special notified to run every Wednesday up to 01.10.2025 is now continued to run till 31.12.2025.(13 trips)

Train Nos. 01435/01436 Solapur-Lokmanya Tilak Terminus Mumbai Special will now have an additional halt at Murud with 11:25/11:26 hrs immediate effect.

Timings:

22:04/22:05 hrs

01435 Solapur-LTT -18:00 / 18:01 hrs 01436 LTT-Solapur -

Following daily trains notified to run daily till 30.09.2025 have been

continued up to 31.12.2025 - Train nos 01461/01462 Solapur-Daund Unreserved Daily Specials (92 trips

each) - Train nos 01465/01466 Solapur-Kalaburagi Unreserved Daily Specials

(92 trips each) - Train nos 01487/01488 Pune-Harangul Daily Specials (92 trips each)

Train Nos. 01487/01488 Pune-Harangul Special will now have an additional halt at Murud with immediate effect.

Timings: 01487 Pune-Harangul -

01488 Harangul-Pune -

There will be no change in timings, composition and halts for above mentioned trains except in the already specified.

Reservation & Booking: Reservations for continued trips of special trains on special charges will be available at computerised reservation centres and on website www.irctc.co.in.

Bookings unreserved coaches can be done through booking counters at stations and UTS app also.

Passengers requested to travel with valid tickets to avoid inconvenience.

For detailed timings at halts of these special trains please www.enquiry.indianrail.gov.in or download NTES App.

Central Railway to Run Dhammachakra Pravartan Din Special Trains between Solapur and Nagpur

(Standard Post Bureau)

Solapur, Sept 27: Central Railway will run special trains between Solapur and Nagpur for Dhammachakra Pravartan Din 2025 on 2nd October to clear the extra rush of the passengers as per details

Solapur-Nagpur Dhammachakra Pravartan **Din Special Trains**

- Train no 01029 Solapur-Nagpur Special will depart Solapur at 09:50 hrs on 01.10.2025 and arrive

Manish Sisodia

condemns arrest

New Delhi, Sept 27

(UNI): Senior Aam Aadmi

Party leader Manish

Sisodia today criticized the

central government over

the arrest of Ladakhi

activist and innovator

Sonam Wangchuk, labeling

the party's Punjab in-

charge, stated that the real

threat to the nation comes

not from Wangchuk, but

from those who imprison

individuals like him. He

described Wangchuk as a

person who has dedicated

his life to the development

of Ladakh and its children.

Education Minister said he

has known Wangchuk

personally and is familiar

with his work, which he

claimed is admired

Bollywood film "3 Idiots,"

noting that a central

character was inspired by

Wangchuk's life and

innovations in education.

human being a threat to the

country and jail him under

laws meant for severe

criminals is deeply

remarked during a press

Wangchuk's arrest, for

raising concerns about

Ladakh, was wrong.

"To brand such a

Sisodia

Sisodia

argued that

the

globally.

referenced

shameful,"

release.

He

The former Delhi

Sisodia, who serves as

the action as unjust.

AAP leader

of Sonam

Wangchuk

Nagpur at 05:10 hrs the next

- Train no 01030 Nagpur-Solapur Special will depart Nagpur at 23:30 hrs on 02.10.2025 and arrive Solapur at 23:45 hrs the next

Stoppages: Kurduvadi, Ahilyanagar, Daund, Belapur, Kopargaon, Manmad, Chalisgaon, Pachora, Jalgaon, Bhusaval, Malkapur, Shegaon, Akola, Murtajapur, Badnera, Dhamangaon, Pulgaon, Wardha and Ajni.

Composition: Unreserved Coaches and 2 Luggage Cum Brake Vans. (18 Coaches)

Booking: Bookings for unreserved coaches can be done through booking counters at stations and UTS app also.

Passengers requested to travel with valid tickets to avoid inconvenience.

For detailed timings at halts of these special trains please www.enquiry.indianrail.gov.in or download NTES App.

Ladakh LG Kavinder Gupta calls for proactive, coordinated, people-centric approach to address law & order

Leh/Srinagar, Sep 27 (UNI) The Lieutenant Governor of Ladakh, Kavinder Gupta, today directed officials to implement a proactive, coordinated, and people-centric approach to effectively address the union Territory's law and order and security challenges.

Gupta today chaired a high-level security review meeting to assess the prevailing law and order and overall security scenario in the union Territory.

The meeting was attended by Chief Secretary Dr. Pawan Kotwal, Director General of Police Dr. S.D. Singh Jamwal, and senior officers of the Army and Indo-Tibetan Border Police (ITBP).

The officers presented a detailed briefing on current deployments, emerging challenges, and strategies aimed at ensuring public safety, peace, and a coordinated response to evolving situations, an official spokesman said. Speaking at the meeting, the Lieutenant Governor stressed the importance of maintaining strict law and order while keeping constant watch on the security environment.

He highlighted the need for seamless coordination among civil and security agencies, timely intelligence sharing, and proactive measures to counter any threat to peace and stability.

LG Gupta commended the people of Leh for displaying restraint and maturity during the relaxation amid today's restrictions, thereby upholding harmony in the region.

He directed the administration and security agencies to ensure law and order at all costs, while simultaneously protecting the rights and welfare of the citizens.

Reaffirming the unwavering commitment of the Government of India and the union Territory Administration, the Lieutenant Governor said that every step will be taken to protect the security, stability, and overall welfare of the people of Ladakh.

He underscored that maintaining law and order is not only vital for peace but also essential for the region's development and progress. The Lt Governor urged people to remain vigilant against anti-social and anti-national elements attempting to disturb harmony.

Shah, Rajnath express grief over Karur stampede tragedy

New Delhi, Sept 27 (UNI): Home Minister Amit Shah and Defence Minister Rajnath Singh today expressed anguish over the loss of lives in a stampede in Tamil Nadu's Karur.

In a post on X, Amit Shah said, "Deeply pained by the tragic loss of lives in a stampede in Karur, Tamil

He said, "My heartfelt condolences to the families of the deceased. I pray to the Almighty to give them the strength to bear this grief and for the speedy recovery of the injured".

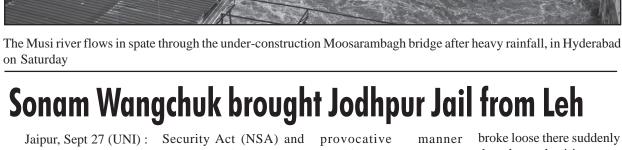
Meanwhile, Rajnath Singh also conveyed his pain over the tragic incident.

"Deeply anguished by the tragic accident at a rally in Karur, Tamil Nadu. The loss of innocent lives is truly heartbreaking," he said.He further added, "My heartfelt condolences to the bereaved families. Praying for the speedy recovery of those who are injured". As many as 30 people died and several were injured in a stampede during TVK leader Vijay's rally in Karur today evening.

PM Modi welcomes World **Para Athletics** championships 2025 in Delhi

New Delhi, Sept 27

(UNI): Prime Minister Narendra Modi extended a warm welcome to all athletes and delegates as India commenced hosting the World Para Athletics Championships 2025 here today.In a message shared on social media platform X, the Prime Minister said, 'India is proud to be hosting the World Para Athletics Championships 2025 in Delhi, which commences today. A warm welcome and best wishes to all participants. This tournament celebrates human determination and spirit. May this tournament inspire a more inclusive and vibrant sporting culture across the world."The Championships aim to highlight the extraordinary talent and resilience of paraathletes, underscoring India's commitment to promoting inclusivity in sports.



Leh-based climate activist Sonam Wangchuk whose stir for demand for statehood for Ladakh turned violent there on Wednesday, was shifted to the High Security Jodhpur Jail late last night following his arrest in Leh on Friday.

sudden development, Wangchuk who was spearheading a crusade for statehood for Ladakh, after the arrest yesterday afternoon was booked under the National

subsequently sent to Jodhpur by special flight late last night. This move was made so secretly that even people of Sun City Jodhpur came to know about it Saturday morning only. Wangchuk is accused of "inciting violence" during the demonstrations Wednesday.In a

statement back home in Leh - Ladakh, the authorities said that it was important to prevent Wangchuk from further acting in a (making speeches). To restore normalcy in the peace loving town of Leh, it deemed it necessary to shift him from here (Leh).

However, former Rajasthan Chief Minister Ashok Gehlot was not convinced with the explanation and held that it was a case of mishandling of the situation at the level of the Centre.In brief chat with the media in Udaipur, Gehlot said "I am unable to understand what the hell broke loose there suddenly that the authorities were forced to shift him to the Jodhpur Jail."

"Is he (Wangchuck) a dreaded terrorist? No he is not: but he is an activist used to raising local issues. Earlier, he remained a staunch supporter of Prime Minister Modi, so what might have gone wrong, why did the situation for promulgation of NSA arise? "I believe that this government has been mishandling the situation," he added.

Cong condemns govt's handling of Ladakh crisis, slams arrest of Sonam Wangchuk under NSA

New Delhi, Sept 27 (UNI): The Indian National Congress today condemned government's handling of the situation in Ladakh and the arrest of climate activist Sonam Wangchuk under the National Security Act.

In a post on X, Congress president Mallikarjun Kharge accused the BJP of betraying the people of Ladakh by failing to deliver on its promise to grant the region Sixth Schedule under Constitution, which would have provided special protections and autonomy.

He said, "The Indian National Congress strongly condemns the pathetic handling of the situation in Ladakh by the Government & subsequent arrest of Sonam Wangchuk under the draconian National

Kharge said, "At the heart of the crisis lies the BJP's persistent betrayal of the aspirations of people of Ladakh. For over a year now,

there has been turmoil and instead of lending a patient hearing to the cries of the people for inclusion under the Sixth Schedule of the Constitution, Government is responding with violence".

"The BJP had pledged Sixth Schedule status for the region, sadly that promise has been squarely abandoned," said the Leader of Opposition in Rajya Sabha.

He said, "The Indian National Congress seeks nothing but peace in Ladakh. For decades, we have ensured that this beautiful border region remains harmonious and

secure, upholding both the spirit of Democracy and the cause of National Security,"

He demanded a judicial investigation into the deaths of four persons and the serious injuries suffered by several others during the Ladakh violence.

"We demand a judicial investigation into the deaths of four innocent young men and the serious injuries inflicted upon many others," he said.

He added, "The democratic institutions and democracy need to be revived and restored in Ladakh"

Notably, two days after the Ladakh violence that left four dead and scores injured, Sonam Wangchuk was arrested by police yesterday. He was accused of inciting the violence in

postal cover to commemorate **Shyam Lal** College'S Sashtipoorthi

releases special

India Post

New Delhi, Sept 27(UNI) A special postal cover, commemorating 'Sashtipoorthi' of Shyam Lal College, was officially released by India Post on Friday at a gracious function held at Krishna Nagar Post Office today.

The event organized by India Post and was attended by Debi Prasad Dash, Senior Superintendent of Post Offices, Delhi East Division, Delhi, Prof. R.P. Tulsian, Governing Body Member of the Shyam Lal College, Prof. Rabi Narayan Kar-Principal, Shyam Lal College and other distinguished guests.

The release function

was presided over by Prof. Rabi Narayan Kar and Debi Prasad Dash who unveiled the cover along with a commemorative cancellation that marks the historical importance of the occasion.In his address, Prof. Kar highlighted the rich history of Shyam Lal College and also said that. "Special covers like these serve not only as collectibles but also as enduring symbols of our rich heritage," he noted. The design of the special cover features Building of the College, reflecting the essence of the occasion of Sashtipoorthi of the College. The cover also carries a unique cancellation mark dated [26.09.2025], making it a valuable addition to any philatelic collection. Attendees praised the initiative and many philatelists expressed keen interest in acquiring the limited-edition cover. The event concluded with a vote of thanks and distribution of the covers to

dignitaries and attendees.

Cabinet approves 10,023 new medical seats within next five years

New Delhi, Sept 27 (UNI): The union Cabinet has approved addition of 10,023 new medical seats with an investment of Rs. 15,034 crore as part of the goal to create 75,000 medical seats within the next five years. These include 5,000

post-graduate and 5,023 undergraduate seats in existing government colleges and hospitals by 2028-29, an official spokesman said today. At a meeting here

chaired by Prime Minister Narendra Modi it was also decided to double the number of medical colleges to 808 in 2025-26 from 387 2013-14, with undergraduate seats up 141 percent and postgraduate

seats up 144 percent.

New 2025 regulations allow experienced government specialists to become professors without mandatory residency requirements. Initiative specifically targets underserved communities while positioning India as a global hub for affordable healthcare.

"This will improve our healthcare system and enhance medical education infrastructure. It will ensure that every part of India has availability of skilled doctors," the Prime Minister Narendra said in a post on X on September 24.

The country has significantly expanded its medical infrastructure over the past decade, yet the

demand continues to outpace supply.

The total investment is Rs. 15,034 crore covering the period from 2025-26 to 2028-29. Of this, 68.5 percent amounting to Rs. 10,303.20 crore will be funded by the union government while the remaining Rs. 4,731.30 crore will be contributed by the states. The investment per seat is Rs. 1.5 crore.

Prime Minister Modi envisions 75,000 additional medical seats in the next five years, and this new approval made September 24, 2025, is a step towards that goal, the spokesman added.

India has the highest number of medical colleges (808) and has been

expanding its medical educational infrastructure for years. There are 1,23,700

MBBS (Bachelor of Medicine, Bachelor of Surgery) seats today. In the last decade, 69,352 seats were added, a growth of 127 percent. During this period 43,041 post-graduate seats were added, a growth of 143 percent.A total of 22 new All India Institutes of Medical Sciences (AIIMS) were approved under the Pradhan Mantri Swasthya Suraksha Yojana, which aims to make affordable and reliable tertiary healthcare accessible to all people and regions and improve the quality of medical education in the country,

the spokesman added.

dedicated his life to serving

knowledge in the field of

law, students can contribute

should progress in a way

that preserves the dignity

of both the legal profession

that the humility and

simplicity of Chief Justice

Shri Gavai are worth

emulating. His guidance

will undoubtedly motivate

Gavai also unveiled the

stone of the Preamble of the

Constitution at the

institute, a proud moment

for the institution.

The Chief Justice Shri

Justice Shri Karnik said

meaningfully to society.

Similarly, by acquiring

He added that students

the country.

and society.

students.

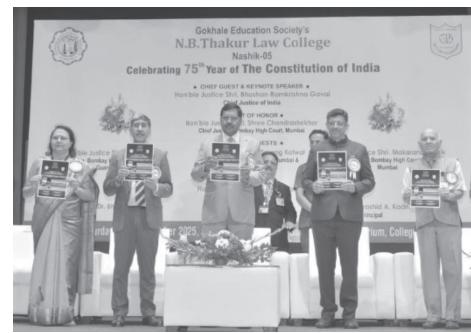
Students should carry forward the ideals of the **Constitution says Chief Justice Bhushan Gavai**

Nashik, Sep 27 (UNI): The fundamental rights granted to citizens by the Constitution of India and its guiding principles have always been our compass.

While studying law, students should embrace the values of the Constitution and move forward with vigilance to ensure justice for every citizen, asserted Chief Justice Bhushan Gavai of the Supreme Court.

Chief Justice Shri Gavai visited the NBT Law College here today. He was speaking at a program organized on this occasion.

Present at the event were Chief Justice of the Bombay High Court Shri Srichandrasekhar, Justice Makarand Karnik, Justice Sarang Kotwal, Justice Ashwin Bhobe, Member of the Maharashtra and Goa Bar Council Jayant Jaibhave, President of Gokhale Education Society



Secretary Dipti Deshpande, Principal A.J. Kadri, Coordinator Bharat Kourani, Dr. Sanjay Mandavkar, and the students of the college.

Chief Justice Shri Gavai said that the preamble is an integral part of the Constitution.

at the Municipal School, and today I owe all credit to the Constitution for reaching this position. I have advanced on the path of progress keeping the ideals of Bharat Ratna Dr. Babasaheb Ambedkar in mind. To be successful in life, students should set

Gavai advised the students.

While guiding the students, Chief Justice of the Bombay High Court Shri Chandrashekhar said that today is the birth anniversary of Shaheed

goals, you will definitely achieve success in your field," Chief Justice Shri

"Study of law and timely delivery of justice are hallmarks of Chief Justice Shri Gavai's work, and students should adopt these values," said Secretary Mrs. Deshpande in her introduction.

Supreme Court Chief Justice inaugurates new Nashik district court

Nashik, Sept 27 (UNI): The new modern building of the Nashik District and Sessions Court was inaugurated today by Supreme Court Chief Justice Bhushan Gavai. The event marked the court's 140th anniversary and included the laying of the foundation stone for a new parking facility.

Addressing gathering, Chief Justice Gavai focused on the responsibility to achieve social and economic equality, noting that this was Dr. B. R. Ambedkar's vision to complete the political rights established

by the Constitution. He recalled Ambedkar's 1949 speech, which expressed the view that democracy would only have meaning if social and economic democracy were also established. Chief Justice Gavai insisted that this pursuit of equality must accompany freedom and brotherhood.

Chief Justice Gavai praised the new facility, stating it was "very beautiful among all the district court buildings in the country." He noted that the building was for the benefit of parties, lawyers, and judges alike. He also acknowledged cooperation received for court infrastructure from Chief Minister Devendra Fadnavis

The programme was attended by Chief Justice of the Bombay High Court Chandrashekhar, Justice Revati Dere Mohite, Justice Makarand Karnik, and other sitting judges of the Bombay High Court. Additional Solicitor General of India Anil Singh and State Advocate General Birendra Saraf were also present.

Bombay High Court Chief Justice Chandrashekhar called the court a unique identity for Nashik, noting that many excellent lawyers and judges were trained there throughout its 140-year

Balasaheb Thorat demands immediate financial assistance for affected farmers

Ch. Sambhajinagar, Sept 27 (UNI): Senior Maharashtra Congress leader and former minister Balasaheb Thorat conducted an inspection of flood-affected areas in Pathin taluka of Ch. Sambhajinagar district today, visiting Dhorkan and Takli Phata localities to assess the damage caused by the recent flooding.

Thorat accompanied by Congress MP Kalyan Kale and several local leaders during his visit to the impacted

The Congress leader interacted extensively with affected farmers, observing that heavy rainfall has completely devastated agricultural operations across the area. He noted that standing crops were washed away in several locations, while some areas experienced land slippage and destruction of valuable crops. Thorat expressed deep concern over the precarious condition of farmers and emphasised the urgent need to address this critical situation immediately.

Thorat appealed to the state government to implement practical measures beyond bureaucratic procedures and regulations, demanding substantial financial assistance and complete loan waivers for affected cultivators without delay. He also stressed the importance of accelerating

damage assessment surveys to ensure prompt relief distribution to those impacted by the natural disaster.The witnessed participation from District President Kiran Patil Dongaonkar, Yusuf Shaikh, Ravinder Kale, Vinod Tambe, Bhausaheb Jagtap, Ashok Dolas, Raosaheb Nade, Sambhaji Kate, Ravinder Amle along with numerous local farmers and residents.

The Congress leader's assessment highlighted the severe agricultural losses suffered by the farming community underscored the necessity for immediate government intervention to mitigate the crisis affecting rural communities in the region.

Torrential rain triggers widespread flooding in Beed

Beed, Sept 27 (UNI): Continuous torrential rainfall over the past two days has caused extensive damage and widespread flooding across Beed district. Intermittent heavy showers have affected both urban and rural areas, causing several rivers to overflow and flood residential settlements. The sudden waterlogging has transformed roads into waterways, severely disrupting transportation and creating significant difficulties for residents.

The most severe impact has been reported in sensitive, low-lying regions. Areas including Masoom Colony, Khas Bagh, and Gandhi Nagar in Beed city witnessed water entering homes, prompting immediate evacuation efforts administration.

Since last night, residents of these affected localities have been instructed to vacate their properties. Temporary accommodation has been arranged in schools,

community halls, and other government buildings. Special arrangements are in place to provide clean drinking water, dry rations, and medical facilities to those affected.

Beed District Collector Vivek Johnson urged the public to disregard rumours and adhere strictly to official instructions. He emphasised that entry into any hazardous zones remains prohibited, and advised citizens to take necessary precautions given the possibility of additional rainfall.

The district administration has placed all departments on high alert and intensified relief operations. District Superintendent of Police Navneet Kavat personally visited impacted localities, interacting with residents and confirming that police teams are collaborating with other departments in relief efforts.MLA Sandeep Kshirsagar and former MLA Syed Saleem also toured affected areas, meeting with citizens and assessing

the situation firsthand. Tehsildar Shelke has instructed ration dealers to immediately distribute food affected

caused wall collapses at minimise further damage.

Symbiosis University, **Indian Air Force sign MoU** for academic collaboration

Pune, Sept 27 (UNI): Symbiosis Institute of Business Management (SIBM), Pune, a constituent of Symbiosis International University (SIU), today signed a Memorandum of Understanding (MoU) with the Indian Air Force (IAF) at the university's Lavale campus in Pune.

Speaking at the ceremony, Dr. Vidya Yeravdekar, Pro-Chancellor of SIU and Principal Director of Symbiosis, expressed her delight. She noted that SIBM Pune, one of the university's flagship institutes, has achieved high national and international rankings and now partners with the IAF.

"This collaboration will be a valuable learning experience for both the officers and our faculty," she said. "Teaching seasoned professionals in command roles is both challenging and rewarding."

Dr. Yeravdekar added that the partnership targets multiple courses for different levels of the Air Force. These programmes will enhance career prospects post-retirement and may also open doors to PhD opportunities.

"We're excited about the many opportunities this collaboration offers and look forward to a meaningful and mutually enriching journey ahead," she stated.

Air Marshal S.K. Vidhate, AVSM, YSM, VM, highlighted the significance of the partnership. "Alongside admission and in-service training, the Air Force places strong emphasis on enhancing the academic qualifications of its personnel," he said.

He explained that such academic enrichment brings contemporary knowledge, concepts, and practices directly into the IAF, strengthening the service's operations.

"In this context, our collaboration with Symbiosis holds special significance, distinguished by its tradition of academic excellence," Air Marshal Vidhate added.

grains to individuals. The heavy rainfall

multiple locations, resulting in two individuals sustaining serious injuries. They were promptly transported to hospital for treatment. Alongside urban areas, rural regions have also suffered significant damage, with crops submerged underwater and road connectivity severely disrupted. According to district administration officials, the unprecedented rainfall has created alarming conditions throughout the district. However, all departments, including municipal police, corporation, and medical teams, are working collaboratively to provide relief and bring the situation under control. administration continues to monitor the situation closely to ensure public safety and

Tension rises after attempted assault on Prof. Laxman Hake's vehicle near **Ahilyanagar**

Ahilyanagar, Sept 27 (UNI): While traveling from Pune to Pathardi to attend an 'Elgar Sabha,' OBC leader Prof. Laxman Hake's vehicle was targeted by a group of unidentified youths wielding sticks on the Arangaon bypass road.

Prof. Hake and the others in the car escaped unharmed, but the incident sparked tension in the area.

Prof Hake was en route to a rally in Pathardi advocating for OBC reservation when the attack occurred shortly after the vehicle stopped for refreshments. Police security had been provided for him during the journey.

Earlier, Prof. Hake had reported receiving threats in recent days and mentioned that his son's car was also attacked recently.

In light of this incident, it remains uncertain whether the Elgar Sabha scheduled to take place at Daitya Nandur near Pathardi will proceed as planned.

Bhagat Singh, who Dr. R.P. Deshpande, "My education started their goals. If you set high **RSS chief Mohan Bhragwat calls Emergency-era jail prayer by volunteer**

Nagpur, Sept 27 (UNI): Rashtriya Swayamsevak Sangh (RSS) chief Mohan Bhagwat today recalled an incident from the Emergency, saying that an RSS volunteer continued to recite the organisation's daily prayer even while in jail. Speaking at the inauguration of the audio recording of the RSS prayer at Dr Hedgewar Smruti Bhavan in Reshimbagh,

Bhagwat said the prayer country. "Over the years, it represents a collective has gained the power of a resolve of devotion to the motherland. "In the prayer, we do not ask anything from Mother India, we only declare what we will offer her. Whatever is to be asked, is asked from God,"

Bhagwat noted that since 1939, the RSS prayer has been recited daily in shakhas across the

mantra, making volunteers firm in their resolve," he said.

Recounting Emergency-era incident, the RSS chief said a volunteer once told him that though he could not attend the shakha regularly, he prayed daily while imprisoned. "That is why we started this initiative, so the prayer could reach people everywhere," Bhagwat said.

Explaining the origin of building the prayer, he said it was first composed in Marathi and Hindi, but was later rendered in Sanskrit to give it a national character. The task was entrusted to Bhide Master, a Sanskrit scholar and RSS volunteer, who gave words to the

Sanjay Raut accuses BJP of using Shinde, Pawar factions to split Marathi vote and 'swallow' Mumbai

: Shiv Sena (UBT) MP "weapons" to achieve this Mahayuti (Grand Alliance). the 100 he might expect. Sanjay Raut today alleged goal. Raut asserted that the that the Bharatiya Janata Party (BJP) is actively working to divide the Marathi community.

Speaking at a press conference, Raut claimed the BJP's sole aim is not the interests of Maharashtra or Mumbai, but splitting the regional vote.

using Chief Minister "swallow Mumbai" by

BJP holds no genuine affection for either Shinde or Pawar.He claimed their true objective was to fracture the original Shiv founded Balasaheb Thackeray, and Sharad Pawar's Nationalist Congress Party (NCP).

According to Raut, the He accused the BJP of BJP's ultimate plan is to Eknath Shinde and Deputy contesting elections under

Parbhani Police crack Rs 88 lakh

foreign liquor theft case

Parbhani, Sept 27 (UNI): The Jantoor

police and local crime investigation team

of Parbhani district have arrested the

primary accused in a significant theft case

involving foreign liquor worth Rs 88 lakhs,

31, Prabhakar Vishwanath Ghughey and his

son Anil Prabhakar Ghughey were

transporting foreign liquor valued at Rs 1

crore 38 lakh to Alka Wine Shop in Naded

from Nashik's Sadram and other companies

in their truck bearing registration number

MH15GV1735.During the journey, the

accused individuals along with their

accomplices allegedly looted goods worth

88 lakh rupees and deliberately overturned

their vehicle at Chincholi Darade within

Jantoor police station limits. The

perpetrators staged an elaborate scenario

suggesting that local residents had stolen

the foreign liquor cartons following an

accident, subsequently filing a formal

complaint at Jantoor police station based

on this fabricated incident. District

Superintendent of Police Ravinder Singh

Pardeshi assigned the investigation to

Assistant Superintendent Jeevan Beniwal,

whose inquiry revealed that the vehicle had

not actually been involved in any accident.

Based on intelligence inputs, Prabhakar

According to police reports, on August

recovering substantial stolen property.

He further described Shinde's party as "nothing but a benami company" of Prime Minister Narendra Modi and Home Minister Amit Shah.

Raut recalled that when Shiv Sena was undivided, the party determined how many seats to allocate to the BJP.

He predicted that Shinde would now be restricted to contesting just

Vishwanath Ghughey was apprehended

from Shikarapur area of Pune. During

interrogation, police noted contradictory

statements from the accused, leading to further

investigation. Assistant Superintendent of

Police Jeevan Beniwal successfully traced

the looted liquor cartons through technical

examination and investigation, recovering

valuables worth approximately 20 lakh

rupees. Further investigation led to the

recovery of assets valued at 65 lakh 49

thousand 720 rupees from three individuals

assisting the main accused, all of whom

were subsequently arrested. The arrested

accomplices include Anil Shivaji Chavan

(32 years, resident of Mantha), Ravinder

Hari Bhau Pawar (30 years, resident of

Dambri, Jalna taluka), and Sachin Ashok

Solanke (35 years, resident of Tulja Bhavani

Superintendent of Police Pardeshi included

Additional Superintendent of Police Suraj

Ganjal, Assistant Superintendent of Police

Jeevan Beniwal, Police Sub-Inspector

Jagdish Mahitre, Anmaldar Gajanan

Rathod, Vikram Okunde, Akash Kale,

Yashwant Waghmare, and Police Inspector

Assistant Police Inspector P.D. Vika in-

charge of the local crime department along

The investigation team led by

Nagar, Vatu, Pratur taluka).

with several other officers.

Mumbai, Sept 27 (UNI) Chief Minister Ajit Pawar as the banner of the ruling 25–30 seats, far fewer than

Raut alleged that the Shinde faction consists of "contract men" who have been given the BJP's contract to split Marathi votes in the Mumbai civic body elections.He called their alliance with the BJP "unnatural," citing that the BJP insists on contesting independently in Thane, and Ajit Pawar takes a similar stance on local body polls.

Marathwada braces for

Washi

Dharashiv's measured 7 cm. Jalna and Aurangabad are also forecast heavy showers.

districts face a heightened flash flood risk, especially in low-lying areas and near streams. The IMD has potential

(Contd from page 1)

These fully saturated highlighted surface runoff inundation.

The IMD advised farmers to drain standing water from crops and protect harvested produce in orchards. Authorities urged residents to avoid unnecessary travel, steer clear of flooded roads and riverbanks, and follow local administration instructions. In light of the overall heavy-rain spell affecting multiple regions, the Maharashtra Public Service Commission has postponed September preliminary exam. The state disaster management department remains on high

and

history.

STANDARD POST

Every minute, 8 die of heart disease in SE Asia, WHO cites weak enforcement, regulatory gaps

In South-East Asia, eight people die every minute due to cardiovascular diseases (CVDs), Dr Catharina Boehme, officer-in-charge of WHO South-East Asia, today said, blaming the toll on commercial interests, inadequate fiscal and regulatory frameworks, weak enforcement, and poor oversight of unhealthy product marketing.

Ahead of World Heart Day on September 29, Dr Boehme pointed out, "CVDs remain the leading cause of death in the region, with nearly half of these fatalities occurring prematurely, in individuals below 70 years of age."

Highlighting the progress made under the SEAHEARTS resolution, a regional commitment adopted two years ago to accelerate prevention and control of cardiovascular diseases, she said, "So far, the outcomes have been encouraging, but significant challenges remain."

"By June 2025, over 90 million patients with hypertension and diabetes have received protocolbased care at public health facilities" noted Dr Boehme.

"Legislative bans on harmful trans fats now protect more than 1.7 billion people, and tobacco control measures have reached over 103 million individuals through at least three WHO MPOWER strategies," said Dr Boehme, citing political will and multi-sectoral coordination as key drivers of this success.

However, significant challenges persist. "Commercial interests, inadequate fiscal and regulatory frameworks, weak enforcement, and poor oversight of unhealthy product marketing hinder progress," Dr. Boehme noted.

Public awareness of cardiovascular risk factors remains low, and many Member States lack sufficient laboratory capacity and enforcement mechanisms to regulate sodium in foods, test tobacco products, or monitor trans-fat

Hypertension, diabetes, tobacco use, alcohol consumption, unhealthy diets high in salt and fats, and physical inactivity remain the primary drivers of this epidemic.

"Alarmingly, 85% of those living with hypertension and diabetes in the region have their conditions poorly controlled," Dr. Boehme warned, highlighting how rapid urbanisation and ageing populations are further straining already overstretched health systems.

The delivery of quality care is further hampered by limited funding for non-communicable diseases, shortages of trained healthcare workers, and insufficient access to essential diagnostics and medicines at the primary care level.

Dr Boehme emphasised that turning the tide will require collective responsibility: "Governments, civil society, academia, the private sector, and communities must unite — no single entity can combat cardiovascular diseases alone."

The SEAHEARTS resolution aims to bring 100 million people with hypertension and/or diabetes under protocol-based management by 2025, while intensifying efforts to reduce tobacco use, salt intake, and eliminate industrially produced transfatty acids from food supplies.

Dr Boehme urged individuals to take preventive measures: "Quitting tobacco, reducing salt intake, engaging in daily physical activity, and managing stress are vital steps towards a healthy

For policymakers, she called for urgent action: "Salt reduction, enforcement of industrial transfat bans, and comprehensive tobacco control laws must be top priorities."

Primary healthcare, she said, must remain the cornerstone of heart health. "This requires strengthening urban health systems, expanding access to protocol-based medicines and technologies, and involving the private sector in coordinated care," said Dr Boehme. "Enhanced health information systems can support patient tracking, improve treatment adherence, and monitor outcomes. Training health workers and streamlining referral pathways are essential to saving countless lives," Dr Boehme said.

Prime Minister flags off Amrit Bharat Express between Brahmapur (Odisha) and Udhna (Gujarat)

Union Minister Ashwini Vaishnaw reviews the work of bullet train station at Surat

(Standard Post Bureau)

Surat, known as the diamond and textile hub of India, is witnessing rapid growth in passenger and freight movement. To meet the future demands of Gujarat, Indian Railways is undertaking comprehensive measures. These include the redevelopment of Railway Stations in Surat & Udhna and introduction of new passenger and freight trains.

Amrit Bharat Express between Odisha and Gujarat

Today, Hon'ble Prime Minister Sh. Narendra Modi flagged off the Amrit Bharat Express between Brahmapur (Odisha) and Udhna (Gujarat). It is a new generation train designed for affordable, safe, and long-distance travel.

Features of Amrit Bharat Express:

Modern ergonomic seating with improved design

Fully connected coaches for seamless movement

Twin-engine configuration ensuring higher safety and reliability

Just as Vande Bharat has redefined travel for the middle class, Amrit Bharat Express will provide similar facilities at an affordable fare. The rail service flagged off today will be available at fare of Rs 495 (General class) and Rs 795 (Non-AC sleeper class) per journey.

The train will cover a distance of over 1700 km spread over 22 districts of 5 states (Gujarat, Maharashtra, Chhattisgarh, Andhra Pradesh and Odisha).

Through this new





connectivity, entrepreneurs businesspeople including the youth will be able to find more avenues in textile, diamonds, and related sectors. This train will also benefit pilgrims going to Maa Tara Tarini Shaktipeeth.

work in Gujarat

The stations of Gujarat are being developed as part of the Master Development plan, keeping the next 50 years in sight. Indian Railways is undertaking comprehensive redevelopment of Railway Stations such as Udhna, Station redevelopment Surat, Bilimora, Sachin etc.

The Union Minister Union Minister also visited

took stock of redevelopment work of Udhna Station today. He mentioned that the station is being designed on modern lines. Special emphasis is laid on expanding the capacity of platforms and pit lines.

Earlier in the day, the

the Surat High Speed Rail Station to review the construction work. Work between Surat-Billimora is progressing rapidly. The civil work of the station is completed with the finishing and utility work currently underway.

today's During inspection, the minister informed us that modern and innovative technology is being used in this project.

The work on tracks has been progressing at remarkable speed. He mentioned that the first turnout has been successfully installed at Surat station. A turnout is the critical junction of railway tracks. This feature will enable flexibility and smooth operation of highspeed trains.

The tracks also features roller bearings, allowing their smoother and safer movement while the bullet train runs on it at high speed. Additionally, sleepers on the track are made using composite material instead of concrete. This will ensure higher durability, reduced maintenance, and better performance at high speeds.

To further improve passenger comfort and reduce the noise in the environment, a vibration absorption mechanism in the form of dampers has been introduced. These will absorb the noise and shock. The Union Minister mentioned that with this project we will be able to reach Mumbai from Surat in one hour.

station redevelopment and track laying is progressing at a steady pace. The High-Speed Rail project will eventually transform connectivity and boost economic activity. The entire stretch Ahmedabad and Mumbai will become one economic corridor. The project will also set new benchmarks in railway technology and passenger experience.

Inorbit Mall Malad hosts Divya Raas Navratri with Keerthi Sagathia

(Standard Post Bureau)

Inorbit Mall Malad is all set to light up the city with festive fervour as it hosts Divya Raas Navratri Utsav 2025, featuring the dynamic and soulful Keerthi Sagathia live. From 21st September to 1st October, 7 PM to 10 PM, the mall's parking arena will be transformed into a vibrant celebration ground for eleven electrifying nights of Garba, Dandiya, and live music.

celebrated for his rustic yet versatile voice, will headline the eleven-night extravaganza. Known for Bollywood hits like "Bhai Bhai" (Ramleela), "Photocopy" (Jai Ho), "Shubh Din" (Parmanu), "Tum Tak" (Raanjhanaa), and "Mujh Mein Tu" (Special 26), Keerthi has also earned millions of views for his folk recreations, especially "Kaun Halave Limbdi". His recent Gujarati superhits Keerthi Sagathia, include "Ude Re Gulaal"

(Kutch Express) and "Kasumbo" (Kasumbo).

Conceptualised by Sagar Shah, Founder of Eventree, and Sagar Bhatia, Founder of Rudra-Akshar Entertainments Holidays, with Varun Barot and Rutika Malaviya of Hardyboyz as official partners, Divya Raas promises to be Mumbai's grandest Navratri celebration—blending the soul of tradition with the energy of modern festivities.Bookings are now open! Guests can reserve their passes online via BookMyShow - Divya Raas Navratri Utsav 2025, or at the booking booth inside Inorbit Mall Malad's for added atrium convenience.

This Navratri, Inorbit Mall Malad, as venue partner, promises eleven extraordinary nights of music, dance, devotion, and community celebrations; with one name that moves millions, Keerthi Sagathia, leading the stage.

R Venkataramani's tenure as attorney general extended by two years

New Delhi, Sept 27 (UNI): Senior advocate R. Venkataramani will continue as the Attorney General for India for the next two years, following the union government's decision to extend his tenure.

Venkataramani, who succeeded KK Venugopal in 2022, was initially appointed for a three-year term set to conclude on September 30, 2025. He has now confirmed that his tenure will run for an additional two years.

Born on April 13, 1950, in Pondicherry, Venkataramani enrolled as a lawyer with the Bar Council of Tamil Nadu in July 1977 and moved his practice to the Supreme Court in 1979. In 1997, he was designated as a senior advocate by the Supreme Court.

Over his distinguished career, he has represented the Central government, several state governments, universities, and public sector undertakings before the Supreme Court and various high courts.

He also served as a member of the Law Commission of India in 2010 and 2013.

Hidden Salt Driving Hypertension Crisis in Cuttack

(Standard Post Bureau) As World Heart Day

approaches, leading doctors in Cuttack are urging citizens to look beyond visible salt on the dining table and confront a far more dangerous threat—the hidden sodium present in packaged, processed, and street foods. With hypertension emerging as one of the biggest contributors to heart disease in India, experts say that ignoring this invisible culprit could prove deadly for Cuttack's residents.

Dr. Omm Prakash Nayak, MD, DM (Cardiology), SCB Medical College &

Hospital, explained that while many households consciously cut down on the salt sprinkled in homecooked meals, the real danger comes from sodium consumed unknowingly. This includes bakery bread, instant noodles, chips, sauces, pickles, chutneys, papads, aerated drinks, and even "health foods" like flavored oats or packaged juices. "The danger is not the

salt you see, but the salt you don't," said Dr. Nayak. "In Cuttack, I see patients who avoid adding extra salt at home, yet their daily diet includes namkeen, bhujia, fast-food items, and

bakery snacks that are loaded with hidden sodium.

The average adult is easily consuming nearly double the recommended 5 grams of salt per day without realizing it.

This silent overload gradually stiffens arteries, damages the kidneys, and increases the risk of heart attacks and strokes. By the time symptoms appear, hypertension is already well established. People must understand that salt is not just what comes out of the shaker—it hides in almost everything we eat outside."

Cuttack's lifestyle and food culture make the problem even more acute.

Street food such as dahibara-aloo dum, gupchup, fried pakoras, and spicy rolls are household favorites, but they carry heavy doses of salt and refined oil. Festive seasons bring platters filled with salted savories and deep-fried snacks that further push daily sodium intake beyond safe limits. Add to this the rising trend of eating out at restaurants and ordering packaged fast food, and the city faces a hidden epidemic.

that cutting hidden salt requires both individual and community action. "We must return to basics—fresh fruits,

Dr. Nayak emphasized

vegetables, pulses, and millets with measured salt in cooking. Families should read food labels carefully and choose lowsodium options. Schools and local community groups can create awareness campaigns, while street vendors and food outlets must also be encouraged to provide healthier, low-salt alternatives. This is not about giving up taste; it is about safeguarding lives. A simple decision at the kitchen or market can prevent years of suffering from hypertension and heart failure."

With nearly one in three Indian adults suffering from high blood pressure, the impact is severe. Untreated hypertension is a leading cause of premature heart disease, kidney failure, and strokes. In Odisha, where traditional diets are rapidly being replaced by urban food habits, doctors warn that unless people become alert to hidden salt, the burden of cardiovascular disease will only worsen.

World Heart Day 2025 comes with a timely reminder: prevention starts not in the hospital but in daily food choices. For Cuttack, the message is clear—cutting hidden sodium today is the only way to protect tomorrow's heart health.

Myanmar Investment Commission approves 19 projects

Yangon, Sept. 27 (UNI): The Myanmar Investment Commission (MIC) approved four foreign investment projects and 15 local ventures on Friday, state-owned daily The Global New Light of Myanmar reported on Saturday. These projects cover various sectors, including industry, services, electricity, transport, communications, as well as breeding and marine industries, and are expected to create 4,446 jobs for locals, the report said. The total investment is valued at 109.63 million U.S. dollars and over 417.54 billion kyats (about 198.82 million U.S. dollars), it said.

As of the end of August 2025, among the 53 investing countries, Singapore, China, and Thailand are the leading countries with the largest foreign investments in the country, it added.

The MIC oversees and approves investment project proposals from locals and overseas, and serves existing investors under the Myanmar Investment Law, the report said.

EU fanning 'drone wall' hysteria to justify military spending: Russia

Moscow, Sept 27 (UNI): Hysteria surrounding the alleged drone incursion into the European union and its "drone wall" project is being inflated to justify increased military spending, Vladislav Maslennikov, chief of the Department of European Issues at the Russian Foreign Ministry, told Sputnik.

"It is obvious that 'hysteria' fanned by the EU members around the incursion of drones into the EU territory and the announcement of defense projects with big names pursue only one goal, which is to justify to the public why they are increasing military spending in Europe at the expense of socio-economic projects and the decreasing standard of living," he said.

Maslennikov said there was no clarity regarding the length of the proposed "drone wall," and warned that personal ambitions and political games of the ruling elites in the EU would ultimately lead "not to a decrease, but to an increase in military and political tensions in our continent."

US reveals 21-point proposal for ending Israel-Hamas war in Gaza, calls for demilitarisation, future Palestinian state

New York, Sept 27 (UNI): The US has revealed its proposal for ending the Israel-Hamas war in Gaza, which quaintly enough sees Washington explicitly encouraging Palestinians to remain in the war-ravaged Strip, outlining a potential pathway for the establishment of a potential future Palestinian state, according to a copy obtained by The Times of Israel.

The 21-point document shared by the US with a handful of Arab and Muslim countries earlier this week on the UN General Assembly sidelines combines longstanding Israeli demands with new concessions to

The plan calls for the release of all hostages, the removal of Hamas from power, demilitarisation of Gaza, and deradicalisation of the enclave. Simultaneously, it also envisions post-war reconstruction, reform of the Palestinian Authority, and the creation of a "political horizon" for peaceful coexistence.

The exact sequencing for these steps isn't specified, but it appears that they are intended to come into effect in parallel with the ending of the war.

The plan marks a major shift for Washington, given that back in February, Trump had given the bizarre proposal of a US military takeover of the Strip to aid in the relocation of its two million population to another area. His statement had emboldened the far-right figures in Prime Minister Benjamin Netanyahu's coalition who have openly supported "voluntary migration."

By contrast, the new proposal envisions a potential pathway to a future Palestinian state, after Gaza's redevelopment has advanced and the Palestinian Authority's reform has been completed, also appears to be a major departure from the Trump administration's policy to date, given that it has avoided expressing backing for a two-state solution.

The plan-largely crafted by US special envoy Steve Witkoff — and poised to be fine-tuned in the coming days – reportedly would even see the US establishing a dialogue with Israel and the Palestinians to agree on a "political horizon" for "peaceful coexistence."

However, its provisions also support Jerusalem's key demands for ending its war, with many calling its adoption dubious, owing to Hamas' likely rejection, particularly as the terror group has refused any calls for disarming.

The Israeli premier has been fiercely against any establishment of a Palestinian state, and echoed his animosity to such a suggestion during the UNGA session on Friday, where he stated "Giving the Palestinians a state one mile from Jerusalem after October 7th is like giving Al-Qaeda a state one mile from New York City after September 11th.

"This is sheer madness. It's insane, and we won't do it... Israel will not allow you to shove a terror state down our throats.'

President Trump has however expressed optimism about his chances for success, telling reporters earlier in the day that a deal may already be in place, before posting on Truth Social that "intense negotiations have been going on for four days and will continue for as long as necessary to get a successfully completed agreement.'

The plan is yet to be presented to the Hamas leadership, and being light on details, will require subsequent negotiations, even if the sides agree to the plan.

Prevalence of geopolitics distracts UNGA from nuclear agenda

Moscow, Sept 27 (UNI/ SPUTNIK): The prevalence of geopolitical issues at the United Nations General Assembly distracts the gathering from "moving the world together" in terms of nuclear energy development, World Nuclear Association Director General Dr. Sama Bilbao y Leon told RIA Novosti.

"I have been following the General Assembly, and I was in New York on Monday and Tuesday. It has been, unfortunately, not as promising as we would like. I think we have so many conflicts, so many tensions in the world, that we are really distracted from working together and moving the world together and providing for, well, the 800 million people in the world with no access to electricity," Bilbao y Leon said on the sidelines of the World Atomic Week forum in Moscow when asked whether the UNGA was doing enough to promote safe nuclear energy.

The director general added that she does not expect nuclear energy to be a "big topic at this General Assembly, unfortunately."

"We have other problems right now. I think that [International Atomic Energy Agency] Director General [Rafael] Grossi clearly is doing [Rafael] fabulous job making sure that nuclear energy is considered within the United Nations Global Agenda. Unfortunately, well, as I said, we have many other problems," she also said.The 80th anniversary session of the UN General Assembly opened on September 9. As per tradition, it includes the high-level week. General debates are taking place from September 23-27 and on September 29. Discussions during the assembly largely circle around the war in the Middle East, the Ukraine conflict, and the situation around the Iranian nuclear program.



Protesters clash with riot police as they participate in a demonstration part of a nation-wide protest and general strike against the war in Gaza, in Milan.

Excessive force by Nepal Police hastened Oli govt's fall; 13,182 cases of firing took place on Gen Z protesters

Kathmandu, Sept 27 (UNI): Official records from Nepal Police reveal that excessive force was used by its personnel to suppress the nationwide Gen Z protests of September 8-9, which ultimately precipitated the fall of the Oli government. A preliminary police report found that over 13,182 separate instances of firing were reported during the two days of unrest.

The report shows that 2,642 rounds of live ammunition were used, alongside 1,884 rubber bullets, 2,377 warning shots

and 6,279 tear gas shells. Much of the firing involved lethal weapons, including INSAS rifles, self-loading rifles (SLR) and pistols. Post-mortem reports at Tribhuvan University Teaching Hospital indicated that high-velocity bullets were responsible for most deaths, according to Kathmandu Post.

Kathmandu Valley, where police discharged 1,329 live bullets, 1,420 rubber bullets, 1.046 warning shots and over 3,000 tear gas shells.

In total, the Valley alone witnessed 6,891 firings. Other hotspots included 1,921 instances, Koshi with 1,568, Karnali with 932, Sudurpaschim with 763, Lumbini with 619, Gandaki with 306, and other Bagmati districts with 181.

"This is only a preliminary record prepared by the police. The numbers could rise," a Home Ministry official said.

Police spokesperson Binod Ghimire added that a committee led by Deputy Inspector General Deepak Regmi is still investigating the use and loss of ammunition, with records partly destroyed in an arson attack on the Valley Office Police Ranipokhari.

Additionally, senior police officers have admitted to failures in intelligence-gathering, supporting the NHRC's claims of the government's sheer underestimation of the movement's scale.

Authorities reportedly expected only 4,000–5,000 The heaviest use of demonstrators on Sept 8, force was recorded in the and thus were woefully unprepared.

Initially, the Home Ministry ordered minimal deployment, reinforcements inside Parliament.

Former Additional Inspector General Uttamraj

Madhesh province with Subedi called the strategy flawed, stating "Declaring a prohibited area means preventing entry. Procedures that should have been completed before firing were not implemented."

> Protesters coordinated by social media – broke through the barricades at Maitighar half past midnight and hung a 'Wake Up Nepal' banner on the Baneshwar's skywalk, and then proceeded to surrounded the Parliament's premises. Ill-prepared, police responded with live fire from Special Task Force personnel and other units.

> Nineteen people were killed in Kathmandu on the first day, with further deaths in Koshi. By the second day, the death toll climbed to 75, including juveniles in correctional facilities, prisoners in Dhading and Ramechhap, 20 civilians in supermarket arson attacks, and three police officers beaten by protesters. Most fatalities were caused by bullets.

> Critics have condemned the use of live fire. Former NHRC commissioner Mohna Ansari said "International crowd control principles mandate non-lethal weapons. Shooting protesters in the

head is even more serious.'

Post-mortems revealed most gunshots struck above the waist, despite legal provisions requiring warnings and aiming at legs if firearms are used.

The scale of the shootings was beyond expectations and alarmed Nepal's political leadership. At an emergency National Security Council meeting, then Prime Minister KP Sharma Oli said such levels firing unprecedented.

Security leaders have claimed that lethal force was used only after protesters breached prohibited zones, though senior advocate Satish Krishna Kharel argued against the statement and said "Targeting protesters' heads was unprofessional. I suspect it was done to provoke the situation."

Some cases of mob

violence, arson, and vandalism were also noted to have been incited from within the movement's inner circle – supposedly to hasten its goal of collapsing the Oli regime - and they proceeded to add greater fuel to the already raging flames, thus triggering the unexpected scale of mass violence, though these perpetrators are unknown.

EU plan to stop **Russian energy** imports by 2027 to hit Europeans: Russian diplomat

Moscow, Sept 27 (UNI/Sputnik): The European Commission's plan to abandon Russian energy imports by 2027 looks unfeasible and would affect the standard of living in Europe, Vladislav Maslennikov, chief of the Department of European Issues at the Russian Foreign Ministry, told Sputnik.

"The intention to abandon Russian energy imports by 2027, which was announced by the **European Commission** president following her meeting with US President Donald Trump on the sidelines of the UN General Assembly in New York on September 23, will ultimately affect the standard of living of people in EU countries,' Maslennikov said.

On September 11, **European Commissioner** for Energy and Housing Dan Jorgensen announced the EU's commitment to a plan to stop Russian gas imports by 2028. European Commission President von der Leyen had to correct Jorgensen to avoid angering Trump, the Russian diplomat said.

"The EU is ready to use any means, from anti-Russian demagoguery to methods that contradict established norms and rules of conduct, including in trade and the economy. Reality usually turns out to be more interesting than plans. It is already obvious to experts that the pace of the 'green' transition announced by Brussels is unrealistic," said Maslennikov.

"It is not clear how feasible the plans for an 'early' withdrawal from Russian energy imports are, not in the least because they do not take into account the interests of several EU member states," Maslennikov

UAE FM presses for Gaza ceasefire

Abu Dhabi/Jerusalem, Sept 27 (UNI): UAE Foreign Minister Abdullah bin Zayed met with Israeli PM Benjamin Netanyahu on the sidelines of the UN General Assembly, and stressed on the need for an urgent ceasefire in Gaza and firmly rejected Jerusalem's potential annexation of Palestinian territories. According to statements by the UAE Foreign Ministry, the top Emirati official also warned that the UAE's normalisation agreement with Israel could be harmed, if Tel Aviv moved ahead with the initiative, as per Times of Israel.

According to the UAE Foreign Ministry, the meeting, also attended by Ambassador to Israel Mohammed Mahmoud Al-Khaja and special envoy Lana Nusseibeh, focused heavily on the humanitarian toll of the conflict.

"The foreign minister stressed the urgent need to end the war in Gaza, reach a permanent and sustainable ceasefire, prevent further loss of life, and put an end to the tragic conditions facing civilians," the ministry said in a statement on X.

He also reaffirmed Abu Dhabi's support for efforts to achieve a "comprehensive peace

based on the two-state solution" and endorsed international initiatives for the release of hostages.

Abdullah bin Zayed's meeting with Netanyahu marked Israel's first public encounter with a senior Gulf official since Israel's failed and globally condemned Sept 9 strike against the Hamas leaders in Qatar. The UAE – which was party to the global condemnation - had summoned Israel's deputy ambassador in protest.

Jerusalem has not offered any comments on the meeting as of now, though the situation is a domestic politics hotpot, as the premier's right-wing flank has strongly demanded the annexation of parts of the West Bank in response to the global spree of Palestinian statehood recognition by

various countries this

week, such as the UK, France, Canada, Australia, Canada.

The UAE's intervention reflects growing unease in the Gulf over the trajectory of the war - now in its second year – with Emirati officials signalling hostility to any Israeli move to annex the West Bank, stating that it will hamper diplomatic ties established under the Abraham Accords, which normalised relations between the two countries

Hamas terrorists - who according to Israeli estimates still number in a few thousand in the wartorn enclave - currently still hold 47 of the 251 Israeli hostages abducted in the October 7 massacre, as well as the body of a soldier killed fighting in the Strip in 2014.

At least 26 of the captives have been confirmed dead by the IDF, while 20-28 are believed to be alive, with grave concerns being expressed for the wellbeing of two captives.

Russia has know how, expertise to build closed fuel cycle NPP: **World Nuclear Association**

Moscow, Sept 27 (UNI): Russia has the experience, know-how, and expertise to build a nuclear power plant with a closed fuel cycle, World **Nuclear Association** Director General Dr. Sama Bilbao y Leon told RIA Novosti.

On Thursday, Russian President Vladimir Putin announced that Russia would be constructing the world's first nuclear power system with a closed fuel cycle in the Tomsk Region, with the launch date set for 2030.

"That is definitely something that [Russian state nuclear corporation] Rosatom has been planning on doing. And frankly, I think we know that there is the experience already here. We already have the fast reactors that have been operating for 40-50 years. So, I think that Russia has the know-how and the

expertise to do something like that," Bilbao y Leon said on the sidelines of the World Atomic Week forum in Moscow when commenting on the announcement.

Bilbao y Leon also highlighted Rosatom's "fabulous track record" in cooperating with other countries in advancing their nuclear energy capabilities and noted that there are other examples of nuclear development cooperation, such as South Korea and the United Arab Emirates, as well as China and Pakistan."I think the beauty of the nuclear industry [is in] how we really work together, how this is a team effort, and how countries like to collaborate and learn from each other," the director general added.

Speaking of the global production of nuclear fuel, Bilbao y Leon noted that

the majority of countries in the world "are actually doing a lot of effort" in exploration and mining of uranium."I think that there are lots of opportunities in Central Asia. I think there are lots of opportunities in Africa. There are many countries in Africa that have enormous resources. We just really need to do the investment in finding it and extracting it," she said.During the Thursday announcement, Putin also said that the planned construction of the closed fuel cycle reactor is, in the full sense, a revolutionary development of Russian scientists and engineers. Such a mechanism will make it possible in the future to almost completely solve the problems of accumulation of radioactive waste and, most importantly, to remove the issue of uranium security, according to the president.

Career&tech



This is the age of email communication. Although we have quick access messengers for instant chats, there are instances where you have to send an email.

However, there are no set rules for the same. Remember your language classes in school where you were taught the important components of a letter? Yes, we did learn about letter writing skills - date, salutation, subject, body of the letter and sign off being the not to be missed components. Fortunately or unfortunately, this is missing from the emails that we exchange on a daily basis. Even though we use emails for office

Here are a few things to keep in mind when you write an email

communication, we more often than not end up

using an informal tone which at time might land

you in trouble.

First things first: Do not use short forms. Agreed, we shorten words to fit the character length on our phones and also save time. However, this is a strict no-no in office communication. For all you know, the email may be read by your super boss or CEO of the company. Using short forms might lead him to

think you are not serious about your work. The bottom line — Be formal where required!

Know the addressee: get your facts right. Know who you are writing to. Also, find out his/her designation and follow protocol. For instance, even people in the top posts are addressed by their names in a media company which may not be the case in other corporate organisations. So it's best not to flout rules. If a person has to be addressed as sir/madam use the same

Spell out the subject: Make a clear mention on the contents of the mail in your subject. For instance, if the mail pertains to a delayed project, mention the same in the subject line so the recipient knows what to expect. A subject line is what grabs attention of the recipient who receives hundreds of mails a day on an average.

Be crisp: Be clear on what you want to

convey. In the age of speed news, people do not have an entire day to read mails. Hence, no history required, just get straight to the point. Remember the attention span is limited and there are too many diversions. Hence the reader might lose interest and miss the actual point intended in the mail after reading your prelude. Keep the message brief, yet effective. MAke sure you mention the important information in the first few lines itself.

Proofread your mail: Last, but not the least it's very important to reread what you have written so as to avoid typos and goof-ups to avert disasters. To err is human, but to rectify

human, but to rect them is wise! It's better to be safe than sorry isn't



Is your high-flying job making you sick?

It's not breaking news that most officegoers suffer from lifestyle diseases. But a new survey highlights just how stark the differences are between the health of private sector employees and those who work in sarkari offices.

85% afflicted

The difference between a corporate professional and his government counterpart isn't in just how much salary they draw, but also in how healthy they are According to a national survey by the Associated Chambers of Commerce and Industry of India (ASSOCHAM), "Due to demanding schedules, high stress levels and performance-linked perquisites in the private sector, nearly 85% of employees are afflicted with lifestyle, chronic diseases and acute ailments, while government employees range below

Same work profile, different work hours

IT consultant Akshay Verma, 24, deals with foreign clients, and so his timings are never fixed. He says, "Before joining this consultancy job, I had no health issues. But in the last six months, I've developed spondylitis. I sit at my workstation for more than 12, and at times, 16 hours, per

However, Praveen Sahay, 32, who is also an IT consultant but deals with a government enterprise, says, "My client's an Indian bank, so my work life isn't hectic at all. Mine are proper sarkari office timings. I don't have to work after 6pm. After going home, I sometimes help my wife in the kitchen to make her happy."

The young and the sick

Sumit Arora, 26, a web developer, says, "I've developed carpal tunnel syndrome, which happens when the movement of the hand is limited. I sit in front of the computer all day." Pratik Kumar, 27, a chartered accountant, has developed a dry eye because of long computer hours. "I use eye drops, but the damage is done," says he.

Survey says 85% of private sector workers have lifestyle diseases, while only 8% government office-goers do.



work on Sundays, and if I'm home before 9pm, I have to make excel sheets and PPTs for a morning meeting. I hardly get any quality time to spend with my wife. It is usually at dinner that we talk. She taunts me that I shouldn't have married her, but the excel sheets and PPTs. I've also got high BP because of work tension."

Kapil Deo (name changed), 35, works as an R&D manager in an automobile company. He's called to office at 1 am quite often. "Once you get into a private company, they act like they own you. I often get calls at midnight to be in office because machines are not responding properly. I've become an insomniac. I don't get time to play with my kid. She waits for Sundays as that's the only day I'm available for her."

But Shibani Rai, a bank PO, says, "It's not that government employees don't work. They are not overloaded. They're not understaffed, so work is distributed equally. The only time when I'm really busy is March and April. We have the closing, and after that, audits happen. So, for two months, my routine is rather busy, but otherwise, I leave for home by 7pm. If I have to meet my relatives or have to shop, I don't have to wait till Sunday like many of my

Marshall Goldsmith, in his book, What Got You Here Won't Get You There, makes a pertinent point: "If you keep your mouth shut, no one can ever know how you really feel." Yet, most employees answer diplomatically or simply beat around the bush during their exit interviews.Here are a few points that employers should keep in mind while conducting exit interviews.

THE BASICS

An exit interview is an important HR tool to assess the company's well being at various levels. Good exit interviews enable organizations to extract relevant information from exiting employee, analyze it, and subsequently, perform reformative or corrective measures for organizational growth. Elaborating on this point, Manuel D'Souza, director, HR, Serco Global Services, says, "Exit interviews are a means to understand the underlying reasons that influences an employee to leave. Employee feedback can provide insights that can be used to eliminate the recurring factors and lower the attrition

result in retaining the concerned employee." However, exit interviews go beyond simply gauging employee issues and attempting retention. As Lakshmi Iyer, a brand consultant with over 15 years' experience at various branding and marketing and communication agencies, says, "Exit interviews are critical since they provide an opportunity for introspection within the organization. If conducted well, they clearly bring out what the organization should and should not be

rate. The positive impact of such practices can sometimes even

proud of." -DOING IT RIGHT

To make the most of exit interviews and ensure that they are not

conducted as mere formality, organizations must begin by asking the right questions through the right people. Appropriately planned discussions are an excellent opportunity to learn about both the strengths and weaknesses of both, the manager and organization.

D'Souza says, "The interviewer must try to comfort the employees and ensure them that the information they share will be confidential. It largely depends on the

How to go about conducting exit Interviews

maturity of the person conducting the interview. If it inspires a level of comfort, then unpleasant conversations and subsequent discussions that trickle in could be sensibly handled." He adds, "The discussion pointers must include the overall work experience of an employee in the organization, reason key triggers for leaving and indicators that can make the employee stay."

He stresses on the fact that the interviewer must keep the discussion open and that information should be fairly presented to the management team.

-PUTTINGITIN PERSPECTIVE

While organizations must remain neutral and encourage honest responses from exiting employees, some inputs placed before the organization may be explosive in nature and, perhaps, against the management's practices. "It is important that in the face of negative feedback the organization does not get defensive and lose sight of the larger picture," shares Iyer. The hallmark of a good organization lies in its ability to accept criticism with grace and have mechanisms to assess and effectively deal with them.



Most importantly, perhaps, exit interviews reflect that the organization cares. "When employees resign, companies often steer their focus on finding apt replacements and figuring a smooth transition strategy from everyday business perspective. As a consequence, the importance of organizing a purposeful exit interview takes a backseat. Thus, not only does the organization lose an excellent opportunity to learn about its strengths and weaknesses, but also on parting on good terms," says Lasya Chand, a communications professional, who recently quit her job at a branding agency. However, she also adds that employees must insist on an exit interview and it shouldn't be the sole responsibility of the company.

In conclusion, Iyer puts it best when she says: "An exit interview is an inexpensive and effective primary research that gives solid insights into the internal culture of the organization, its strengths and weaknesses, and identifies the gaps in perception as well. And therefore, it should be taken very seriously."



Sheetal Devi, bags historic gold

Gwangju(South Korea), Sept 27 (UNI) India's armless archer Sheetal Devi won gold in the women's compound individual event at the Para World Archery Championship here today. Sheetal's main competition was from Turkive's topranked archer Oznur Cure Girdi whom she overcame 146-143 in the final round.

This win marks the 18 year old's third medal at the event. Sheetal had earlier won a mixed team bronze alongside Toman Kumar.



Great Britain's Hollie Arnold competes in the Women's Javelin Throw F46 event at the World Para Athletics Championships 2025, at Jawaharlal Nehru Stadium, in New Delhi.

Optimistic Indian swimmers will bag 3-4 medals at the 11th Asian Aquatics **Championships: Head Coach Nihar Ameen**

Ahmedabad, Sept 27 (UNI): A total of 40 swimmers including 20 men and 20 women will compete in the 11th Asian Aquatics Championships starting tomorrow at the newly-built state-of-the-art Veer Savarkar Sports Complex in Naranpura, Ahmedabad.

The Indian contingent has been based in Naranpura over the past month for the national coaching camp and are allgeared up to compete against the crème-de-lecrème of Asian continent. Over 1,100 swimmers, coaches and technical officials have arrived from 29 countries for the marquee event in Asian Aquatics calendar which will serve as a qualifying event for the Asian Games to be held in Nagoya, Japan next year.

Headlining India's campaign would be twotime Olympians Sajan Prakash and Srihari Nataraj

Pecco denies Mir in epic

Tokyo, Sept 27 (UNI): The trials and tribulations of

Barcelona and Misano now seem like distant memories

for Francesco Bagnaia (Ducati Lenovo Team) as the

double MotoGPTM World Champion snatched pole

position at the Motul Grand Prix of Japan, continuing a

weekend that has seen him back to his best. Joan Mir

(Honda HRC Castrol) put in a stunner to run the #63 close

in the battle for pole too, right in contention, but forced to

settle for second. Still, that equals his best ever qualifying

in MotoGP. Marc Marquez (Ducati Lenovo Team),

meanwhile, completes the front row at Motegi as he faces

Racing MotoGP), Franco Morbidelli (Pertamina Enduro

VR46 Racing Team), home-hero Ai Ogura (Trackhouse

MotoGP Team) and reigning World Champion Jorge

Martin (Aprilia Racing) all aiming to graduate to Q2. Ogura

and Morbidelli were the two provisionally going through

Racing MotoGP) then crashed at Turn 5 and paid the price

as teammate Alex Marquez moved into the top two to nab

that spot. Morbidelli hauled himself back into P1 ahead of

an impressive charge from Ogura, before Alex Marquez

had the final say, taking P2 before more yellow flags came

out. Brad Binder (Red Bull KTM Factory Racing) had a

fast one at Turn 12 and Alex Rins (Monster Energy Yamaha

MotoGP) went down at Turn 10, halting Ogura and

Martin's Q2 charge, leaving them 13th and 17th

respectively, as Morbidelli and Alex Marquez headed to

the pole battle. As Q2 got underway, there was instant

drama for Pedro Acosta (Red Bull KTM Factory Racing),

who pulled back into the pits after his out-lap with a

technical issue. As everyone's first runs were coming to a

close, they all chased Pecco who, having been fastest on

Friday, was leading teammate Marquez and Fabio

Quartararo (Monster Energy Yamaha MotoGP). With the

final run on the horizon though, there was plenty of time

for surprises. In the last burst of track action, a flurry of

red sectors and fast lap times. Morbidelli was the first to

take provisional pole before Marc Marquez snatched it

away, but the surprise was Mir, who rocketed up to P1.

But a career first MotoGP pole for the #36 was just usurped

with less than 30 seconds on the clock as Bagnaia

completed his flying lap and snatched top spot. At the

chequered flag, it was the first pole for the #63 since Brno and

just his second of the 2025 season, ahead of Mir who equals his

career-best grid slot of P2 and his best-ever for Honda.

Having gone into P2, Fermin Aldeguer (BK8 Gresini

with five minutes to go, with Alex Marquez only third.

O1 was full of big names; Alex Marquez (BK8 Gresini

Motegi pole battle

down Championship points on Sunday.

and Bhavya Sachdeva will be India's top hopes in women's category. Optimistic about India's chances in the event, which is historically dominated by the Chinese swimmers, India Head Coach Nihar Ameen said, "We had very good preparations with the entire contingent training together here at the Veer Savarkar Sports Complex. It is a fantastic facility and it's a very fast pool so I am quite confident our swimmers will do well here."

He further touted Sajan, Srihari and Rohit B Benedicton to medal in their respective events. Ameen said, "We should win at least 3-4 medals. If Sajan swims as fast as he did in 200m butterfly in the Senior Nationals, he is sure to win a medal and same goes with Srihari, who will be swimming 100m and 200m backstroke. Rohit also stands a chance to win a

while Dhinidhi Desinghu medal in 200m freestyle. In all, we will witness some very exciting races. Among the women, Dhinidhi, Bhavya, Nina Venkatesh, Soubrity Mondal are all clocking good times. We will have relay teams as well in the women's categories and we are optimistic of a good show."

> A total of 10 water polo teams in the men's category and 8 water polo teams in the women's category will be vying to book their berth for the Asian Games next year to be held in Nagoya, Japan. In diving, 16 countries will participate, while artistic swimming has entries from 10 countries and swimming will have total 21 countries participating.

> Opening The Ceremony, commencing at 5 PM tomorrow, will be graced by Chief Guest Shri Bhupendra Patel, Chief Minister of Gujarat along with Shri Harsh Sanghavi, Minister of Home, Youth &

Sports, Government of Gujarat, Mr. Farid Fattahian, Executive Director, Asia Aquatics, Shri R.N. Jayprakash, President, Swimming Federation of India, Shri Virendra Nanavati, Sr. Vice President, Swimming Federation of India, Shri Monal Choksi, Secretary General, Swimming Federation of India and Shri Ashwini Kumar, Principal Secretary, Sports, Youth and Cultural Activities Department, Government of Gujarat.

Indian Swimming Contingent:

Men: S Dhanush, Shoan Ganguly, Jashua Thomas, Aneesh Gowda, Rohit B Benedicton, Advait Page, Sajan Prakash, Bikram Changmai, Heer Gitesh Shah, MS Yadesh Babu, Vidith S Shankar, Kushagra Rawat, Jananjoy Jyoti Hazarika, Akash Mani, Nithik Nathella, Manikantha L, Vinayak V, Likith SP, Rishabh Anupam Das, Srihari Nataraj.

Jand K Cricket ASSOCIATION TO NOST 3 Ranjit Trophy among 8 matches

Jammu, Sept 27 (UNI): The Jammu and Kashmir Cricket Association (JKCA) is set to host a landmark season featuring a total of eight prestigious national matches including three Ranjit Trophy in the twin

As per the official handout, the thrilling lineup includes three Ranji Trophy (Senior Men), three CK Nayudu Trophy (U-23 Men), and two Cooch Behar Trophy (U-19 Men)

In Ranji Trophy, J&K will clash against the legendary 42-time champions Mumbai, scheduled at SK Stadium Srinagar from October 15 to 18, 2025 followed by another intense Ranji Trophy face-off with Rajasthan at the same venue from October 25 to 28 and the action then shifts to JKCA Hostel Ground Jammu, where the J&K team will battle Meghalaya in the Col CK Nayudu Trophy from October 26 to

Thereafter, the senior squad returns to the same ground for a Ranji Trophy match against Hyderabad from November 16 to 19.

At Jammu University Ground, the U-19 squad will showcase their talent in a thrilling Cooch Behar Trophy encounter against Mumbai from November 23 to 26 and they will then take on Baroda from December 1 to 4 continuing the cricketing fervor in the

The JKCA will also host two more CK Nayudu Trophy matches against Baroda and Goa at JKCA Hostel Ground Jammu, scheduled between February 6 to 9 and February 13 to 16 in 2026.

Meanwhile, the JKCA invited sports journalists from both Jammu and Kashmir regions to apply for accreditation to cover these momentous events.

Brigadier Anil Gupta, Member Administration JKCA, emphasized, "Only journalists and cameramen accredited by the JKCA will be granted access to these exclusive venues. We also remind all media representatives that no video recording or live broadcasting of the matches is permitted, in respect of the exclusive media rights held by the BCCI. JKCA reserves the right to reject any application without prior notice or explanation."

Mithun Manhas set to become **BCCI** President on Sunday, J&K Cricket Assn terms it historic milestone

Jammu, Sept 27 (UNI): The Jammu and Kashmir Cricket Association (JKCA) termed it a historic milestone as son of the soil, Mithun Manhas, is all set to become President of the Board of Control for Cricket in India (BCCI), effective from tomorrow.

An official communique issued by the J&K Cricket Association, stated that monumental achievement has filled the people of Jammu and Kashmir with immense pride, marking a significant moment for the region's sporting legacy.

Manhas, a young and dynamic sports personality has an illustrious career adorned with numerous records and firsts. Under his visionary leadership, JKCA has scaled new heights, elevating the standard of cricket in the region. His efforts have not only enhanced J&K's reputation in the cricketing world but also provided a platform for aspiring cricketers from the region to shine on national and international stages.

However, it read that the joyous occasion was briefly overshadowed by a frivolous writ petition filed in the Jammu Wing of J&K & Ladakh High Court by Sudershan Mehta and a few disgruntled individuals seeking to stay Manhas' election on baseless and presumptuous grounds.

The Court, in its wisdom, dismissed the petition today, questioning Mehta's locus standi as well as the territorial jurisdiction of the Court to entertain the writ. The dismissal of this baseless petition reaffirms the unwavering support for Manhas and transformative contributions to cricket in J&K and beyond, it read and said, "the people of Jammu and Kashmir stand united in celebrating this proud moment, undeterred by the actions of a few pessimists."

BCCI clears objections against Harbhajan, Bhat, Shukla Cricketing Advisor,' but the Devajit Saikia continuing as

Bengaluru, Sept 27 (UNI): The Board of Control for Cricket in India (BCCI) electoral officer AK Joti has dismissed objections against key nominees, including former India spinners Harbhajan Singh and Raghuram Bhat, and Rajeev Shukla, ahead of the Annual General Meeting (AGM) scheduled tomorrow.

Objections had arisen from the Punjab Cricket Association (PCA), Uttar Pradesh Cricket Association (UPCA), and Karnataka State Cricket Association (KSCA). Harbhajan Singh's nomination had been challenged over a potential conflict of interest due to his role as PCA's 'Chief position was clarified to be honorary, leading to the dismissal of the objection.

Similarly, objections against Shukla (UPCA) and Bhat (KSCA) were quashed, allowing Shukla to be re-elected as vicepresident and Bhat to assume the role of treasurer allegations despite connected to the June 4 RCB-Chinnaswamy stampede.

Other challenges against nominees from Goa, Hyderabad, Baroda, and Arunachal Cricket Associations were also dismissed, confirming their eligibility for the AGM.

The AGM will see Mithun Manhas elected as BCCI president, with

secretary and Raghuram Bhat taking over as treasurer. Two new selectors - Pragyan Ojha and RP Singh – will join the senior men's selection committee, while four new members will join the women's panel. S Sharath will chair the junior selection committee.Key agenda items include approval of secretary and treasurer reports for FY 2024-25, adoption of the FY 2025-26 budget, appointment of auditors, ombudsman, ethics officer, standing committees, and formation of the Women's Premier League Committee, along with elections for BCCI and IPL governing council representatives.

We have shed the pressure and are keen to sustain the momentum: Gagan Gowda

Chennai, Sept 27 (UNI): When the UP Yoddhas step onto the mat, it's rarely about one player. But when Gagan Gowda is in form, the team knows it has a weapon. Eight games into Pro Kabaddi League (PKL) Season 12, Gowda has already scored 82 points, the highest for his team. But for him, personal milestones are secondary to the bigger picture. The young raider has seen games where even his Super 10s couldn't save the team from defeat, and he's determined not to let that pattern repeat itself."Personally, I am keeping the processes the same as last year. However, when we were losing after I got Super 10s, I was not too pleased with that because the environment wasn't as vibrant back then. Even if I get fewer points, the topmost objective is to keep winning," Gowda explained.A certain phase in this season wasn't smooth. Four losses in as many matches had the Yoddhas under scrutiny, and the pressure was tangible. At that point, it was about keeping the team morale intact, but Gowda and his teammates have found a way to shrug off that burden.

"Definitely, there was pressure earlier, as we had lapses on both the offensive and defensive fronts. However, we have shed that pressure in the last two games, and recovered our mojo to begin winning games again," he says. Momentum, after all, is fragile in PKL, and regaining it can make the difference between playoffs and an early exit.Confidence is returning, but Gowda knows the team cannot afford complacency. The wins have helped, and right now, consistency is the ultimate goal. "There is still scope for improvement. Obviously, people doubted us when we lost four games. After consecutive victories, confidence is back, and the team is focused on sustaining the momentum that could carry them to the playoffs," he said. Depth has become the Yoddhas' secret weapon. With multiple match-winners, the team doesn't rely on any one player, and Gowda is the first to acknowledge this strength.

"There are always benefits of the wealth of attacking riches we have at our disposal, because we always consult each other before and during the games. Someday Bhavani clicks, someday Guman does, and some other day someone else does...that's the advantage of having a strong squad depth. Both the coach and captain also advise us accordingly. Our pre-match analysis and training are topnotch."The next chapter of the season will unfold in Chennai, where every game will carry extra weight. With only 18 league matches, teams can't afford slip-ups, and the Yoddhas are acutely aware of this. "We are very excited about the matches in the Chennai leg. This season, we have only 18 league matches. In Chennai, the table scenario will become clearer - of who remains at the top and who qualifies for the playoffs. So, to win the forthcoming games is of utmost importance for us," Gowda said, highlighting the stakes and the hunger within the squad. This resurgence is built on a strong foundation, laid by coaches who understand the game and the players intimately."We were placed 10th in Season 10. But coach Jasveer Singh saab spotted the right talents, retained the correct players, and took them to the semi-finals. Both he and Upendra Malik saab lay a special focus on preparing as per the games, giving the right inputs during the match, and maintaining a lively atmosphere that keeps everyone in the right spirits," he recalls.

Aus still favourites, but others closing in

Bengaluru, Sept 27 (UNI): Australia's women's side has dominated the ODI format for decades, but if you've been watching closely, there are cracks beginning to show. Sure, they still win more often than not, but the gap between them and the chasing pack isn't what it once was.

In their recent series against India, Australia were put under pressure more than once. India had their chances but couldn't quite close it outsomething we've seen before. That's been the story for most teams against Australia: close, but

not close enough. History says they'll start the World Cup as favourites. Seven ODI titles and six in T20s tells you they know how to win the big tournaments. But winning streaks don't last forever, and right now, the others are making up ground. England beat them in the Ashes ODIs, and India are playing with enough belief to know they

can match them on their day. The batting numbers tell an important story. A few years ago, Australia were streets ahead in averages and strike-rates. Now, England and India are just about level, sometimes even better. That's not because Australia have collapsed-they're still very good- but because the competition has finally raised its standards. South Africa, too, have found a couple of openers who can give them a real chance in big games.

There's also the Healy factor. Alyssa Healy was once the batter opponents feared most; she dominated World Cups with runs at a cracking pace. Lately, she hasn't delivered enough. When your most explosive player is struggling, it gives other teams hope. Beth Mooney remains consistent, and youngsters like Phoebe Litchfield look promising, but Australia will need more from their

Another telling sign: Australia have suffered some heavy defeats in the last couple of years. Losing by 102 runs isn't the Australia we're used to. And when they conceded 369 to India in Delhi, it felt like a line had been crossed. For decades, chasing a huge score against Australia was a pipe dreamsuddenly, it looks possible.

Of course, tournaments aren't won on statistics alone. To topple Australia, you need belief, a clear plan, and usually one or two individuals to play the innings- or the spell- of their life. Harmanpreet Kaur did it in 2017, and South the 2024 T20 World Cup semi-final. That's the sort of cricket it takes to beat the best.So can other teams finally match Australia? Yes, but there's still a big difference between putting pressure on them in a series and knocking them out of a World Cup. Until England, India, or South Africa actually win the trophy, Australia's stranglehold remains.But make no mistake—the aura of invincibility is fading. Come October, if someone does knock them off, it won't be a shock anymore

Africa's bowlers did it in

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ACS (Energy) Abha Shukla and MSEDCL receive Energy Awards



(Standard Post Bureau)

Mumbai, Sept 27: Additional Chief Secretary (Energy) Abha Shukla was awarded 'Women in Energy Award' and Maharashtra Electricity State Distribution Company Limited (MSEDCL) was awarded 'Energy Company Award' in 'The Economic Times Energy Leadership Awards 2025' in New Delhi on Thursday, at the hands of Union Minister of State for New and Renewable Energy Shripad Naik and former Union Energy Secretary Anil Razdan.

Chief Minister Devendra Fadnavis and Minister of State for Energy Meghna Sakore-Bordikar congratulated ACS (Energy) Abha Shukla as well as Chairman and Managing Director of MSEDCL Lokesh Chandra

and all officers and employees for the honour.

The two-day National Energy Leadership Annual Summit 2025, organized by the Economic Times, was attended by about 500 national and international representatives from the fields of energy, petroleum and natural gas, renewable energy, environment, forest and climate change. ACS (Energy) Abha Shukla gave a special lecture along with a presentation on the power sector in Maharashtra.

Chief Minister Devendra Fadnavis has accelerated radical reforms in the energy sector of the state through energy transformation that are beneficial for all electricity consumers. Due to this, electricity tariff has been reduced for the first time through solar energy.

(Standard Post Bureau)

and with a view to meet the travel demand during the festive

between Bandra Terminus – Ayodhya Cantt, Bandra

Relations Officer of Western Railway, Mr Vineet Abhishek,

According to a press release issued by Chief Public

1. Train No. 09095/09096 Bandra Terminus – Ayodhya

Train No. 09095 Bandra Terminus - Ayodhya Cantt

Weekly Special will depart from Bandra Terminus every

Wednesday at 11:00 hrs and will reach Ayodhya Cantt at

17:30 hrs, the next day. This train will run from 01st October

to 19th November, 2025. Similarly, Train No. 09096 Ayodhya

Cantt - Bandra Terminus Special will depart from Ayodhya

Cantt every Thursday at 21:00 hrs and will arrive Bandra

Terminus at 06:00 hrs, on Saturday. This train will run from

Navsari, Surat, Bharuch, Vadodara, Dahod, Meghnagar, Ratlam,

Nagda, Ujjain, Maksi, Shujalpur, Sehore, Sant Hirdaram Nagar,

Bina, Virangana Lakshmibai Jhansi, Orai, Kanpur Central,

Lucknow and Barabanki stations in both directions.

Enroute, this train will halt at Borivali, Palghar, Vapi, Valsad,

This train comprises of AC – 3 Tier, Sleeper Class and

2. Train No. 09097/09098 Bandra Terminus – Ludhiana

Train No. 09097 Bandra Terminus - Ludhiana Jn. Weekly

Special will depart from Bandra Terminus every Sunday at

21:50 hrs and will reach Ludhiana Jn. at 00:30 hrs, on

Terminus - Ludhiana Jn. and Udhna - Jaynagar.

the details of these trains are as under:

02nd October to 20th November 2025.

General Second Class Coaches.

Jn. Weekly Special [18 Trips]

Cantt Weekly Special [16 Trips]

Mumbai, Sept 27: For the convenience of passengers

Western Railway to run 3 Pairs of festival

season of Durga Pooja, Diwali & Chhath Pooja, Western Jn. every Tuesday at 04:00 hrs and will arrive Bandra

Railway will run Festival Special Trains on Special fare Terminus at 10:20 hrs, the next day. This train will run from

special trains to various destinations

As per the instructions of Chief Minister Devendra

and it will reduce further in the next five years. Mukhyamantri Saur Krishi Vahini Yojana 2.0 (MSKVY 2.0), the world's largest 16,000 MW decentralized solar power project, will be generating 70,000 rural jobs with an investment of Rs. 65,000 crore. Due to this scheme, along with an annual saving of Rs 10,000 crore in the purchase of power by MSEDCL, the annual burden of cross subsidy will be reduced by Rs 13,500

So far, 454 projects with a capacity of 2458 MW have been completed under this scheme, and over 6 lakh farmers have been provided with daytime electricity for pumps, while 32 lakh acres of agricultural land is being irrigated

Tuesday. This train will run from 05th October to 30th

November, 2025. Similarly, Train No. 09098 Ludhiana Jn. –

Bandra Terminus Weekly Special will depart from Ludhiana

Enroute, this train will halt at Borivali, Palghar, Vapi,

This train comprises of AC – 2 Tier, AC – 3 Tier and AC

3. Train No. 09151/09152 Udhna – Jaynagar Special

Train No. 09151 Udhna – Jaynagar Special will depart

from Udhna on Tuesday, 30th September, 2025 at 06:45 hrs

and will reach Jaynagar at 21.30 hrs, the next day. Similarly,

Train No. 09152 Jaynagar – Udhna Special will depart from

Jaynagar on Wednesday, 01st October, 2025 at 23:00 hrs

Godhra, Ratlam, Ujjain, Shujalpur, Sant Hirdaram Nagar,

Bina, Katni Murwara, Satna, Manikpur, Prayagraj Chheoki,

Pt Deen Dayal Upadhyaya, Buxar, Ara, Danapur, Patliputra,

Sonpur, Hajipur, Muzaffarpur, Samastipur, Darbhanga and

Second Class Coaches. The booking for Train No. 09151

opens from 28th September, 2025 and bookings for Train

Nos. 09095 & 09097 will open from 29th September, 2025 at

all PRS counters & on IRCTC website. For detailed

information regarding timings of halts and composition,

passengers may please visit www.enquiry.indianrail.gov.in.

This train comprises of Sleeper Class and General

Enroute this train will halt at Surat, Bharuch, Vadodara,

and will reach Udhna at 17:45 hrs, on Friday.

Madhubani stations in both directions.

Valsad, Surat, Bharuch, Vadodara, Ratlam, Kota, Sawai

Madhopur, Gangapur City, Hindaun City, Mathura Jn., New

Delhi, Panipat and Umbala stations in both directions.

07th October to 02nd December 2025.

- 3 Tier (Economy) Class Coaches.

Along with this, 6.47 lakh solar agricultural have pumps commissioned in the state through various solar agricultural pump schemes, through which 21 lakh acres of land has come under irrigation. Maharashtra ranks first in the country in installing solar agricultural pumps.

Fadnavis, ASC (Energy) Abha Shukla has prepared a Resource Adequacy Plan. Emphasis has been placed on green energy in this plan. To meet the increasing demand for electricity by 2030, 45,000 MW of electricity capacity will be added, including 38,000 MW of green energy. The share of renewable energy in the state will increase from 13 % to 52 %. Along with this, an investment of about Rs 3.30 lakh crores will be made and about 7 lakh jobs will be created. Thanks to the plan, there will be a saving of Rs 82,00 crore in electricity purchase in the next five years.

On the basis of various people-oriented schemes in the electricity sector and various benefits actually achieved due to effective implementation, an 11member national selection committee headed by former Union Energy Secretary Shri. Anil Razdan selected ACS (Energy) Abha Shukla and MSEDCL

Central Railway to run 60 additional Special trains for Puja, Diwali and Chhath Festival 2025

(Standard Post Bureau)

Mumbai, Sept 27: Central Railway will run 60 additional Special Trains for the convenience of passengers during the upcoming Puja, Diwali and Chhath festival season.

Details as given below: Central Railway will run 60 additional Special Trains for the convenience of passengers during the upcoming Puja, Diwali and Chhath festival season.

Details as given below: 01146 Weekly AC Special will depart Asansol at 21.00 hrs every Wednesday from 08.10.2025 to 12.11.2025 and will arrive CSMT Mumbai at 16.20 hrs on third day. "(6 services)

Halts: Dadar, Kalyan, Igatpuri, Nashik Road, Bhusaval, Itarsi, Bhopal, Bina, Virangana Lakshmibai Jhansi, Orai, Govindpuri, Fatehpur, Prayagraj, Pt. Deen Daval Upadhyaya, Bhabua, Sasaram, Deoria Sadar, Anugraha Narayan Road, Gaya, Koderma, Hazaribaug Road, Parasnath, NSC Bose J Gomoh, Dhanbad and Kulti.

Composition: 20 AC 3-

Generator Cars. 2) C S M T -Karimnagar-CSMT Weekly AC Special - (12 Services)

01021 Weekly AC Special will depart CSMT Mumbai at 00.20 hrs every Saturday from 11.10.2025 to 15.11.2025 and will reach Karimnagar at 16.00 hrs same day. (6 Services)

01022 Weekly AC Special will depart Karimnagar at 17.30 hrs every Saturday from 11.10.2025 to 15.11.2025 and will reach CSMT Mumbai at 13.50 hrs next day. "(6 Services)

Halts: Dadar, Thane, Kalyan, Igatpuri, Nashik Road, Manmad, Nagarsol, Aurangabad, Jalna, Partur, Selu, Parbhani, Purna, Hazur Sahib Nanded, Mudkhed, Dharmabad, Basar, Nizamabad, Armur, Metpally and Koratla.

Composition: 20 AC 3-Tier coaches and 2 Generator Cars.

Muzaffarpur-LTT Weekly AC Special (12 Services)

01043 Weekly AC Special will depart Lokmanya Tilak Terminus at 12.15 hrs every Tuesday 11.11.2025 and will arrive Muzaffarpur at 06.30 hrs third day. (6 services).

01044 Weekly AC Special will depart Muzaffarpur at 08.30 hrs every Thursday from 09.10.2025 to 13.11.2025 and will arrive Lokmanya Tilak Terminus at 22.50 hrs next day. (6 services).

Halts: Thane, Kalyan, Igatpuri. Nashik Road, Jalgaon, Bhusaval, Khandwa, Itarsi, Bhopal. Bina, Virangana Lakshmibai Jhansi, Orai, Govindpuri Jn, Fatehpur, Subedarganj, Mirzapur, Pt. Deen Dayal Upadhyaya Jn, Buxar, Ara, Danapur, Patliputra and Hajipur.

Composition: One First AC, Three AC 2-Tier, 15 AC 3-Tier, 1 Pantry Car & 2 Generator Cars.

4) Pune-Hazrat Nizamuddin-Pune Biweekly Superfast AC Special "(24 Services)

01493 Bi-Weekly Superfast AC Special will leave Pune at 17.30 hrs every Monday & Thursday from 06.10.2025 to 13.11.2025 and will arrive Hazrat Nizamuddin at 20.00

hrs next day. (12 Services) 01494 Bi-Weekly Superfast AC Special will leave Hazrat Nizamuddin at 21.25 hrs every Tuesday & Friday from 07.10.2025 to 14.11.2025 and will arrive Pune at 23.55 hrs next day. (12 Services)

Lonavala, Halts: Kalyan, Bhiwandi Road, Vasai Road, Palghar, Vapi, Valsad, Surat, Vadodara Jn, Godhra(only for 01494), Ratlam, Shamgarh, Bhawani Mandi, Ramganj Mandi, Kota, Sawai Madhopur, Gangapur City, Bharatpur Jn, Mathura.

Composition: 16 AC 3-Tier coaches and 2 Generator Cars.

Reservation: Bookings for special train No 01145, 01021, 01043 & 01493 is open o-n at all computerised reservation centres and on website www.irctc.co.in.

Tickets for Unreserved Coaches can be booked through UTS with normal charges as applicable for superfast Mail / Exp trains

."For detailed timings and halts please visit www.enquiry.indianrail.gov.in or download NTES App.

'Swachhata Hi Seva' Campaign 2025 (Standard Post Bureau) Mumbai, Sept 27: Indian

IRCTC West Zone Mumbai observes Swachhotsav

Railway Catering and Tourism Corporation Limited (IRCTC), West Zone Mumbai, observed the "Swachhata Hi Seva" Campaign 2025 on 17th September 2025 under the nationwide Swachh Bharat Mission. On this occasion, Shri Gaurav Jha, Group General Manager, West Mumbai, administered

Swachhata Pledge to all officers and staff.

The annual campaign, being conducted from 17th September to 2nd October 2025, reflects the spirit of "Whole of Government and Whole of Society," uniting citizens, institutions, and leadership at all levels to reinforce the message of cleanliness.

Across all regional offices and workplaces of the West Zone, employees took the pledge with commitments that include:

Dedication cleanliness and voluntary contribution of 100 hours annually (2 hours per week).

Maintaining cleanliness at the workplace and at

Avoiding littering and motivating others to do the

Spreading awareness about the Swachh Bharat Mission and inspiring at least 100 others to join the

Following the pledge,





actively employees participated in shramdaan (voluntary cleanliness activities). A series of events were organised under the campaign, including:

20th September 2025 – Yoga and sports activities with a special focus on cleanliness.

23rd September 2025 – Comprehensive cleaning drive at the Regional Office. 27th September 2025 –

A street play presented by the NSS Unit of SST College of Arts and Commerce, Ulhasnagar, under the guidance of Mr. Jeevan Vichare (Vice Principal), supervised by Mr. Sadan Javare (Director, Drama Nomics), and coordinated by Mr. Pankaj Pandey, with leadership Mr. from Vikrant Khismatrao.

A group of 25 NSS students performed the street play at Kalyan Railway Station platform and premises, effectively spreading the message of keeping railway stations clean and hygienic. The

event was graced by the presence of Dr. A.K. Singh (PRO), Shri Nagesh Choudhary (Manager/HR), Shri Swapnil Awale (Vigilance Officer), Shri M.P. Yadav (Consultant, West Zone Mumbai), along with other dignitaries.

The "Swachhata Hi Seva" campaign will continue till 2nd October 2025 with a series of cleanliness drives, awareness programmes, and citizen engagement activities

4941 electricity consumers in Thane, Palghar become self-reliant

(Standard Post Bureau)

Kalyan, Sept 27: The Pradhan Mantri Suryaghar Free Electricity Scheme has started receiving good response from electricity consumers in Thane and Palghar districts. 4941 electricity consumers in this district have started getting free electricity by installing solar power projects on their homes. 9500 electricity consumers in both the districts have applied to benefit from this scheme. Rooftop solar power project systems will also be installed on the homes of these consumers soon.

As electricity consumers in Thane district have installed solar power project systems, 18.65 MW of electricity is being generated daily from this, while 8.47 MW of electricity is being generated from the solar power projects of electricity consumers in Palghar district. As the number of electricity consumers increases in the coming time, the number of solar power generation will increase further.

In the Pradhan Mantri Suryaghar Free Electricity Scheme, the government provides a subsidy of Rs 78,000

for 3 kW. A residential household gets a subsidy of Rs 30,000 for 1 kW. If an electricity consumer applies for a capacity of more than 3 kW, he will get a subsidy of Rs

Housing societies and residents' associations get a subsidy of Rs 18,000 per kW for charging electric vehicles on common areas. Net meters are being provided free of charge by Mahavitaran for rooftop solar. Applications received are being approved quickly by Mahavitaran. Also, electricity consumers have

been given permission to choose which company to install the solar system. Electricity consumers have to fill in the information on website https:// www.pmsuryaghar.gov.in.

Solar energy is clean environmentally friendly. Also, since it generates more electricity than required, the payment of the consumers becomes almost zero. Due to this, Mr. Chandramani Mishra, Chief Engineer of the Welfare Circle, has appealed to participate in the above

UP Govt to act strictly against those spreading unrest, Aparna Yadav

Ayodhya (UP), Sep 27 (UNI) A day after violence in Bareilly district, Vice Chairperson of the Uttar Pradesh State Women's Commission Aparna Yadav on Friday said that any kind of anarchy is unacceptable in the state.

Talking to reporters after the prize distribution at the closing ceremony of the Girls Kho-Kho

National Championship organised by the CBSE Board in Ayodhya, Aparna said that every citizen has complete freedom to practice their religion.

"However, if any attempt is made to spread unrest or crime in the name of religion, it will be considered a crime and strict action will be taken,"

she said.Regarding the Bareilly incident, she said that the government's decision to take strict action against those who spread evil in society is the right one.

State Sports Minister Girish Chandra Yadav said that people of both religions are free to worship in their own way.

He warned that the

government operates a zero-tolerance policy against those who disrupt peace. While motivating athletes at Awadh International School, he said that through continuous practice, athletes can perform better in the Commonwealth Games, Asian Games and Olympics.