# STANDARD POST

www.standardpost.in

**ENGLISH DAILY** 

Simultaneously Published from HYDERABAD, DELHI, MUMBAI, GUNTUR, PUDUCHERRY & VISAKHAPATNAM

Vol.15. No.70

**HYDERABAD** 

**Tuesday, July 22, 2025** 

Pages: 8 Rs.1

#### **IN BRIEF**

#### **Adilabad** tribals stage protest against GO 49

Adilabad, July 21 (UNI): A tribal strike called in Adilabad district today remained peaceful, aimed at protesting against GO 49, issued by the Centre in the name of Qawwal Forest Conservation.

The bandh was observed across Adilabad, Asifabad, and Utnoor agency areas.

Left parties, including the CPI and CPM, have extended their support to the strike.TSRTC bus services were affected in some places as protesters blocked buses from leaving the depots. Several hotels, business establishments, and educational institutions remained voluntarily shut in support of the agitation.Police said no untoward incidents were reported from any part of the region so far.

#### Heavy rain likely in Telangana over next 48 hours: Met

Hyderabad, July 21 (UNI) Meteorological Centre has forecast heavy to very heavy rainfall at isolated places across several districts of Telangana over the next 48 hours.

In its daily weather bulletin issued on Monday, the Met Centre said that districts including Adilabad, Komaram Bheem Asifabad, Mancherial, Karimnagar, Peddapalli, Jayashankar Bhupalapally, Mahabubabad Warangal, Hanamkonda, Medak, Kamareddy, and Nagarkurnool are likely to receive heavy to very heavy rain during the next 24 hours.

On Tuesday, similar conditions are expected to persist in Adilabad, Komaram Bheem Asifabad, Mancherial, Peddapalli, Jayashankar Bhupalapally, Mulugu, Bhadradri Kothagudem, Khammam Mahabubabad Warangal, Hanamkonda districts.

Heavy rainfall is also likely at isolated places across Telangana during the next five days.

The forecast further indicates light to moderate rain or thundershowers at most or many places over the state during the next seven days. Additionally, thunderstorms accompanied lightning and strong winds (30-40 kmph) are likely at isolated places in all districts over the next five days.

## **CM Revanth Reddy directs Collectors** to stay vigilant amid heavy rains



(Standard Post Bureau)

ongoing heavy rains across updates," Reddy said. the state.

The Chief Minister officials ensure public safety and Collectors expressed concern that detailed records of damages activities although the state recorded caused by lightning and to government," Reddy added. 21 per cent less rainfall since take precautionary measures

of instructions in view of the based on real-time weather vigilant to protect livestock.

He directed senior police undertake in called on district collectors commissionerates to remain that negligence would not and all department heads to on the ground to manage be tolerated. "The Chief remain on high alert to traffic and assist the public. Secretary has been

downpours, necessitating diseases among tribal Hyderabad, July 21: immediate preparedness at populations. The Chief Chief Minister A Revanth all levels."In Hyderabad city Minister emphasised that Reddy on Monday held a alone, 150 teams have been doctors must be available high-level video conference deployed to handle round-the-clock at PHCs with district collectors and emergencies, and efforts are and government hospitals, senior officials from the being coordinated through and the veterinary Secretariat, issuing a series the Command Control Room department should also stay

He ordered Collectors to surprise all inspections and asserted were instructed to submit daily uninterrupted services. He instructed to maintain reports on Collectors' to

On the agricultural front, June, the last three days in ITDA regions to prevent the CM highlighted that distribution of thin rice. effectively," the CM added,

record 2.85 crore metric tons of paddy, becoming the leading state in the country.

that sufficient stocks were would be dealt with strictly.

He directed that stock details be displayed outside fertiliser shops and uploaded online, and asked for a special complaints desk to be set up for fertiliserrelated grievances.

Turning to ration card distribution, the Chief Minister noted a surge in have witnessed intense the spread of infectious Telangana had produced a "The value of both the ration" an official statement said.

card and the ration shop has increased," he remarked.

He announced that from He addressed concerns July 25 to August 10, an about urea supply, assuring official ration card distribution drive would be available and any artificial held across all mandal shortage being created centres. District Collectors and additional collectors have been directed to participate in the program alongside local MLAs and district-in-charge Ministers to ensure smooth execution.

"Nothing is more important than the welfare of farmers and the people. Our collective vigilance and coordination will help us demand driven by the manage this rain situation

## Inclusion of Shivaji's forts in World Heritage Sites is glory ...

Chief Minister Devendra Fadnavis on Monday said that the work of Chhatrapati Shivaji Maharaj was always global, asserting that the recognition of 12 forts of Chhatrapati Shivaji Maharaj as World Heritage Sites by UNESCO has given formal recognition to the global nature of his work. "This honour is a source of pride for the entire country and the Marathi people," he said while speaking at a function to celebrate recognition of 12 forts of Chhatrapati Shivaji Maharaj as World Heritage Sites. (See on page 3)

#### SC rejects ED appeal against quashing of summons to ...



The Supreme Court on Monday dismissed an appeal filed by the Enforcement Directorate (ED) challenging the Karnataka High Court's decision to quash summons issued to Karnataka Chief Minister Siddaramaiah's wife. BM Parvathi, in connection with the Mysore Urban Development Authority (MUDA) scam case.

(See on page 4)

## LS proceedings, says Opposition voices being silenced

New Delhi, July 21 (UNI) Leader of Opposition in Lok Sabha, Rahul Gandhi today alleged that the Opposition is being systematically prevented from airing its views, and that he, as the LoP, is never given the opportunity to speak.

Speaking to the media in the Parliament House premises, Gandhi said, "Look, the issue is that they allow the Defence Minister and their people to speak in the House, but if anyone from the Opposition wants to say something, it's not allowed. I am the Leader of the Opposition—it's my right-yet I am never allowed to speak. So, this is a new approach from their side."

Responding to a question about the government's unwillingness to engage, Gandhi said, "They ran out of the House in a second, so how can there be a discussion..."

He also responded to repeated assertions by the Chair that the House was ready for a debate. "Yes, there will be a discussion, if they allow it, then it will happen. But the issue is that convention says if people from the government speak, then we should also be given space. We just wanted to say a few words, but the Opposition is not allowed that," he added.

## Ration card distribution from July 25 onwards: CM

Hyderabad, July 21 (UNI): Chief Minister A Revanth today stated that an official ration card distribution program will be started in all Mandal headquarters in the state from July 25 to August 10.Revanth, who conducted a video conference with district collectors and reviewed the distribution of new Ration Cards here, the Chief Minister said the district in-charge ministers, MLAs and public representatives will participate in the distribution of rations cards.District collectors and additional collectors should also participate, he informed.

The government has recently launched the distribution of 7 lakh new rations cards to benefit 31 lakh family members, he said currently, 3.10 crore people are already availing fine rice scheme benefits with 96 lakh ration cards in the state.

Ministers N Uttam Kumar Reddy, Damodar Rajanarsimha, D Sridhar Babu, P Srinivasa Reddy, Komati Reddy Venkat Reddy, Ponnam Prabhakar, Vivek Venkataswamy, Vakati Srihari, Seethakka, CM Advisor Vem Narender Reddy and other higher officials participated. Deputy CM Bhatti Vikramarka from Kothagudem and Minister Tummala Nageswara Rao from Khammam participated in the video conference.

## Rahul alleges bias in Vice President Jagdeep Dhankhar steps down citing health reasons

In a letter posted on the her brilliant future". Vice-President of India's X hereby resign as the Vice shared with her. President of India, effective

New Delhi, July 21 (UNI) said, "As I leave this "cooperation and support". : Jagdeep Dhankhar today esteemed office, I am filled

Dhankhar in his letter handle and addressed to the expressed his gratitude to privilege and satisfaction for President Droupadi Murmu, the President, for the him to witness and partake Dhankhar said, "To "unwavering support and in India's remarkable prioritise health care and the soothing, wonderful economic progress and abide by medical advice, I working relationship" he unprecedented exponential

immediately, in accordance gratitude to Prime Minister this transformative era of our with Article 67(a) of the Narendra Modi and his nation's history has been a true

He said, "The warmth, resigned from the post of with pride in Bharat's global trust and affection I have Vice President of India with rise and phenomenal received from all the Hon'ble immediate effect citing achievements and hold Members of Parliament health reasons. unwavering confidence in would ever be cherished and embedded in my memory".

He said it was a matter of development during the He also expressed his significant period. "Serving in Constitution". Dhankhar Council of Ministers for their honour, "Dhankhar said.

## **CP flags off historic Ghattam procession at Akkana Madanna temple**

(Standard Post Bureau)

Lalitha Anand, visited the

Expressing procession organisers.

Madanna Temple, tracing its celebrated on a grand scale festival, begins at Sri origins to the Qutub Shahi across the city. period in 1675, when rituals

historic Akkana Madanna significance for the people any Temple on Monday and of Hyderabad. Historically, situations. She Teams and formally flagged off the people have prayed to Crime Teams are on alert to Ghattam procession, Goddess Mahankali here check incidents of evemarking a key ritual in the seeking protection from teasing, pickpocketing, and ongoing Bonalu festivities. plagues, floods, and chain snatching," he stated. his diseases. She has always happiness at participating in answered their prayers," he Hyderabad Police officials the religious event, said. Highlighting this year's and supporting departments Commissioner Anand Bonalu celebrations, Anand for their tireless efforts in extended his heartfelt praised the efforts of ensuring the Bonalu wishes and gratitude to the Telangana Ministers celebrations have remained temple management and Ponnam Prabhakar and peaceful and well-organised. Konda Surekha for taking a He recalled the rich 350- personal interest and procession, which is a key year history of the Akkana ensuring the festival was highlight of the Bonalu

performed Commissioner assured that Gowliguda, Lal Darwaza, and continuously for a decade. elaborate arrangements Shah Ali Banda before After the tragic deaths of have been made to ensure concluding at Nayapul.

Akkanna and Madanna, the safety and convenience Hyderabad, July 21: pujas were halted, only to of devotees. "We have Hyderabad City Police resume after India's deployed police forces Commissioner C V Anand, independence, following strategically at the temple IPS, along with his wife Ms the temple's reconstruction. and along the Ghattam "The temple holds deep procession route to prevent stampede-like

He also thanked all

The Akkana Madanna Temple in On the security front, the Haribowli and passes through

#### **Draper targets US Open return** after arm injury



British number one Jack Draper has withdrawn from forthcoming tournaments in Toronto and Cincinnati because of an arm injury. But the 23-year-old is targeting a return at the US Open, which begins on August 24. Draper, who reached the US Open semi-finals in 2024. said on social media: "After Wimbledon

(See on page 7)

#### **Prashant Kishore slams** Kushwaha for demanding ....



Jan Suraaj " founder Prashant Kishor today slammed Rastriya Lok Morcha (RLM) president Upendra Kushwaha for demanding change of JD(U) leadership, saying if he had no faith in leadership of Chief Minister Nitish Kumar, it would be better for him to leave NDA (See on page 8) with immediate effect.



Bihar Chief Minister Nitish Kumar with Deputy Chief Minister Samrat Chaudhary and other leaders during a meeting of the National Democratic Alliance (NDA), in Patna.

#### PM Modi condoles passing away of former **Kerala CM** Achuthanandan

New Delhi, July 21 (UNI) Prime Minister Narendra Modi today condoled the death of former Kerala Chief Minister Achuthanandan, recalling the veteran leader's long years in public service.

In a post on X, Modi said: "Saddened by the passing of former Kerala Shri Achuthanandan Ji. He devoted many years of his life to public service and Kerala's progress."

The Prime Minister also recalled his interactions as Gujarat Chief Minister with the veteran leader. "I recall our interactions when we both served as Chief Ministers of our respective states. My thoughts are with his family and supporters in this sad hour."

## SC alarmed as Russian woman leaves India with child amid custody dispute

New Delhi, July 21 (UNI) : The Supreme Court today expressed deep concern after it was informed that a Russian woman, embroiled in a custody battle with her Indian husband, appears to have left India with their minor child during the ongoing legal proceedings. A bench, comprising

Justices Surya Kant and Joymalya Bagchi, was apprised by Additional Solicitor General Aishwarya Bhati that, based on her IP address tracking, the woman was located in Bihar on July eight, then in Nepal, after which she travelled to the UAE and flew to Russia, reaching there on July 16. The ASG clarified that final confirmation from airlines is awaited.

The Court noted with dismay that the child's Indian passport had been surrendered before it, indicating potential collusion or diplomatic remained unknown. A day

involvement in facilitating the exit. "This is absolutely not acceptable to us at any cost," Justice Kant observed, directing the Centre to file an affidavit confirming the woman's movements.

He further remarked, "There is a gross case of contempt. A Red Corner Notice will have to be issued and diplomatic channels pursued."

The bench directed authorities to submit an updated status report within a week and re-listed the matter accordingly.

Earlier, on July 17, the Court was informed that "the Russian mother and child have vanished into wilderness."Despite stringent directions to the Union and Delhi government authorities to trace them and ensure they did not leave India, the mother's whereabouts

reported that there was no record of her departure through legal channels, prompting the issuance of lookout circulars, hue and cry notices, and wireless alerts nationwide. The mother had approached the Supreme Court in an ongoing custody dispute with her Indian-origin husband over their fiveyear-old child, who was born in 2020.

As per interim orders, both parents were residing in Delhi in separate accommodations, with custody split between them. The May 22 order granted the mother exclusive custody three days a week and the father on the remaining days.

Recently, the father filed an application stating that his wife had been untraceable since July seven, after collecting their child from school.

#### China's Brahmaputra Dam sparks debate, BJP has no Assam CM urges calm amid concerns politicise Guwahati, July 21 (UNI) central government is in reduced water levels and women's diplomatic touch with its loss of biodiversity.

: As China begins construction of the world's largest hydroelectric dam on the Brahmaputra river in Tibet, Assam Chief Minister Himanta Biswa Sarma today called for a balanced assessment of the potential impact.

He said there are two scientific views on how the mega project might affect India's northeastern region, particularly his state.

Speaking at a public event here, the Chief Minister said that while concerns are understandable, there is no immediate cause for alarm. He noted that the Brahmaputra is a mighty river not dependent on a single source, as it receives the majority of its water from tributaries in Bhutan, Arunachal Pradesh, and the rainfall within Assam itself.Sarma added that the real impact of the dam would only be known once it is completed, and he expressed hope that the Chinese counterpart over the issue. The \$167.8 billion dam project in Medog County of Tibet, near the Indian border, has sparked among anxiety environmentalists, hydrologists, and security analysts who fear it could alter the natural flow of the Brahmaputra, thereby affecting agriculture, biodiversity, and

China's lack of transparency in its transboundary river projects has often been a point of contention, particularly with India, which is heavily reliant on accurate water flow data for disaster preparedness, especially during the monsoon season.

livelihoods downstream.

Addressing these apprehensions, Sarma said the first possible scientific outcome is if the flow of water is disrupted, there could be ecological consequences, including

On the other hand, he added, a reduction in water flow could also help Assam by acting as a "flood cushion"—a possible benefit for a state frequently ravaged by annual floods. "But I don't know which of these will turn out to be correct," he said.Sarma reiterated that the Government of India would consider all available information and act in the best interest of the nation. He emphasised the need to avoid panic and trust the central government's diplomatic and scientific assessment of the situation.

China's hydro-power infrastructure along rivers that cross into India has long been viewed through both environmental and strategic lenses. Though no formal treaty exists between the two countries for watersharing, a bilateral agreement ensures limited data exchange during the monsoon season.

#### Rahul suspects voter list manipulation in MP

Bhopal, July 21 (UNI) Lok Sabha Leader Pradesh. He urged party leaders to intensify of Opposition Rahul Gandhi today warned that there was a possibility of voter list manipulation in the 2028 Madhya Pradesh Assembly polls too, just like, what he claimed, happened in Maharashtra.Gandhi was virtually addressing the opening day of the two-day Congress MPs, MLAs training destination in Dhar district of Madhya

grassroots preparation to ensure electoral success."Voter list manipulation, similar to what happened in Maharashtra, could take place in Madhya Pradesh too," Rahul Gandhi averred. Gandhi reiterated that if the Congress returns to power in MP, it would conduct a caste census and ensure increased representation for camp underway in Mandu, a popular tourist Dalits, backward classes, tribals, and women in government employment.

## moral right to issues: JMM

Ranchi, July 21 (UNI) Jharkhand Mukti Morcha (JMM) today hit back at the BJP, accusing it of shedding "crocodile tears" over women's safety while ignoring worse records in BJP-ruled states.

JMM central general secretary Vinod Kumar Pandey said the BJP has no moral authority to speak on women's issues.

"Where was their outrage during the Hathras, Unnao or Manipur incidents?" he asked, calling out the party's "double standards."

Pandey said JMM was the first to raise its voice against witch-hunting and pushed for strong laws.

"Cases are being acted upon, and the state is committed to justice," he

He cited government efforts like more women police personnel, stronger helplines, and fast-track courts, asserting that the Hemant Soren-led government is taking concrete steps for women's safety.

"Instead of politicising every sensitive issue, BJP should contribute positively. People know the truth, and that's why the JMM was re-elected," Pandey said.

#### SC tells SP to approach Civil **Court over** eviction of party office

New Delhi, July 21 (UNI) The Supreme Court today refused to intervene in the Samajwadi Party's plea challenging its eviction from a party office in Uttar Pradesh's Pilibhit district, directing it to seek interim relief before the appropriate civil court.A bench comprising Justice Surya Kant and Justice Joymalya Bagchi heard the matter made sharp observations on alleged misuse of political power.

"How did you come to occupy the premises?" Justice Kant asked Senior Advocate Siddharth Dave, appearing for the party.

"People should have some faith in the system. If you've misused political power, you can't now complain about procedure not being followed," Justice Kant remarked.

Dave contended that the premises had been allotted by the municipal authority and that the party was forcibly locked out without due process. "They can't just lock the premises arbitrarily," he argued.

However, the bench was not persuaded. "As of you're unauthorised occupant. lease stands cancelled. When power is misused, the proper procedure is conveniently forgotten," Justice Kant observed.

## PM opens monsoon session with call for unity, hails **Op Sindoor, space feat**

expressed their admiration

for India's indigenously

New Delhi, July 21 (UNI) Ahead of the commencement of the monsoon session of Parliament, Prime Minister Narendra Modi today highlighted a broad spectrum of national developments ranging from Operation Sindoor, agriculture and space exploration to defence capability and digital transformation. Modi also called on all

members of Parliament to speak about the country's pride in one voice during the session. "While there may be differences on party lines, there must be unity of intent in matters of national interest," he stated and expressed hope that the session would be marked by high-quality debates and cooperation on legislation aimed at boosting development, empowering citizens, and advancing India's progress.Describing the monsoon session as a "celebration of India's victories," Modi praised the success of Operation Sindoor, in which the Indian Army neutralised highvalue targets at enemy bases within 22 minutes. He said this operation reflected the readiness and strength of India's armed forces and underscored the increasing global interest in Indianmade defence systems.

"World leaders have

military developed hardware," he noted, adding that defence manufacturing would further empower youth through employment and innovation.Recalling the tragic killings in Pahalgam, the Prime Minister said that political parties and state representatives had risen above partisan considerations to launch a diplomatic campaign that successfully exposed Pakistan's role as a state sponsor of terrorism. He expressed appreciation for those involved, saying their efforts helped shape international understanding of India's

position on terrorism. Turning to internal security, the Prime Minister said that the geographical spread of Naxalism and Maoism is shrinking rapidly. He asserted that "hundreds of districts are now breathing free," crediting the security forces and Constitution for replacing weapons with democratic processes. Former Red Corridor regions, he said, are being reimagined as "Green Growth Zones," marking a definitive shift towards development.Invoking the symbolic significance of the monsoon as a harbinger of "innovation and renewal," Modi noted that favourable

weather conditions and a threefold rise in water reservoir levels, compared to the decadal average, promises well for agriculture and household economic stability. "Rainfall plays a vital role not just in the rural economy, but in the nation's economic architecture," he observed.

The Prime Minister also

hailed the recent unfurling of the Indian tricolour at the **International Space Station** (ISS) as a "historic moment" and a source of national pride. Describing it as a symbol of the country's growing scientific ambition, he said the event has generated renewed enthusiasm for science and technology among youth and will serve as an inspiration for future space endeavours. Highlighting India's economic turnaround since 2014, Modi recalled how the country was previously grouped among the fragile five economies. "Today, India is knocking on the doors of being the thirdlargest economy globally," he said, pointing to the elevation of 25 crore people from poverty and a sharp drop in inflation from double digits to around 2 percent. He described the combination of low inflation and high growth as indicative of a robust

## **Inclusion of Shivaji's forts in World Heritage Sites is glory for India: CM**

Mumbai, July 21 (IANS) Chief Minister Devendra Fadnavis on Monday said of Chhatrapati Shivaji highlighted the role of forts that the work of Chhatrapati Maharaj should represent in governance. A fort is the unprecedented example of Shivaji Maharaj was always India. For this, the Central foundation of the state. war strategy, bravery and global, asserting that the recognition of 12 forts of Chhatrapati Shivaji Maharaj as World Heritage Sites by UNESCO has given formal recognition to the global nature of his

"This honour is a source of pride for the entire country and the Marathi people," he said while speaking at a function to celebrate recognition of 12 forts of Chhatrapati Shivaji Maharaj as World Heritage

He said that the Central government gave priority to the nomination of 12 forts sent by the Maharashtra government and officially recommended 12 forts to

Various states from across the country had suggested many places, but Prime Minister

Narendra Modi was remarked. insistent that only the forts and State Governments took the initiative.

While explaining the various aspects of the architecture of the forts and explaining their historical and strategic importance, he said that the forts of Raigad, Raigad, Pratapgad, Sindhudurg, Vijaydurg, Suvarnadurg, and Khanderi are not just historical monuments, but are the pillars of Swarajya.

"It is still difficult to understand how difficult it was to build these water forts at that time. However, Chhatrapati Shivaji Maharaj made the impossible possible. 32 lakh kg of lime and 10 lakh kg of iron were used in the construction of Sindhudurg Fort. He said that this shows the Maharaj's foresight and administrative skills," he

The Chief Minister also Shivaji Maharaj used to say that while protecting 363 forts, no imperial power would be able to take over Swarajya.

moment, he said, "I accept this award on behalf of everyone who contributed to this success."

While accepting the award from renowned musician Pandit Hridaynath Mangeshkar on this glorious occasion, the Chief Minister said, "His music and songs have created a glow of patriotism and self-respect in the hearts of Marathi people. The inspiration derived from 'Shivkalyan Raja' is as inspiring even today."

Cultural Affairs Minister Ashish Shelar said that the prowess of Chhatrapati Shivaji Maharaj is unique and

incomparable. The tenure of Chhatrapati Shivaji Maharaj good governance. He praised the work of Chhatrapati Shivaji Maharaj as astonishing.

"Among the numerous Regarding this historic forts built, erected and reconstructed Chhatrapati Shivaji Maharaj, 12 important forts were included in the proposal 'Maratha Military Landscape'. Out of these, 11 forts are in Maharashtra, and one is Jinji Fort in Tamil Nadu. The foundation stone of this proposal was laid during the tenure of Chief Minister Devendra Fadnavis," he said.

> On this occasion, a program based on the life of Chhatrapati Shivaji Maharaj was held, featuring Marathi songs, memorial songs, and Shivarajyabhishek ceremony in the Janata Raja Mahanatya.

#### Civic chief mentors youngsters through immersive programe

 $C\ h\ h\ a\ t\ r\ a\ p\ a\ t\ i$ Sambhajinagar, July 21 Chhatrapati Sambhajinagar Municipal Commissioner, G Srikanth, has turned his official Jal Shree residence into an unconventional learning hub, hosting municipal school students weekly for leadership development under his pioneering "Main Commissioner Banu Ga"

initiative. Every Saturday, spend two students immersive hours at the bungalow through the "Smart School to Best School" project, building self-confidence while gaining firsthand civic governance exposure.

This week, Brijwadi Municipal School pupils engaged in kabaddi, kho kho, cricket, and ropejumping on commissioner's grounds before embarking on an educational tour of the property's historic Nizamera water tank.

Officials demonstrated 1.5-million-litre reservoir that supplies the old city, explaining its unique water-level gauge mechanism and historical significance – an experience that prompted students to pledge water conservation

and community awareness. The visit culminated in a candid discussion with Commissioner Srikanth, where Class 7 student Muskan Pathan captivated attendees by reciting a poem of gratitude. Pathan declared her determination to become an IAS or IPS officer, crediting the commissioner's intervention preventing her school's closure. Moved by her

resolve, Srikanth personally draped a shawl around Pathan while offering encouragement for her ambitions.

The initiative was coordinated by Deputy Commissioner Education Head Ankish Pandhare with Control Officer Ganesh Dandij.

Programme Officer Gyandev Sangle, Principal Tilotma Mapari, teachers Keshav Tambe, Dinesh Pachlore, Ambadas Karale, and nurse Anita Waghmare witnessed transformative session.

#### CM, TPCC chief extend birthday wishes to Kharge

Hyderabad, July 21 (UNI) Telangana Chief Minister A Revanth Reddy and TPCC president Mahesh Kumar Goud extended warm birthday greetings to All India Congress Committee president (AICC) Mallikarjun Kharge on Monday. Taking to social media platform X (formerly Twitter), Chief Minister Revanth Reddy conveyed his wishes, saying, "Wishing our visionary leader, AICC President Shri @kharge Ji, good health, happiness, and many more years in the service of the nation and its people."

TPCC president and MLC Mahesh Kumar Goud also conveyed his greetings to Kharge through a tweet and announced that he would travel to Delhi this evening to personally meet the AICC president and extend his wishes. Meanwhile, grand celebrations were held at the residence of former MP V Hanumantha Rao in2 Hyderabad to mark Kharge's birthday, with party leaders and supporters participating enthusiastically.

#### **Cantt MLA** alleges bid to attack him, files complaint

Hyderabad, July 21 (UNI) Cantonment MLA Ganesh lodged a complaint at the Osmania University Police Station late Sunday night, alleging that a group of unidentified youths conspired to attack him.

In his complaint, Ganesh stated that the incident occurred while he was on his way to attend a Bonalu procession near a fruit cart in Manikeshwari Nagar (Vaddera Basti, near Osmania University).

According to him, around 50 individuals confronted his convoy, and nearly 20 of them arrived on motorcycles, allegedly attempting to block his vehicle.

The MLA claimed that the group tried to force him out of his car and issued threats.

## CM reviews progress of ATCs under **'Telangana** Rising-2047' Vision

(UNI) :Chief Minister A Revanth Reddy on Monday reaffirmed his commitment to developing Advanced Technology Centers (ATCs) as a cornerstone for empowering youth with industry-relevant skills, positioning the state as a hub of innovation and technological advancement.

During a high-level review meeting at the Secretariat with Minister Vivek Venkataswamy and senior officials, the Chief Minister assessed the progress of ATCs being developed under the state's flagship "Telangana Rising-2047" initiative.

Stressing the need for skill-based development, Revanth Reddy directed officials to ensure that the training programs and courses offered at ATCs are designed in line with evolving industry needs. He also urged officials to fast-track the construction and operationalisation of the centres within the set

Officials informed the

Hyderabad, July 21 ATCs are being developed across the state in three phases — 25 in Phase-1, 40 in Phase-2, and 46 in Phase-3. Of these, 49 centres from Phase-1 and Phase-2 are already operational.

The Chief Minister advised officials to rope in reputed construction firms if needed to speed up the completion of the remaining centres. He also said he would conduct surprise inspections to personally monitor the work.

In a significant move, CM Revanth Reddy directed the establishment of a model ATC in Genome Valley to cater to the pharma, biotechnology, and life sciences sectors. He instructed officials to prepare a detailed proposal for the facility, including the identification allocation of necessary land, and to ensure the design of specialised courses tailored to these high-growth industries.

An official statement underlined the CM's vision of making ATCs key enablers in shaping Telangana's workforce and driving the Chief Minister that 111 state's industrial growth.

#### Student ends life at Woxsen University hostel in Sangareddy

Sangareddy, July 21

(UNI) A second-year architecture student allegedly committed suicide in his hostel room situated on Woxsen University campus here on Monday. The 19-yearold student Rushikesh Reddy, a resident of Saroornagar (Ranga Reddy Dist) in Hyderabad, took the extreme step by hanging himself in his hostel room, police said here. The incident came to light when hostel staff found him unresponsive in his room.Efforts are underway to ascertain the reason behind the suicide, police added.In a statement, the university authorities said they were 'deeply saddened by the untimely passing' of Gunna Rushikesh Reddy on campus."Our heartfelt condolences are with his family, friends, and classmates during this profoundly difficult time. Woxsen University is extending full support to the family and is cooperating closely with the authorities in their



In this image via AICC, Congress President Mallikarjun Kharge being greeted by party leaders during his birthday celebrations, at CPP office in the Parliament House, in New Delhi on Monday.

## KTR thanks doctors for supporting MBBS student Sushmita under "Gift a Smile" program

Hyderabad, July 21 (UNI): The "Gift a Smile" initiative, launched by BRS Working President K T Rama Rao (KTR) on the occasion of his birthday, has once again brought hope and relief to a deserving student.

Sushmita, an MBBS student from Osmania Medical College and a native of Venkatapur in Aija Mandal, Jogulamba Gadwal district, comes from a financially challenged background. She had taken to Twitter (X) to request KTR's support for her education. Moved by her appeal, KTR promised to help her.

Inspired by KTR's humanitarian gesture and the spirit of the "Gift a Smile" campaign, renowned neurophysician Dr Chandra Shekhar Pathakoti (MD/DM) and his wife Dr Pranaya Vani stepped forward to fund the entirety of Sushmita's education.

The couple, who financial provided assistance of Rs 1 lakh on Monday, said they were moved by the cause and wanted to contribute meaningfully.

Dr Chandra Shekhar, originally from Rajakkapet a shawl, a statement said.

in Dubbaka Mandal, currently practices at Musheerabad Hospital and Sri Pooja Hospital in Nacharam.

Sushmita, accompanied by her parents, met KTR today and expressed her heartfelt thanks. On the occasion, **KTR** congratulated the doctor couple for their generous act and felicitated them with

## BJP President slams Congress over BC reservation issue

Hyderabad, July 21 (UNI) BJP Telangana State President N Ramchander Rao on Monday came down heavily on the Congress government in Telangana, accusing it of misleading the public on the issue of 42 per cent reservation for Backward Classes (BCs) in local body elections and playing political games for electoral gain. Speaking at a press conference at Telangana Bhavan in New Delhi during his first visit to the capital after taking charge, Rao said he was seeking blessings and guidance from the party's central leadership to strengthen the BJP in the state.

ongoing investigation.

He informed that he met senior leaders Sunil Bansal, Arvind Menon, and Union

Minister Nitin Gadkari, and is scheduled to meet BJP National President J P issue of

government is trying to High Court's permission, divert public attention by bringing up the 9th Schedule understanding the legal process. "Even if a law is included in the 9th Schedule, the Supreme Court can still review it, as made clear in the Kesavananda Bharati case and reiterated in the I.R. Coelho judgment," he said. He questioned the

Congress for failing to necessary to legally raise reservation percentages. "The Congress is blaming the Centre unnecessarily, while not doing its own homework. They brought

the ordinance only after the

and now they are trying to blame others," he said. He said the BJP

supported the bill in the Assembly when it was introduced but made it clear that the party is completely opposed to religious-based reservations."The attempt to provide 10 per cent reservation to Muslim minorities under this ordinance is nothing but communal and political amend Section 285 of the appearement," he said. Rao Panchayati Raj Act in the accused the Congress among leaders or workers. government of deliberately delaying the local body elections under the guise of the reservation issue. "They are indulging in drama to mislead the BC community instead of acting responsibly," he charged. Taking a swipe at

both Congress and BRS, he said, "They are two sides of the same coin. Both parties attended meetings led by DMK's Stalin, revealing their political alignment."Reiterating his commitment as the new state BJP chief, Rao said he would address any issues within the party and maintain internal discipline. He assured that both state and national leaderships would work together to resolve any differences

"Instead of playing blame games, the Congress should immediately implement the 42 per cent BC reservation it promised," he called for legal clarity, transparency, and an end to what he termed as "vote bank politics."

## **Venkanna takes** charge as **Singareni ED**

Hyderabad, July 21 (UNI) B. Venkanna assumed charge as Executive Director (Coal Movement) at Singareni Collieries Company limited (SCCL) here today.

A 2010 batch officer of the Indian Railway Traffic Service (IRTS), Venkanna deputation to Singareni for a period of three years was recently approved by the Cabinet Appointments Committee.

Prior to assuming charge, he called on the Chairman and Managing Director of the company, N. Balaram.

On this occasion, Balaram stated that Singareni transports around 70 million tonnes of coal every year, a major portion of which is supplied via rail to power stations across various states. In this context, he expressed hope that as Executive Director Venkanna would contribute to achieving the company's goals and participate in its progress. Venkanna stated that he would strive to the best of his ability to ensure coal transportation is carried out efficiently in line with the set targets.

## Raise the issues of atrocities, physical torture, Mob-lynching of cattle traders in several states during transportation of animals



Bidar, July 21: Abdul Nabi Qureshi President Karnataka State, Quresh "Conference (Regd.) a "Social

Organization of Quresh Community living "in India" request Hon'ble Asaduddin Owaisi President of All India "Majlis-e-Ittehadul Muslimeen Member of Parliament excellency to raise "in Parliament the issues of atrocities, physical tortures, and "moblyching of Cattle Traders during transportation of animals.

It is "known fact that in most of the States, Cattle Traders are subjected "aforementioned atrocities and the police are not taking stern action"against the perpetrators of crime.

The anti-social elements are "fearlessly looting animals of innocent Cattle Traders on road or "highways.

convince the Central "Government and State resh Cont Conference Governments for Constitution "of National Meat Board at Central Level and meat boards in all

We also request to your excellency to

States, "modernization of slaughter houses and cattle markets in India so that"for each problems relating to the meat trade could be remediate in "time.

Nadda and Union Home Minister Amit Shah on Tuesday. Criticising the Congress party's approach, he said, "While key national issues are being discussed in Parliament, the main opposition leader is missing. Yet, they have the audacity to criticise the BJP."He pointed out that Chief Minister Revanth Reddy had visited Delhi 46 times in the last 19 months, but top Congress leaders like Rahul Gandhi did not grant him an appointment even once. "This is not just an insult to the CM but to the people of Telangana," he said.On reservations, Rao asserted Congress

## **VS Achuthanandan was an unrivalled** leader in Indian politics: B V Raghavulu

(UNI) : CPI(M) Politburo member B V Raghavulu paid rich tributes to veteran communist leader and former Kerala Chief Minister Achuthanandan,

describing him as an "unrivalled great leader" in Indian politics and a symbol of uncompromising ideological commitment.

Raghavulu garlanded Achuthanandan's portrait at a condolence meeting held at the CPI(M) state office, MB Bhavan, in Hyderabad on Monday evening. Speaking on the occasion, he said that Achuthanandan's demise was an irreparable loss to the party and the country's Left movement. "The best way to pay tribute to him is to follow his ideals and continue his fight," he said.

Recalling VS's pivotal role in the formation of the CPI(M), Raghavulu said he was the last surviving member among the 32 leaders who walked out of VS was among the leaders

Hyderabad, July 21 the CPI to form the Marxist party in 1964. He hailed VS as a relentless fighter who never compromised in ideological or people's struggles, regardless of the challenges he faced.

> He noted Achuthanandan entered public life at the age of 17 and played an active role in the Unna Pravailar struggle against feudal landlords. "He distributed land to the poor and ensured houses were built for them at just Rs 150," he recalled, highlighting his deep-rooted commitment to the marginalised. Raghavulu Achuthanandan's contribution to the formation of a united Kerala and his leadership during the communist liberation movement in the state are unforgettable. "He was a leader admired across political lines and social classes in Kerala," he added.Referring to the Emergency Raghavulu pointed out that

faced who restrictions and still stood firm, resisting suppression of democratic rights. He credited Achuthanandan's ideological clarity and mass mobilisation efforts for shaping the strength of the communist movement in

Kerala."VS was among the handful of leaders, like P Sundarayya, who earned such wide recognition in Kerala. The seeds he sowed with other key leaders are the foundation of the party's enduring strength in the state," Raghavulu said.

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Approx cost of the Work : ₹54,27,214.20 EMD : ₹ 1,08,600/-, Cost of Tende Document : ₹ 5.900/-, Completion Perio

#### ender Closing Date and Time At 1500 Hrs. of 14.08.2025.

omplete information including e ender documents of the above e-tender i vailable in website : **www.ireps.gov.in** Note: The prospective tenderers a dvised to revisit the website 10 (Ter ays before the date of closing of tend note any changes / corrigendu sued for this tender

Sr. Divl. Mechanical Engineer (D) PR-376/Q/25-26 Visakhapatna

Download of tender

hrs. (Onwards if possible)

#### **MAHA**TRANSCO

#### E-tender notice (2nd Call)

MSETCL invites online bids (E-Tender) from registered contractors/agencies on Mahatransco E-

Sr. No.	Tender No.	Estimated Amount in Rs.	Nature of Work	Download of tender documents Date
1	EE/EHV/(O&M)/ Dn./KLW/ TENDER/21/ 2025-26	5,99,954.73	Work of hiring of MMV i.e. Mahindra Bolero Pickup / private tempo to attend the maintenance / breakdown work of the lines of EHV Line maintenance S/Dn., Kalwa under EHV (O&M) Dn., Kalwa (RFx. No. 7000036651)	Tender Downloading Dates & time. From Dt. 22.07.2025 To Dt. 31.07.2025 up to 10:00 Hrs. Technical Opening:- Dt. 31.07.2025 at 11:00 hrs. (Onwards if possible) Commercial Opening:- Dt. 31.07.2025 at 14:00

Tender fee :- Rs. 500+GST Contact Person: The Executive Engineer, Mob. No. 9930496231.

For further details visit our Mahatransco E-Tendering website https://srmetender.mahatransco.in

(New) - https://srmetender.mahatransco.in.

Note: - All eligible interested contractors are mandated to get enrolled on SRM E-Tender portal

EE, EHV (O&M) Dn., Kalwa

#### **STANDARD POST**

## **New genetic test** can predict obesity risk in adulthood by age 5

In a significant breakthrough, an international team of researchers has created a genetic test called a polygenic risk score (PGS) that predicts the risk of obesity in early childhood.

The test, which predicts the risk of obesity by age 5, may be key to identifying children and adolescents at higher genetic risk of developing the condition. It may help to target them with preventative strategies, such as lifestyle interventions, at a younger

"What makes the score so powerful is its ability to predict, before the age of five, whether a child is likely to develop obesity in adulthood, well before other risk factors start to shape their weight later in childhood. Intervening at this point can have a huge impact," said lead author Roelof Smit, Assistant Professor from the NNF Center for Basic Metabolic Research (CBMR) at the University of Copenhagen and of the research published in Nature Medicine.

"This new polygenic score is a dramatic improvement in predictive power and a leap forward in the genetic prediction of obesity risk, which brings us much closer to clinically useful genetic testing," added Professor Ruth Loos from the varsity.

The World Obesity Federation expects more than half the global population to develop overweight or obesity by 2035. Obesity is a known precursor to many diseases like hypertension, diabetes, heart disease, and cancer.

The PGS test, involving more than 600 scientists from 500 institutions globally, was developed by drawing on genetic data from over five million people.

PGS acts like a calculator that combines the effects of the different risk variants that a person carries and provides an overall score.

The team found that their new PGS was twice as effective as the previous best test at predicting a person's risk of developing obesity.

The scientists also investigated the relationship between a person's genetic risk of obesity and the impact of lifestyle weight loss interventions, such as diet and exercise.

They discovered that people with a higher genetic risk of obesity were more responsive interventions but also regained weight more quickly when the interventions ended.

However, the new PGS has its limitations. Despite drawing on the genomes of a broader, more globally representative population, it was far better at predicting obesity in people with European-like ancestry than in people with African ancestry.

## **Advanced Spine Care with Robotics Enhances Precision, Safety, and Faster Recovery**

(Standard Post Bureau)

Robotic Spine Surgery is redefining spinal care with higher precision and more reliable outcomes

Back or neck pain can affect your ability to move comfortably, efficiently, or enjoy daily life. In some cases, surgery becomes necessary to correct underlying spinal conditions and restore quality of life. Robotic Advanced Spine Care with enhances Robotics precision, safety, and faster recovery to spinal procedures. With the help of advanced technology, approach transforming the way spine problems are treated, offering better outcomes and improved comfort for patients.

What is Robotic Spine Surgery?

Robotic spine surgery is a modern technique that helps surgeons perform spine operations with greater accuracy.

Before the operation begins, a detailed 3D scan of the patient's spine is obtained, allowing the surgical team to meticulously plan every aspect of the procedure. During surgery, the robotic arm and navigation software work together to guide the placement of implants with exceptional precision, minimizing trauma to surrounding

Key Advantages of



Dr. Puneet Girdhar, Principal Director & Head Centre for Ortho Spine & Robotic Spine Surgery, BLK-MAX Super Speciality Hospital New Delhi

Robotic Spine Surgery

Higher Accuracy and Precision: Robotic guidance allows the surgeon to work with submillimetre precision. This reduces the chances of errors and improves the overall success of the

Minimally Invasive Procedure: With smaller incisions and less muscle cutting, robotic spine surgery leads to less blood loss, less pain, and fewer complications.

Faster Recovery: Because it's less invasive, patients usually spend less time in the hospital—often just 1 or 2 days—and recover faster at home.

Less Pain After Surgery: Patients report lower levels of post-operative pain compared to traditional surgery. This means fewer pain medications and an easier healing process.

Reduced Risk of Complications: The precise placement of screws and implants helps avoid nerve damage, infection, or implant failure, giving better long-term results.

Better Long-Term Spine Health: Accurate alignment of the spine supports better posture, movement, and overall spinal stability for years to come.

A Second Chance with Regards.

**Revision Spine Surgery** For those who are

unsatisfied with previous surgery experiencing ongoing pain, robotic-assisted revision spine surgery offers a safer and more precise solution. helps correct complications from past procedures with improved planning and accuracy, reducing risks enhancing long-term outcomes.

Is Robotic Spine Surgery Right for You?

This technology is ideal from recommended conditions such as:

Spinal stenosis

Scoliosis (curved spine) Degenerative spine

Spinal fractures or

Spinal instability

Conclusion

Robotic spine surgery is redefining spinal care with higher precision, quicker recovery, and more reliable outcomes. Whether it's your first surgery or a revision to fix previous issues, robotic technology—guided by expert hands-offers new hope for lasting relief and a

for those who haven't found relief medications, injections, or physiotherapy. It's often

Herniated or slipped discs

(narrowing of the spinal canal)

diseases

deformities

pain-free, active life Best

technology, advanced

features that simplify the

our unique RV philosophy

driving experience, and

## SC rejects ED appeal against quashing of summons to Karnataka CM's wife in MUDA case

New Delhi, July 21 (UNI) The Supreme Court on Monday dismissed an appeal filed by the Enforcement Directorate (ED) challenging the Karnataka High Court's decision to quash summons issued to Karnataka Chief Minister Siddaramaiah's wife, BM Parvathi, in connection with the Mysore Urban Development Authority (MUDA) scam case. A bench comprising Chief Justice of India BR Gavai and Justice K Vinod Chandran observed that political battles should be fought outside the court and questioned the ED's role in pursuing such cases.

"Unfortunately, I have some experience in Maharashtra. Please do not force us to say something. Otherwise, we will have to say something very harsh about the Enforcement Directorate. Let political battles be fought among the electorate. Why are you being used for it?" CJI Gavai remarked. Appearing for the ED, additional solicitor general SV Raju said, "Okay, we will withdraw. But let it not be treated as a precedent."

Rejecting the appeal, the court said it found no error in the reasoning adopted by the High Court single judge who had quashed the summons. "We do not find any error in the reasoning adopted in the approach of the single judge. In the peculiar facts and circumstances, we dismiss it. We should thank you, ASG, for saving some harsh comments," the bench added.

The case relates to allegations of corruption and irregular allocation of land by MUDA to Parvathi.

As per the complaint, over three acres of land were 'gifted' to her by her brother Swamy, who had bought it in 2004 after it was acquired and de-notified.

Although MUDA developed the land despite its private ownership, Parvathi sought compensation, allegedly receiving inflated compensation, including 14 developed alternate plots valued far higher than the original land under a 50:50 scheme. She later surrendered the land back to the authorities.

Earlier, on March 7, Justice M Nagaprasanna of the Karnataka High Court quashed the ED's summons issued to Parvathi as well as to Minister Byrathi Suresh, who was not named as an accused but was sought to be questioned by the agency. This led to the ED approaching the apex court, which has now upheld the High Court's decision.

## Centre has no proposal for development of drone corridor to tackle nature's fury in Odisha

Bhubaneswar, July 21 (UNI) The Ministry of Civil Aviation has not conducted any feasibility studies to boost drone and small aircraft logistics in cyclone and flood-prone areas, Murlidhar Moho, Minister of State civil aviation told the Rajya Sabha today.

To a query by Odisha RS member Sujeet Kumar on whether the Central Government proposes to build dedicated drone lanes in the State of Odisha for use in medical supply delivery, disaster response, and agricultural service, the Minister said "there is no such proposal under consideration currently in the Ministry of Civil Aviation". The Ministry of Civil Aviation has undertaken several initiatives under the Regional Connectivity Scheme- Ude Desh Ka Aam Nagrik (RCS-UDAN) to enhance regional air connectivity in Odisha, beyond the capital city of Bhubaneswar, the Minister informed.

## Kia Launches its First Made-In-India Electric Vehicle Built for the India that Moves Together

Kia India, a leading mass-premium automaker, today launched its first made-in-India electric vehicle, the Carens Clavis EV, starting at INR 17.99 lacs. Designed to meet the evolving needs of prospective EV customers, the Carens Clavis EV offers a unique blend of space, clever features, and flexibility without compromising on affordability. Whether it is a long road trip with friends or family, a quick

(Standard Post Bureau) weekend getaway, or a regular inter-city commute, the Carens Clavis EV is designed to handle it all with ease. With its inclusive design and impressive performance, it embodies Kia's vision of electric mobility that goes beyond a select few, making it a vehicle for everyone who seeks-smarter, greener, and more practical driving experience.

Commenting on the announcement, Mr. Gwanggu Lee, Managing

Director and CEO of Kia India, said, "We are committed to leading the future of electric mobility through innovation, sustainability and a deep understanding of evolving consumer needs. Over the years, we have built a strong global EV portfolio and are proud to bring that expertise to

The Carens Clavis EV represents the next step in this journey. It is built on three core pillars --- our proven global EV

that stands for movement, flexibility, and togetherness. The Kia Carens Clavis EV, India's first Electric RV, has been thoughtfully built for a nation that moves with ambition and togetherness. Inspired by India, our first made-in India electric vehicle carries forward the idea of 'E-We' defining a new

way to move."

## **CM of Assam Dr Himanta Biswa Sarma performs Bhoomi** Poojan for expansion of Purabi Dairy plant at Panjabari

(Standard Post Bureau)

In a significant boost to Assam's dairy sector, Dr Himanta Biswa Sarma, Hon'ble Chief Minister of Assam participated in the Bhoomi Poojan ceremony organised by West Assam Producers' Cooperative Union Ltd (WAMUL) for the expansion of Purabi Dairy plant at Panjabari, Guwahati on July 20, 2025. The upgraded facility will double the plant's milk processing capacity from 1.5 lakh litres per day (LLPD) to 3 lakh litres per day (LLPD). Shri Jogen Mohan, Minister of Cooperation, Government of Assam; Shri Krishnendu Paul, Minister of Animal Husbandry & Veterinary, Government of Assam; Shri Ravi Kota, Chief Secretary,

Government of Assam; Dr Meenesh Shah, Chairman, National Dairy Development Board (NDDB) and other dignitaries graced the occasion.

The Rs 104 crore expansion project is in accordance with the Memorandum Understanding (MoU) signed between WAMUL and NDDB during the Advantage Assam 2.0 Summit in February of this year. This initiative is part of a larger effort to strengthen the dairy value chain and ensure sustainable livelihoods for rural milk producers.

The Hon'ble Chief Minister stated, "The expansion of the Purabi Dairy plant is a crucial step towards realising our vision

of a self-reliant Assam in the dairy sector. By doubling the processing capacity of this plant, we are not only ensuring better market access for a larger number of dairy farmers in the state but also enhancing nutritional security for our people. I congratulate NDDB and Purabi Dairy for efforts strengthening Assam's dairy ecosystem and supporting livelihoods.' Dr Meenesh Shah,

Chairman, NDDB & WAMUL stated, "It is a momentous occasion for Purabi Dairy and the cooperative families we represent. The expansion of the Purabi Dairy plant is a testament to the power of cooperative efforts and strategic vision. With this



expansion, we are building the capacity needed to support a growing dairy network, improving milk collection, streamlining processing and reaching more consumers across the sustainability region. WAMUL and

NDDB remain committed to supporting the Assam government's dairy development plan with the infrastructure and institutional frameworks required for long-term and

growth."Operated by the West Assam Milk Producers' Cooperative Union Ltd. (WAMUL) under the Purabi Dairy brand, the Panjabari plant is the largest dairy processing facility in Northeast India.

## Beauty

#### **Tips to look flawless** and acne-free in summer



Ensure facial hygiene to avoid acne and rashes in

Here are some tips that can help you look flawless and acne-free:

#### **Watch your diet:**

One should avoid food such as doughnuts, wheat bread, soda and baked potatoes. Removing sugary and starchy products from your diet will help you control acne and will keep you healthy in the long

#### **Avoid stress:**

Physical as well as emotional stress has been proven to trigger acne breakouts in some people.

Wrong cosmetics: Another common factor responsible for causing acne is the use of certain kinds of cosmetics and cleansing products. Avoid using greasy or harsh products or those whose ingredients you are allergic to. These products tend to clog your skin pores and irritate your skin, and result in acne breakouts.

#### Facial hygiene:

Wash your face with a gentle cleanser at regular intervals. Splashing fresh water on your facial skin rejuvenates it and the hydration prevents acne and

Include fruits and vegetables in your diet: These foods not only work wonders for your overall health, they are also vital sources of antioxidants, vitamins and other essential nutrients that erase the signs of acne and heal acne-ridden skin.

#### **Hydration:**

Make sure you drink lots of water throughout the day. Water flushes out toxins and other impurities from your system and keeps your skin cleansed and hydrated. Avoid a sedentary lifestyle: Try and remain physically active. Yoga and exercise improve your skin and boost metabolism.

Wear comfortable clothing: Sport loose clothes that do not irritate your skin. Prevent acne breakouts by avoiding the heat, friction and constant pressure caused by restrictive headgear or other forms of athletic gear. Switch to cotton clothing instead of wearing synthetic.

#### Clean up after exercise:

Make sure you shower after exercising to get the sweat and grime off as soon as possible. When you sweat after a serious workout, there is an accumulation of dead cells on the surface of your skin. It is essential to remove these immediately to avoid blockages which can then lead to acne breakouts.



signs of aging much faster than the ones with oily skin. Wrinkles and fine lines get camouflaged by the oily skin. Your skin a natural glow, all the time: The shine on your oily face doesn't look bad all the time. While many buy expensive products to get that shiny T-zone, you have it for free. Isn't that awesome?

Your face has natural oils: And these oils keep your skin healthy and soft. Hence, you don't need expensive day or

skin will always be moisturised, season no bar: Your skins natural oils will take care of it. Not only that, your skin is also resilient to the harshness of various environmental

Low maintenance: Yes, you don't need those heavy foundations that wear out in the middle of the day. A simple dash of face powder and you are ready to go.

So, you thought it was downright bad to have an oily skin? Well, it's time to think again. The occasional breakouts should not demoralise. Because, here are a five benefits of having an oily skin.

## Tips on packing Jewellerv for your travels

If you are an accessory lover, chances are that while packing for a vacations, you end up carrying a fair bit of weight, thanks to your jewellery bag.



reduce your load. Just carry versatile pieces that you can mix and match. We give you a few tips on how you

But with a few tricks, you can easily

can maximise the use of a few chosen pieces and travel light.

Pick versatile and convertible pieces: These make packing convenient because they do the work of more than one piece. For instance, a necklace can easily double up as a stylish bracelet.

Pearl earrings: They won't get in your way while you're navigating through airports. Besides, they add sophistication to the overall look of the outfit.

> Your favourite everyday piece: Be it a ring, a bracelet or delicate chain, there are a few pieces that can add to any look. A dash of colour: Pick jewellery with pop colours because they have the ability to instantly make a simple black dress chic.

> Sparkle and shine: Add a little sparkle to an outfit by wearing a pair of hoop packing another dress.

## Makeup on acne?

This could be tricky if you are not aware of the dermatological effects

When you are suffering from acne you need to be careful of what you wear on your skin because the wrong cream or powder can aggravate your condition. However, the right product can, not just camouflage your acne marks but

also lend an elusive iridescence to your skin.

Dr Sama Rais, consultant dermatologist and cosmetologist says that if one is suffering from mild acne one must preferably apply light makeup like a daily-wear

foundation and a concealer which is non-comedogenic. She adds, "When you have acne you should avoid clogging of pores and so, must not use heavy makeup that cakes up on your face." However, she cautions, "In the initial phase, while undergoing treatments, it is best to avoid makeup till the eruptions settle a bit."

In the later course of the treatment when you have only acne marks left on earrings. It's easier than your skin, experts say, that it is completely okay to wear light makeup.

Covering marks with makeup could also boost one's confidence.

Dr Poonam Wadhwani, cosmetic dermatologist says, "For acne prone skin always apply makeup, which is paraben-free or oil-free or lanolinfree and non-comedogenic.'

Choosing the right product is essential, emphasises Dr Wadhwani. She adds, "If one has oily skin, one should never use a creamy, hydrating moisturiser. Rather, one should use a primer, a good foundation and then dust powder on top

calls attention to using minimal makeup on skin that has acne. She states, "Use light makeup to just conceal the marks during the day. But you need to make sure to keep your face makeup free at night or when at home, to avoid clogging of pores." Dr Oberoi also cautions, "Do not use oil as a makeup remover if you have acne. Opt for a double cleansing with cleanser to remove makeup followed by a medicated face wash."

Dermatologist Dr Geeta Oberoi

# Let your



Here are some easy tips to prepare your hair for the season.

#### - Cleansing

We often end up with various hair problems during the summer - things like hairfall and dandruff are common occurrences due to the build up of dirt and pollution on our scalp.

A dirty scalp tends to get really oily and will make our hair feel heavy and unflattering. Therefore, it is important to wash our hair more often in the summer.

Use the Hair Spa Rejuvenation shampoo two to three times a week. The product is infused with hydrating marine minerals complex and essential nutrients that deeply nourish and

#### - Massage and Condition

It always helps to massage your scalp during the summer as it increases the blood flow, leaves your hair beautifully nourished and will also make you feel rejuvenated.

Once you wash your hair, apply a generous amount of the Hair Spa Rejuvenation massage it with a conditioner to wet hair. The conditioner is especially designed to massage the scalp and moisturize the hair. This prevents it from tangling, making it

#### - Protect

We all worry about UV protection for our skin, but what about the hair? UVA and UVB rays can also cause damage to the cuticles leaving your hair dry, frizzy and dull. It's time to get creative with that headgear. Experiment with hats and scarves that will not only make you look stylish, but will also double up and protect your hair from the harsh sun.

- Use hair-friendly tools

#### and styles

Since your hair is already prone to so much damage in the summer because of all the heat and humidity, we should ensure that all other processes are smooth and hassle-free.

If you choose to blow dry your hair, avoid heat and opt for the cool setting. It's there for a

Avoid metal or rubber when buying hair accessories as they can easily entangle the hair causing breakage. Cotton or plastic hair bands will always be safer.

Opt for loose styles such as fishtail braids or a glamorous messy bun that are really summerfriendly and easily be created at home.

#### - Protect those tresses while swimming

There is no better feeling than taking a dip into cool water during the scorching summer

The pool water is usually loaded with chlorine and other chemicals that can cause damage to the hair. While you may feel good, you will notice that your hair gets frizzy.

When you are in the pool, ensure that you cover up with a swimming cap. After swim, care is also really important so ensure that you wash and condition your hair

#### with moisturizing hair products. -Stay healthy

It's not only about what you put on your hair that matters, but also what you put inside your body.

Maintain a diet that is rich in Vitamins, Iron and Zinc that help in preventing your hair from becoming dull, thin and dry.

Indulge in different kinds of berries and fruits like kiwis, oranges and papaya, while also gorging on all things green. Spinach and other leafy vegetables are really high in Iron content and can do wonders for your hair. Don't forget to include a wide variety of nuts

## Cleanse and condition your hair well, use the right tools and protect it from heat, humidity and pollution for a healthy shine on your mane.

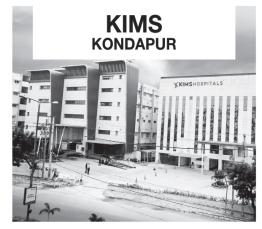
in your diet as they act as superfoods for you hair. They are rich in Vitamin E which boost blood circulation to the scalp and keeps the hair follicles healthy.

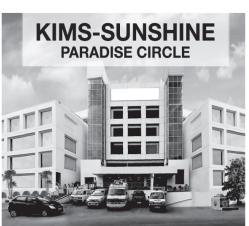
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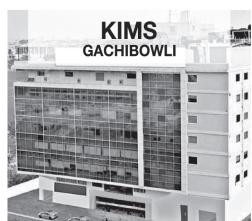


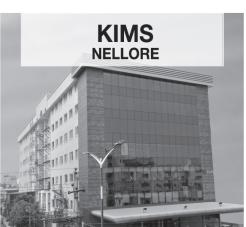
# MAKING QUALITY HEALTHCARE ACCESSIBLE & AFFORDABLE



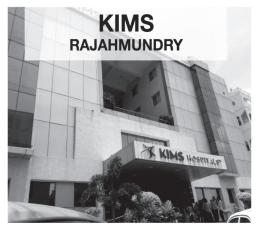


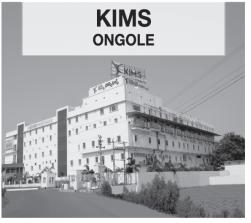




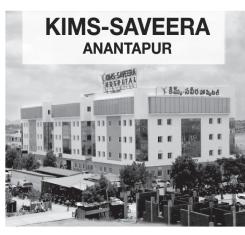


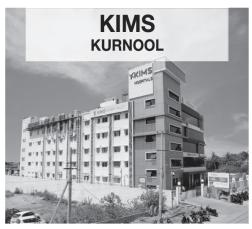
















Centres of Excellence: • Cardiac Sciences • Neuro Sciences • Renal Sciences • Paediatrics • Organ Transplantation • Oncological Sciences • Gastroenterology & Hepatology • Orthopaedic Sciences • Robotic Sciences • Reproductive Sciences

**Draper targets US** 

after arm injury

and Cincinnati because of an arm injury.

said on social media: "After Wimbledon

the Cincinnati Open starts on August 4.

Open, which begins on August 24.

London, July 21 (UNI): British number one Jack Draper

But the 23-year-old is targeting a return at the US

Draper, who reached the US Open semi-finals in 2024,

I picked up an injury in my left arm, nothing serious.

"I have to make sure it recovers fully for the rest of

The Canadian Open gets under way on July 26, while

Draper was knocked out of Wimbledon in the second

round as he lost in four sets to Croatia's Marin Cilic,

according to a BBC news. He is not the only big name to

withdraw from the Canadian Open, with Wimbledon

champion Jannik Sinner and 24-time Grand Slam winner

Novak Djokovic also confirming they will not play.

has withdrawn from forthcoming tournaments in Toronto

**Open return** 

## ISL clubs aim for positive momentum

Kolkata, July 21 (UNI) The Durand Cup is set to kick off its 134th edition, starting on July 23.

Established in 1888, the Durand Cup is the oldest football tournament in Asia. Named after its founder, Henry Mortimer Durand, the iconic competition holds a significant distinction in Indian football.

The tournament will feature 24 teams competing, with six group winners and the two best second-placed teams advancing to the knockout round.

ISL teams have participated in every edition since the 2021 campaign and have won each of those editions. The competition has also helped youngsters and foreigners get into the groove in Indian football in the past.

For the 2025 edition the total cash prize money pool will increase three times to Rs 3 Crore. Along with the winners and runners-up, teams reaching the semifinals and quarterfinals along with three individual awards will also receive a share of the prize pool.

Kolkata will host two groups and a total of 15 matches, including a quarter-final and one semifinal. The final will be played at the Vivekananda Yuba Bharati Krirangan (VYBK).

East Bengal FC, Mohun Bagan Super Giant. Mohammedan SC, NorthEast United FC, Jamshedpur FC, and Punjab FC are the six Indian Super League (ISL) clubs that will participate in this year's tournament.

The Red and Gold Brigade will kickstart the campaign, as they will feature in the opening match against South United FC. Drawn in Group A, East Bengal FC will face Indian Air Force FT and Namdhari FC in the other group stage fixtures.

East Bengal FC were runners-up in the 2023 edition but endured a disappointing campaign in 2024 after losing out to Shillong Lajong FC in the quarter-finals. Oscar Bruzon's side will be aiming

to bounce back strongly as they go again.

The Mariners, the runners-up of the 2024 edition, and the Black and White Brigade find themselves in Group B. Both Kolkata giants are placed in the same group, along with Diamond Harbour FC and BSF FT. The Kolkata derby arguably is the biggest game to watch out for in this group, where Mohun Bagan Super Giant face Mohammedan SC on July 31 at the Kishore Bharati Krirangan in an evening fixture.

Other ISL sides, Jamshedpur FC and Punjab FC, are placed in Groups C and D, respectively. The Men of Steel will play all three group-stage matches at the JRD Tata Sports Complex in Jamshedpur, a venue where they proved formidable during the ISL 2024-25 season. On the other side, the Shers will travel to Kokrajhar for their Group D fixtures. Jamshedpur FC did the

double over Punjab FC in the ISL 2024-25 season and will be looking to continue their winning run against the Shers under the tutelage of head coach Khalid Jamil. Meanwhile for Punjab FC, the target will be to better their quarter-final finish from the 2024 edition, where they lost to Mohun Bagan Super Giant on penalties.

Defending champions, NorthEast United FC, are drawn in Group E. Having won their first club trophy in the previous edition, Juan Pedro Benali's side will be raring to go again and put on a strong show in front of their home fans.

Joining the Highlanders in this group are Rangdajied United FC, Shillong Lajong FC, and the Foreign Services Team, with all group fixtures set to be played at the Jawaharlal Nehru Stadium in Shillong.

NorthEast United FC's clash with Shillong Lajong FC also promises to be a thrilling encounter and is set to reignite the Northeast rivalry, a rematch of the 2024 semis where NEUFC came out on top after a hard-fought 2-0 win.

## **Arsenal short of** numbers after £123m spend: Arteta

London, July 21 (UNI): Mikel Arteta said Arsenal are "short on numbers" and are looking to "improve the depth and quality" of the squad.

The Gunners have been busy in the transfer market and have completed deals for Martin Zubimendi, Kepa Arrizabalaga, Christian Norgaard and Noni Madueke for a total of about £123.5m. They are also still in negotiations for the 73.5m euros (£63.5m) transfer of Sporting striker Viktor Gyokeres and working to bring in young defender Cristhian Mosquera from Valencia.

Arsenal had been hoping to finalise a deal for Sweden international Gyokeres and include him on their pre-season tour but a transfer has yet to be completed, although Arteta has not ruled out new signings joining them in Asia.

"I cannot comment on any player who is not part of our group yet. When we have something concrete to offer in any case to any player, we will do that," Arteta said when asked about the arrival of 27-year-old Gyokeres.

Asked whether there could be more new signings joining his 30-man squad while they are travelling, Arteta said: "There's still a long time in the window and we are seeking still."In terms of numbers, we are short and we have to improve the depth and quality of the squad. We are constantly looking in the market.

"Until that happens, [we] focus on the players we have - and I'm very pleased with what I have seen in the last 10-15 days."

Arsenal are in Singapore for matches against AC Milan and Newcastle before they travel to Hong Kong for a game with rivals Tottenham, according to a BBC news.



In this image posted by @BCCI on X, players and coaches of Indian cricket team and Manchester United during an interaction, in Manchester, England on Monday.

### **Sports instill courage, strength & determination in youth: CM Sai**

Raipur, July 21 (UNI): Chhattisgarh Minister Vishnu Deo Sai attended the closing ceremony and prize distribution event of the WAKO India National **Kickboxing Championship** 2025, held at the Sardar Balbir Singh Juneja Indoor Stadium here last evening.

Welcoming around 1,200 athletes and 300 coaches from 28 states across India, CM Sai said it was a matter of pride for Chhattisgarh, the maternal home of Lord Shri Ram and the sacred land of Mata Kaushalya, to host a prestigious national sporting event. He thanked the WAKO India National Kickboxing Federation for choosing Chhattisgarh as the host state.

Addressing the gathering, the Chief Minister highlighted the unique cultural and

ecological identity of Chhattisgarh.

Describing it as a small but resource-rich state in central India, he said, "Nearly 44% of Chhattisgarh is covered by lush green forests, including the remote and dense Abujhmad region, where even sunlight struggles to reach."

He also spoke of the state's scenic waterfalls, ancient caves, mineral wealth, and vibrant tribal culture.

Sai reiterated that, in line with Union Home Minister Amit Shah's firm resolve, Naxalism in the state is nearing its end.

He urged participants to take time to explore the state's natural beauty and cultural heritage during their

"Kickboxing instills courage, resilience, and determination in youth," he

championship would significantly boost Chhattisgarh's growing presence on the national sports map.Commending Kickboxing the Association Chhattisgarh for its successful organisation of the event, the Chief Minister said, "Sports are an essential part of life. They not only enhance physical fitness but also nurture discipline, confidence, dedication.

Encouraging athletes to pursue their dreams with hard work and passion, he said, "Victory and defeat are part of the journey, but the real objective should be to discover and sharpen

Highlighting government's commitment to sports, CM Sai praised Prime Minister Narendra

one's inner potential."

remarked, adding that the Modi's Khelo India programme and noted that all 33 districts of Chhattisgarh have been brought under its ambit to ensure equitable opportunities for athletes from both urban and rural areas.He said the state is actively developing sports infrastructure, improving training standards, and offering incentive schemes. He also announced that athletes winning medals at prestigious international events such as the Olympics are eligible for cash awards ranging from Rs 1 crore to RS 3 crore.

> Outlining the Chhattisgarh Sports Promotion Scheme, the Chief Minister said it includes upgradation of playgrounds, provision of modern equipment, financial support to sports clubs, and the revival of

congratulated participants for their spirited performances and expressed hope that Chhattisgarh will soon become a frontrunner in India's sporting achievements. Also speaking at the event, Member of

In conclusion, CM Sai

Parliament Brijmohan Agrawal emphasized the importance of kickboxing for girls as a means of selfdefence.He encouraged students to incorporate sports into their daily routines, noting, "A healthy body nurtures a healthy mind." He lauded the government's efforts in

building sports academies and infrastructure across the state under CM Sai's leadership. The event was

attended by WAKO India

National Kickboxing

President Federation Santosh Agrawal, Chhattisgarh Kickboxing Association President Chhagan Mundra, State Minority Commission Chairman Amarjeet Chhabra, Observer Renu Pareekh, Murli Sharma, public representatives, and hundreds of sports enthusiasts.In the final medal tally, Punjab emerged as champions with 22 gold, 18 silver, and 26 bronze medals. Maharashtra claimed second place with 21 gold, 16 silver, and 29 bronze medals, followed by Tamil Nadu in third place with 12 gold, 14 silver, and 15 bronze medals. Chhattisgarh stood sixth, earning national recognition with 8 gold, 13 silver, and 37 bronze medals, an achievement celebrated by the state. The Assam Rifles team was awarded the title of Most Disciplined Team.

## **Owen stars on debut to steer Australia** to victory against West Indies

Jamaica, July 21 (UNI): Mitch Owen has crowned a dream debut for Australia with a blistering 26-ball halfcentury in his first knock for Australia to lead his country to a series-opening T20 win against the West Indies here today.

Owen's (50 off 27) first scoring shot international cricket was as six off retiring veteran Andre Russell and he proceeded to hit five more to help Australia overhaul West Indies' 8-189 with seven balls to spare.

Cameron Green (51 off 26) also played a crucial hand with five sixes of his own in an 80-run fifthwicket stand with Owen following Ben Dwarshuis' career-best 4-36 that had earlier put the brakes

on the hosts' fast start after they were sent in by Aussie skipper Mitch

Tasmanian allrounder Owen, fresh off a player-ofthe-tournament campaign at Major League Cricket in the United States, also claimed a wicket with his third ball for Australia as he showed no signs nerves in his step up to international

The 23-year-old took on experienced spinner Akeal Hosein to ice the game, crashing the left-armer out of the ground with the ball nestling under a parked bus amid a 20-run over that yielded three sixes.

He perished the ball after hitting Alzarri Joseph

for six to bring up his maiden fifty in his first innings, as Cooper Connolly (13) also fell in a nervy finish for Australia as Dwarshuis (5 not out) and Sean Abbott (5no) got them over the line by three wickets with five singles in the penultimate over.

Jason Holder was denied a chance to make it an even tighter finish when he had Abbott dropped at fine leg from the final ball of the 18th over with seven runs still required to win.

Jake Fraser-McGurk failed to make the most of his last-minute recall when Australia's chase began as his missed three of his first six balls faced before toeending an attempted pull off Holder to mid-off to be out for two off seven.

Marsh (24 off 17) launched Hosein onto the roof of the Kingston Cricket Club and then put Holder over scoreboard but fell to Joseph's first ball trying to repeat the dose as he feathered an edge behind that was given out following a DRS referral.

Green started his innings with three sixes in the five balls following his skipper's departure to take the tourists to 2-64 after the six-over Powerplay, but West Indies seized the momentum when the field went back as Joseph was again in the action at fine leg when Josh Inglis (18 off

8) top edged a sweep shot. Glenn Maxwell (11)

came and went as his top edge also brought his downfall off Gudakesh Motie, but Owen's first scoring shot for Australia cleared the rope as he launched veteran Russell with horizontal bat over long off.

Roston Chase took out his frustrations from a tough initiation as Test captain over the past few weeks by slamming his fastest T20 half-century from just 25 balls after West Indies were sent in by

Marsh. Openers Brandon King (18 off 12) and Shai Hope (55 off 39), along with Chase (60 off 32), powered the hosts to 1-103 at the halfway mark before the wheels fell off at the death.

Dwarshuis (4-36) copped the treatment as he conceded 21 from his first two overs but responded with three wickets in four balls in the penultimate over of the innings to finish with career-best international figures.

West Indies lost 6-30 to end their innings as they crashed from 2-159 to 8-189 from their 20 overs.

King, who was the Windies' shining light with the bat in his debut Test series that they lost 0-3, and white-ball skipper Hope gave the home side a rollicking start as they raced to 0-32 from the opening three overs.

Marsh swung the change straight away and left-arm spinner Connolly delivered with his maiden T20 wicket for Australia as King ran past a shorter delivery and was stumped by Inglis.

Chase exploded after managing only nine runs from his first 10 deliveries faced, as Connolly's second over cost him 15, with Zampa's second also expensive as the righthander lofted him for a glorious straight six into the sight screen to take 12 off the over.

A clever assortment of ramps and precision touch through the off-side saw Chase take 16 runs from next Abbott (1-40) over the 10th off the innings – with four boundaries behind that wicket.

He reached his third T20 international fifty immediately after the interval by slashing Nathan Ellis (1-31) over backward point to the fence to raise his bat in his second innings at No.3 after batting at eight in their previous match against Ireland last

Zampa (0-30) bounced back to concede just four in an excellent 12th over of the innings and Dwarshuis was rewarded with his first of the night as Chase holed out to Maxwell at long on.

Hope took over after his departure, greeting Maxwell's first ball of the evening by belting him over the new Sabina Park scoreboard - which had its official unveiling before the match – and onto the road.

#### **Gothia Cup winning** Indian team felicitated

New Delhi, July 21 (UNI) Special Olympics Bharat hosted a heartfelt felicitation ceremony today to honour the outstanding performance of the Indian football teams at the recently concluded Gothia Cup 2025, held in Gothenburg, Sweden. The ceremony was graced by President of Special Olympics Bharat Dr. Mallika Naddaand Minister of State, Ministry of Youth Affairs and Sports Raksha Khadse along with support from SKF, Special Olympics Bharat Boys' Team and the Haryana U-15 Girls' Team were selected to represent India at the 2025 Gothia Cup, which also completed 50 years of its inception in this edition.

The Special Olympics Bharat boys' team defended their title with unmatched resolve, emerging Gothia Cup champions for the second consecutive year. Their journey was a powerful display of confidence, camaraderie, and rising above limits- qualities that define not just the team, but the inclusive movement they represent.

India lifted the 2025 Gothia Cup after dominating the final and defeating Poland by 3-1. Ankush Kumar (8', 14') scored a brace and Saheer Muhammad (29') scored a goal as well, emerging as the stars in the final for India. Saheer also emerged as the top goalscorer for India, recording a total of 7 goals while Ankush and Stalin Kumar followed with 3 and 2 goals respectively.

Raksha Khadse, Hon'ble Union Minister of State, Ministry of Youth Affairs and Sports, said, "These young athletes have reminded us of what India truly stands forunyielding courage, quiet determination and the unstoppable strength of unity. Watching them not just participate, but rise as champions and changemakers on a global platform, stirs pride in every Indian heart. Their journey is more than a victory — it is a powerful reflection of the India we believe in, where every child, regardless of background or ability, deserves the chance to shine."

> Printed, Published and Owned by Mohammed Shafi

Printed at KR Graphics, # 2-3-703/8, Tirumala Nagar Colony, Amberpet, Hyderabad - 500 013 and Published from # 2-3-645/8/1, Back Side of CPL Church, Prem Nagar, Amberpet, Hyderabad-500 013

> Editor: Mohammed Shafi R.N.I.No.: TELENG/2011/39668

Cell: 9849881368, Tel: 040 - 23232705 Email: standardposthyd@gmail.com

(Standard Post Bureau)

Sanjay Kumar Srivastava,

General Manager, South

Central Railway presented

participated in the meeting

along with all the Principal

Heads of Departments.

Manager's (DRMs) of all

Secunderabad, Hyderabad,

Vijayawada, Guntakal,

Guntur and Nanded joined

the review meeting through

of the month" safety awards to the staff

pertaining to Secunderabad

Division - 01, Vijayawada

Division – 02 and Nanded

Division - 01. The

employees belong to

various categories like

Points Woman, Travelling

Ticket Inspector and Train

Manager. The General

Manager congratulated the

awardees and appreciated

them for the devotion in

discharging their duties

with utmost dedication. He

stated that these awards will

inspire and motivate other

employees to be more

vigilant and work sincerely

emphasizing on the safety

of train operations stated

that, special drives to be

carried out by the officers/

supervisors in view of

Later, the General

to ensure safe working.

Manager

The General Manager presented the "Employee

six Divisions

video conference.

Railway

Divisional

Rail

Secunderabad.

Hyderabad, July 21: Mr

## Details of Security Enhancements Post-Bomb Sanjay Kumar Srivastava, GM, SCR **Blasts and Ongoing Safety Initiatives**

Mumbai, July 21: In light of the recent Hon'ble High Court ruling and subsequent media queries, regarding the security measures undertaken by Western Railway, post major bomb blast incidents, and the progressive enhancement of security infrastructure over the years, along with key projects currently in the pipeline:

#### Security **Enhancements Post-Bomb**

Following the major bomb blast incidents, especially 11 July' 2006 Mumbai suburban serial train blasts and other subsequent threats, Indian Railways have significantly overhauled its security strategy in coordination with RPF, GRP, Intelligence agencies, and local administration. The steps taken include:

Formation of Quick Reaction Teams (QRTs) at major stations.

Deployment of Bomb Detection & Disposal Squads (BDDS).

Increased RPF-GRP joint patrolling in sensitive areas. Enhanced intelligence

nia, Berkeley, USA

gan, Ann Arbor, USA

h Carolina at Chapel Hill, USA

(By Snaps India)

**Indus International School** 

celebrates the remarkable

achievements of its 2025

Batch students in the

International Baccalaureate

Diploma Programme (IBDP).

celebrations is Anya Rao

Polasani, who joined a rare

league of international IB

toppers with a perfect 45/

45 score. The distinction

that she has achieved is so

very rare that only about 0.1

per cent of IB Diploma

candidates worldwide hit

the perfect score each year.

lakh students globally, a

In 2025, out of over 2.02

The toast of the

Hyderabad

Hvderabad, July 21:

proudly

ANYA RAO POLASANI

coordination with State and Central agencies.

Special focus on antisabotage checks before peak hours.

Random baggage screening at high-risk stations and trains.

Progressive Measures Implemented Over the

**Integrated Security** System (ISS):

Launched to strengthen surveillance through CCTV coverage, baggage scanners, and bomb detection devices.

3048 CCTV installed across Mumbai Suburban

Out of total 451 ladies coaches, 305 CCTV installed in 146 suburban local trains.

High-definition IPbased CCTVs installed at major stations.

Real-time video feeds integrated with station control rooms and monitored by trained RPF personnel.

**Baggage Scanning & Screening:** 

05 X-ray baggage scanners installed at selected sensitive stations

Indus Hyderabad produces IB

World Topper in Class of 2025

mere 200 attained the

maximum 45/45, according

achievement is a testament

to her academic excellence,

resilience and the future-ready

merit list are 11 more Indus

students, who secured 40+

score, underscoring the

school's strong academic

culture and support systems.

(45/45)

Nimmagadda (43)

The Class of 2025 Super

1. Anya Rao Polasani

3. Donghyun Shin (42)

4. Sheik Nashitah

Following Anya in the

mindset fostered at Indus.

brilliant

to official estimates.

Anya's

of Mumbai Division.

Door Frame Metal Detectors (DFMDs) and Hand-Held Metal Detectors (HHMDs) used at entry points.

Total 217 HHMDs provided at important stations of Mumbai Suburban.

16 DFMD installed at selected sensitive stations of Mumbai Suburban.

Random checking of luggage through Baggage scanner and DFMD at important stations is being done.

Facial Recognition System (FRS):

Integrated with 470 CCTVs for identification of wanted/criminal elements over Mumbai Suburban stations.

#### **Deployment of Canine Squads:**

07 sniffer Dog squads regularly deployed for sniffing and bomb detection duties across major stations of Mumbai Suburban.

Regular checking at stations and coaches of important trains are being done at important stations through K-9 Dogs to

5. Hansika Reddy

6. Jasraj Hari Krishna

7. Urvi Gupta (40)

8. Anya Maryala (40)

9. Navya Sri Lalitha

10. Srivalli Konakanchi

11. Kevin Viral Shah (40)

12. Tejas Shreekant

The institute's Principal

Ms Farida Fraz expressed

her pride at the spectacular

showing, while stating,

"These results reflect our

students' commitment, the

tireless efforts of our

faculty, and the shared

vision of excellence at

Indus. We are especially

proud of Anya, whose

accomplishment places her

among the top performers

globally. Our mission is to

keep nurturing individuals

who can lead with purpose

and compassion. On this

occasion, we extend our

gratitude to Lt. Gen. Arjun

Ray (Retd.), CEO of the

Indus Trust, for his

visionary leadership and

enduring belief in holistic,

transformative education."

behind a legacy of

excellence and purpose,

ready to step into leading

universities across the

globe, carrying with them

the values that define

Indus: love, empathy,

discipline, and respect.

The 2025 Batch leaves

Araveti (40)

Budigam (40)

Vatluri (40)

Mandke (40

prevent/detect carriage of explosive items.

**Train Escorting:** 

RPF escort parties provided in over 64 trains daily, with a focus on vulnerable sections.

"Meri Saheli" teams have been deployed in 08 trains under Mumbai Division to ensure the women safety of passengers. On average, assistance is being provided to approximately 144 female passengers daily.

#### **Drone Surveillance:**

Conducted in select yards and stations for aerial monitoring over Mumbai Suburban.

Key Projects in Pipeline / Recent Upgrades:

**CCTV** Coverage Expansion:

652 Non STQC cameras which were installed under VSS phase –I, are proposed to be shifted from 19 stations Mumbai Suburban.

Additional 407 cameras are proposed in revised survey of VSS works.

Real-time monitoring from Central Command Centres (Zonal/Divisional level).

#### **Final Phase Admissions for** in MANUU

(Standard Post Bureau)

Hyderabad, July 21 :Maulana Azad National Urdu University is inviting online applications for admission in different merit based Post Graduate programmes. applications will be accepted from July 22 to 27, 2025. This will be the final phase of admissions for academic year 2025-26. According to Prof. M. Vanaja, Director, Directorate of Admissions, the candidates who wish to apply afresh and those who had applied earlier and did not get admission can

avail this opportunity. For verification of documents, the candidates have to report in person at the concerned department at Hyderabad/Lucknow/ Budgam campus on July 29. The list of eligible/selected candidates for School of Languages/Law/Sciences will be displayed on July 31 and fee can be paid on August 01 & 02, whereas eligible/selected candidates list for School of Social Sciences/Management/ MCJ will be displayed on August 01 and fee payment

For details visit University website www.manuu.edu.in or email to admissionsregular @manuu.edu.in for assistance and for general queries admission help desk can be contacted on 040-23006612 Extn-1801.

# **PG** programmes

date is August 02 & 03.

#### "Employee of the Month" safety awards for the month of June, 2025 to four employees during safety review meeting held today Nilayam, The Employee of the month awards are given to the staff, who have shown alertness and dedication to the duty preventing unsafe conditions. Shri Neeraj Agrawal, Additional General Manager, SCR also

**Presents 'Employee of the Month'** 

Safety and Punctuality Review Meeting held by General Manager, SCR

**Safety Awards to 04 Employees** 



monsoon. He instructed to intensify the track patrolling focusing on newly constructed RUBs and other vulnerable areas to watch the water stagnation/water bodies along the track side which may lead to soil erosions due to heavy rains. He also instructed the officials to intensify the security checks along with the track to protect the assets related to track and signaling from miscreant activities in tampering the signals to ensure safe movement of while the trains. He also instructed officials to adhere all precautions at work site and avoid shortcuts methods.

Shri Sanjay Kumar

Srivastava while discussing on the Level crossings (LCs) he instructed the DRMs to take necessary steps to provide CCTVs at all the manned non interlocked LCs gates for enhance safety of trains and road traffic. He also instructed to take all the safety measures to protect the empty rakes at all the stabling yards and keep more surveillance on miscreant activities to avoid fire incidents etc.

Shri Sanjay Kumar Srivastava instructed to conduct safety drives working hours, he the punctuality further.

instructed officials to make meticulous action plan focusing on providing proper rest to the on-duty crew at proper time and interval. The General Manager

while reviewing the Punctuality, instructed officials to bring out some system improvements so as to further improve the punctuality of passenger train operations. He also stated that, while taking the blocks for track maintenance works involve all the concerned departments to covering all the safety make a meticulous action plan in advance to have the lobbies, level crossing less impact on the gates, signalling etc., While Passenger/Mail/Express discussing on the crew train movements to improve

## **Congress Workers Storm Collector's** Office, Police Watch Helplessly



#### (Standard Post Bureau)

Dharashiv, July 21: Congress workers, protesting the Public Safety Act draft which they claim suppresses the fundamental rights of citizens, directly entered the Collector's Office and raised slogans, demanding that the Governor not sign the draft. Police officers and personnel on duty were seen standing by, helpless.

More details on the matter are as follows: The Maharashtra government recently approved the Public Safety Act. The provisions of this act are against democratic principles, which will lead to the suppression of ordinary citizens' freedom and civil rights.

For justice, Congress officials and workers, who have always protested on the streets through constitutional means outside the Collector's Office, burned the draft as usual outside the office and then directly entered the Collector's Office, reverberating the premises with slogans.

Police at the main entrance allowed the protesters to enter while demonstrating.

The in-charge officer and personnel of Anandnagar Police Station, who were on security duty, stood by with folded hands, helplessly allowing the workers to enter the Collector's Office. It was here that the Congress officials and workers fulfilled their desire for publicity by shouting

The protesters have now started a new trend of directly entering the Collector's Office.

Since the police on duty are merely watching, the district administration and police administration will face serious consequences in the future.

There was a discussion going on in the Collector's Office that the Congress members, who usually protest through legitimate means, have shown their uncivilized behavior by entering the Collector's Office.

## **Prashant Kishore slams Kushwaha for** demanding change of JD(U) leadership

Sidharth

Patna, July 21(UNI) " Jan Suraaj "founder **Prashant Kishor today** slammed Rastriya Lok Morcha (RLM) president Upendra Kushwaha for demanding change of JD(U) leadership, saying if he had no faith in leadership of Chief Minister Nitish Kumar, it would be better for him to leave NDA with immediate effect.

Prashant during his " Bihar Badlao Yatra " in Siwan district of the state, said that Kushwaha had demanded change of leadership of JD(U) by replacing Nitish Kumar with someone else.

It meant that Kushwaha had no faith over leadership of Kumar and in this situation, it would be

better for him to leave NDA as soon as possible, he remarked.

"Under the leadership of Kumar, Kushwaha was MLC and also Minister in NDA government in Bihar but now he is raising question over his leadership," Jan Suraaj leader said adding that Kushwaha was sent to Rajya Sabha with support from Kumar. How could it be

possible that Kushwaha after getting so much benefits from Kumar, he was not prepared to accept his leadership, he wondered.

**Both receiving** benefits and refusing to accept leadership of Kumar, would not run together, he emphasised