

‘MahaYuti partners will contest local body elections together’

Mumbai, June 11 (IANS) : BJP chief and state revenue minister Chandrashekhar Bawankule on Wednesday said that the MahaYuti partners including BJP, Shiv Sena and NCP will contest the upcoming local and civic body elections together. He, however, added that in the event of differences over seats in some places, there will be friendly fights in those constituencies.

“We will fight all the elections in the state together as a grand alliance. We have given instructions in this regard to the party leaders and workers. Our local level workers are discussing this with each other.

“However, if a dispute arises in any place over a seat, there will be a friendly fight there. However, in other places, elections will be fought in alliance, so there is no need to be confused,” said

Maharashtra schools to have 9 am start from June 16

Bawankule.Bawankule’s statement comes a day after the state urban development department issued a notification on initiating the drafting of ward boundaries for 29 municipal corporations including the BrihanMumbai Municipal Corporation (BMC) especially in the wake of the recent Supreme Court order directing the Maharashtra government to complete the election process in four months.

The other key civic bodies include Pune, Nagpur, Thane, Nashik, Pimpri-Chinchwad, Navi Mumbai, Vasai-Virar, Chhatrapati Sambhajanagar, and Kalyan-Dombivli.

The Urban Development department has asked the Municipal Commissioners to start preparing ward boundary drafts, which will be sent to the State Election Commission (SEC) for approval.

Mumbai, June 11 (UNI) : Maharashtra State Board schools will commence the new academic year 2025-26 from June 16, with a significant change in the daily timetable.

Schools will now start at 9 AM instead of the previous 7 AM, concluding at 4 PM, marking a major adjustment aimed at benefiting students, as per the revised timetable announced on Wednesday.

Parents and students are actively preparing for the reopening by purchasing school bags, water bottles, notebooks, and textbooks.

The revised timetable details a structured day beginning with assembly and practice from 9:00 to 9:25 AM, followed by three lectures until 11:24 AM. A short 10-minute break will be given from 11:25 to 11:35 AM, succeeded by two lectures until 12:50 PM. The mid-day break will last from 12:50 to 1:30 PM, after which classes will continue until 3:55 PM. The school day will conclude with the singing of "Vande Mataram" in the final five minutes before dismissal.

While Maharashtra State Board schools will start on June 16, CBSE-affiliated schools in the state have already begun classes from June 9. Notably, schools in 11 districts of Maharashtra, particularly in the Vidarbha region, will commence slightly later than the rest of the state.

With summer vacations ending, the ringing of school bells will soon signal the return of students to classrooms under the new schedule designed to better accommodate their needs.



India's network of infrastructure is boosting ease of living: PM

From railways to highways, ports to airports, India’s rapidly expanding infra network is boosting ‘Ease of Living’ and enhancing prosperity,” Prime Minister Narendra Modi said on Wednesday, highlighting the infrastructural development being undertaken in the country in the past 11 eleven years. The Modi government completed a year of 3rd term, 11 years overall on June 10. In a post on social media platform X, the Prime Minister emphasised India’s outstanding strides in infrastructure — spanning railways, highways, ports, and airports — leading to enhanced connectivity, economic expansion, and improved Ease of Living and enhanced prosperity for citizens.

(See on page 2)

Saints teachings averted Kairana, Kandhla-like incidents: Yogi

Chief Minister Yogi Adityanath on Wednesday, said that saints have always guided society towards unity and harmony, a path that could have prevented incidents like Kairana and Kandhla. While addressing a large gathering at the Sant Samagam in Shukirtha, Muzaffarnagar,

(See on page 4)

Gareca quits as Chile misses WC


Ricardo Gareca resigned as Chile’s head coach after the team’s 2-0 away loss to Bolivia, a result that ended the team’s hopes of qualifying for the 2026 FIFA World Cup. Goals from Miguel Terceros and Enzo Monteiro in El Alto handed Chile its 10th defeat of the South American qualifying tournament on Tuesday.

(See on page 7)

India’s social security coverage at 64%, gets ILO pat


India’s social security coverage has surged from 19% in 2015 to 64.3% in 2025, a 45-percentage point increase, the Government said on Wednesday. “This progress has earned official recognition from the International Labour Organization (ILO), which now ranks India second globally in terms of the number of beneficiaries.”

(See on page 8)



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SWR, Hubballi Workshop bags second prize in “Akhil Rail Hindi Natyotsav”



(Standard Post Bureau)

Mumbai, June 11 :The play “**Van Hi Jeevan**” staged by the drama team of Hubballi Workshop of South Western Railway during the “**Akhil Rail Hindi Natyotsav**” organized at Regional Railway Training Institute, Bhusaval from 02.06.2025 to 07.06.2025, got the second position. This is the first time after the formation of South Western Railway that a drama team of this

Zonal Railway has received an award at the All India Railway level. Railway Board honoured the team of Hubballi Workshop with a cash prize of Rs.4000/- and a trophy.

Apart from this, this drama team was awarded individual awards and trophies to Shri KalmeshwarSobarad for ‘**Best Makeup**’, Shri Chidanand Hosamani for ‘**Best Costumes**’ and Shri Ambareesh Marignavar for

‘**Best Special Acting**’.

The drama team of the winning Hubballi Workshop met Shri Mukul Saran Mathur, General Manager, South Western Railwayand Smt. Shobhna Gupta, MukyaRajbhasah Adhikari & PCSTE/SWR today. The General Manager extended his hearty congratulations and best wishes to the non-Hindi speaking artists for this achievement at the national level.

India's network of infrastructure is boosting ease of living: PM

New Delhi, June 11 (UNI) From railways to highways, ports to airports, India’s rapidly expanding infra network is boosting ‘Ease of Living’ and enhancing prosperity,” Prime Minister Narendra Modi said on Wednesday, highlighting the infrastructural development being undertaken in the country in the past 11 eleven years.

The Modi government completed a year of 3rd term, 11 years overall on June 10.In a post on social media platform X, the Prime Minister emphasised India’s outstanding strides in infrastructure — spanning railways, highways, ports, and airports — leading to enhanced connectivity, economic expansion, and improved Ease of Living and enhanced prosperity for citizens. Responding to separate posts by MyGovIndia on X, Modi wrote: “It’s been #11YearsOfInfraRevolution, with outstanding infrastructure being added that has enhanced India’s growth trajectory. From railways to highways, ports to airports, India’s rapidly expanding infra network is boosting ‘Ease of Living’ and enhancing prosperity.” “India’s push for next-gen infrastructure is powered by sustainability and long term vision. It is laying the foundations of a self-reliant India!”

Solapur Division of Central Railway Gears Up for Ashadhi Fair 2025 at Pandharpur with 80 Special Trains for Devotees

(Standard Post Bureau)

Solapur, June 11 : Central Railway has announced 80 Ashadhi Special trains to facilitate convenient travel for pilgrims attending the Ashadhi Fair at Pandharpur via stations of Solapur Division. These trains, comprising both reserved and unreserved services, will cater to pilgrims from across Maharashtra and adjoining states, ensuring smooth, accessible and comfortable journeys during the festival period.

The details are as under: Train No.01205 Special will leave Nagpur at 08.50 hrs on 04.7.2025 & 05.7.2025 and reach Miraj at 11.55 hrs next day. (2 services)

PandharpurArrival -08:00 hrsDeparture -08:25 hrs

Train No.01206 Special will leave Miraj at 12.55 hrs on 05.7.2025 & 06.7.2025 and reach Nagpur at 12.25 hrs next day. (2 services)

PandharpurArrival -15.55 hrsDeparture -17.00 hrs

Halts: Ajni, Wardha, Pulgaon, Dhamangaon, Chandur, Badnera, Murtijapur, Akola, Shegaon, Malkapur, Bhusaval, Jalgaon, Chalisgaon, Manmad, Kopargaon, Belapur, Ahmednagar, Daund, Kurduwadi, Pandharpur, Sangola, Mhasoba Dongargaon, Jath Road, Dhalgaon, Kavathe Mahankal, Salgare and Arag

Composition: Two AC-3 Tier, 10 Sleeper Class, 4 General Second Class and 2 Second seating & Luggage cum Guard’s brake vans.

2. New Amravati-Pandharpur specials (4 services)

- Train No.01119 Special will depart New Amravati at 14.40 hrs on 2.7.2025 & 5.7.2025 and will arrive Pandharpur at 09.10 hrs next day. (2 trips)

- Train No.01120 Special will depart Pandharpur at 19.30 hrs on 14.7.2024 and 17.7.2024 and will arrive New Amravati at 12.40 hrs next day. (2 trips)

Stoppages: Badnera, Murtizapur, Akola, Shegaon, Jalamb, Nandura, Malkapur, Bodwad, Bhusaval, Jalgaon, Chalisgaon,

Nandgaon, Manmad, Kopargaon, Belapur, Ahmednagar, Daund and Kurduwadi.

Composition: 2 AC-III Tier, 10 Sleeper Class, 6 General Second Class including 2Luggage cum Guard’s brake vans.(18coaches)

3. Khamgaon-PandharpurSpecials(4trips)

- Train No.01121 Special will depart Khamgaon at 11.30 hrs on 3.7.2025 & 6.7.2025 and will arrive Pandharpur at 03.30 hrs next day. (2 trips)

- Train No.01122 Special will depart Pandharpur at 05.00 hrs on 4.7.2025 & 7.7.2025 and will arrive Khamgaon at 19.30 hrs same day. (2 trips)

Stoppages: Jalamb, Nandura, Malkapur, Bodwad, Bhusaval, Jalgaon, Pachora, Chalisgaon, Nandgaon, Manmad, Kopargaon, Belapur, Ahmednagar, Daund and Kurduwadi.

Composition: 2 AC-III Tier, 10 Sleeper Class, 6 GeneralSecondClassincluding 2 Luggage cum Guard’s brake vans. (18 coaches)

4. Bhusaval-Pandharpur Unreserved Specials (2 trips)

- Train No. 01159 Unreserved Special will depart Bhusaval at 13.30 hrs on 5.7.2025 and will arrive Pandharpur at 03.30 hrs next day. (1 trip)

- Train No. 01160 Unreserved Special will depart Pandharpur at 22.30 hrs on 6.7.2025 and will arrive Bhusaval at 13.00 hrs next day. (1 trip)

Stoppages: Jalgaon, Pachora, Chalisgaon, Nandgaon, Manmad, Kopargaon, Belapur, Ahmednagar, Daund and Kurduwadi.

Composition: 18 General Second Class including 2 Luggage cum Guard’s brake vans. (18 coaches)

5. Latur-Pandharpur Unreserved Specials (10 trips)

- Train No. 01101 Unreserved Special will depart Latur at 07.30 hrs on 2.7.2025, 4.7.2025, 7.7.2025, 8.7.2025, & 9.7.2025 and will arrive Pandharpur at 12.50 hrs same day. (5 trips)

- Train No. 01102 Unreserved Special will depart Pandharpur at 13.50

hrs on 2.7.2025, 4.7.2025, 7.7.2025, 8.7.2025, & 9.7.2025 and will arrive Latur at 19.20 hrs same day. (5 trips)

Stoppages: Harangul, Ausa Road, Murud, Dhoki, Kalamb Road, Yedshi, Dharashiv, Pangri, Barsi Town, Shendri, Kurduwadi and Modlimb.

Composition: 8 Sleeper Class, 6 General Second Class including 2 Luggage cum Guard’s brake vans.

6. Miraj-Kalaburagi Unreserved Specials (20 trips)

- Train No. 01107 Unreserved special will depart Miraj at 05.00 hrs everyday from 1.7.2025 to 10.7.2025 and will arrive Kalaburagi at 13.30 hrs same day. (10 trips)

Pandharpur Arrival - 07.40 hrs Departure - 08.40 hrs

- Train No. 01108 Unreserved special will depart Kalaburagi at 15.30 hrs everyday from 1.7.2025 to 10.7.2025 and will arrive Miraj at 23.50 hrs same day. (10 trips)

Pandharpur Arrival - 20.55 hrs Departure - 21.00 hrs

Stoppages: Arag, Belanki, Salgare, Kavathe Mahankal, Langarpeth, Dhalgaon, Jath Road, Mhasoba Dongargaon, Javale, Wasud, Sangola, Pandharpur, Modlimb, Kurduwadi, Madha, Mohol, Solapur, Akalkot, Dudhani and Gangapur.

Composition: 14 General Second Class including 2 Luggage cum Guard’s brake vans. (14 coaches)

7.Kolhapur-Kurduwadi Unreserved Specials (20 trips)

- Train No. 01209 Unreserved special will depart Kolhapur at 06.10 hrs everyday from 1.7.2025 to 10.7.2025 and will arrive Kurduwadi at 13.30 hrs same day. (10 trips)

PandharpurArrival -12.15 hrsDeparture -12.25 hrs

- Train No. 01210 Unreserved special will depart Kurduwadi at 16.30 hrs everyday from 1.7.2025 to 10.7.2025 and will arrive Kolhapur at 22.30 hrs same day. (10 trips)

PandharpurArrival -17.30 hrsDeparture -17.40 hrs

S t o p p a g e s :

Hatkanangle, Jaysinghpur, Miraj, Arag, Belanki, Salgare, Kavathe Mahankal, Langarpeth, Dhalgaon, Jath Road, Mhasoba Dongargaon, Javale, Wasud, Sangola, Pandharpur and Modlimb.

Composition: 14 General Second Class including 2 Luggage cum Guard’s brake vans. (14 coaches)

8. Pune-Miraj Unreserved Specials (16 trips)

- Train No. 01207 Unreserved Special will depart Pune at 08.40 hrs everyday from 3.7.2025 to 10.7.2025 and arrive Miraj at 18.45 hrs same day. (8 trips)

Pandharpur Arrival - 15.55 hrs Departure - 16.00 hrs

- Train No. 01208 Unreserved Special will depart Miraj at 19.30 hrs everyday from 3.7.2025 to 10.7.2025 and arrive Pune at 04.30 hrs next day. (8 trips)

Pandharpur Arrival - 21.55 hrs Departure - 22.00 hrs

Stoppages: Hadapsar, Uruli, Daund, Jeur, Kurduwadi, Modlimb, Pandharpur, Sangola, Wasud, Javale, Mhasoba Dongargaon, Jath Road, Dhalgaon, Langarpeth, Kavathe Mahankal, Salgare, Belanki and Arag.

Composition: 14 General Second Class including 2Luggage cum Guard’s brake vans. (14 coaches)

Reservation & Ticketing:

Reservations for Ashadhi Special train nos 01205,01206,01119,01120, 01121 and 01122 on special charges will open on 16.06.2025 at all computerised reservation centers and on website www.irctc.co.in.

Ashadhi Special train nos 01159, 01160, 01101, 01102,01107,01108,01209, 01210,01207 and 01208 will run as unreserved trains. Passengers are requested to travel with valid tickets to avoid inconvenience. Bookings for unreserved coaches can be done through booking counters at stations and UTS app also.

For detailed timings and stoppages of these special trains, please visit www.enquiry.indianrail.gov.in or download NTES App.

South Western Railway, Shines with Key Achievements in May 2025

(Standard Post Bureau)

Mumbai, June 11 South Western Railway proudly announces its remarkable achievements for May 2025, showcasing significant strides in passenger services, digital innovation, and revenue growth.

Enhanced Passenger Amenities:- SWR introduced six new Automatic Ticket Vending Machines (ATVMs) at Hubballi (2) and Mysuru (4) stations, alongside the innovative "Navigation Digital Map and Navigation System" in Hubballi Division. New contracts for radio taxis and parking were awarded, including Rs 69.40 Lakhs for access-controlled parking at Sir M. Visvesvaraya Terminal (SMVB) and Rs 56.00 Lakhs at Hubballi. Additionally, commercial contracts for a mobile accessories kiosk at Mysuru (Rs 30.90 Lakhs) and an air-conditioned

multi-cuisine coach restaurant at KSR Bengaluru City (₹215.46 Lakhs) were finalized.

Robust Revenue Growth:- SWR recorded total gross revenue of 780 Cr compared to 642 cr compared to same period of last year, a 36.91% surge in freight revenue to Rs Rs 459.43 Crores, a 33% increase in ticket-checking revenue to Rs 6.57 Crores, and an 11.66% rise in parcel revenue to Rs 14.84 Crores. The Online Payment System facilitated Rs 102.97 Crores in goods transactions, achieving 100% digital payments. IRCTC contributed Rs 18.63 Crores for mobile unit management.

Freight and Loading Milestones:- Mysuru Division loaded a parcel train with 22,230 Nestle product packages, generating Rs 22.27 Lakhs. Hubballi Division loaded two molasses rakes, earning Rs 1.20 Crores. Automobile rake loading increased to 58 rakes (1464 wagons) from 44 rakes in May 2024, boosting revenue to Rs 11.52 Crores from Rs 9.01 Crores. New commodities like G Slag, Sugar, and Fertilizer were added to freight operations.

Operational and Infrastructure Highlights:- Passenger numbers grew by 3.58% to 15.33 million, with 263 special train trips operated. “Commitment to Safety and Service:- Rail Madad complaints dropped by 30.29% compared to May 2024, reflecting improved customer satisfaction. SWR conducted 183 safety drives to check for inflammables and a mock drill at Arsikere on May 16, 2025, to strengthen disaster management.”South Western Railway remains dedicated to enhancing passenger experience, operational efficiency, and sustainable growth.“

WESTERN RAILWAY
ELECTRICAL WORK

Sr.DEE/P/BCT, Mumbai Central, Mumbai, invites **Tender Notice No.: EL-81-914-WA-20**, dt. **06.06.2025**. **Work and Location:** Virar - Surat: Electrical (Power) work in connection with providing accessibility facility, toilet, taps, Braille Signages for divyangjan in public building / station. **Approx. cost of work:** ₹ 18,46,457/-. **EMD:** ₹ 36,900/-. **Date and Time of Submission:** Till 03.07.2025, 15:00 hrs. **Date and Time of Opening:** On 03.07.2025 at 15:30 hrs. For further details please visit our website www.ireps.gov.in **0241**
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CENTRAL RAILWAY
PROVISION OF AIR CONDITIONERS

E-Tender Notice No.: PG DTL-2024-25.OP.24. Date: 09.06.2025. Name of Work: Provision of Air conditioners in New Admin Building and Gym. **Approx. Cost of work:** Rs. 14,82,788.58/- (Rs. Fourteen Lakh Eighty Two Thousand Seven Hundred Eighty Eight and Fifty Eight Paise Only). **EMD/Bid Security:** Rs. 29,700/-. **Completion Period:** 02 Months. **Date and time of closing of tender submission:** 01.07.2025 @12:00Hrs. **Validity of offer:** 60 days. Tenders shall be accepted only in E-tendering format through the website www.ireps.gov.in. Tender document is available in the website. **AK-166**
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SOUTH WESTERN RAILWAY

E-(IREPS) TENDER NOTICE NO. 09 UBL 2025-26 Date: 05.06.2025
The undersigned, on behalf of the President of India, invites E-Tender for the following work.

Sl.No	Name of Work	Approx.Value
1	Hubballi Division: Sub Work-I) Alnawar-Londa (LWR-LD) Section: TRR(P) for a total length of 6.061 TKM (DN). Sub Work-II) Londa-Vasco (LD-VSG) section: TTR-38 sets (1 in 16-2 sets 1:12-12 sets, 1:8-5-22 sets and TS -02 sets).	Rs. 1,54,29,775.00
2	Hubballi Division:Londa-Castlerock section: CTR (P) 25.00 TKM, UP - 0/000(21Km) and SL.21/100-25/000(3.9Km).	Rs. 9,51,47,346.00
3	Hubballi Division: Sub Work-I) Castlerock-Kulem (CLR-QLM): TRR (P) for 1.18Km in Sonaliem (LIM) yard in ghat section. Sub Work-II) Castlerock-Kulem (CLR-QLM):Provision of check rail on sharp curves in Castlerock-Kulem (CLR-QLM)ghat section. Sub Work-III) Londa-Vasco (LD-VSG) TRR(P) for a length of 8.086Km in Sonalium-Kulem ghat section. Sub Work-IV) Londa- Vasco (LD-VSG) TRR(S) on looplines for a length of 33.186Km.	Rs. 5,43,76,787.00
4	Hunballi Division: Sub Work-I: Londa-Miraj (LD-MRJ)-CTR (P) for total length 25.75Km Gokak Road-Rayabag-Miraj section (UP), Sub Work-II) Londa-Miraj (LD-MRJ)-CTR(P) for total length 24.975 Km Rayabag- Miraj Section (UP). Sub Work-III Londa-Miraj(LD-MRJ)-CTR(P) for total length 21.6Km Suladai -Gokak Road section (DN) 13.6Km up 8.Km. Sub Work-IV: Londa-Miraj (LD-MRJ)-CTR(P) for total length 22.5Km Londa-Kanapur (LD-KNP) Section (DN)	Rs. 28,19,52,575.00

Last date for Submission of bids : **Upto 11.00 hrs on 04.07.2025**

For details log on to : www.ireps.gov.in

Senior Divisional Engineer/Co-Ordination, Hubballi

PUB/174/AAD360/PRB/SWR/2025-26

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(Procurement Cell)
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E-mail- procurementcell@haffkinemumbai.com
Acharya Donde Marg, Parel, Mumbai 400 012 (INDIA)

TENDER NOTICE

Date : **09 / 06 / 2025**

Managing Director, (Procurement Cell), Haffkine Bio Pharmaceutical Corporation Ltd., Mumbai invites tenders in two envelope systems from eligible bidders for following items for various Health Institutions in Maharashtra.

Sr. No.	Tender No.	Name of Description	Date of Pre Bid Meeting	Period of Sale and Preparation of bid & bid submission	Bid Opening
1.	E-5136	Purchase of Instrument & Equipment	17.06.2025 upto 11:00 am.	From 10.06.2025 11.00 am to 24.06.2025 up to 14:00 hrs.	26.06.2025 at 16:00 hrs.

For detailed information, the interested bidders may visit the website <https://mahatenders.gov.in>

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Email – eproc.support@maharashtra.gov.in

SD/-
Haffkine Bio Pharmaceutical Corporation
(Procurement Cell), Mumbai Ltd.,

DGIPR/2025-26/1087

Mumbai court convicts 73-yr-old mother-in-law, others in dowry death case

Mumbai, June 11 (UNI) : Eleven years after, a sessions court here has awarded jail term ranging from seven to 10 years to a 73-year-old mother-in-law and her two sons, including the deceased’s husband, for abetment to the suicide of a 28-year-old woman in the dowry death case, according to the copy of the order which was made available on Wednesday.

The woman, Gulshan Ara, died by hanging in her matrimonial home in 2014 after enduring years of dowry harassment.

Despite partial dowry payments totalling Rs 2.2 lakh against a Rs four lakh demand, Ara faced continuous cruelty from her in-laws.

The court sentenced the deceased’s mother-in-law, Ashiya Khatoon, to seven years, with immediate hospital care due to her frailty, and gave the husband and brother-in-law 10 years each.

On the night of August two, 2014, Ara quarrelled with her sister-in-law, Sarvari Khatoon, and at 11.30 pm, made a distress call to her mother from her husband’s phone, crying and complaining about the harassment by her in-laws.

The prosecution claimed that it was only after this fight that Ara decided to end her life.

The court while convicting the accused in its order said, “The call expressing distress forms a critical link in establishing the ‘soon before death’ condition under Section 304-B (dowry death)” Indian Penal Code.”

Congress to hold torchlight protest against EC on June 14

Amravati, June 11 (UNI) : The Congress has launched a sharp critique of the Election Commission, accusing it of serious irregularities during the recent assembly elections, on Wednesday. Bablu Deshmukh, Congress rural district president, condemned the Commission as being biased in favour of the BJP and announced a torchlight procession in Amaravati on June 14 at 5 pm to demand accountability and action against those responsible.

Deshmukh stated that despite Congress leader Rahul Gandhi presenting evidence of electoral fraud, the Election Commission has failed to respond, while BJP leaders have offered explanations that implicitly admit involvement in the alleged scam.The protest aims to highlight these irregularities and press for corrective measures to safeguard the integrity of future elections.

The procession will begin with the submission of a memorandum to District Collector Ashish Yarikar and conclude near the statue of Dr Babasaheb Ambedkar at Arun Chowk. Deshmukh pointed to multiple suspicious elements in the Maharashtra Assembly elections and vote counting process, including technical glitches in voter lists and tampering with EVMs, which have cast doubts on the Election Commission’s transparency.

Mumbai Police bust sex racket near famous place of worship

Mumbai, June 11 (UNI) : The city police have arrested eight people for their alleged involvement in a sex trafficking racket operating within 100 metres of the famous place of worship located in Malabar Hill area of south Mumbai, in violation of proximity laws, police said here on Wednesday.

The arrested individuals have been identified as Soni Ganesh Sharma, Rinji Nima Sherpa, Krishna Bilat Bhuiyan, Vikram Rajni Bhuiyan, Arun Damodar Yadav, Mahesha H Shivanna, Pappu Kumar Sarju Yadav and Amit Kumar Kanhiya Yadav, all accused of coercing 10 women into sex work for personal profit.

According to police, on a tip-off, a raid was conducted and accused persons were arrested while 12 women were rescued.Police seized 2.04

grams of narcotic substances worth approximately Rs 10,000, allegedly meant for transport and sale. Additionally, Rs 82,300 in cash was recovered from the premises.

The investigation revealed that 14 customers were involved in encouraging or facilitating the prostitution of these women, who were basically housewives. According to an official, some rescued girls are well educated and posed their parents as if they were working in a call centre and doing different shifts of duties.

A case has been registered at the Malabar Hill police station under multiple sections of the Bharatiya Nyaya Sanhita (BNS), the Immoral Traffic (Prevention) Act, and the Narcotic Drugs and Psychotropic Substances (NDPS) Act.

Seven-month pregnant woman commits suicide

Sangli, June 11 (UNI) : In a shocking incident, a seven-month pregnant woman who was allegedly fed up of constant pressure from her family members for getting converted to Christianity, committed suicide allegedly by hanging herself in her home in Kupwad of the district on Wednesday.

According to sources in Kupwad MIDC police station, the deceased woman, identified as Rutuja Sukumar Rajge 27), who was seven months pregnant, was mentally and physically harassed by her husband and in-laws for becoming a Christan.

Fed up of daily pressure from family members, she took extreme step.

After registration of complaint against her husband and in-laws, police arrested Sukumar, his father Suresh and mother Alka in this connection, sources added.

Govt to provide funds for completion of irrigation projects

Sangli, June 11 (UNI) : Maharashtra Water Resources (Godavari-Krishna basin) Minister Dr Radhakrishna Vikhe-Patil said on Wednesday that the state government will make available funds to complete pending irrigation projects in the state within stipulated time.

Presiding over a meeting held to review status of ongoing projects in the district, he said that a study-based proposal should be submitted for the funds required for completion of the projects in Sangli district within the prescribed time frame and to identify future needs of feasible matters.

Vikhe-Patil directed to prepare an action plan to prepare an action plan to permanently overcome the potential flood situation and promised an estimated fund of Rs 3,200 crore for the Maharashtra Responsive Development Programme, under the World Bank-assisted project, to divert flood water to drought-prone areas



Odisha Chief Minister Mohan Charan Majhi attends 'Snan Purnima' rituals of Lord Jagannath, Balabhadra and Devi Subhadra at the Jagannath Temple, in Puri on Wednesday.

CM Fadnavis should find solution for Dhangar community living at Raigad fort: IAC president

Pune, June 11 (UNI) : The Central Archaeological Department has issued notices to the Dhangar community members living in Raigad fort to vacate the premises, Hemant Patil, National President of India Against Corruption and OBC leader said here on Wednesday. He urged Maharashtra CM Devendra Fadnavis to immediately find a solution to this issue and provide justice to the Dhangar community who have been living in the fort premises for 700 years.

It is time for the citizens of the Dhangar to leave their ancestral land. Raigad is protected as a historical

heritage site. As per the ASI rules, any encroachment or new construction on the fort is illegal, so notices have been issued to the citizens of the Dhangar Basti here.

The time has come for the Dhangar community, who have been living on the fort for seven generations, to become homeless, he said.

Patil requested that Fadnavis should discuss this issue with the central government and requested that the issue of the Dhangar community be treated as a special matter.

Patil appealed that the government should provide

justice to the Dhangar community. "There are houses of the Dhangar brothers in the area below the market Jagdishwar temple at Raigad. The families earn a living by providing milk, curd, buttermilk and food to tourists who come to the fort," he said.

"For the last 700 years, the Dhangar community has lived on the fort. The Dhangar community has also played a heroic role in Shivaji's work for Swarajya. The community has done work including protecting the fort, animal husbandry during Shivaji's reign, milk production and fighting the

battle for Swarajya," he said.

In such a situation, we can not just remove their dwellings as encroachments. The government should remove the encroachments on other forts, but allow the Dhangar basti to remain as a special case, demanded Patil.Dhangar and OBC leaders should come together on this issue and write a letter to Prime Minister Narendra Modi and try to save the Dhangars on the fort.Patil said that he will soon send a letter to Prime Minister Modi in this regard, requesting him to maintain the Dhangar basti there.

Two arrested for making obscene videos of 2 women in Satara

Satara, June 11 (UNI) : Two people, including a suspected doctor, were arrested by police for allegedly making obscene videos of two women, including a woman doctor and a young woman, with two doctors using artificial intelligence (AI) in Karad town of the district on Wednesday.

According to sources in the Karad police, two people, including a suspected doctor, made obscene videos of two women, including a woman doctor and a young woman, using AI and made it viral on WhatsApp group.

After the videos go viral, the woman doctor lodged a complaint with the Karad police, who arrested two suspects after investigation, sources added.

LOST / MISPLACED SHARE CERTIFICATE

NOTICE is hereby given that the certificates(s) for the undermentioned securities of Kiran Narayan Talcherkar / Smita Kiran Talcherkar has/have been lost/misplaced and the holder(s) of the said securities/applicants(s) has/have applied to the Company to issue duplicate certificate. Any person who has a claim in respect of the said securities should lodge such claim with the Company at its Registered Office within 15 days from this date, else the Company will proceed to issue duplicate certificates(s) without further intimation.

Name of the Company	Folio No	Certificate Nos	No. of Shares	Distinctive Numbers(s)
Zensar Technologies Ltd.	K03446	2127	1080	1191986 to 1193065

Date: 11-06-2025

Place: Mumbai

Name of Legal Claimant

Kiran Narayan Talcherkar

CENTRAL RAILWAY

NOTICE OF E-AUCTION

Mumbai Division, Central Railway has called for e-auction for leasing of below given assets on www.ireps.gov.in through e-auction leasing module. **The interested bidders are required to get registered in e-auction leasing module and all necessary documents to be uploaded prior to the e-auction.** For further details the interested bidders are requested to visit the website www.ireps.gov.in to know the details of E-Auction mentioned below:

S. N.	Category	Sub-Category	Auction Start
1.	Advertisements	RDN-Digital and Non Digital	19.06.2025
		OOH	12.06.2025
		ATMs	17.06.2025
2.	Pay & Parking	Parking- Mixed	11.06.2025, 13.06.2025, 18.06.2025
3.	Parcel	34rslr, 04RSLR, 12141RSLR, 2RSLR, 29 RSLR04FSLR	11.06.2025, 12.06.2025, 16.06.2025, 17.06.2025, 23.06.2025
4.	Other NFR	Waiting Room at KJT/Roha	20.06.2025
		AC Dormitories and retiring rooms at LTT	18.06.2025
		Promotional Kiosk 3 CSMT and TNA	17.06.2025

Further Addendum / corrigendum, withdrawal of lot/catalogue, change in date, time extension, clarification etc. if any, in connection with the subject auction, will only be uploaded on the website. Bidders should regularly visit the website to keep themselves updated.

AK-164

Unauthorized crossing of railway line is a punishable offense

EAST COAST RAILWAY

(1) Notice No. eT-West-WAT-18-2025, Dt. 04.06.2025

Name of Work: CIVIL ZONAL WORKS IN THE SECTION FROM KM 218/7 TO 276/0 BETWEEN MALLIGURA (EX) TO SILAKJHORI (EX) FOR THE PERIOD ENDING 30.06.2026 UNDER THE JURISDICTION OF ASSISTANT DIVISIONAL ENGINEER/JAGDALPUR.

Advertised Value: ₹ 54,11,795.50, **EMD:** ₹ 1,08,200/-.

(2) Notice No. eT-West-WAT-19-2025, Dt. 04.06.2025

Name of Work: CIVIL ZONAL WORKS IN THE SECTION FROM KM: 276/0-339/8 BETWEEN MALLIGURA (EX)-SILAKJHORI (EX) FOR THE PERIOD ENDING 30.06.2026 UNDER THE JURISDICTION OF ASSISTANT DIVISIONAL ENGINEER/JAGDALPUR.

Advertised Value: ₹ 95,27,135.43, **EMD:** ₹ 1,90,600/-.

Completion Period of the work: Period ending 30.06.2026 (for both tenders).

Tender closing date & time : at 1500 hrs. of 26.06.2025 (for both tenders).

No manual offers sent by Post/Courier/Fax or in person shall be accepted against such e-tenders even if these are submitted on firm's letter head and received in time. All such manual offers shall be considered invalid and shall be rejected summarily without any consideration.

Complete information including e-tender documents of the above e-tender is available in website www.ireps.gov.in

Note : The prospective tenderers are advised to revisit the website 10 (Ten) days before the date of closing of tender to note any changes/ corrigendum issued for this tender.

Divisional Railway Manager (Engg.),

PR-216/Q/25-26

Waltair

SOUTH WESTERN RAILWAY

E-PROCUREMENT (IREPS)

TENDER NOTICE No.H-GS-UBL-02-2025-26 Dated : 05.06.2025

The undersigned, on behalf of the President of India, invites E-Tender for the following work.

Sl.No	Item of Work	Approx.Value
1	Design, Supply,	Rs. 292,74,19,268/-

Construction, Installation, Testing and Commissioning of Integrated Rolling Stock Coaching Depot at Hubballi Including All Civil, Electrical General, Electrical Traction, Signalling & Telecom Works and Machinery, Tools & Plants on Engineering, Procurement and Construction ("EPC") basis.

Last date for Submission of bids :
Upto 11.00 hrs on 30.07.2025

2	Additional work	Rs. 43,93,43,373/-
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for Re-development of Vasco-Da- Gama Railway station along with associated General Electrical and Telecom works (Composite work).

Last date for Submission of bids :
Upto 11.00 hrs on 30.06.2025

For details log on : www.ireps.gov.in

Chief Project Manager/Gati Shakti, Hubballi

PUB/175/AAD360/PRB/SWR/2025-26

Download the UTS Mobile App from Google Play Store for ease of booking of unreserved tickets

South Western Railway - SWR

SWRRLY

SWRRLY

BRIHANMUMBAI MUNICIPAL CORPORATION

TREE AUTHORITY

- PUBLIC NOTICE -

In accordance with the provision under section 8 (3) (C) of the Maharashtra (Urban Areas) Protection & Preservation of Trees Act 1975 (As modified upto 24th June 2021), **01** Proposal from 'R/North' Ward i.e. **Total 01** proposal in **Zone - VII**, for approval of trees approved by Municipal Commissioner, Chairman, Tree Authority MCGM under sub section (6) of section (8) of the said Act.

The information of the trees for cutting/ Transplanting in above mentioned proposals is available on mcgm website → www.mcgm.gov.in → About us wards/Department → Department manuals → Gardens & Tree Authority → WS283-R/North.

Supdt. of Gardens & Tree Officer of the Tree Authority

Penguin Building, 2nd Floor,
Veermata Jijabai Bhosale Udyan
Dr Ambedkar Road, Byculla (East),
Mumbai - 400 027.
Tel No : 23742162

Email : sg.gardens@mcgm.gov.in

PRO/645/ADV/2025 - 26

Avoid self medication.

STANDARD POST

Study finds why some people with memory problems often overeat

A team of US scientists has discovered a specific group of brain cells that could explain why people with memory problems often overeat.

The team showed that people who also keep forgetting about recent meals can trigger excessive hunger and can lead to disordered eating.

Researchers from the University of Southern California showed that the group of brain cells can create memories of meals, encoding not just what food was eaten but when it was eaten.

During eating, neurons in the ventral hippocampus region of the brain become active and form what the team of researchers call “meal engrams” -- specialised memory traces that store information about the experience of food consumption.

While scientists have long studied engrams for their role in storing memories and other experiences in the brain, the new study, published in the journal Nature Communications, identified engrams dedicated to meal experiences.

“Meal engrams function like sophisticated biological databases that store multiple types of information such as where you were eating, as well as the time that you ate,” said Scott Kanoski, Professor of biological sciences at the USC Dornsife College of Letters, Arts and Sciences.

Kanoski added that the findings could eventually inform new clinical approaches for treating obesity and weight management.

Current weight management strategies often focus on restricting food intake or increasing exercise, but the new research suggests that enhancing meal memory formation could be equally important.

The research team used advanced neuroscience techniques to observe the brain activity of laboratory rats as they ate, providing the first real-time view of how meal memories form.

The meal memory neurons are distinct from brain cells involved in other types of memory formation.

When researchers selectively destroyed these neurons, lab rats showed impaired memory for food locations but retained normal spatial memory for non-food-related tasks, indicating a specialized system dedicated to meal-related information processing.

The study revealed that meal memory neurons communicate with the lateral hypothalamus, a brain region long known to control hunger and eating behaviour. When this hippocampus-hypothalamus connection was blocked, the lab rats overate and could not remember where meals were consumed.

“Where Every Rescue is a New Beginning”

(Standard Post Bureau)

June 12 marks World Child Labour Day, a global observance that highlights the need to eliminate child labour and ensure education for all children.

The International Labour Organization (ILO)



RPF has introduced a series of focused initiative in form of train escorting, Intelligence Network, CCTV coverage at platforms, including physical checking of platforms and trains which has resulted into rescue of children in need of care and protection (Boys and Girls) in different categories like run away, drug addict, destitute, kidnapped, left behind, missing, medical assistance, fallen down, mentally challenged

The BBA has been sharing information against child trafficking with RPF and assisting in rescue of trafficked victims mostly children along with arrest of traffickers.

RPF initiative has led to the arrest of 649 HUMAN TRAFFICKERS across PAN INDIA with rescue of 2719 persons from being trafficked for various reasons in last 5 years (2021 to April 2025) with 2456 children, 263 male – female adults.

To safeguard

on Trains,” the Indian Railways reaffirmed its pledge to make railways safe travel experience for all. The revised SOP has provided new directions while dealing with the human traffickers and rehabilitation program for affected children.

The enhanced SOP reinforces Indian Railways commitment to prevent child exploitation and trafficking by providing a safety net for at-risk children who may have been separated from their



launched the World Day against Child Labour in 2002 to focus attention on the global extent of child labour and the action and efforts needed to eliminate it. Each year on 12 June, the World Day brings together governments, employers and workers organizations, civil society, as well as millions of people from around the world to highlight the plight of child labourer.

Child labour exists in India notwithstanding the laudable provisions of the constitution and laws addressing Child labour. Despite the fact that a host of social economic and cultural factors is responsible for continuance of child labour.

The traditional and stereotype demand and supply factors including cheap and docile labour, poverty, illiteracy,

indebtedness, unemployment and landlessness that contribute to the prevalence of child labour.

Child labour within the Indian Railways is a serious issue with children often found in need of care and protection on railway platforms and in moving passenger trains. It includes children working, living or even in conflict with law within the Railway System.

Railway Protection Force working within the Ministry of Railways has played crucial role in rescue of children. It includes child in contact with Railways encompasses any child (under 18) who is travelling, living, working or involved in any way with the Railway System including those in need of care and protection.

This includes unaccompanied children,

missing or trafficked children, children separated from their families, those living at the Railway Station.

Further children engaged in begging, rag picking or forced into child labour on the railway platform and in trains.

RPF is undertaking a proactive role to make sure that its trains and station platform are not used by human trafficker for transporting children to be utilized as bonded labour for various reasons in different parts of the country.

The strong presence of RPF in trains, in Railway platforms has rescued 61,345 children under NANHE FARISTE (Rescue of children in need of care and protection) in last 5 years (2021 to April 2025) in which 19,412 were girls and 41,933 were boys.

including street children.

The Indian Railways is the primary transporter for the nation and therefore, is a major route for human traffickers for transportation. RPF personnel deployed at railway stations and trains are strategically positioned to intercept the trafficking before the victim reaches the destination and the exploitation starts.

Bachpan Bachao Andolan (BBA) associated with Kailash Satyarthi Children’s Foundation (KSCF) has signed MOU with Railway Protection Force on 06.05.2022 with a mission to stop transportation of children for the purpose of bonded labour and to eliminate all forms of violence against children and to create a world where all children are free, safe and healthy and received quality education.

vulnerable children nationwide, RAILWAY PROTECTION FORCE has set up more than 750 Anti-Human Trafficking Units and 135 Child Help Desks across the country.

Anti Human trafficking units are playing the crucial role in identification of children being trafficked and their subsequent rescue from Human traffickers.

To further strengthen the RPF role in rescuing of children, MoWCD announced expansion of Child Help Desks (CHDs) at 212 railway stations, strengthening the support network available to children in need. New initiative and collaborative strategies has ensured the well-being of both children and women within railway premises.

RPF “Our Mission: Prevent Child Trafficking

families. In 2015 under Juvenile Justice (JJ) Act guidelines were issued and later updated in 2021, this SOP has now been further refined following MoWCD (Ministry of Women and Child Development) 2022 “Mission Vatsalya”. Detailing the roles and responsibilities of RAILWAY PROTECTION FORCE and other Railway personnel to identify, assist, and document children until they are connected with the Child Welfare Committee (CWC).

With quite determination and resolute action, the Railway Protection Force has become a crucial player in the fight against child labour and trafficking. In fact, for many children, a railway station is no longer a transit point of despair it has become the place where freedom begins.

Saints teachings averted Kairana, Kandhla-like incidents: Yogi

Muzaffarnagar (UP), June 11 (UNI) : Chief Minister Yogi Adityanath on Wednesday, said that saints have always guided society towards unity and harmony, a path that could have prevented incidents like Kairana and Kandhla.

While addressing a large gathering at the Sant Samagam in Shukirtha, Muzaffarnagar, the CM described Sant Swami Gyan Bhikshuk Das Ji Maharaj as a divine soul who dedicated his life to spreading the teachings of Satguru Ravidas Ji Maharaj.

The event was held on the occasion of the 65th death anniversary of Sant Swami Gyan Bhikshuk Das Ji Maharaj and in memory of Satguru Samandas Ji Maharaj. The CM recalled how, during the medieval

period when India was under foreign rule and its culture was being trampled, "Satguru Ravidas ji Maharaj emerged in Sear Govardhan, Kashi, as a beacon of hope. "Through his life of devotion and work, he inspired generations, and his guidance continues to enlighten devotees even today," he said.

Yogi said Sant Ravidas Ji awakened society against superstition and social evils and emphasised the dignity of labour and inner purity. "His words, 'Man changa to kathoti mein Ganga', continue to inspire spiritual purity and moral clarity. His guru, Sant Ramanand, too, spread the message of equality: Jaat-paat poochhe nahi koi, Hari ko bhaje so Hari ka hoi," he said. Recalling Ravidas Ji's

words on equality and dignity, he said, "He had said he would be happy only when every person gets equal rights and food without discrimination. PM Modi has fulfilled this vision through the Pradhan Mantri Garib Kalyan Anna Yojana, under which 81 crore people have received free food grains, even during the pandemic. This is the true spirit of saints' teachings," he said.

The CM said that before 2014, roads to Sant Ravidas' birthplace Sear Govardhan were single-lane. Inspired by PM Modi, it is now connected via a four-lane road. "A grand ashram, a magnificent statue, and an 'Anna Kshetra' have been built. Land was acquired for a park and statue in the name

of Sant Ravidas," he said.

Describing Shukirtha as a sacred and mythological site, he said it was here, 5,000 years ago, that Shukdev Ji narrated the first Shrimad Bhagavat to King Parikshit. "This is the land of devotion, wisdom, and liberation. Let the world name any tradition with a 5,000-year unbroken spiritual legacy, only Sanatan Dharma can," he said, calling saints the true custodians of this timeless heritage. "The CM paid tribute to Swami Bhikshukdas Ji Maharaj and Sant Samandas Ji Maharaj. He announced that a ghat, widened roads, beautification, parking and a satsang hall would be developed around the Samandas Ashram to improve facilities for devotees.

Dadar Matunga Cultural Center's Singing program of Tejashree Amonkar



(Standard Post Bureau)

On behalf of Dadar Matunga Cultural Center and the Bhave family, Tejashree Amonkar's singing program has been organized on Sunday, June 15, 2025 at 5 pm in the V.V. Gokhale Auditorium of the center. On this occasion, Yati Bhagwat will accompany on tabla and Dnyaneshwar Sonawane on samvadini. This program is open to all. The center has appealed to more and more fans to enjoy it. For more information, contact 7700994495, 24304150

Healthy, wealthy and wise!

Fit, successful and beautiful! Are you worth the effort it takes to achieve it? Of course you are

Believe in the power of laughter

Having a good giggle lowers stress levels, inducing a feel-good factor no drugs could ever supply. Adults with a sense of humor live longer than those who don't get the joke. When you're feeling down, slot a comedy into your DVD player, curl up with a funny book or get in touch with the perpetual joker among your family and friends.

Believe in the power of regular exercise

Make exercise a regular feature of your health regime. Exercise releases "happy endorphins" in our brains, which boost our mood; it keeps sickness at bay generally and increases our concentration.

Make time to breathe and meditate

Meditation may not allow you to do "that thing gurus do when they levitate" but studies have shown that it will allow you to decrease your insomnia by 42% and loosen you up with just three deep breaths whenever stress threatens to spoil your day. Meditation is also known to reduce gray matter in the amygdala, the part of our body where anxiety and emotions are regulated.

Consume enough water

Staying rehydrated energizes our bodies, flushes out toxins and helps our bodies to perform at their best.

Drink at least 2 litres of water or liquid a day, restricting coffee, soda and tea consumption to 3 cups per day. If you feel your brain is foggy and tired at work, that's because you haven't had enough water.

Fuel up with food

Food is fuel for our bodies. Treat your body like a temple and consume only whole, clean and natural food stuffs. Eat at least five portions of fruit and vegetables a day and keep red meat consumption to a minimum. Develop a healthy attitude to eating and food in general.

Don't avoid entire food groups

Avoid food fads, diets that tell you to cut out whole food groups and eat only protein or carbs or drink nothing but cabbage soup. Only a balanced diet will keep your body working at maximum potential.

Work with your body, not against it

All those disgustingly healthy people you've met so far have one thing in common: they listen when their body tells them something important. They don't work against their

bodies, but with them. Put aside your knife and fork, when you're full; say "no" to colleagues or boss, when you're inundated with work already; take the pain in your legs or back or arms seriously when you're in the gym and stop pushing yourself too hard.

Go out and get some fresh air

Don't be a hermit and stay indoors all the time. Go out for a brisk walk at lunchtime, soak up sunshine, and breathe in fresh air. You'll be amazed how much better you'll be able to perform whatever task lies ahead, including weekend fun and socializing.

Get enough sleep

Insufficient sleep can raise our blood pressure, cause memory loss

and lack of concentration. And there's the whole issue of unsightly bags under your eyes. To stay healthy you'll need a minimum of 7 hours sleep every night.

Strive for a 80/20 balance

Any health regime that requires 100% commitment, 100% of the time will get boring and irritating over time. Follow the 80/20 principle and you'll be able to sustain a healthy lifestyle that has the occasional treat built in. Meaning 80% of the time you're eating clean, healthy food as recommended by your doctor, and 20% of the time you can stuff your face with whatever takes you're fancy. As long as it's an occasional indulgence, you won't come to any harm.

(With inputs from Lauren Chadwick for allwomenstalk)



Sugar splurges? Beat, kill and conquer!

Feel like hogging on sweets day and night? Energy tends to slump without it? Well, listed here are few ways you can adopt to resist the lure once and for all

Stop eating so many sweets

What? How is that going to help? This might surprise you, but research shows that eating sweet foods drives the craving for more of them. When you cut back on the number of sweets you eat, you'll begin to crave them less. This isn't easy and will take a bit of willpower

Eat a tablespoon of coconut oil

Here's something that may stop a craving instantly. Eating a bit of coconut oil can make a sugar craving disappear. Add a bit of raw cacao powder to give it an appealing taste. Coconut oil contains a certain type of fatty acids that your body converts to energy quickly, much like sugar.

Have a piece of fresh fruit

Really? The last thing any one would want when there are brownies is an apple. However, nibbling on a piece of fruit easily satisfies a sweets craving with far fewer calories and no fat. Try berries, grapes or anything your heart desires. Go ahead and splurge on dessert now and then, but for everyday sugar cravings, beat them with fresh fruits.

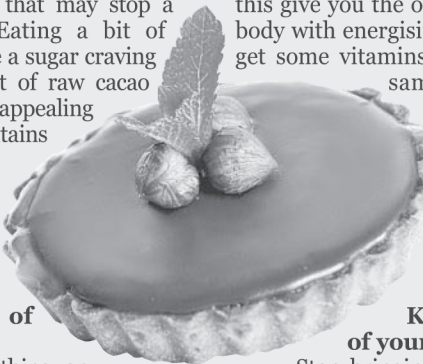
Stop eating diet sweets

You might feel like you're doing something virtuous for your body by choosing sugar-free treats like diet soda or candy.

However, what happens when you eat them is that your body expects sugar and when it doesn't get what it thinks is coming, you start to crave more sweet stuff. Skip the diet foods.

Try a real meal instead

Next time you get an intense sugar craving; make yourself a meal instead of eating the cheesecakes. Not only does this give you the opportunity to fill your body with energising foods, but you also get some vitamins and minerals at the same time. Eat something with a healthy mix of protein, carbs and fat and you may find that you don't want the sugary junk anymore.



Keep the sugar out of your house and office

Stop bringing home sugary things and you'll be more likely to get through a sugar craving without giving in. Keep junk out of your office too. When one has to go to the store to get the sugar fixed makes it a whole lot less appealing.

Do something to distract yourself

When you find yourself dying for a slice of cake or a can of soft drink, do something else to keep your mind off the craving.

Theme it the food way!

Do you love experimenting, hogging on new delicacies everyday? Or perhaps you are a chef or a cook who just really loves delicious, fresh food; if any of these details describe you, a foodie themed wedding is the perfect fit for you and your spouse-to-be!

Foodie themed wedding invitation

Not only is this invitation suite perfect for your foodie themed wedding, but it would also be perfect for your fall apple decor wedding. If you are serving farm fresh ingredients, or just love food, this adorable collection will show your guests the charming details of what's to be expected on your wedding day.



Foodie themed wedding decor

How cute is this wagon display idea for your foodie themed wedding. Perhaps you grew up on a farm, met each other at a farmer's market, or you started to grow your own little garden full of carrots, tomatoes, eggplant, and more; couldn't you just picture foodie themed decor like this at your big day.



Foodie themed wedding centerpiece

Is that asparagus I see being used in the centerpiece? Why yes it is! What a creative idea to take a stalk vegetable and tie it around a votive candle for a foodie themed wedding centerpiece, it's simple yet it makes such a big statement to really show your love for fresh food.

Foodie themed escort cards

What's a foodie themed wedding without a barbecue sauce escort card to send your guests home with! Of course this has to be a homemade barbecue sauce since you are a foodie after all. The printed tags and the little barbecue grill stamped on them, the bag included with the escort card tag is a homemade spice rub. Won't your guests just fall in love with you all over again when they get to use this sauce and rub at home, tell them not to forget to invite the new bride

and groom over for dinner!

Foodie themed wedding bar

Are you celebrating a small brunch wedding with just a few close family members and friends? Well why not set up a pancake bar full of fresh fruit and fresh orange juice for your foodie themed wedding brunch that everyone will drool over, especially

when you offer them fresh coffee as well! Pancakes are such a wonderful comfort food that just about everyone loves, so bring that warm, cozy feeling to your guests big day and watch your guests go home with hearts and stomachs full of happiness!

Foodie themed wedding table

When think of a foodie

themed wedding and a bride and groom who love food, picture a family style set up for the reception tables. A family style dinner is when the food is brought out in big bowls and serving platters and everyone passes it along to be shared. It's a great way to really appreciate not only the food, but the loved ones you are enjoying the meal with.

You don't have to be a chef to have a foodie themed wedding or even be someone who is an expert cook. A foodie themed wedding can be for any couple, who loves these foodie ideas, loves fresh food and ingredients, loves travelling and experiencing new foods, and loves creating fun recipes for their friends and family to try. A foodie themed wedding can be centred on a farmer's market, a backyard barbecue, a brunch full of fresh fruits and pancakes, or anything about food that you love.

Oh! He is unKNOWN!



Our moms always told us not to talk to strangers when we were kids and of course, it was a good advice for reasons best known to all, but sometimes talking to the unfamiliar can actually put you in good stead

Time flies faster

Having to wait in line or commuting to work can be a real bore. Sparking up a conversation with a person near you can make the time fly faster. It's like having real-life Facebook updates! And don't worry! You aren't committed to ever speaking to that person again, so if the conversation goes poorly, no biggie! At least you'll have a fun story to tell your friends.

A great way to

improve your social skills

Talking to strangers is a great opportunity to perfect two essential social skills-asking questions and being a good listener. When interacting with someone, many of us end up too focussed speaking ourselves, pretty much ignoring what the other has to say.

You never know who you might meet

The person next to you

on the bus or the one you start a conversation with when walking your dog might one day become your best friend or spouse. Or they may be the one to finally offer you the job of your dreams. In today's world, who you know is often what matters, not what you know - so the random stranger you talk to on your way to work could become your greatest asset.

New perspectives

There is always someone

out there who'll know more about a topic than you do, and listening to their perspective can completely change your views on that subject, expanding your horizons.

Taking a chance and interacting with people you don't know can really change your life - and theirs - for the better.

Wake up healthy!

Who wants to feel groggy and tired all day? Here are few ways that will give a lively start to your day

Drink water as soon as you wake up: It will not only make you feel great on the outside it will make you feel great on the inside! It will prepare your digestive system and hydrate you!

Eat a healthy breakfast: Eating breakfast in the morning is great for your health. By filling your tummy with some eggs or some fruit or even oat meal with yogurt it will give you energy that is badly needed to start the day.

Drink warm water with lemon: This is a great alternative if you are a coffee or tea lover in the mornings. This drink will boost your metabolism making you burn more calories throughout the day, give you energy.

Do yoga: Doing yoga is a great thing to do in the morn-

ing. It will stretch muscles and make you feel great! Accomplishing something like a yoga class or stretches will make you feel on top of the world!

Be exposed to morning sunlight: Being exposed to sunlight in the morning will remind your body that it's time to wake up. It will brighten your room and it will make you feel calm and ready to start the day! So at night why don't you just leave your curtains open a crack?

Exercise: Exercising will boost your metabolism and give you heaps of energy! Who doesn't want that!?





EXPRESSWAY
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HYDERABAD

Wimbledon champion Krejcikova suffers first-round defeat at Queen's Club



London, June 11 (UNI) : Defending Wimbledon champion Barbora Krejčíková failed to reach the second round at Queen's Club, as the 29-year-old Czech lost to Rebecca Sramkova of Slovakia 6-4, 6-3 at the WTA 500 event here.

Krejčíková started her campaign at Queen's Club in west London as the seventh seed in the women's singles main draw, but was outplayed by 28-year-old Sramkova after one hour and 15 minutes on Tuesday.

Last year, Krejčíková celebrated her first Grand Slam win since the French

Open in 2021, but withdrew from this year's Australian Open due to a back injury and had been out of action until May. World No. 41 Sramkova's next opponent is Emma Raducanu, as the home favorite smashed Spanish qualifier Cristina Bucsa 6-1, 6-2.

"I think it was a very clean performance. I'm really pleased with what I was able to put out on the court despite any first-round nerves," said the 22-year-old former U.S. Open champion.

Raducanu's compatriots Katie Boulter and Heather Watson also enjoyed opening-round wins in

front of their home crowd.

Boulter, 28, edged out Ajla Tomljanovic 7-6(4), 1-6, 6-4 after battling against the Australian qualifier in two hours and 21 minutes.

Wild card Watson saw off world No.27 Yulia Putintseva 6-4, 6-3 to set up a second-round clash with former Wimbledon champion Elena Rybakina of Kazakhstan.

China's Olympic champion Zheng Qinwen is the tournament's top seed. The world No.5 has received a first round bye and will play against McCartney Kessler from the United States in the second round on Thursday.

Srabani awarded prize money of Rs. 2.5 lakh for winning silver

Bhubaneswar, June 11 (UNI) : Odisha sportsperson Srabani Nanda, who won a silver medal in the 4x100m relay at the Asian Athletics Championship-2025, was felicitated and awarded a prize money of Rs. 2.5 lakh on Wednesday. The Odisha Sports and Youth Affairs Department honored Srabani for bringing fame to the country and the state.

Odisha Sports Minister Suryavanshi Suraj, while congratulating Srabani on her achievement, said that her success would inspire all sportspersons in Odisha, especially women athletes, to build a golden future in the world of sports. It is worth mentioning that the Indian women's team secured the silver medal in the 4x100m relay race at the Asian Athletics Championship-2025.

Barcelona midfielder

De Jong optimistic over new contract

Madrid, June 11 (UNI) : FC Barcelona's Dutch international midfielder Frenkie de Jong said he is hopeful of reaching an agreement to extend his current contract with the club, which is due to expire at the end of June 2026.

"I think I will sign a new contract, but you can never say that with a hundred percent certainty. If everything goes well, then it will happen." "They want it and I want it, so normally you can work it out," De Jong told Dutch outlet Voetbalzone. The news marks a big turnaround in De Jong's fortunes over the last 12 months. He ended the 2023-24 season with an ankle problem and with Barcelona desperately looking to lower its wage bill and raise funds to meet financial fair play requirements, it looked as if he could be sold.

Indian Junior Women's Hockey Team beats Belgium 2-1 in its Tour of Europe

Antwerp, June 11 (UNI) : The Indian Junior Women's Hockey Team continued their winning streak in the tour of Europe with a well-deserved win over Belgium.

India edged past the Belgian side with a tight scoreline of 2-1 at the Hockey Center of Excellence, Wilrijkse Plein in Antwerp, Belgium. Lalthantluangi (35') and Geeta Yadav (50') scored goals for India on Tuesday.

The first half remained goalless as both sides couldn't manage to break the deadlock in the tight contest. In the 35th minute, India finally scored the opening goal as Lalthantluangi successfully converted a fortunate penalty stroke. In the last quarter, Van Hellemont (48') scored the equaliser through a field goal for Belgium. However, just two minutes later, Geeta Yadav replied with a field goal herself and grabbed the winner for India.

India then defended well to fend off the Belgian attacks in the final 10 minutes of the game and ensured they enjoyed another win over Belgium.

After two consecutive wins, the Indian Junior Women's Hockey Team will next play Belgium for the third and final time in their Tour of Europe on June 12.

Vinicius on target as Brazil books WC ticket

Sao Paulo, June 11 (UNI) : Vinicius Junior scored in the first half as five-time world champion Brazil secured a spot at next year's FIFA World Cup with a 1-0 home win over Paraguay in its qualifier.

The result marked new manager Carlo Ancelotti's first victory since taking charge late last month and leaves Brazil third in the South American standings with 25 points, one ahead of fifth-placed Paraguay, with two matches remaining. "We're very happy to have qualified for the World Cup, which was our objective," Vinicius told TV Globo after the match on Tuesday. "Tonight wasn't one of our best games but the most important thing in these qualifiers is to get over the line and do what's needed to reach the World Cup. Now it's time to celebrate."

The host took the lead on the stroke of halftime when Vinicius slid home

from inside the six-yard box after Matheus Cunha's cross from the right side of the penalty area.

Brazil dominated for large periods at Sao Paulo's Corinthians Arena but struggled to break down Paraguay's disciplined defensive block.

The visitor offered little in attack and its best chance of the first half was a speculative effort by Junior Alonso from 15 yards. Brazil went close to doubling its lead just before the hour through Bruno Guimaraes, whose deft chip was headed off the line by Juan Cereres.

Dynamo Moscow right-back Cereres then put Brazil's defense under pressure with a long throw to the goalmouth, where the ball fell to Alonso, whose powerful header flew just over the bar. But there were few other scoring chances as both teams appeared to prioritize defense over offensive ambition.

Gareca quits as Chile misses World Cup

El Alto (Bolivia), June 11 (UNI) : Ricardo Gareca resigned as Chile's head coach after the team's 2-0 away loss to Bolivia, a result that ended the team's hopes of qualifying for the 2026 FIFA World Cup.

Goals from Miguel Terceros and Enzo Monteiro in El Alto handed Chile its 10th defeat of the South American qualifying tournament on Tuesday.

The team sits last in the 10-nation standings and is now mathematically out of reach of a playoff spot.

"We made a decision with the coaching staff and we told them [the players] that we want to decompress the situation," Gareca told a post-match news conference at the Municipal Stadium in El Alto.

"We didn't deliver results. Chile is in a situation that no one would have wanted, and from a sporting perspective, with all the experience and career I have, it's a hard knock. I have to get back on my feet, just as Chile must get back on its feet in the future."

Gareca led Chile to just one victory in 13 matches, having taken charge of the Roja in January 2024. After winning back-to-back Copa America titles in 2015 and 2016, Chile will now miss the World Cup for the third consecutive time, having also failed to qualify in 2018 and 2022.

Tuesday's result left Bolivia with 17 points and still in contention with two qualifiers remaining. Oscar Villegas' men will face Colombia and Brazil in September as it seeks its first World Cup berth since 1994.

Late Almada strike earns Argentina point against Colombia

Buenos Aires, June 11 (UNI) : Thiago Almada struck late as Argentina salvaged a 1-1 home draw against Colombia in their FIFA World Cup qualifier. Liverpool forward Luis Diaz gave the visitors the lead against the run of play when he cut inside from the left wing and skipped past three defenders before coolly firing a shot past Emiliano Martinez on Tuesday.

The host was forced to play the last 25 minutes with 10 men after Chelsea midfielder Enzo Fernandez was shown a straight red card for a dangerous challenge on Kevin Castano.

Despite its numerical disadvantage, Argentina continued to dictate terms and pushed forward in search of an equalizer.

Lyon midfielder Almada put his side on level terms nine minutes from time by receiving Exequiel Palacios' pass and advancing into the box before drilling a low effort into the far corner.

Reigning World Cup champion Argentina, which is already assured of a place at football's showpiece tournament next year, remains top of South America's qualifying group with 35 points, 13 ahead of sixth-placed Colombia. The top six teams earn direct entry to the World Cup while the seventh-ranked side advances to a playoff.

Wang Zifei, Hu Kai continue golden runs at ISSF World Cup

Munich, June 11 (UNI) : China's Wang Zifei and Hu Kai extended their winning streaks in the women's 10m air rifle and men's 10m air pistol events respectively, each capturing their third individual gold medal of the season at the ISSF World Cup in Munich.

At 18, world record holder Wang delivered a stunning qualification performance, breaking both the junior and overall qualification world records with a score of 637.9 to advance to the final.

In the final, Wang stayed composed and consistent, delivering a series of high 10s. A

decisive 10.9 shot near the end gave her a slim lead, allowing her to narrowly defeat South Korea's Kwon Eun-ji by 0.1 point with a final score of 252.7.

India's Elavenil Valarivan claimed the bronze medal. Fellow Chinese shooter Han Jiayu secured sixth place.

The win marked Wang's third straight World Cup gold in the women's 10m air rifle, keeping her unbeaten record in the event this season after victories in Buenos Aires and Lima.

She currently holds all four individual women's 10m air rifle records over senior and junior categories

in this discipline.

In the men's 10m air pistol, 23-year-old Hu led qualification with 588 points, but faced stiff competition in the final from Kazakhstan's Valeriy Rakhimzhan and Christian Reitz of Germany.

Hu had a slow start in the final but regained momentum with a series of high-scoring shots, including several over 10.5, to move into medal contention.

With two shots remaining, Hu responded with a 10.5 and a 10.4 to edge ahead. The Kazakh shooter, who had led most of the contest, closed with a 9.9

and had to settle for silver with 241.9. Reitz took bronze.

The victory marked Hu's third straight gold of the season in the event, keeping his unbeaten record in 2025. Another Chinese shooter, Olympic champion Xie Yu, finished fifth.

With two gold medals on the first competition day, China leads the medal table in Munich, followed by Kazakhstan and South Korea.

The ISSF World Cup will continue on Wednesday with the men's 50m rifle 3 positions final and the women's 25m pistol final.

Punjab FC head coach Dilmeris pens contract extension till 2027

New Delhi, June 11 (UNI) : Indian Super League (ISL) club Punjab FC has announced the contract extension of head coach Panagiotis Dilmeris until 2027.

The extension comes on the back of a season marked by strong developmental progress and key milestones for the club. Alongside him, Assistant Coach Konstantinos Katsaras and Strength and Conditioning Coach Papaioannou Ioannis will also continue with the club. Sankar Lal Chakraborty will also continue as the Indian Assistant Coach of the team for the next season.

Dilmeris, who joined the club ahead of the 2024-25 campaign from Greek Club A. E Ermionida FC, led Punjab FC to a tenth-place finish in the ISL with 28 points and guided the Shers to the quarterfinals of the Kalinga Super Cup. The team started the season strongly, winning four of their first five matches, before injuries impacted consistency in the latter part of the campaign. Despite the setbacks, the Shers registered four more wins and four draws across their remaining 19 fixtures. Offensively, the team remained dynamic, scoring 28 of their total 34 goals from open play, while defensively, they topped the league in interceptions per match.

Under Dilmeris, the Shers made notable strides in youth development and earned the ISL Award for Best Elite Youth Program for the 2024-25 season.

He fielded the youngest squad in the league with an average age of 25 years and 216 days, as the club continued to reinforce its commitment to nurturing their own talent. A total of nine academy graduates featured in the senior team, with six of them making their first-team debuts under Dilmeris. The Shers also led the league in minutes played by teenagers and U23 players, clocking an impressive

Mumbai Falcons reach finals of T20 Mumbai League

Mumbai, June 11 (UNI) : Riding on its fifth clinical performance in six games in the tournament so far, SoBo Mumbai Falcons made short work of Bandra Blasters in the second semifinal of the T20 Mumbai league's third edition. The six-wicket win on Tuesday night, achieved with a whopping 32 balls to spare, meant the Falcons will square off against MSC Maratha Royals, to be played at the Wankhede Stadium on Thursday night.

After restricting the Blasters to 130 for eight, Ishan Mulchandani's third fifty of the season meant the Falcons cruised home in the 15th over and gave the Mumbaiaiks who turned up in numbers to support them enough time for catching a local train.

Ever since captain Shreyas Iyer walked out to the toss – taking over the reins from Angkrish Raghuvanshi – the Falcons did not even put a foot wrong till Shreyansh Rai scored the winning run off Vikram Auti's part-time spin.

Shreyas had no hesitation in sticking to the strategy of opting to

bowl first once the coin landed in his favour. And Siddharth Raut – one of the pacers of the tournament – saw the back of dangerous Suved Palkar – by forcing the star of Royals' last match into a nick to Angkrish Raghuvanshi behind the wickets. In his next, Raut accounted for left-handed Auti to peg the Blasters back and the spinners took over. Neither captain Akash Anand nor allrounder Dhruv Matkar could break the shackles applied by the Falcons bowler. The fact that the Falcons conceded only nine fours and five sixes in its essay indicates how effective all the bowlers, especially the spin unit, were. A decent Powerplay was the need of the hour and Raghuvanshi and Mulchandani did just that, with the lanky Raghuvanshi taking the initiative. He welcomed Dhanit Raut's pace into the attack with a square leg and then cut him through point for a four in the second. In the next over, left-arm spinner Karsh Kothari was at the receiving end, with two consecutive sixes.

7,522 minutes across the campaign.

Speaking on the extension, Dilmeris said, "I'm honoured to continue this exciting journey with Punjab FC. I want to sincerely thank Punjab FC for trusting me and giving me the opportunity to be part of Indian football. It has been a rewarding experience working with such talented and hardworking players. I believe Indian football has immense potential, and I'm proud to contribute to its growth through our work at Punjab FC. Together with my staff, I look forward to building on the foundations we've laid and continuing to develop both the team and the young talent around us."

The 2024-25 season also saw several landmark individual achievements. Pramveer Singh became the youngest starter in ISL history, while Singamayum Shami emerged as the youngest goal scorer in the history of ISL. Vishal Yadav and the dynamic Muhammad Suhail added to the tally of youth excellence, becoming the third youngest debutant and third youngest assist provider respectively.

Adding to the club's proud moments, Abhishek Singh and Nikhil Prabhu earned senior national team call-ups — becoming the first players from Punjab FC to represent the Indian National Football Team.

Nikolaos Topoliatis, Football Director, Punjab FC, added, "We are delighted to retain our coaching team for the long term. Dilmeris, Konstantinos, and Papaioannou have brought professionalism, commitment, and belief to the squad. Dilmeris' vision for the team aligns closely with the club's philosophy of youth development and long-term progress. We are confident he will continue to lead the team with purpose and passion."

SOGF to hold Grandmasters Series - South Zone 2, announces Koneru Humpy as Brand Ambassador

Chennai, June 11 (UNI) : Announcing legendary Grandmaster Koneru Humpy as its Brand Ambassador to inspire and empower the next generation of Mind Sports enthusiasts, Skillhub Online Gaming Federation (SOGF) will be holding the SOGF Grandmasters Series South Zone 2.

The event will take place in Chennai on July one and two and would bring together the finest minds in Indian rummy and chess for an unforgettable celebration of skill, strategy, and sportsmanship.

The event will consist of two tournaments, the

Indian Rummy Grandmasters (IRG) for the Rummy enthusiasts and the Indian Chess Masters (ICM) and Indian Chess Masters for Blind (ICMB) for the chess enthusiasts, according to a press release. This event will be focused on people across Pondicherry, Tamil Nadu and Andaman & Nicobar Islands. Mr. Shankar Agarwal, President, SOGF, said, "We are thrilled to bring the SOGF Grandmasters Series to Chennai, a city with a rich legacy in mind sports. Our goal is to provide a platform where talent meets opportunity, and legends inspire the next generation.

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Modification in Tatkal scheme

(Standard Post Bureau)
Mumbai, June 11 : To ensure that the benefit of tatkal train tickets should be reaped by common man and individuals, Indian Railways has taken many steps:
2.5cr suspicious IRCTC IDs have been blocked in the last six months for using bot softwares for ticket booking.
Aadhar has been made essential for booking Tatkal E-Ticket for individual users.
For tatkal booking at railway counter/window ticket passengers/representatives have to provide mobile number and OTP. After successful authentication of mobile/OTP, the Tatkal ticket will be generated.First 30

minutes of tatkal ticket booking will be available only to individual online users and to the persons who will book tickets from the PRS counters at stations.
Travel agents and authorized agencies can book tickets after half an hour, i.e. Travel agents can book Tatkal in AC classes from 10:30 hrs and for Non AC after 11:30 hrs .
Exclusive facilities to Individual online user and window ticket users from 10:00 to 10:30 for AC and 11:00-11:30hrs for Non-AC.
For non-aadhar users, tatkal ticket booking can be done at PRS counters and through authorised Travel agents.
E-Ticketing with

Aadhaar
Ticket booking on IRCTC App for Tatkal will be permitted for Aadhaar verified accounts only from 01-07-2025.
The provision of OTP for Aadhaar authentication will be implemented by 15-07-2025.
Certain provisions have been made to ensure that bots (or other softwares means) are not able to book tickets faster than genuine users.
Window Ticket booking with Mobile OTP
Window tickets will require the booking person to provide a mobile number on which OTP will be sent for verification. This provision will be implemented by 15-07-2025.

Cabinet approves two multitracking projects across Indian Railways covering seven Districts in Jharkhand, Karnataka and AP increasing the existing network by about 318 Kms

(Standard Post Bureau)
Mumbai, June 11 : The Cabinet Committee on Economic Affairs, chaired by the Prime Minister Mr Narendra Modi, has approved Two projects of Ministry of Railways with total cost of Rs. 6,405 crore. These projects include:
1. Koderma – Barkakana Doubling (133 Kms) – The project section passes through a major coal producing area of Jharkhand. Furthermore, it serves as the shortest and more efficient rail link between Patna and Ranchi.
2. Ballari – Chikjajur Doubling (185 kms.) – The project line traverses through Ballari and Chitradurga districts of Karnataka and Anantapur district of Andhra Pradesh.
The increased line capacity will significantly enhance mobility, resulting in improved operational efficiency and service reliability for Indian

Railways. These multi-tracking proposals are poised to streamline operations and alleviate congestion. The projects are in line with Prime Minister Shri Narendra Modiji’s Vision of a New India which will make people of the region “Atmanirbhar” by way of comprehensive development in the area which will enhance their employment/self-employment opportunities.
The projects are result of PM-Gati Shakti National Master Plan for multi-modal connectivity which have been possible through integrated planning and will provide seamless connectivity for movement of people, goods and services.
The two projects covering seven Districts across the states of Jharkhand, Karnataka and Andhra Pradesh, will increase the existing network of Indian Railways

by about 318 Kms.
The approved multi-tracking project will enhance connectivity to approx. 1,408 villages, which are having a population of about 28.19 lakh.
These are essential routes for transportation of commodities such as coal, iron ore, finished steel, cement, fertilizers, agriculture commodities, and Petroleum products etc. The capacity augmentation works will result in additional freight traffic of magnitude 49 MTPA (Million Tonnes Per Annum). The Railways being environment friendly and energy efficient mode of transportation, will help both in achieving climate goals and minimizing logistics cost of the country, reduce oil import (52 Crore Litres) and lower CO2 emissions (264 Crore Kg) which is equivalent to plantation of 11 Crore trees.

Short -Termination, Short-Origination diversion of coaching trains : ECoR

(Standard Post Bureau)
Visakhapatnam, June 11 : Due to safety related modernization works in connection with commissioning of double line between Suku – Koraput in KK Line of Waltair Division, the following train services will be Short-Terminated/ Short-Originated/diverted as detailed below :-
SHORT TERMINATION/SHORT ORIGINATION OF TRAINS:
1. The train No. 18512 Visakhapatnam-Koraput Bi-weekly Express leaving from Visakhapatnam on 13.06.2025 and 16.06.2025 will be short terminated at Dumuriput.
2. The train No. 18511 Koraput – Visakhapatnam Bi-weekly Express will leave from Dumuriput on 14.06.2025 and 17.06.2025 instead of Koraput.
3. The train No. 58538 Visakhapatnam-Koraput Passenger leaving Visakhapatnam

from 12.06.2025 to 19.06.2025 will be short terminated at Damanjodi .
4. The train No. 58537 Koraput - Visakhapatnam Passenger will leave from Damanjodi instead of Koraput from 13.06.2025 to 20.06.2025.
DIVERSION OF TRAINS:
1. The train No. 18005 Howrah-Jagdalpur Samaleswari Express leaving Howrah from 12.06.2025 to 18.06.2025 will run in diverted route via Dumuriput-Manbar without touching Koraput.
2. The train No. 18006 Jagdalpur-Howrah Samaleswari Express leaving from Jagdalpur from 13.06.2025 to 19.06.2025 will run in diverted route via Dumuriput-Manbar without touching Koraput.
3. The train No. 18107 Rourkela-Jagdalpur Intercity Express leaving Rourkela from 12.06.2025 to 18.06.2025 will run in diverted route via

Dumuriput-Manbar without touching Koraput.
4. The train No. 18108 Jagdalpur-Rourkela Intercity Express leaving Jagdalpur from 13.06.2025 to 19.06.2025 will run in diverted route via Dumuriput-Manbar without touching Koraput.
5. The train No. 18447 Bhubaneswar-Jagdalpur Hirakhand Express leaving Bhubaneswar from 12.06.2025 to 18.06.2025 will run in diverted route via Dumuriput-Manbar without touching Koraput.
6. The train No. 18448 Jagdalpur-Bhubaneswar Hirakhand Express leaving Jagdalpur from 13.06.2025 to 19.06.2025 will run in diverted route via Dumuriput-Manbar without touching Koraput.
People are requested to note the changes and act accordingly. The inconvenience caused is deeply regretted.

Central Railway to run 80 Ashadi Special Trains for Pandharpur - Miraj

(Standard Post Bureau)
Mumbai, June 11 : Central Railway will run 80 Ashadi Special trains to Pandharpur and Miraj for the benefit of pilgrims attending the Ashadi Fair being held at Pandharpur from 01.07.2025 to 10.07.2025.
The details are as under:
1. Nagpur-Miraj specials (4 services)
Train No. 01205 Special will leave Nagpur at 08.50 hrs on 04.7.2025 & 05.7.2025 and reach Miraj at 11.55 hrs next day. (2 services)
Train No. 01206 Special will leave Miraj at 12.55 hrs on 05.7.2025 & 06.7.2025 and reach Nagpur at 12.25 hrs next day. (2 services)
Halts: Ajni, Wardha, Pulgaon, Dhamangaon, Chandur, Badnera, Murtijapur, Akola, Shegaon, Malkapur, Bhusaval, Jalgaon, Chalisgaon, Manmad, Kopargaon, Belapur, Ahmednagar, Daund, Kurduwadi, Pandharpur, Sangola, Mhasoba Dongargaon, Jath Road, Dhalgaon, Kavathe Mahankal, Salgare and Arag
Composition: Two AC-3 Tier, 10 Sleeper Class, 4 General Second Class and 2 Second seating & Luggage cum Guard’s brake vans.
2. New Amravati-Pandharpur specials (4 services)
Train No. 01119 Special will leave New Amravati at 14.40 hrs on 02.7.2025 & 05.7.2025 and will reach Pandharpur at 09.10 hrs next day. (2 services)
Train No. 01120 Special will leave Pandharpur at

19.30 hrs on 03.7.2025 & 06.7.2025 and will reach New Amravati at 12.50 hrs next day. (2 services)
Halts: Badnera, Murtijapur, Akola, Shegaon, Jalamb, Nandura, Malkapur, Bodwad, Bhusaval, Jalgaon, Pachora, Chalisgaon, Nandgaon, Manmad, Kopargaon, Belapur, Ahmednagar, Daund and Kurduwadi
Composition: Two AC-3 Tier, 10 Sleeper Class, 4 General Second Class and 2 Second seating & Luggage cum Guard’s brake vans.
3. Khamgaon-Pandharpur specials (4 services)
Train No. 01121 Special will leave Khamgaon at 11.30 hrs on 03.7.2025 & 06.7.2025 and will reach Pandharpur at 03.30 hrs next day. (2 services)
Train No. 01122 Special will leave Pandharpur at 05.00 hrs on 04.7.2025 & 07.7.2025 and will reach Khamgaon at 19.30 hrs same day. (2 services)
Halts: Jalamb, Nandura, Malkapur, Bodwad, Bhusaval, Jalgaon, Pachora, Chalisgaon, Nandgaon, Manmad, Kopargaon, Belapur, Ahmednagar, Daund and Kurduwadi
Composition: Two AC-3 Tier, 10 Sleeper Class, 4 General Second Class and 2 Second seating & Luggage cum Guard’s brake vans.
4. Bhusaval-Pandharpur Unreserved specials (2 services)
Train No. 01159 Unreserved Special will leave Bhusaval at 13.30 hrs

on 05.7.2025 and will reach Pandharpur at 03.30 hrs next day. (1 service)
Train No. 01160 Unreserved Special will leave Pandharpur at 22.30 hrs on 06.7.2025 and will reach Bhusaval at 13.00 hrs next day. (1 service)
Halts: Jalgaon, Pachora, Chalisgaon, Nandgaon, Manmad, Kopargaon, Belapur, Ahmednagar, Daund, Kurduwadi
Composition: 16 General Second Class / Sleeper Class Coaches and 2 Second seating & Luggage cum Guard’s brake vans.
5. Latur-Pandharpur Unreserved specials (10 Services)
Train No. 01101 Unreserved Special will leave Latur at 07.30 hrs on 02.7.2025, 04.7.2025, 07.7.2025, 08.7.2025 and 09.7.2025 and will reach Pandharpur “at 12.50 hrs same day. (5 services)
Train No. 01102 Unreserved Special will leave Pandharpur at 13.50 hrs on 02.7.2025, 04.7.2025, 07.7.2025, 08.7.2025 and 09.7.2025 and will reach Latur at 19.20 hrs same day. (5 services)
Halts: Harangul, Ausa Road, Murud(D), Dhoki, Kalamb Road(D), Yedshi, Dharashiv (Usmanabad), Pangri, Barsi Town, Shendri, Kurduwadi and Modlimb.
Composition: 8 Sleeper Class coaches, 4 General Second Class and 2 Second seating & Luggage cum Guard’s brake vans.
6. Miraj-Kalaburagi Unreserved specials (20 services)
Train No. 01107 Unreserved Special will

leave Miraj at 05.00 hrs from 01.7.2025 to 10.7.2025 and will reach Kalaburagi at 13.30 hrs same day. (10 services)
Train No. 01108 Unreserved Special will leave Kalaburagi at 15.30 hrs from 01.7.2025 to 10.7.2025 and will reach Miraj at 23.50 hrs same day. (10 services)
Halts: Arag, Belanki, Salgare, Kavathe Mahankal, Langarpeth, Dhalgaon, Jath Road, Mhasoba Dongargaon, Javale, Wasud, Sangola, Pandharpur, Modlimb (only for Train no 01108), Kurduwadi, Madha, Mohol, Solapur, Akalkot, Dodhani and Gangapur.
Composition: 12 General Second Class / Sleeper Class Coaches and 2 Second seating & Luggage cum Guard’s brake vans.
7. Kolhapur-Kurduwadi Unreserved specials (20 services)
Train No. 01209 Unreserved Special will leave Kolhapur at 06.10 hrs from 01.7.2025 to 10.7.2025 and will reach Kurduwadi at 13.30 hrs same day. (10 services)
Train No. 01210 Unreserved Special will leave Kurduwadi at 16.30 hrs from 01.7.2025 to 10.7.2025 and will reach Kolhapur at 22.30 hrs same day. (10 services)
Halts: Hatkanangale, Jaysingpur, Miraj, Arag, Belanki, Salgare, Kavathe Mahankal, Langarpeth, Dhalgaon, Jath Road, Mhasoba Dongargaon, Javale, Wasud, Sangola, Pandharpur and Modlimb.
Composition: 12

General Second Class / Sleeper Class Coaches and 2 Second seating & Luggage cum Guard’s brake vans.
8. Pune-Miraj Unreserved specials (16 services)
Train No. 01207 Unreserved Special will leave Pune at 08.40 hrs from 03.7.2025 to 10.7.2025 and will reach Miraj at 18.45 hrs same day. (8 services)
Train No. 01208 Unreserved Special will leave Miraj at 19.30 hrs from 03.7.2025 to 10.7.2025 and will reach Pune at 04.30 hrs next day. (8 services)
Halts: Hadapsar, Uruli, Daund, Jeur, Kurduwadi, Modlimb, Pandharpur, Sangola, Wasud, Javale, Mhasoba Dongargaon, Jath Road, Dhalgaon, Langarpeth, Kavathe Mahankal, Salgare, Belanki and Arag
Composition: 12 General Second Class / Sleeper Class Coaches and 2 Second seating & Luggage cum Guard’s brake vans.
Reservation: Bookings for Ashadi Special train nos 01205, 01206, 01119, 01120, 01121 & 01122 on special charges will open on 16.06.2025 at all computerised reservation centres and on website www.irctc.co.in.
Tickets for unreserved coaches can be booked through UTS system with normal charges for unreserved accommodation as applicable for super-fast Mail /Express trains.
For detailed timings and halts please visit www.enquiry.indianrail.gov.in or download NTES App.

Mandipalli Ramprasad Reddy, Minister Flags off A.P Sampark Kranti Express with Additional Stoppage at Razampeta Station

(Standard Post Bureau)
Razampeta, June 11 : Mr Mandipalli Ramprasad Reddy, Minister of Transport, Youth & Sports, Govt. of Andhra Pradesh flagged off Train No. 12707 Tirupati – H. Nizamuddin A.P Sampark Kranti Express with provision of additional stoppage at Razampeta station today from Razampeta Railway station. Smt. Mayana Zakia Khanam, Member of Legislative Council also graced the occasion. Smt. Sudeshna Sen, Divisional Railway Manager, Guntur Division and other senior Railway officials were present.

Speaking on the occasion, Mr Mandipalli Ramprasad Reddy stated that the provision of additional stoppage at Razampeta Railway station is a step forward towards enhancing the Rail connectivity in the region. He stated that this is the first train offering direct connectivity from Razampeta to the National capital which is highly beneficial for the local people. He stated that the train also offers day journey which will cater to various groups of the society and facilitate convenient travel towards important cities like Tirupati, Kacheguda, Nagpur, Bhopal, Delhi etc. Earlier, Smt. Sudeshna



Sen, Divisional Railway Manager, Guntur Division presented the welcome address. She stated that Razampeta Railway station in Annamayya district is an important station in the State of Andhra Pradesh. The provision of additional stoppage at the station for Train No. 12707/12708

Tirupati – H. Nizamuddin – Tirupati AP Sampark Kranti Express will improve the Rail connectivity in and around the region, she said.
Stoppage at RAZAMPETA Railway Station with effect from:
1. Train No. 12707 Tirupati – H. Nizamuddin AP Sampark Kranti Express

(Monday / Wednesday / Friday) Journey Commencing on – **11.06.2025.**
2. Train No. 12708 H. Nizamuddin – Tirupati AP RAZAMPETA Railway Station with effect from:
(Sunday / Wednesday / Friday) Journey Commencing on – **13.06.2025.**