

Amaravati will emerge as city of IT, AI: PM



(Standard Post Bureau) Amaravati, May 2 : Prime Minister Narendra Modi on Friday prophesied that Amaravati, the capital of AP, will emerge as a leading city in Information Technology, Artificial Intelligence, Green Energy, Clean Industry, Education, and Healthcare and assured full support to the state government in rapidly developing the necessary infrastructure to accelerate growth across these sectors. Modi inaugurated, laid the foundation stone and dedicated to the nation multiple development projects worth over Rs 58,000 crore here. Addressing a huge public meeting on the occasion, the Prime Minister highlighted that Amaravati will energise the vision of 'Swarna Andhra', making it a centre for progress and transformation. "Amaravati is not just a city, it is a force, it is the strength that will transform Andhra Pradesh into a modern state and a power that will transform Andhra Pradesh to an advanced state", stated Modi in Telugu. The PM lauded Chief Minister Chandrababu Naidu's acumen for envisioning future tech on a large scale and implementing it swiftly. He remarked that under Chandrababu Naidu's leadership, the new state government has accelerated development efforts. He highlighted that key institutions, including the High Court, Assembly, Secretariat, and Raj Bhavan, are now being prioritised for construction. Emphasising that over the past 10 years, India has focused extensively on (Contd on page 3)



Terrorism poses major global challenge: Birla

Lok Sabha Speaker Om Birla on Friday asserted that all democratic nations bound by a shared commitment to peace, security, and the rule of law will have to come together to eradicate the menace of terrorism. He stressed that terrorism poses a profound global challenge that transcends national borders and threatens the very fabric of peaceful societies. He called for a collective and resolute response, grounded in mutual trust and respect for international norms, to effectively combat terrorism and uphold the values that define democratic societies, a Lok Sabha Secretariat said. (See on page 2)

Nitish opens sports facilities at Rajgir academy-cum-university



Bihar Chief Minister Nitish Kumar on Friday inaugurated the newly constructed sports facilities, including indoor basketball, handball and volleyball courts besides a hockey practice turf at Rajgir Sports Academy-cum-Sports University in Nalanda district on Friday. ( See on page 3)

Cruz Azul beats Tigres to .....



Mexico international forward Angel Sepulveda converted a late penalty as Cruz Azul advanced to the final of the CONCACAF Champions Cup with a 1-0 home win over Tigres UANL. Sepulveda broke the semifinal deadlock in the 82nd minute on Thursday when he blasted his spot-kick past Argentine goalkeeper Nahuel Guzman after a Marcelo Flores handball. (See on page 7)

No one will get a Punjab water, says Mann after all-party meet



Punjab Chief Minister Bhagwant Singh Mann on Friday said that the state's water belongs to the state and no one would be allowed to take a single drop of it. Mann was speaking to the media after an all-party meeting in which, along with ruling Aam Aadmi Party, opposition parties such as the Congress, (See on page 8)

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By

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Union Minister of Railways, Information & Broadcasting and Electronics & Information Technology

Shri Gajendra Singh Shekhawat  
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## NHRC directs 11 states including Maharashtra to protect citizens from heatwave

New Delhi ,May 2 (UNI) : In view of the threat of heatwave this summer, the National Human Rights Commission (NHRC) on Friday directed 11 states including Maharashtra to take immediate preventive measures to protect the lives of the economically weaker, homeless, elderly, children and workers working outdoors.

According to the National Crime Records Bureau (NCRB) data, 3,798 deaths were reported across the country due to scorching heat and heatstroke between 2018 and 2022.

In this context, the NHRC has directed the Commission to focus on measures such as shelter, drinking water, medical facilities and change in working hours.

The NHRC has written to the Chief Secretaries of Maharashtra, Punjab, Haryana, Uttar Pradesh, Bihar, Jharkhand, West Bengal, Odisha, Andhra Pradesh, Telangana and Rajasthan, asking them to take concrete steps to combat the heat wave.

The Commission has directed them to provide treatment for heat-related illnesses, fans, drinking water, ORS and shade in public places, and protective clothing and rest facilities for workers, in line with the guidelines of the National Disaster Management Authority (NDMA).

It has been directed to focus on providing fans, cool roof materials and ORS packets to families in colonies and labour camps.

The Commission has asked the states to submit a report on the measures taken to protect the vulnerable population in the heat wave as per the existing Standard Operating Procedures (SOPs) and NDMA guidelines.

This is expected to reduce the impact of heat on the economically weaker sections, the homeless and those working in the open.

## Reduction in water supply to Haryana shows BJP govt’s incompetence: Kumari Selja

Chandigarh, May 2 (UNI) : Former Union Minister, and Member of Parliament from Sirsa, Kumari Selja said on Friday that there is a major outcry about water scarcity across Haryana, but the state government is only blaming the Punjab government and shirking its responsibilities.

She questioned how the Haryana government became so weak under BJP rule that Punjab took control of Haryana’s water share, and the government remained silent.She said that the failure to construct the SYL Canal despite the Supreme Court’s orders and now silently accepting the reduction in water supply from Bhakra dam is a symbol of the BJP government’s incompetence.



Students celebrate after class 10 exam results were declared, at a school at Bolpur, in Birbhum district, West Bengal. A high 86.57 per cent out of 9,69,425 candidates passed this year's Class 10 Madhaymik examination, the West Bengal Board of Secondary Education announced on Friday morning.

## Terrorism poses major global challenge: Birla

New Delhi, May 2 (UNI) : Lok Sabha Speaker Om Birla on Friday asserted that all democratic nations bound by a shared commitment to peace, security, and the rule of law will have to come together to eradicate the menace of terrorism.He stressed that terrorism poses a profound global challenge that transcends national borders and threatens the very fabric of peaceful societies.

He called for a collective and resolute response, grounded in mutual trust and respect for international norms, to effectively combat terrorism and uphold the values that define democratic societies, a Lok Sabha Secretariat said.

Birla said this during his meeting with Japanese Parliamentary delegation led by the Speaker of the House of Representatives of Japan Nukaga Fukushima at Parliament House

complex.

Nukaga Fukushima strongly condemned the terrorist attack in Pahalgam and reaffirmed Japan's steadfast support for India's fight against terrorism.

Birla appreciated the leadership of Japan for expressing solidarity with India on the Pahalgam terrorist attack and emphasised that in the current global scenario, friendship between India and Japan is essential for global peace, prosperity and stability.

Referring to partnership between both the countries in multilateral forums like QUAD, G20 and International Solar Alliance, Birla said, "We have common concerns and thoughts on regional and global issues. Our relations based on mutual understanding are extremely important for co-beneficial progress as well as for peace and stability in

the Indo-Pacific region. In the changing context, the friendship has now taken the form of strategic and global cooperation."

The Lok Sabha Speaker noted that the friendship between India and Japan is based on civilisational contacts, shared heritage of Buddhism and shared commitment to democratic values.

He also expressed happiness that every year a large number of Japanese tourists and pilgrims visit India to go to places related to Buddhism which promotes people to people connect between the two countries.

He welcomed the Japanese proposal to provide opportunities to more than 50,000 skilled human resources of India in various sectors in Japan. He also thanked Japan for its assurance of support in infrastructure development of India's North East region.

Noting that last year,

India completed the golden journey of 75 years of Constitution, Birla mentioned that Constitution has played an important role in India's journey of progress and development. Under the guidance of the Constitution, the country has made large scale socio-economic changes after independence and has kept public welfare at top priority, he added.

Birla also informed that the Indian Parliament has increased the use of digital technology and AI to bring transparency in its functioning and make it accessible to the public and more efficient, which has yielded positive results. He expressed eagerness to share these experiences with the Parliament of Japan.Present were Deputy Chairman, Rajya Sabha, Harivansh; MPs Sanjay Jha, Bhartruhari Mahtab, Deepender Singh Hooda and Kamaljeet Sehrawat.

## Third petition filed challenging VC appointment in Himachal

Shimla, May 2 (UNI) : The Himachal Pradesh High Court has passed a significant order regarding the appointment of the Vice Chancellor at Dr YS Parmar University of Horticulture and Forestry, Nauni, Solan.

Hearing a petition filed by Professor Dharam Pal Sharma, a senior faculty member at the university, Justice Sandeep Sharma directed that any selection or appointment to the post of Vice Chancellor—whether regular or officiating—must strictly adhere to the provisions of the University Act.

This is the third petition filed by aspirants who had earlier applied for the post of VC in the state government university, challenging the constitution and decisions of the selection committee.

Professor Sharma has also cited a previous High Court judgment on a similar matter involving the appointment of the Vice Chancellor at CSK Agriculture University, Palampur, in support of his plea.Professor Sharma has specifically contested the appointment of the current Vice Chancellor, Dr Rajeshwar Chandel, alleging that it violated the Act's provisions. Chandel's tenure is set to end on May 8, yet no action or initiation of process has been taken by Raj Bhavan for the appointment of a new VC.

The High Court, while granting two weeks' time to the Registrar of the university, the Secretary to the Governor, and the Secretary of the Horticulture Department to file replies, has listed the matter for next hearing on May 22.

## Delhi Court issues notice to Sonia Gandhi, Rahul Gandhi; hearing on May 8

New Delhi, May 2 (UNI) : A Delhi court on Friday issued notice to Congress leaders Sonia Gandhi, Rahul Gandhi and other accused in the National Herald case under the Prevention of Money Laundering Act (PMLA), and listed the matter for hearing on May 8.

Special Judge for MPs/ MLAs cases Dr. Vishal Gogne said: "The court finds that notice is required to be issued to the proposed accused persons for hearing on the question of cognizance upon the present complaint" and cited various provisos relating to the PMLA.

"It is thus directed that notice be issued to the proposed accused persons in order that they may be heard on the question of cognizance upon the present complaint. Let a copy of the present order, complaint and accompanying documents be sent in digital form alongwith the notice to the proposed accused. Let the notice be issued through all permissible modes. The matter shall be listed for consideration upon the aspect of cognizance on 08.05.2025," the court said.

The case relates to the allegations of financial irregularities involving the National Herald newspaper which is being investigated by the Enforcement Directorate (ED).

The complainant, Directorate of Enforcement (ED) has instituted the complaint under sections 44 & 45 of Prevention of Money Laundering Act, 2002 (PMLA) in relation to the alleged commission of the offence of Money Laundering as defined

under section 3, punishable under section 4 of PMLA.

The complaint has named Sonia Gandhi, Rahul Gandhi, Suman Dubey, Sam Pitroda, M/s Young Indian, M/s Dotex Merchandise Pvt. Ltd and Sunil Bhandari the persons/ entities as the proposed accused in this case.The scheduled offence which forms the basis of the present complaint is stated to have arisen upon the order of Ld. MM-02, Patiala House Courts, New Delhi dated 26.06.2014 whereby, upon a complaint filed by Dr. Subramanian Swamy, the court issued summons to the accused persons therein with respect to commission of offences under sections 403, 406 and 420 read with section 120B of the IPC. The seven accused who were summoned were Sonia Gandhi, Rahul Gandhi, Moti Lal Vohra, Oscar Fernandes, Suman Dubey, Sam Pitroda and the company by the name M/s Young Indian.The court said," Since the present complaint is at the stage of consideration on the aspect of cognizance, the short but potent question presently engaging the court is whether a notice is liable to be issued to the proposed accused persons for hearing at the cognisance stage in view of the proviso to section 223 of the Bharatiya Nagarik Suraksha Sanhita (BNSS), 2023 (BNSS)".Mr. S.V Raju, ASG appearing for the ED, has submitted that the agency has no objection to the issuance of such a notice.The court has considered the applicability of the proviso to section 223 of the BNSS to the present proceedings.

## Rajasthan Police warn Char Dham Yatra pilgrims of potential cyber scams

Jaipur, May 2 (UNI) : The Rajasthan Police on Friday warned pilgrims planning to undertake the Char Dham Yatra of the risk of potential cyber frauds and scams.

Cybercriminals are using various tactics to deceive pilgrims, including creating fake websites, social media pages, and WhatsApp accounts to promote their services, the police said.

"These scammers offer enticing deals for helicopter bookings, guest house and hotel bookings, online cab

and taxi bookings, holiday packages, and tour services for Kedarnath, Badrinath, Gangotri, and Yamunotri. Pilgrims are advised to verify the authenticity of websites and agents before making any bookings," DGP (Cyber Crime) Hemant Priyadarshi said.

The police advised pilgrims to book tickets only through authorised websites, such as that of the IRCTC, or offline through the offices of the District Magistrate or sector magistrate.Pilgrims

should be cautious of attractive offers and deals that seem too good to be true and be aware of fake websites and social media pages, they added.

The Rajasthan Police were working to curb cybercrimes and raise awareness among the public about the potential risks. By being vigilant and taking necessary precautions, pilgrims can avoid falling prey to cyber scams and ensure a safe and successful Char Dham Yatram they said.

## Take strict action against lawbreakers: Uttarakhan CM

Dehradun, May 2 (UNI) Uttarakhand Chief Minister Pushkar Singh Dhami on Friday directed officials to take strict action against those who violate the law and order in the state.

During a high-level meeting at his residence, Dhami emphasised the need for stern action against perpetrators, particularly in light of a recent incident involving a minor victim in Nainital.

The Chief Minister instructed the district administration in Nainital to provide complete security and care to the victim and her

family, assuring that the government stands firmly with them.He also directed officials to identify and take immediate action against those spreading misinformation and rumours through social media and other means.Dhami warned that any attempt to compromise the state's integrity and unity would not be tolerated, and strict action would be taken against individuals or organisations that try to do so.He emphasised the importance of maintaining vigilance to ensure the safety of pilgrims and tourists in the state, adding that any negligence in

security arrangements would not be acceptable.

The Chief Minister also instructed district magistrates to submit a report within three days on actions taken against unauthorised occupants, vendors, and those with fake certificates.He directed them to verify tenants, vendors, and others, and take action against those found to be in violation of the law.The meeting was attended by senior officials, including Chief Secretary Anand Bardhan, DGP Deepam Seth, and other high-ranking police and administrative officers.



# TTD launches WhatsApp based feedback system for pilgrims

Tirumala, May 2 (UNI) : The Tirumala Tirupati

Devasthanams (TTD) on Friday said it has

introduced a new ‘WhatsApp Feedback System’ to streamline and enhance the process of collecting feedback from pilgrims visiting Tirumala and Tirupati.

This initiative aims to improve transparency, service quality, and devotee satisfaction, a release said here.

Pilgrims can now share their feedback by simply scanning QR codes placed at various locations across Tirumala and Tirupati.

Upon scanning, they will be directed to a WhatsApp interface where

they can submit their feedback in a few simple steps.Once the feedback is submitted, the system will confirm receipt with a message stating: “Your feedback has been recorded successfully. Thank you for the valuable feedback.”

TTD management will thoroughly review all feedback received and take necessary actions to address concerns and improve services.This digital initiative is part of TTD’s continued commitment to providing a spiritually enriching and comfortable experience to all devotees.

## PM to participate at international Yoga Day to be held in AP

Amaravati, May 2 (UNI) : Prime Minister Narendra Modi announced on Friday that this year’s International Day of Yoga (21st June) marking the 10th edition would be celebrated in Andhra Pradesh and he would also attend it.

Addressing a huge public meeting after laying the foundation stone, dedicated to the nation multiple development projects worth over Rs 58,000 crore in Amaravati, here, the Prime Minister urged the people to undertake more activities on Yoga in the next 50 days and set a world record.He announced that he would participate in the International Yoga Day to be held in Visakhapatnam. Earlier, Chief Minister of AP Chandrababu Naidu invited the Prime Minister to participate in the International Yoga Day in Visakhapatnam.Remarking that Andhra Pradesh neither has shortage of dreamers nor achievers, the Prime Minister expressed confidence that the state is on the right path and has picked up the right speed for growth.

## SCRs General Manager inspects Vijayawada Railway station

(Standard Post Bureau) Vijayawada, May 2 : South Central Railways (SCR) General Manager Arun Kumar Jain conducted a detailed inspection of Vijayawada Railway Station here on Friday.

Accompanied by Narendra A. Patil, Divisional Railway Manager, Vijayawada Division, and other senior

officials of the Division, General Manager Arun Kumar Jain inspected passenger amenities, traffic facilities, safety aspects, foot over bridges and functioning of water troughs.

The General Manager inspected the Crew lobby and interacted with Loco Pilots.He also interacted with staff and enquired regarding the issues, bottle necks usually encountered during their day to day working and advised officials to resolve the issues.

The General Manager inspected onboard the Train No. 22851 Santragachi-Mangaluru Express during its arrival at Vijayawada railway station, checked the Onboard Housekeeping Service (OBHS), cleanliness and rake maintenance and

## Man booked for betting on cricket match in Rajkot

Rajkot, May 2 (UNI) : A man was arrested for betting on a cricket match in the Malviya Nagar area of Rajkot city in Gujarat on Thursday night.According to police, a raid was conducted on Thursday night based on information received, at the premises of Chamunda Mataji temple. During the raid, a person was caught betting on a cricket match using a mobile phone. A mobile phone worth Rs 60,000 and other items were seized from him.The arrested person has been identified as Rahulbhai K Chauhan (35), a resident of Rajkot. A case has been registered, and necessary action has been initiated by the police.

# Massive Turnout from Godavari Districts for Modi’s Amaravati Rally

## Collector Naga Rani Flags Off Buses from Bhimavaram



(Standard Post Bureau)

Bhimavaram, May 2: In a show of overwhelming support, thousands of people from the Godavari districts traveled to attend Prime Minister Narendra Modi’s public meeting on Amaravati capital reconstruction.

West Godavari District Collector Chadalavada Nagarani flagged off a convoy of buses from the old bus stand in Bhimavaram on Friday morning. Speaking on the occasion, Collector

Nagarani stated that, following directions from Chief Minister N. Chandrababu Naidu, as many as 150 buses carrying around 7,500 people departed from various parts of West Godavari district to Amaravati for the event, where the Prime Minister is scheduled to address the gathering.

To ensure a smooth and comfortable journey for all participants, comprehensive arrangements were made. Food, water, and medical

support were provided in each bus. Given the intense summer heat, ORS packets, bananas, guavas, cakes, and bottled water were stocked to prevent fatigue and dehydration among the travelers. For added safety and coordination, each bus was assigned a coordinator, a woman police officer, and an ANM (Auxiliary Nurse Midwife). Collector Nagarani expressed hope that all attendees would participate in the meeting peacefully and return

safely.Before departure, the crowd enthusiastically chanted slogans such as “Jai Amaravati” and “Jai Jai Amaravati,” reflecting their excitement and support for the capital’s reconstruction.

Among those present at the flag-off were Joint Collector T. Rahul Kumar Reddy, Municipal Commissioner K. Ramachandra Reddy, officials from the Revenue and MEPMA departments, and several local public representatives.

## Amaravati will emerge as city ....

(Contd from page 1)

physical, digital, and social infrastructure, Modi highlighted that India is now among the fastest-modernising infrastructure nations in the world, and Andhra Pradesh is benefiting significantly from this progress. He noted that road and rail projects worth thousands of crores of rupees have been allocated to Andhra Pradesh, accelerating its development.“Andhra Pradesh is witnessing a new era of connectivity, which will enhance district-to-district links and improve connectivity with neighboring states”, he stated, stressing that farmers will find it easier to access larger markets, and industries will benefit from improved logistical efficiency.

He highlighted that over the past 10 years, more than 750 rail flyovers and underpasses have been constructed across AP, stating that over 70 railway stations in AP are being

modernized under the Amrit Bharat Station Scheme, ensuring world-class infrastructure for passengers.He highlighted that to reduce the financial burden on farmers, the Government of India has spent nearly Rs 12 lakh crore over the past 10 years to provide affordable fertilizers, adding thousands of new and advanced seed varieties have been distributed to farmers, boosting agricultural productivity.

Modi reaffirmed the Centre’s support for the construction of Polavaram project.

He announced a major development in India’s defence sector, stating that a new defence institution has been established. He also mentioned that the foundation stone has been laid for DRDO’s new missile testing range. The Prime Minister emphasized that the Nava Durga Testing Range in Nagayalanka will serve as a force multiplier

for India’s defense capabilities, drawing strength from Maa Durga’s divine power.

“India’s strength lies not just in its weaponry but in its unity”, said the Prime Minister, highlighting that the spirit of unity is further reinforced through Ekta Malls, which are being set up in cities across the country.He announced that Visakhapatnam will soon have its own Ekta Mall, where artisans and craftsmen from across India will have their products showcased under one roof. He noted that these malls will connect people with India’s rich diversity, while boosting the local economy and strengthening the "Ek Bharat, Shreshtha Bharat" vision. Chief Minister N Chandrababu Naidu, Governor A Abdul Nazeer, Union Minister K Rammohan Naidu, P Chandrasekhar, B Srinivasa Varma and deputy CM K Pawan Kalyan were among those were present

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**Open e-Tender Notice No.:**  
**DRM/Works/BZA/10/2025,**  
**Dated : 01-05-2025**

For and on behalf of the **President of India**, the undersigned invites E-Tenders for the following works up to **15:00 hours** and the date mentioned against each.

**Sl. No. : 1. Tender No. : E-07-South-BZA-2025. Details of Work - Name of Work : GDR - BZA Section : TFTR - Widening / repair of cess, filling up low lying areas near toe of bank to avoid water stagnation, providing central & cross drains for a total length of 27.862 km in Sr.DEN/S/BZA jurisdiction.**  
**Period of Completion : 15 (Fifteen Months). Tender Value : Rs.13,93,80,490/- Earnest Money Deposit : Rs.8,46,900/- Date of closing : 16-05-2025.**

**Sl. No. : 2. Tender No. : E-Zone-S1-NLR-2025. Details of Work - Name of Work : Annual Zonal contract : Repairs and maintenance of works from Srivenkateswarapalem (inclusive) to Gudur (inclusive) and KAPT Running room in ADEN/NLR Jurisdiction for the period from 01-07-2025 to 30-06-2026.**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.1,20,75,022/- Earnest Money Deposit : Rs.2,10,400/- Date of closing : 16-05-2025.**

**Sl. No. : 3. Tender No. : E-Zone-S2-OGL-2025. Details of Work - Name of Work : Annual Zonal contract : Repairs and maintenance of works from Kavali (inclusive) to Chinaganjam (inclusive) in ADEN/OGL Jurisdiction for the period from 01-07-2025 to 30-06-2026.**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.70,93,310/- Earnest Money Deposit : Rs.1,41,900/- Date of closing : 16-05-2025.**

**Sl. No. : 4. Tender No. : E-15-North-BZA-2025. Details of Work - Name of Work : PUA - DVD Section : Provision of Boundary Wall along the track for speed 130 kmph and above for 44.29 Km Boundary Length at various Stations (Phase-II) in Sr.DEN/North Jurisdiction. (13.96 kms in ADEN/RJY Sub-Division) (Umbrella Work Project ID : 11.06.16.24.3.55.021 of 2024-25).**  
**SW : I - Construction of Boundary Wall with Brick Masonry of Size 5m (L) x 2m (H) x 0.23 (T) at Various Locations in SSE/Works/RJY Section (8.84 Kms) under ADEN /RJY Sub-Division. SW : II Construction of Boundary Wall with Brick Masonry of Size 5m (L) x 2m (H) x 0.23 (T) at Various Locations in SSE/Works/ND D Section (5.12 Kms) under ADEN /RJY Sub Division.**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.70,93,310/- Earnest Money Deposit : Rs.9,22,800/- Date of closing : 16-05-2025.**

**Sl. No. : 5. Tender No. : E-14-North-BZA-2025. Details of Work - Name of Work : PUA - DVD Section : Provision of Boundary Wall along the track for speed 130 kmph and above for 44.29 Km Boundary Length at various Stations (Phase-II) in Sr.DEN/North Jurisdiction.(15.326 kms in ADEN/SLO Sub-Division) (Umbrella Work Project ID : 11.06.16.24.3.55.021 of 2024-25) SW : I - Construction of Boundary Wall with Brick Masonry at Various Locations in SSE/Works/SLO Section (15.326 Kms) under ADEN/SLO Sub-Division.**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.19,56,39,630/- Earnest Money Deposit : Rs.11,28,200/- Date of closing : 16-05-2025.**

**Sl. No. : 6. Tender No. : E-13-North-BZA-2025. Details of Work - Name of Work : PUA-DVD Section : Provision of Boundary Wall along the track for speed 130 kmph and above for 44.29 Km Boundary Length at various Stations (Phase-II) in Sr.DEN/TUNI Sub-Division) (Umbrella Work Project ID : 11.06.16.24.3.55.021 of 2024-25) SW : I - Construction of Boundary Wall with Brick Masonry of Size 5m (L)x 2m (H) x 0.23 (T) at Various Locations in SSE/Works/TUNI Section (15.00 Kms) under ADEN /TUNI Sub-Division.**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.15,30,30,852/- Earnest Money Deposit : Rs.9,15,200/- Date of closing : 16-05-2025.**

**Sl. No. : 7. Tender No. : E-16-NORTH-BZA-2025. Details of Work - Name of Work : Vijayawada Division - BZA - VSKP Sections (UP & DN) : TFTR - Widening / repair of cess, filling up low lying areas near toe of bank to avoid water stagnation duly providing Toe Bank, providing sand or boulder drains wherever needed for draining out of water from pockets of ballast penetrated in the formation in single line and double line track (UP or DN line) with track centers less than 5.30 m of quantity 171498 Cum at various locations. (sanctioned locations enclosed as Annexure).**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.5,39,71,207/- Earnest Money Deposit : Rs.4,19,900/- Date of closing : 17-05-2025.**

**Sl. No. : 8. Tender No. : E-18-North-BZA-2025. Details of Work - Name of Work : Vijayawada Division - BZA - VSKP Sections (UP & DN) : TFTR - Widening / repair of cess, filling up low lying areas near toe of bank to avoid water stagnation duly providing Toe Bank, providing Precast / Cast insitu RCC central & cross drains to limited length where the distance between adjacent tracks is large enough (UP or DN line) in formation of height greater than 3m at various locations for a total length of 17.781 Kms (sanctioned locations enclosed as Annexure).**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.5,39,71,207/- Earnest Money Deposit : Rs.4,19,900/- Date of closing : 17-05-2025.**

**Sl. No. : 9. Tender No. : E-17-North-BZA-2025. Details of Work - Name of Work : Vijayawada Division - BZA - VSKP Sections (UP & DN) : TFTR - Widening / repair of cess, filling up low lying areas near toe of bank to avoid water stagnation duly providing Toe Bank, providing Precast / Cast insitu RCC central & cross drains to limited length where the distance between adjacent tracks is large enough (UP or DN line) in formation of height greater than 3m at various locations for a total length of 17.781 Kms (sanctioned locations enclosed as Annexure).**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.5,39,71,207/- Earnest Money Deposit : Rs.4,19,900/- Date of closing : 17-05-2025.**

**Sl. No. : 10. Tender No. : E-19-EAST-BZA-2025. Details of Work - Name of Work : SW - I : Miscellaneous repairs to service buildings in WWS/RYPs. SW - II : Repairs to road at scrap yard from OHSR tank to scrap yard. SW - III : Re flooring to Mechanical Millwright in WWS/RYPs. SW - IV : Repairs to boundary wall in WWS/RYPs.**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.2,74,27,709/- Earnest Money Deposit : Rs.2,87,100/- Date of closing : 20-05-2025.**

**Sl. No. : 11. Tender No. : E-20-EAST-BZA-2025. Details of Work - Name of Work : Vijayawada Division - KI-BZA Section : TFTR - Widening / repair of cess, filling up low lying areas near toe of bank to avoid water stagnation duly providing Toe Bank, providing sand or boulder drains wherever needed for draining out of water from pockets of ballast penetrated in the formation in single line and double line track (UP or DN line) with track centers less than 5.30 m for total length of 3.65 km.**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.72,28,665/- Earnest Money Deposit : Rs.1,44,600/- Date of closing : 20-05-2025.**

**Sl. No. : 12. Tender No. : E-13-Central-BZA-2025. Details of Work - Name of Work : SW - I) BZA Division : KVDU - KCC Section (DEN/C/BZA) : TFTR - Widening/ repair of cess, filling up low lying areas near toe of bank to avoid water stagnation duly providing Toe Bank, providing sand or boulder drains wherever needed for draining out of water from pockets of ballast penetrated in the formation in single line and double line track (UP or DN line) with track centers less than 5.30 m (1000 Cum).**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.2,90,22,921/- Earnest Money Deposit : Rs.2,95,100/- Date of closing : 21-05-2025.**

**Sl. No. : 13. Tender No. : E-Zone-East-10-2025. Details of Work - Name of Work : SW - I) 'Annual Zonal Contract - Repairs and maintenance of water supply system of all Staff quarters, service buildings under SSE/Works/WA/BZA section including Staff quarters and service buildings at Rayanapadu and Kondapalli stations in the sub-divisions of ADEN/Buildings/BZA and ADEN/BZA for the period 01-07-2025 to 30-06-2026.**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.1,64,78,436/- Earnest Money Deposit : Rs.2,32,400/- Date of closing : 23-05-2025.**

**Sl. No. : 14. Tender No. : E-Zone-East-08-2025. Details of Work - Name of Work : Annual Zonal Contract - All the staff quarters and Service Buildings East of the road from Prakasam Statue to Level Crossing No.1 including the roads and all works in Wynchipet colony, Up yard colony, Mineral siding, Krishna River pump house and attached staff quarters and Service buildings, West of the road from Prakasam Statue to Level Crossing No.1 in SSE/Works/East/BZA & SSE/Works/West/BZA under ADEN/Bldgs/BZA Jurisdiction for the period 1-7-2025 to 30-6-2026.**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.1,42,30,339/- Earnest Money Deposit : Rs.2,21,200/- Date of closing : 23-05-2025.**

**Sl. No. : 15. Tender No. : E-Zone-East-12-2025. Details of Work - Name of Work : Annual Zonal Contract - Ramavarappadu (inclusive) to Machilipatnam,**

**Division - BZA - VSKP Sections (UP & DN) : TFTR - Widening / repair of cess, filling up low lying areas near toe of bank to avoid water stagnation duly providing Toe Bank, providing Precast / Cast insitu RCC central & cross drains to limited length where the distance between adjacent tracks is large enough (UP or DN line) in formation of height less than or equal to 3 m at various locations for a total length of 14.165 Kms (sanctioned locations enclosed as Annexure).**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.6,72,80,157/- Earnest Money Deposit : Rs.4,86,400/- Date of closing : 17-05-2025.**

**Sl. No. : 16. Tender No. : E-19-EAST-BZA-2025. Details of Work - Name of Work : SW - I : Miscellaneous repairs to service buildings in WWS/RYPs. SW - II : Repairs to road at scrap yard from OHSR tank to scrap yard. SW - III : Re flooring to Mechanical Millwright in WWS/RYPs. SW - IV : Repairs to boundary wall in WWS/RYPs.**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.2,74,27,709/- Earnest Money Deposit : Rs.2,87,100/- Date of closing : 20-05-2025.**

**Sl. No. : 17. Tender No. : E-20-EAST-BZA-2025. Details of Work - Name of Work : Vijayawada Division - KI-BZA Section : TFTR - Widening / repair of cess, filling up low lying areas near toe of bank to avoid water stagnation duly providing Toe Bank of CR Line (0.450 km to 3.000 km) & Bulb line II (0.300 km to 1.400 km) with track centers less than 5.30 m for total length of 3.65 km.**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.72,28,665/- Earnest Money Deposit : Rs.1,44,600/- Date of closing : 20-05-2025.**

**Sl. No. : 18. Tender No. : E-13-Central-BZA-2025. Details of Work - Name of Work : SW - I) BZA Division : KVDU - KCC Section (DEN/C/BZA) : TFTR - Widening/ repair of cess, filling up low lying areas near toe of bank to avoid water stagnation duly providing Toe Bank, providing sand or boulder drains wherever needed for draining out of water from pockets of ballast penetrated in the formation in single line and double line track (UP or DN line) with track centers less than 5.30 m (1000 Cum).**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.8,39,10,054/- Earnest Money Deposit : Rs.5,69,600/- Date of closing : 20-05-2025.**

**Sl. No. : 19. Tender No. : E-12-Central-BZA-2025. Details of Work - Name of Work : SW - I) BZA Division : KVDU - KCC Section (DEN/C/BZA) : TFTR - Widening/ repair of cess, filling up low lying areas near toe of bank to avoid water stagnation duly providing Toe Bank, providing sand or boulder drains wherever needed for draining out of water from pockets of ballast penetrated in the formation in single line and double line track (UP or DN line) with track centers less than 5.30 m (1000 Cum).**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.2,90,22,921/- Earnest Money Deposit : Rs.2,95,100/- Date of closing : 21-05-2025.**

**Sl. No. : 20. Tender No. : E-Zone-East-10-2025. Details of Work - Name of Work : SW - I) 'Annual Zonal Contract - Repairs and maintenance of water supply system of all Staff quarters, service buildings under SSE/Works/WA/BZA section including Staff quarters and service buildings at Rayanapadu and Kondapalli stations in the sub-divisions of ADEN/Buildings/BZA and ADEN/BZA for the period 01-07-2025 to 30-06-2026.**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.1,64,78,436/- Earnest Money Deposit : Rs.2,32,400/- Date of closing : 23-05-2025.**

**Sl. No. : 21. Tender No. : E-Zone-East-08-2025. Details of Work - Name of Work : Annual Zonal Contract - All the staff quarters and Service Buildings East of the road from Prakasam Statue to Level Crossing No.1 including the roads and all works in Wynchipet colony, Up yard colony, Mineral siding, Krishna River pump house and attached staff quarters and Service buildings, West of the road from Prakasam Statue to Level Crossing No.1 in SSE/Works/East/BZA & SSE/Works/West/BZA under ADEN/Bldgs/BZA Jurisdiction for the period 1-7-2025 to 30-6-2026.**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.1,42,30,339/- Earnest Money Deposit : Rs.2,21,200/- Date of closing : 23-05-2025.**

**Sl. No. : 22. Tender No. : E-Zone-East-12-2025. Details of Work - Name of Work : Annual Zonal Contract - Ramavarappadu (inclusive) to Machilipatnam,**

**Division - BZA - VSKP Sections (UP & DN) : TFTR - Widening / repair of cess, filling up low lying areas near toe of bank to avoid water stagnation duly providing Toe Bank, providing Precast / Cast insitu RCC central & cross drains to limited length where the distance between adjacent tracks is large enough (UP or DN line) in formation of height less than or equal to 3 m at various locations for a total length of 14.165 Kms (sanctioned locations enclosed as Annexure).**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.6,72,80,157/- Earnest Money Deposit : Rs.4,86,400/- Date of closing : 17-05-2025.**

**Sl. No. : 23. Tender No. : E-19-EAST-BZA-2025. Details of Work - Name of Work : SW - I : Miscellaneous repairs to service buildings in WWS/RYPs. SW - II : Repairs to road at scrap yard from OHSR tank to scrap yard. SW - III : Re flooring to Mechanical Millwright in WWS/RYPs. SW - IV : Repairs to boundary wall in WWS/RYPs.**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.2,74,27,709/- Earnest Money Deposit : Rs.2,87,100/- Date of closing : 20-05-2025.**

**Sl. No. : 24. Tender No. : E-20-EAST-BZA-2025. Details of Work - Name of Work : Vijayawada Division - KI-BZA Section : TFTR - Widening / repair of cess, filling up low lying areas near toe of bank to avoid water stagnation duly providing Toe Bank, providing sand or boulder drains wherever needed for draining out of water from pockets of ballast penetrated in the formation in single line and double line track (UP or DN line) with track centers less than 5.30 m for total length of 3.65 km.**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.72,28,665/- Earnest Money Deposit : Rs.1,44,600/- Date of closing : 20-05-2025.**

**Sl. No. : 25. Tender No. : E-13-Central-BZA-2025. Details of Work - Name of Work : SW - I) BZA Division : KVDU - KCC Section (DEN/C/BZA) : TFTR - Widening/ repair of cess, filling up low lying areas near toe of bank to avoid water stagnation duly providing Toe Bank, providing sand or boulder drains wherever needed for draining out of water from pockets of ballast penetrated in the formation in single line and double line track (UP or DN line) with track centers less than 5.30 m (1000 Cum).**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.8,39,10,054/- Earnest Money Deposit : Rs.5,69,600/- Date of closing : 20-05-2025.**

**Sl. No. : 26. Tender No. : E-12-Central-BZA-2025. Details of Work - Name of Work : SW - I) BZA Division : KVDU - KCC Section (DEN/C/BZA) : TFTR - Widening/ repair of cess, filling up low lying areas near toe of bank to avoid water stagnation duly providing Toe Bank, providing sand or boulder drains wherever needed for draining out of water from pockets of ballast penetrated in the formation in single line and double line track (UP or DN line) with track centers less than 5.30 m (1000 Cum).**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.2,90,22,921/- Earnest Money Deposit : Rs.2,95,100/- Date of closing : 21-05-2025.**

**Sl. No. : 27. Tender No. : E-Zone-East-10-2025. Details of Work - Name of Work : SW - I) 'Annual Zonal Contract - Repairs and maintenance of water supply system of all Staff quarters, service buildings under SSE/Works/WA/BZA section including Staff quarters and service buildings at Rayanapadu and Kondapalli stations in the sub-divisions of ADEN/Buildings/BZA and ADEN/BZA for the period 01-07-2025 to 30-06-2026.**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.1,64,78,436/- Earnest Money Deposit : Rs.2,32,400/- Date of closing : 23-05-2025.**

**Sl. No. : 28. Tender No. : E-Zone-East-08-2025. Details of Work - Name of Work : Annual Zonal Contract - All the staff quarters and Service Buildings East of the road from Prakasam Statue to Level Crossing No.1 including the roads and all works in Wynchipet colony, Up yard colony, Mineral siding, Krishna River pump house and attached staff quarters and Service buildings, West of the road from Prakasam Statue to Level Crossing No.1 in SSE/Works/East/BZA & SSE/Works/West/BZA under ADEN/Bldgs/BZA Jurisdiction for the period 1-7-2025 to 30-6-2026.**  
**Period of Completion : 12 (Twelve Months). Tender Value : Rs.1,42,30,339/- Earnest Money Deposit : Rs.2,21,200/- Date of closing : 23-05-2025.**

Divisional Railway Manager (Works), Vijayawada. A0631 For further tender conditions / details and for downloading the tender documents, Please visit website at <https://www.ireps.gov.in> or [www.scr.indianrailways.gov.in](http://www.scr.indianrailways.gov.in)

## EAST COAST RAILWAY

Notice No. eT-East-WAT-13-2025 Dt. 24.04.2025

**NAME OF THE WORK : HIRING OF 01 (ONE) A.C. SEDAN ROAD VEHICLE, I.e. HONDA CITY, HYUNDAI VERNA, SKODA RAPID OR SIMILAR WITH FUEL & WITHOUT DRIVER FOR A PERIOD OF 36 MONTHS FOR DIVISIONAL RAILWAY MANAGER / WAITAIR IN CONNECTION WITH OFFICIAL MOVEMENT.**

**Approx. Cost of the Work : ₹ 18,78,161.40, EMD : ₹ 37,600/-, Completion Period of the Work : 36 (Thirty Six) Months.**

**Tender Closing Date and Time : 16.05.2025 at 1530 Hrs.**

No manual offers sent by Post / Courier / Fax or in person accepted against such e-tenders even if these are submitted on firm's letter head and received in time. All such manual offers shall be rejected summarily without any consideration.

Complete information including e-tender documents of the above e-tender is available in website : [www.ireps.gov.in](http://www.ireps.gov.in)

**Note :** The prospective tenderers are advised to revisit the website 15 (Fifteen) days before the date of closing of tender to note any changes / corrigendum issued for this tender.

Divisional Railway Manager (Engg.), PR-86/Q/25-26 Waltair

## mahindra FINANCE

**MAHINDRA & MAHINDRA FINANCIAL SERVICES LIMITED**  
Registered Office: Gateway Building, Apollo Bunder, Mumbai - 400 001.  
CIN: L66921 MH1991PLC059642  
Tel: +91 22 6652 6000 | Website: [www.mahindrafinance.com](http://www.mahindrafinance.com) | Email: [fixeddeposit@mahindrafinance.com](mailto:fixeddeposit@mahindrafinance.com)

It has been decided by the management of Mahindra & Mahindra Financial Services Ltd (MMFSL) to close below branch located at the following address with effect from 1<sup>st</sup> August, 2025.

SR. NO.	BRANCH NAME	BRANCH ADDRESS	CITY	STATE	BRANCH CODE
1	VISAKHAPATANAM AUTONAGAR	MAHINDRA & MAHINDRA FINANCIAL SERVICES LTD PLOT NO: 8, B BLOCK, 1 ST FLOOR OF VANI INDUSTRIES, VISAKHAPATANAM - 530012.	VISAKHAPATANAM	ANDHRA PRADESH	VPA

All Deposit holders of these branches will be serviced from our nearest branch address as mentioned below:

SR. NO	NEAREST BRANCH	NEAREST BRANCH ADDRESS	CITY	STATE	BRANCH CODE
1	VISAKHAPATANAM	MAHINDRA & MAHINDRA FINANCIAL SERVICES LTD DOOR NO: 1-56-7, PLOT NO-8, 2ND FLOOR, MIG-SECTOR-1, MVP COLONY, VISAKHAPATANAM - 530017. TEL NO. : 0891-2725355	VISAKHAPATANAM	ANDHRA PRADESH	VSM

Alternately customers can also approach MMFSL for any service requirements through our dedicated customer care center number: 1800 266 9266, or write us at [fixeddeposit@mahindrafinance.com](mailto:fixeddeposit@mahindrafinance.com)

We deeply regret the inconvenience caused in this regards and request our valued customers to kindly cooperate with us.



STANDARD POST

Can PUBG addiction damage your spine, cause paralysis?

Are you addicted to playing online games like PUBG? Prolonged gaming addiction can lead to spinal deformity and paralysis, said doctors here, who treated a 19-year-old boy suffering from the condition.

The adolescent boy spent almost a year isolated in his room and engaged in excessive gaming for up to 12 hours a day. He suffered a gradual loss of appetite for physical activity and school and eventual social withdrawal.

The increasing dependence on online gaming finally resulted in an abnormal curvature of the spine and problems in walking and passing urine.

“This excessive gaming led to a significant kypho-scoliotic spinal deformity,” according to a statement from the Indian Spinal Injuries Centre (ISIC) in New Delhi.

The doctors stated that the boy developed severe kypho-scoliotic deformity at the D11 and D12 vertebral levels, due to spinal tuberculosis -- an infectious condition that had remained undiagnosed due to the patient’s prolonged immobility and social withdrawal.

The disease had led to abscess formation and pus accumulation, exerting pressure on the spinal cord and contributing to his neurological decline. The boy underwent a successful complex spinal correction surgery, enabling him to regain mobility and bladder control.

“This was a challenging case due to the dual complexity of advanced spinal TB and the psychosocial impact of gaming addiction. The spine had suffered significant deformity, compressed the cord, and threatened permanent disability,” Dr. Vikas Tandon, Chief of Spine Services at ISIC.

"Fortunately, we were able to realign the spine, relieve the pressure on the cord, and restore his mobility. The patient responded well — early signs of neurological recovery were visible within days of the procedure,” the doctor said.

Tandon also noted a "disturbing trend of musculoskeletal complications in adolescents”.

He blamed prolonged screen exposure and sedentary habits linked to gaming.

“This case is not just about spinal TB — it reflects a growing public health challenge where physical and mental health are deeply intertwined. Excessive gaming, poor posture, and social isolation can create a perfect storm for delayed diagnoses and serious outcomes. Awareness, parental monitoring, and early intervention are critical to prevent such cases,” the expert said.

A Wake-Up Call as Cancer Hits the Under 40 Generation

(Standard Post Bureau)

Cancer is no longer a disease confined to older adults. In recent years, India has seen a concerning rise in cancer cases among individuals under the age of 40. According to the Indian Council of Medical Research (ICMR), cancers among the youth, particularly breast, colorectal, blood, and thyroid cancers have seen a significant spike, especially in urban areas like Delhi, Bengaluru, and Mumbai. This shift in demographics is a wake-up call for early detection, timely intervention, and lifestyle awareness.

Young Adults and Unexpected Cancer Diagnoses

Traditionally, cancer screening programs and public awareness campaigns have focused on middle-aged and older adults. However, doctors across India are now reporting more cases in younger individuals who often present with aggressive forms of the disease. Breast cancer is being diagnosed in women in their 20s and 30s, while young men are increasingly facing colorectal and testicular cancers. Unlike older adults, the disease in



Dr Raghav Kesri, Senior Consultant and Head of Department, Medical Oncology, Yatharth Hospital, Greater Noida.

younger patients often progresses faster and can go undetected longer due to lack of screening.

Factors such as sedentary lifestyles, poor dietary habits, increased exposure to environmental toxins, obesity, smoking, and delayed medical checkups are contributing to this surge. Additionally, hereditary factors and genetic mutations play a more prominent role, especially in families with a history of cancer.

Why Awareness and Timely Action Matter One of the biggest

challenges in treating cancer among the youth is the delay in diagnosis. Many young people dismiss early warning signs like unexplained weight loss, fatigue, changes in bowel habits, or lumps, assuming they are too young to have cancer. This leads to late-stage detection, when treatment becomes more complex and outcomes less favorable.

Awareness campaigns must now evolve to speak directly to young adults, stressing the importance of not ignoring symptoms and undergoing regular health

checkups, especially in high-risk groups.

Rethinking Prevention and Screening

While national cancer screening programs are being expanded, there is an urgent need to tailor these initiatives for younger populations. High-risk individuals, those with family history, lifestyle risks, or early symptoms should be prioritized for screening and early evaluation.

Hospitals and cancer care centers across India are beginning to introduce more youth-focused outreach and genetic counseling, particularly in states like Maharashtra, Karnataka, and Tamil Nadu, where young-onset cancer incidence is rising rapidly.

The rise of cancer among young Indians is not just a medical concern, it is a social and generational issue. Early detection, timely intervention, and greater awareness can significantly improve outcomes. As India grapples with this evolving challenge, it’s essential to educate, empower, and equip younger generations with the tools to act early. Detection at the right time can save lives, even in the prime of youth.

Headaches That Keep Coming Back: Understanding Migraines vs Chronic Pain



Dr Chirag Gupta, Senior Consultant, Neurology, Yatharth Hospital, Greater Noida

(Standard Post Bureau)

Headaches are very common, but not all headaches are the same. Some people get mild headaches once in a while, while others suffer from strong, frequent head pain that affects their daily life. With work stress, long traffic hours, and hot climate, headache complaints become even more common. Knowing the difference between chronic headaches and migraines is important to get the right treatment. What are Chronic Headaches

Chronic headaches mean headaches that come at least 15 days a month, for three months or more. They usually feel like a dull, pressing pain, as if something is tightening around the head. Causes can include stress, bad posture, dehydration, irregular sleep, or even skipping meals. Chronic headaches might not stop you completely but can make you feel tired and irritated all the time.

Why Migraines Feel Worse Than Normal Headaches

Migraine is a different and more intense type of headache. The pain usually throbs on one side of the head and can last from 4 hours to even 3 days. Migraines often come with other problems too, like nausea, vomiting, or extreme sensitivity to light and noise. Some people also get warning signs like flashing lights, blind spots, or tingling sensations, before the migraine attack starts. According to studies, 1 out of 7 people in India suffer from migraines, but many don’t realize it’s a medical condition and just keep taking painkillers.

When to Seek a Doctor’s Expertise

Both chronic headaches and migraines cause head pain, but migraines are more severe and disabling. Migraines often come with triggers like certain foods, hormone changes, missing meals, or even weather changes — something very common during Indian summers and monsoons. Chronic headaches are more about a constant pressure without the extra symptoms.

If you have headaches that are frequent, or if the pain affects your normal activities, it’s important to see a doctor. In India, most

people still depend on home remedies or over-the-counter tablets without proper diagnosis. A neurologist can help you find out whether you have a chronic tension headache, a migraine, or something else, and guide you to the best treatment.

Ways to Manage Chronic Headaches and Migraines

Treatment depends on the type of headache. For chronic headaches, small lifestyle changes like regular sleep, drinking enough water, reducing screen time, and managing stress can help a lot.

For migraines, doctors may prescribe medicines that either stop an attack or prevent future ones. Newer options like Botox injections and nerve stimulation therapies are now available in many Indian cities for people who don’t respond to regular medicines.

Ignoring headaches can make them worse over time. Early diagnosis and proper management can really change your life. Whether it’s a chronic headache or a migraine, knowing the difference and getting timely medical help can bring back a better quality of life — something everyone deserves.

Yusuf Pathan urges Amit Shah to intervene in attacks on Bengal migrants in Odisha

Kolkata, May 2 (UNI) : Expressing concern over the "systematic and planned" attacks on migrant workers from West Bengal in Odisha, Trinamool Congress MP from Baharampur, Yusuf Pathan, has written a letter to Union Home Minister Amit Shah.

In a strongly worded letter to the Home Minister, cricketer-turned-politician

Yusuf Pathan outlined four key demands to ensure the safety of the affected migrant workers and called for immediate intervention in the matter.

"I write to you with grave concern regarding the alarming rise in incidents of violence against migrant workers from West Bengal, particularly those hailing from my constituency

Berhampore, Murshidabad and surrounding districts, who have recently returned from Odisha after being subjected to targeted attacks," Pathan wrote in his letter to Home Minister Amit Shah, dated April 27, 2025.

He said that according to multiple reports, this is linked to the formation of the BJP-led government in Odisha, following which,

"several organised groups have allegedly launched systematic assaults on labourers from West Bengal," the Trinamool Congress MP added.

The MP emphasised that this situation transcends ordinary law and order issues, describing it as "a matter of human dignity and the constitutional right to work and reside in any part of our

Nitish opens sports facilities at Rajgir academy-cum-university

Rajgir, May 2 (UNI) : Bihar Chief Minister Nitish Kumar on Friday inaugurated the newly constructed sports facilities, including indoor basketball, handball and volleyball courts besides a hockey practice turf at Rajgir Sports Academy-cum-Sports University in Nalanda district on Friday.

While inspecting the facilities, the chief minister interacted with the players and inspired them towards various sports activities and advised them for rigorous practice. He also took stock of the facilities available in the boys and girls hostel for the players.

Khelo India youth games 2025 will be held in Rajgir. Kumar reviewed its preparation. He said arrangements for providing better facilities to the players have been made at the Sports Academy and asked the authorities for proper organisation of Khelo Youth India games 2025.

Later the Chief Minister inspected the Bihar Police Academy and the facilities available there and kicked off the 4th regional forensic laboratory. After the passing out parade at Police Academy, the chief minister said that quality has been maintained during construction of the Police Academy where all modern facilities were available to impart training to the police personnel.

Vietnam welcomes Buddha's sacred relics, brought by India

Ho Chi Minh City/New Delhi, May 2 (UNI) : Hundreds of people waving Buddhist flags knelt with reverence along the streets of Ho Chi Minh City as Vietnam today welcomed Shakyamuni Buddha’s sacred relics — a national treasure of India, marking the first time the venerated artifacts have been brought to and enshrined in the country.

The precious artifacts were brought on an Indian Air Force C-130J-30 jet, from New Delhi to Tan Son Nhat Airport at around 7.40 a.m., traversing 5,100 km. India’s Minister of Parliamentary Affairs and Minority Affairs Kiren Rijiju accompanied the relics.

The Indian Consulate General in Ho Chi Minh City posted on X: “The sacred Buddha’s relics from India have arrived #Vi?Nam , were brought to the Vietnam Buddhist Academy for a solemn ceremony, then carried through a solemn parade to Thanh Tam Pagoda, where the revered relics will be displayed for the public.” The International Buddhist Confederation (IBC), said in a post on X: “The Holy Buddha Relic from India arrived in #Vietnam, was taken to the Buddha Hall at the Vietnam Buddhist University for a sacred ceremony and then brought through a grand procession to Thanh Tam #Pagoda, where the Public Exposition of the Sacred Relic will take place.”

The Vietnam Buddhist Sangha (VBS) hosted a reception ceremony at the Tan Son Nhat International Airport in Ho Chi Minh City on the day, attended by several senior Buddhist leaders, and Minister of

Ethnic and Religious Affairs Dao Ngoc Dung, and Permanent Vice Chairman of the HCM City People’s Committee Duong Ngoc Hai.

Outside the airport, hundreds of people gathered holding Buddhist flags and flowers as they waited on Truong Son Street of Tan Binh District. Many prayed as the vehicle that was carrying the sacred relic passed by.

Many Buddhists knelt along the sides of the streets of Ho Chi Minh City as the vehicle carrying the Buddha’s sacred relic drove past. The vehicle transporting the Buddha relic or ‘sarira’ was decorated with dragons and flowers. The relic was placed inside a glass box on top of a small decorated tower. Following the airport reception, the relics were transported to the Vietnam Buddhist Academy in HCM City, the main venue for the upcoming 20th UN Day of Vesak Celebrations.

From May 3-8, they will be enshrined at Thanh Tam pagoda in Binh Chanh district for public veneration. The relics are scheduled to travel to several significant Buddhist sites across Vietnam, including Ba Den Mountain National Tourist Area in Tay Ninh province, Quan Su Pagoda in Hanoi — the headquarters of the VBS, and Tam Chuc pagoda in Ha Nam province. The UN Vesak 2025, themed ‘Unity and Inclusivity for Human Dignity: Buddhist Insights for World Peace and Sustainable Development’, will take place from May 6 to 8. Some 1,200 delegates from 85 countries and territories, including dozens of heads of states, are expected to attend the event.

federal nation."

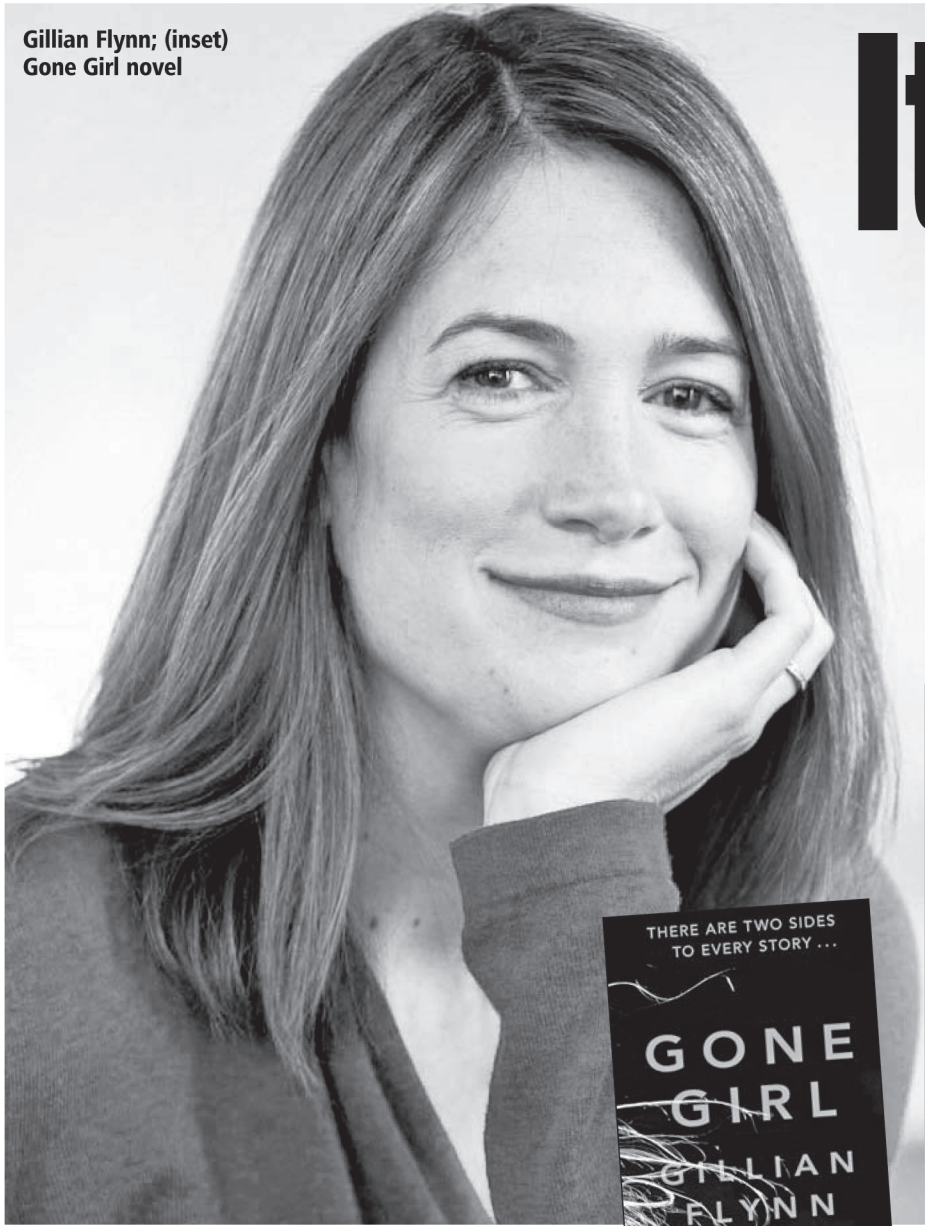
Seeking immediate Central intervention, the Trinamool Congress MP has urged the Home Ministry to implement a four-point plan, including strict action against the perpetrators and the deployment of a Central fact-finding team to investigate the attacks.

"I urge the Ministry of Home Affairs to direct the

Odisha state administration to take prompt and stringent action against the perpetrators, ensure the safety of all migrants, form a Central fact-finding team to investigate the root causes and scale of the violence; and provide necessary relief and rehabilitation support to the workers returning to West Bengal," Pathan wrote in his letter.



Gillian Flynn; (inset)  
Gone Girl novel



# It's now or never!

Gillian Flynn, the author of *Gone Girl*, opens up on how she flipped a big setback into a bigger opportunity; gives career advice to budding writers

After she was laid off from her TV critic job at Entertainment Weekly in 2008, Gillian Flynn was sad, frightened and a little embarrassed as she admits. But instead of wallowing in self-pity, she holed up in her basement home office and got to work on a new novel, a psychological thriller called *Gone Girl*.

"I always believed that hard work pays off," she says. It did, in spades: With more than 13 million copies sold worldwide, plus a blockbuster movie adaptation starring Ben Affleck, the book made her a household name - and, now, one of Hollywood's most sought-after scribes. As the

film version of her novel *Dark Places* hits theaters, GH asked Gillian how she went from wannabe novelist to star screenwriter.

### Lower your shoulders

That's what my husband says to me when we start any round of criticism. It's no fun, but there's a reason you're asking people for feedback, and hopefully it's not because you want to hear Oh, my God, it's perfect! You're so ready to defend what you have, but remember, you're asking for this person's advice because it isn't perfect. With David Fincher, my director on my first screenplay, I

kept telling myself, This is a person who's been working at a very high level in film for 20 years. He knows what he's talking about!

### I can do what I do because of my husband

I have a wonderful spouse who shares every part of the housework and child care. I wouldn't have married a man who thought it was my job to do more at home just because I have a vagina. If I have to hop on a plane, Brett immediately says, "Go do it!" and I don't feel guilty about it.

**Don't be intimidat-**

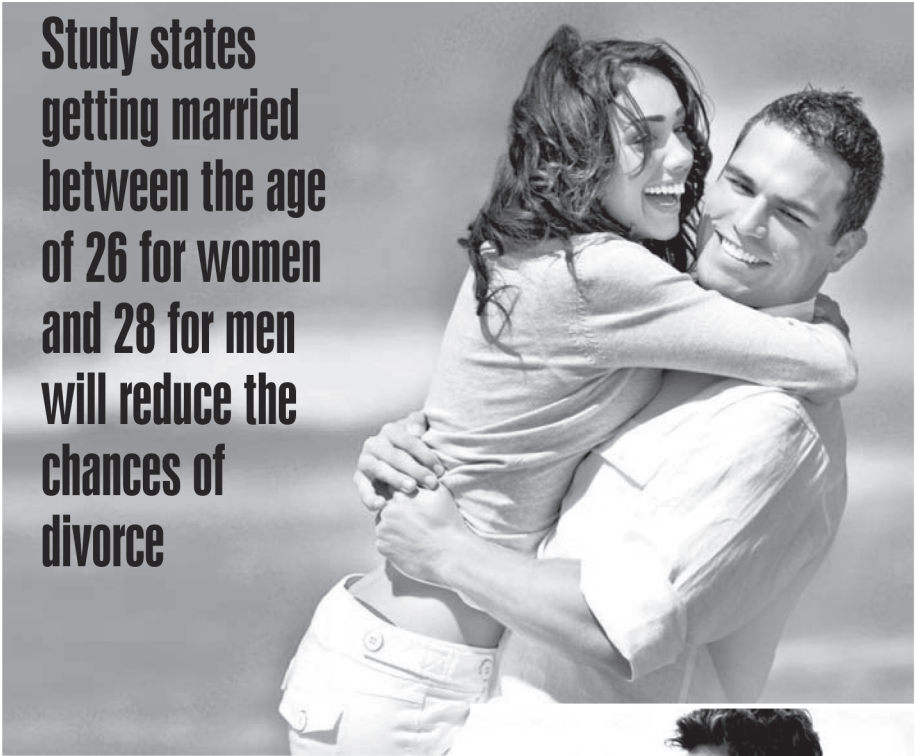
### ed by Boys' Clubs

I've gone to lots of meetings where I'm the only person in a skirt, and I deal with that by plowing through it. Media is male-dominated; Hollywood certainly is. I remember I'm there because I'm a writer. The more women see other women in high-profile, powerful places, the more those women are going to believe that they can. I heard a talk by Billie Jean King once. She gave a great quote: "You have to see it to be it." It's important to see women in positions of power.

(With inputs from Lori Majewski for Goodhousekeeping)

# The secret to live happily ever after

Study states getting married between the age of 26 for women and 28 for men will reduce the chances of divorce



Conventional wisdom and data holds that marrying very young doesn't give couples the best shot at a lasting union. So as Americans are waiting longer to get married, it would seem that divorce rates would plummet as a result. But a new study says that waiting is only good up to a certain point, the age 32, to be exact.

"For years, it seemed like the longer you waited to marry, the better," explained Nicholas H Wolfinger, a University of Utah psychologist. "But my analysis of more recent data shows that those who tie the knot after their early 30s are now more likely to divorce than those who marry in their late 20s."

So what is the perfect age to get married if you want a lasting union? According to the study, it's between the ages of 25 and 32. And that takes into account social and demographic factors like sex, race, family structure, religion, sexual history, and size of metropolitan area. "For almost everyone, the late 20s seems to be the best time to tie the knot," wrote Wolfinger.

Although Wolfinger admits it's all conjecture, he does have a theory why thirty-somethings have a harder time staying married. First, he believes the kinds of people who



wait until their mid-30s to wed may not be predisposed to marriage, whether from difficult personalities or trouble with interpersonal relationships, and consequently are also at a high risk of divorce.

He also proposes that thirty-somethings who would have made good spouses now feel perfectly comfortable being single, or living with partners out of wedlock. And finally, perhaps some people who delay marriage get so used to single life that they make lousy spouses should they ever decide to give marriage a try.

# Thank God It's Friday!



Study reveals positive emotions are higher on weekends than weekdays but if people enjoy their job the so-called weekend effect is smaller

We're half way through the working week and many of us will already be dreaming of Friday and the weekend. Unless of course you're lucky enough to have a job you love.

A study has found that we generally feel happier at weekends than during the week, but for people who get on well with their boss this so-called weekend effect is significantly smaller. The weekend effect reflects the difference between positive and negative emotions on weekdays compared to weekends.

Researchers from the National Bureau of Economic Research found that employees who work in a 'healthy and favourable' working environments report positive emotions throughout the week and this barely changes at the weekend.

Meanwhile, people who don't enjoy their job, or see their superiors as bosses rather than friends, have higher levels of negative emotions on weekdays and higher levels of positive emotions at weekends.

The data was taken from answers given to the

Gallup/Healthways US Daily Poll between 2008 and 2012.

During this four-year period, Gallup randomly interviewed 1,000 adults every day, to the total of 1.77 million.

The poll asks respondents to report which emotions, from a list of seven, they feel on a particular day.

These emotions include happiness, enjoyment, and laughter, as well as worry, sadness, anger, and stress.

It also asked how many hours during the week and at weekends the respondents spent socially with friends and family, including email and phone communication.

Finally, they were asked, "Does your supervisor always create an environment that is trusting and open, or not?" and 'Does your supervisor at work treat you more like he or she is your boss or your partner?'

"We can see that individuals generally have higher levels of positive emotions and lower levels of negative emotions [generally]," said the researchers.

"Positive emotions are higher on weekends than weekdays, with the reverse apply-

ing to negative emotions."

For the positive emotions, there was a 3 per cent increase in happiness at weekends compared to weekdays, almost 7 per cent enjoyment and 4 per cent more laughter.

And, on average, worrying dropped by 24 per cent at weekends, people felt almost 10 per cent less sadness, anger levels dropped by 24 per cent and stress was down a third.

"The percentage improvements for negative emotions from weekdays to weekends are generally larger than for positive emotions," the researchers continued.

"For example, the reductions in stress, worry, and anger are much larger than the improvement in enjoyment." Elsewhere, the results show social time significantly increasing on weekends and dropping during weekdays. Daily social hours on weekends and weekdays averaged at 7.7 and 5.1 hours respectively for full-time workers, and 7.5 and 6 hours for part-time workers.

# Law of attraction

Thoughtful presentation leads to a more enjoyable and tastier meal. So should we learn to make similar efforts at home particularly when feeding small children?

A new study led by Professor Charles Spence, the Oxford University gastrophysicist making waves in the food industry, has proven beyond doubt that making something look good makes it effectively taste better too. What's interesting, is that where previous studies have focused on sophisticated dishes - sautéed chicken breast with a fines herbes sauce, brown rice pilaf and sautéed green beans with toasted almonds and Michelin-style plating - arranging a 17-component salad to look like a Kandinsky abstraction - here the plates in question featured a simple garden salad, and steak and chips.

Spence's team found that even with such basic dishes, thoughtful presentation meant diners found the food more flavourful: cutting the fillet horizontally, thereby showing the inner colour of the meat, or serving the cucumber thinly sliced on top of the other salad ingredients, made both



dishes considerably more appetising - and appear to be more expensive. In the case of the salad, diners were willing to spend three times more for that decorative assemblage, for the unprepared version. While it seems patently obvious that if you're going to buy a salad, you'd rather it actually be prepared, it is noteworthy that that preparation is valued twice as high as the raw ingredients. When it comes to food, it seems we are willing to pay quite a bit for attentive labour. As Amy Fleming writes, about the Kandinsky salad, other people's effort tastes good. On the other hand, too much fuss is offputting: as Jay Rayner noted last month, fine dining is on the wane. When eat-



ing out, for the most part, we want good food, but little faff.

But what of the food we prepare ourselves? Does the same degree of effort go into what we put on our own plates? Fleming, at the end of her piece, resolves to make sure it does, especially when hurriedly dishing up dinner for her kids: "Food plonked on to the plate willy-nilly makes them deeply suspicious," she writes, whereas a pleasing pattern or an artful arrangement gets things off on a fine footing.

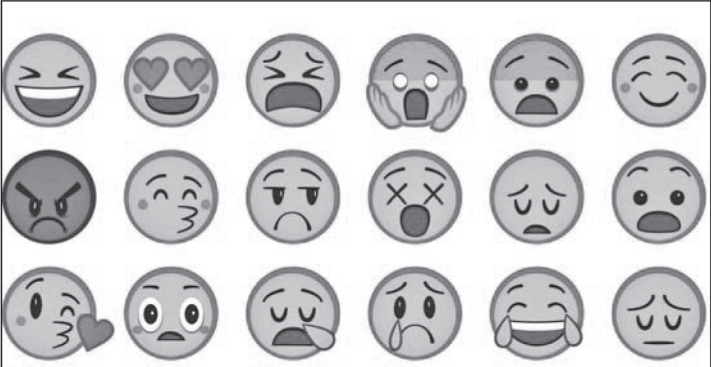
Asking friends shows it can go the other way though. One, Jessica Stanley, a writer and mother of two, is suspicious of anything too slick or too fussy in a restaurant, "No smears of puree or carefully angled rectangles of fish. I'm alert to too many ingredients on one plate, an extra sauce or jelly or dust or edible flower that says the chef isn't confident in his dish."

# Make way!

38 new Emoji are coming and they are everything you hoped for

At this point, you don't even need letters to communicate with your friends. It can really all be done in emoji. But there are still some #veryimportant ones missing from the current collection. Though at least now we have some diversity!

Luckily, the peeps at Unicode heard your pleas and are rolling out 38 amazing new emoji for the 9.0 update. You'll have to wait until June 2016, but it looks like it's going to be worth the wait!



Yahoo reports that some of these new emoji were considered for the 8.0 update, but got passed on.

Curious which emoji made the cut? See the entire list here. We can't wait to start using the rolling on the floor laughing icon. And that avocado is back, so you'll soon be able to tell your friends how much you need guac right this second.



Israeli warplanes strike target near Syrian presidential palace, no casualties reported

Damascus, May 2 (UNI) : Israeli fighter jets carried out airstrikes early Friday on a site near the official residence of the Syrian president in central Damascus, the Syrian Observatory for Human Rights said.

Loud explosions were heard across wide areas of the capital, though there were no immediate reports of casualties.Israeli aircraft were also reportedly seen reconnoitering over Damascus shortly after the strikes. The raid marks the latest in a series of Israeli operations in the country.

The new interim government in Syria has yet to comment on the attack near the presidential palace, which is the first of its kind.

The Israeli military has not officially commented on the latest strikes, in keeping with its usual policy of ambiguity regarding operations in Syria.

The attack came amid heightened violence between Druze groups and government-aligned forces in Druze-majority areas in southern Syria, which has left over 100 people dead in recent days, fueling concerns of further destabilization.

According to the Observatory, Israel has conducted 47 attacks on Syrian territory since the beginning of 2025, killing at least 33 people.

Any attempt to stop Indus waters by India will be met with bloodshed: Bilawal Bhutto

Karachi, May 2 (UNI) : In a tough guy posture against India, Pakistan People’s Party (PPP) leader Bilawal Bhutto Zardari said that the Indus River is Sindh’s identity, and any attempts to divert or choke it, will be met by bloodshed.

Ever since India suspended the Indus Waters Treaty, in the aftermath of the Pahalgam terror attack, a panic driven Pakistan has done a lot of tough posturing, with politicians issuing all kinds of rhetoric, warning India of "grave consequences" if any attempts are made to divert or stop water from the Indus River.

For its part, India has paid little heed to any of Pakistan’s posturing, and had earlier released water from the Jhelum River into POK without notifying Islamabad, leading to flooding in Muzaffarabad.

In a video on PPP’s official X channel, Bhutto, former Foreign Minister, called the Indus River as Sindh’s "pride", its "identity", and said that both India and Pakistan trace their origins to it.

He mockingly said that whenever the Indian PM calls “his country an ancient civilisation, he shouldn’t forget that the river is located in Sindhu”. “We are ready to fight to the last extent to save our river, we do not want war, but if they attack the Indus, they know that either water will flow from this river or their blood!” he added, addressing people in Sindh.Bhutto has made several anti-India statements following the termination of the IWT, particularly as Sindh is already facing a water crisis and most of Pakistan’s agriculture is dependent on the Indus waters.

2 missiles fired from Yemen intercepted: Israeli military

Jerusalem, May 2 (UNI) : The Israel Defence Forces (IDF) said on Friday that it had intercepted two missiles fired from Yemen.

In the latest incident this afternoon, air raid sirens were activated in northern Israel, as the IDF stated that it is examining the outcome of interception efforts targeting a ballistic missile. No injuries or damage have been reported so far.

It follows the IDF’s interception of a missile also launched from Yemen early Friday morning. Israel’s national emergency service, MDA, said in a statement that there were no reports of casualties, except for a man who was bruised on his way to a shelter.

Israel’s state-owned Kan TV reported that in the morning incident, interceptor debris hit a kindergarten in Mishmar HaEmek, a kibbutz in northern Israel, causing no casualties.

Russia vows vengeance for Ukraine's Alyoshki market attack, says perpetrators will be punished

Moscow, May 2 (UNI) : Russia has vowed that all those responsible and involved in Kiev’s attack on a crowded market in Alyoshki in the Kherson Region, in which seven people were killed, will be identified and punished.The Russian Foreign Ministry said on Thursday: "All those responsible and involved in the current barbaric attack in Kiev will be identified and will be irrevocably punished by law. We call on the entire sane part of the international community and relevant multilateral organizations to strongly condemn this heinous terrorist attack."The attack on Thursday in Alyoshki was deliberately carried out on a holiday, the ministry said in a statement.

Eleven people were also injured in the Ukrainian drone attack."This is another bloody war crime committed by the Ukrainian Nazis against the civilian Russian population. It is obvious that the attack was deliberately carried out on a holiday when the residents of the city went shopping, to maximise the number of victims and injured civilians."This atrocity has once again revealed the terrorist nature of the Kiev regime, the focus of the current Ukrainian authorities is solely on escalating the armed confrontation and disrupting any attempts at a peaceful settlement. The complete incompetence of the neo-Bandera clique was revealed again," the ministry said.



Cars damaged by an uprooted tree after strong winds and heavy rainfall, at Sheikh Sarai area in New Delhi on Friday.

AI could revolutionise diagnosis, treatment of genetic disorders: Australian scientists

Canberra, May 2 (UNI) : Artificial intelligence (AI) could soon play a pivotal role in diagnosing and treating genetic disorders, a study by the Australian National University (ANU) said. The study marks a significant step toward more precise, personalised medicine by harnessing the power of new data tools, according to an ANU news release.

Published in Nature Communications, the study

combines AI-powered protein models with genome sequencing to better understand how mutations affect human health.It uncovered why some proteins are more vulnerable to harmful mutations than others, through the use of Google DeepMind AlphaFold’s cutting-edge AI to analyse the effects of every possible mutation across the full range of human proteins, said the release.

"Our study reveals that evolution has built resilience into the most essential proteins, shielding them from harmful mutations that disrupt protein stability. Less critical proteins seem not to have evolved this inherent ability to absorb damage," said ANU Associate Professor Dan Andrews, the research lead.

Researchers from ANU’s John Curtin School of Medical Research and

School of Computing help explain why seemingly less vital genes often play a larger role in genetic conditions."It’s important to identify which genetic system is dysfunctional in a given person, which helps us potentially choose the most effective treatment," Andrews said. "Our future goals include developing automated systems to flag effective treatment for individuals, based on their genetic and pathology data," he added.

Family of Nepali student found dead at Kalinga University, leaves for India

Kathmandu/New Delhi, May 2 (UNI) :The family of Prisha Sah, a Nepali student found dead in her hostel room at Kalinga Institute of Industrial Technology (KIIT) University in Odisha, has left for India, even as New Delhi said that it takes student safety very seriously, and the case is being thoroughly investigated by the Odisha police.Prisha, who was studying BTech at the KIIT University in her first year, was found dead inside her college hostel at around 8.10 pm on Thursday. This is the second death of a Nepali student in India at the same university, after that of Prakriti Lamsal, another KIIT student, who allegedly committed suicide after being tortured by her classmate.

The Indian government conveyed its condolences over the student’s death and extended its full support to the family, promising full cooperation with Kathmandu in its investigation into the

incident.

"We are deeply saddened by the tragic demise of a Nepali student of KIIT University, Bhubaneswar. We extend our heartfelt condolences to the bereaved family during this difficult time. The Ministry of External Affairs has been in constant touch with the Odisha State Government since we became aware of the tragic incident.

“The State Government of Odisha has extended full support to the family of the deceased, and a thorough enquiry is currently being conducted by the Odisha Police. The Government of India takes the safety, security and well-being of all international students very seriously. We remain in close contact with the Nepali authorities, the Odisha State Government as well as KIIT management to ensure real-time communication and coordination in this matter," the External Affairs Ministry statement read.

Post the incident, Nepal’s Foreign Affairs Minister, Arzu Rana Deuba wrote on X (formerly Twitter): “Immediately after the incident took place, the Ministry of Foreign Affairs has taken diplomatic efforts through the Embassy of Nepal in Delhi, the government of India and the state government of Odisha to conduct a fair investigation of the incident.” Nepal’s ambassador to India, Shankar Sharma, said in a separate social media post that the embassy is closely coordinating with the external affairs ministry, Odisha government, the police and the university for a “thorough investigation”.

Odisha state government has begun investigation, with officials saying that all concerned authorities have immediately taken necessary initiatives to investigate the matter.

According to the Information and Public Relations Department of

the Odisha state government, the parents of the girl were informed about the incident by the university authorities.

“On receipt of the information, senior officers including the Commissioners of Police and Revenue Commissioners rushed to the site to enquire into the circumstances leading to the unfortunate incident and take necessary action in the matter,” stated a press note issued by the department, according to The Kathmandu Post. “The forensic team is at the spot to collect evidence.”

Sah’s uncle Kamaldev Prasad Sah said: “She had spoken to her parents just a day earlier. She was planning to return home on May 18 after her exams.”

Prisha had moved to India last year for her studies. Her parents, Shyam Prasad and Pinky Sah, along with her brother Gaurav, left for Odisha on Friday to facilitate the return of her body.

Japan seeks to reach tariff agreement with US in June : Economy Minister

Tokyo, May 2 (UNI) : A new round of Japan-US ministerial trade talks could take place in the second half of May, and Tokyo hopes to reach an agreement on tariffs at the leaders’ level in June, Japanese Economic Revitalization Minister Ryosei Akazawa said on Friday.

"We were able to hold a frank and constructive discussion and make progress in order to reach an agreement that is beneficial to both Japan and the US as soon as possible," Akazawa was quoted by the NHK

broadcaster as saying. Akazawa and US Treasury Secretary Scott Bessent met in Washington on Thursday to discuss tariffs.

"I think that from the middle of this month we will need to reach a stage where we thoroughly discuss all the points that were not fully discussed or where there were any omissions or mistakes," the minister said.

Asked whether the agreement between the leaders could be reached in June during the G7 summit, Akazawa said it "would be good if we can

get to that stage."

Japanese Prime Minister Shigeru Ishiba said the sides are not yet able to reach a common position, but Tokyo intends to seek common ground with Washington on the tariff issue as soon as possible.

"But we must not prioritize speed at the expense of our national interests," Ishiba said, adding that as before, Tokyo intends to achieve "the abolition of tariff measures."

The first round of Japan-US talks was held in Washington on April

Ukraine produces 4k drones daily while US buys 5k a year : Pentagon

Washington, May 2 (UNI) : Ukraine manufactures approximately 4,000 drones each day, compared to just 5,000 purchased annually by the United States, Director of the Pentagon’s Defense Innovation Unit Doug Beck said on Thursday.

"What I saw there was very impressive, because you’ve got literally in basements ... printers, developers, together, war fighters coming up an incredibly iterative process to move," Beck, who visited Ukraine, said during testimony at the House Armed Services Subcommittee on Tactical Air and Land Forces. "Our system is not built to do that, which is why we right now buy 4,000 or 5,000 drones a year in our system, and there are 4,000

a day being produced over there."Beck pointed out that the United States is operating on an entirely different level.

"I think that we need to be able to scale at a whole other level of scale," he added.

US defense startups are turning to Ukraine for help in producing drones for the US Army amid failures of Western unmanned aerial vehicles on the battlefield, The Wall Street Journal reported in March.The startups have reportedly spent billions of dollars trying to create small drones that the Pentagon says will be useful in future conflicts, but most of them are simply expensive aircraft that do not fly very well. At the same time, Ukraine has managed to master the mass production of drones, according to the newspaper.

3 seriously injured in helicopter crash off Australia's coast

Sydney, May 2 (UNI) : Three people were seriously injured in a helicopter crash off Australia’s south coast on Friday.Police in the state of Victoria said that the helicopter was seen crashing into water near the coastal town of Point Lonsdale, 60 kilometers southwest of Melbourne, just after 10 a.m. local time.

All three people who were onboard the aircraft and not formally identified managed to make it to shore, where they were located by members of the public who called emergency services.

A man and a woman were airlifted to the hospital with serious injuries, and a second man was taken to the hospital by road, also with serious injuries.Victoria Police said in a statement that the exact circumstances surrounding the incident were yet to be determined.

The Australian Transport Safety Bureau will investigate the crash with assistance from police.

Violence in South Sudan leaves 15 dead, 16 injured

Juba, May 2 (UNI) : At least 15 people were killed and 16 others injured in clashes in Tonj South County of the restive Warrap State in northern South Sudan, a local official said Friday.

The clashes on Thursday followed an attack on Manyangok Payam by members of the Apuk, Yar and Muok communities, said Ring Deng Ading, commissioner of Tonj South County.

He said the fighting, which erupted in Agama village, resulted in several houses being burnt to ashes, property looted, and families displaced.

"There were some cattle that were raided in

December 2024 and January this year, and these communities have never stopped fighting as they go back and forth until today," Ading said."Though I sent the South Sudan People’s Defense Forces (SSPDF) to stop them, they are still manoeuvring around the forces," he said.

Clashes have intensified in Warrap State and neighbouring Unity State amid ongoing tensions between the SSPDF and the opposition Sudan People’s Liberation Movement/Army - In Opposition.Warrap State frequently experiences deadly clashes between communities in the form of cattle raiding and revenge killings.

8 killed as car plunges into ravine

Islamabad, May 2 (UNI) : Eight members of a family were killed when their car fell into a deep ravine in Pakistan’s northwest Khyber Pakhtunkhwa province, media reports said.The accident occurred on Thursday evening in Kohistan district along the Karakoram Highway, an official of the state-run Rescue 1122, Pakistani media reported."The vehicle lost control and plunged into a gorge, killing all eight occupants, including four children," he said, adding that an investigation is underway to determine the exact cause of the crash, according to Xinhua news.Rescue personnel and highway patrolling police rushed to the site and shifted the bodies to a nearby hospital, the official said.



# Gujarat Titans beat SRH by 38 runs

# Jack Draper set for world top five after beating Arnaldi

Ahmedabad, May 2 (UNI) : Gujarat Titans rode on blistering half-centuries from skipper Shubman Gill and Jos Buttler to defeat Sunrisers Hyderabad by 38 runs in their IPL 2025 encounter at the Narendra Modi Stadium here on Friday.

Chasing a daunting target of 225, Sunrisers Hyderabad could only muster 186 for six in their 20 overs, despite useful knocks from Abhishek Sharma (74 off 41) and Ishan Kishan (13 off 17). Prasidh Krishna and Mohammed

Siraj led the Gujarat attack with two wickets apiece as SRH's chase faltered after a promising start.

Earlier, Gujarat posted a commanding 224 for six after being asked to bat first. Gill led the charge with a fluent 76 off just 38 deliveries, peppered with 10 boundaries and two sixes. He shared a brisk 87-run stand with Sai Sudharsan (48 off 23), who continued his fine form this season.

Buttler followed up with an aggressive 64 off 37 balls, showcasing his range with scoops, reverse

sweeps and drives. He struck four sixes and three fours before holing out in the 19th over off Pat Cummins. Gujarat looked set for a total close to 240, but a late collapse saw them lose five wickets for 18 runs in the last two overs.

Jaydev Unadkat was the pick of the SRH bowlers, returning figures of 3 for 35 in his four overs, including the wickets of Washington Sundar (21), Rahul Tewatia and Rashid Khan in a decisive penultimate over. Zeeshan Ansari (1/42) and Cummins

(1/40) also chipped in.

In response, SRH openers Travis Head (20) and Abhishek Sharma gave the chase early momentum, but Gujarat struck at regular intervals. Prasidh dismissed Head and Heinrich Klaasen (23), while Siraj removed Aniket Verma and Kamindu Mendis to derail the middle order.

Despite a late cameo from captain Pat Cummins (19\* off 10), SRH fell well short of the target. Gujarat's fielding was sharp, with Buttler taking two catches and Rashid Khan effecting

a crucial dismissal.

With this win, Gujarat consolidated their position on the points table, while SRH were left to rue missed opportunities and a lacklustre finish to their bowling effort.

Brief Scores: Gujarat Titans 224/6 in 20 overs (Shubman Gill 76, Jos Buttler 64, Jaydev Unadkat 3/35)

Sunrisers Hyderabad 186/6 in 20 overs (Abhishek Sharma 74, Prasidh Krishna 2/19, Mohammed Siraj 2/33)

Result: Gujarat Titans won by 38 runs.



Madrid, May 2 (UNI) : British number one Jack Draper cruised past Italy's Matteo Arnaldi 6-0 6-4 to reach the semi-finals of the Madrid Open and will move into the top five in the world for the first time in his career. Englishman Draper won the first set in just 25 minutes. World number 44 Arnaldi won his first two service games in the second before Draper made the crucial break with a fierce cross-court winner to take a 3-2 lead.

The 23-year-old Englishman, who won the Indian Wells title in March, then held serve and went on to claim victory in one hour and 17 minutes. The

dominant Draper dropped just 10 points on his serve without facing a break point and will overtake Grand Slam record-holder Novak Djokovic to move into the world's top five on Monday, the BBC reported.

Draper, the highest seeded player remaining in the tournament, will face Italian Lorenzo Musetti in his first ATP clay court semi-final. Tenth seed Musetti beat Canada's Gabriel Diallo 6-4 6-3 in his quarter-final to set-up the meeting with Draper.

Speaking to Sky Sports, Draper said: "I feel stronger every time I play.

"Against these guys I used to feel like I would be

the one on the back foot, the one defending, so the next part of my game was getting capable physically to do the things I know I can do and bully these guys." I have been doing everything in all areas pretty well and am excited to keep on going. Hopefully it keeps coming together.

"You see guys like Carlos Alcaraz and Jannik Sinner have no fear and so I just want to go after it, I suppose.

"My forehand is doing a lot of damage and I want to keep it up." I know I can win any match and lose any match. I am fearful I could lose but that helps me compete the way I do."

## Australia remain on top while Thailand climb up in annual T20I rankings update

Dubai, May 2 (UNI) : Australia and New Zealand have been the big winners on the ICC Women's T20I team rankings following the annual update made by the ICC on Friday. The Aussies maintained their stronghold on the No.1 ranking with 299 rating points and even extended their lead over second-placed England (279) from 18 points to 20 after the update.

While there are no positional changes among the top-eight ranks, reigning ICC Women's T20 World Cup winners New Zealand were rewarded with a two-point increase to 253 rating points and are now within seven points of third-placed India (260).

South Africa (243), West Indies (240), Sri Lanka (228) and Pakistan (220) round out the top eight teams on the rankings. Ireland move up one place and past Bangladesh into ninth following the update that provides weightings at 50 percent for matches between May 2022 and April 2024 and 100 percent for matches thereafter.

Asian side Thailand climb two places to move to 11th overall, while Sierra Leone (34th) and Kuwait (37th) are other big improvers as they gain seven rating points and move up three spots overall apiece.

Four teams – Mexico, Czechia, Oman and Ghana – drop out of the rankings due to not having played at least eight T20Is since May 2022.

Meanwhile, UAE have taken the place of USA among the 16 teams granted ODI status for the 2025-29 cycle, which will come into effect on 12 May.

The list of teams with ODI status now features five Associate Members, with Thailand, Scotland, Papua New Guinea and the Netherlands retaining their status, and the UAE joining them following strong performances in T20Is.

Thailand and Scotland secured their ODI status through qualification for the ICC Women's Cricket World Cup Qualifier 2025, while PNG and the Netherlands retained theirs based on their T20I rankings.

## Sports necessary to stay healthy: Anandiben

Ayodhya (UP), May 2 (UNI) : Uttar Pradesh Governor and Chancellor of state universities Anandi Ben Patel on Friday said that sports are very important for staying physically and mentally healthy. While addressing the inauguration of the 22nd All India Inter-College Sports Festival organised at Atal Bihari Vajpayee Sports Council of Acharya Narendra Dev Agriculture and Technology University, the Governor said that there are two types of sports, first is political playground and second is sports field.

She said, "Out of both

the games, you have to decide which game you like. The one who plays will flourish. All of you have to flourish and take the country forward. Only when there is heat in the body, will you be able to win in the sports field. To make India developed, we have to work together."

Patel said that the Prime Minister Narendra Modi started Khelo India in which the youth participated enthusiastically and got a chance to move forward. "Playing the game according to the rules teaches us to move forward. 40 percent women are also

participating in every sports competition held in the university, which is a matter of happiness for all of us," she said. She said, "80 percent of women are getting medals in the convocation ceremony, which is a matter of concern for all of us. Both men and women will have to come forward in every field." She said that if you want to join the army, if you want to see the country progress, then sports is very important. She appealed to every university to organise sports competitions among the children up to intermediate in their area, this will make India strong and move forward.

## Sao Paulo's Lucas eyes return

Rio De Janeiro, May 2 (UNI) ; Former Brazil international winger Lucas Moura is set to return to Sao Paulo's matchday squad after a knee sprain that sidelined him for almost two months.

Lucas has resumed training and could feature off the bench in Sao Paulo's home clash against Fortaleza in Brazil's Serie A championship on Friday. "Injuries are a part of football but I'm dying to be on the pitch and help my teammates," Lucas told Sao Paulo's official website on Thursday.

"The most important thing is that I've recovered and I'm ready to play," added the 32-year-old, who has not played since

sustaining the injury in a Copa Libertadores match against Alianza Lima on March 10.

Sao Paulo is currently 10th in the 20-team Serie A standings, having won one and drawn five of its six matches so far. Lucas said his team was aware of its recent poor record against Fortaleza, a rival it has not beaten since 2020.

"Fortaleza has been a thorn in our side," Lucas said. "But we have had good results of late and a streak without losing is important. I hope to be able to make an impact and contribute in the best way possible."

## UAE welcome Bangladesh for T20I series ahead of Pakistan tour

Dhaka, May 2 (UNI) : Bangladesh are set to tour the United Arab Emirates later this month for a two-match T20 International series against UAE.

Both fixtures will take place at the iconic Sharjah Cricket Stadium on May 17 and 19, with play commencing at 7:00 pm local time. The two teams last faced each other in Dubai in September 2022 as Bangladesh completed a clean sweep, winning both fixtures and sealing the series 2-0.

Bangladesh will then head to Pakistan for a five-match T20I series as they continue their preparations for the Men's T20 World Cup next year to be held in Sri Lanka and India.

The series marks the return of cricket to Faisalabad, where the first two T20Is will take place, followed by the final three fixtures at the Gaddafi Stadium in Lahore.

Bangladesh are due to arrive in Pakistan on May 21, with the final game of the series set to be played on June 3, an ICC report said. Chief Operating Officer of the Emirates Cricket

Board Subhan Ahmad said, "We are excited to host the Bangladesh Men's team for another bilateral T20I series with the UAE Men's team. The Emirates Cricket Board is always keen on providing opportunities to the UAE's national side against quality opponents."

"The two-match Bangladesh series will provide an ideal preparation opportunity for UAE ahead of this year's ACC Men's T20 Asia Cup and we thank Bangladesh Cricket Board for their support for UAE Cricket," he said. Bangladesh Cricket Board Chief Executive Officer Nizam Uddin Chowdhury said, "We are pleased to see the Bangladesh national team's return to the UAE. The BCB values the opportunity to engage in competitive cricket and we appreciate the initiative of the Emirates Cricket Board in arranging this T20I series."

"These matches will serve as an important part of our team's preparations ahead of a packed international calendar, including the upcoming Asia Cup," Chowdhury added.

## Goa and Jamshedpur's ultimate hurdle for golden ticket to Asia

Bhubaneswar, May 2 (UNI) : After 13 days of relentless action, 15 contenders have been reduced to two, come the final day of the Kalinga Super Cup 2025.

The 2019 champions FC Goa will take on first-time finalists Jamshedpur FC in the summit clash on Saturday, at the Kalinga Stadium here, at 19:30 IST.

The winner of the match will also qualify for the 2025-26 AFC Champions League Two Preliminary Round.

On one hand are FC Goa, aiming not only to become the first team to win this trophy twice, but also to end their four-year absence from continental football. The Gaurs' sole campaign in Asia came in the 2021 AFC Champions League.

On the other hand, Jamshedpur FC are in uncharted territory, ending a run of two semi-final losses in the Super Cup to reach their first-ever final in any competition in the club's eight-year history.

Having missed out on qualifying for the AFC Champions League after a play-off defeat in 2023, the Men of Steel now have

another golden chance to earn their maiden ticket to Asia.

"For us, it's very important because it would be the first time that we qualify for an Asian competition, so we'll try to give our best," said Jamshedpur FC head coach Khalid Jamil in the pre-match press conference on Friday.

His counterpart, FC Goa head coach Manolo Marquez, said, "When you have this opportunity (to qualify for Asia), obviously you have to be very motivated. FC Goa already played in the Champions League four years ago. Jamshedpur never did. But both teams would want to make it to this competition."

It would be the fourth meeting between FC Goa and Jamshedpur FC in the Super Cup, making it the joint-most-played fixture in the tournament's history. If the past three matches, where a staggering 21 goals were scored, are anything to go by, one can definitely expect fireworks on Saturday as well.

The Gaurs came out on top in both quarter-final clashes in the 2018 and 2019

editions, winning 5-1 and 4-3, respectively. In the 2023 group stage in Kozhikode, the Red Miners bagged a 5-3 victory.

However, this season in the ISL, Jamshedpur did the double over Goa, winning 2-1 in Fatorda and 3-1 at the Furnace.

"Every game is different," said Marquez. "We can say that we finished second, and Jamshedpur finished 10 points below us, but we lost both games against them. They were much better than us in Jamshedpur. In Goa, maybe in the first half we were better, and they were better in the second. Now, it's a final, and I think that it's not important what happened in the past."

Jamil, concurring with Marquez, said, "It is absolutely correct that this is a totally different game. We have to be strong. We must know that we are going to play against a good team, which I give a lot of respect to because they are technically very strong. So, we have to give our best."

Jamshedpur FC, who had the second-worst

defence in the ISL, letting in 46 goals this season, have surprisingly not conceded a single one in their three games so far in the Kalinga Super Cup.

Jamil's side beat Hyderabad 2-0, NorthEast United on penalties after a goalless draw, before nicking a 1-0 win over Mumbai City in the semi-final. En route to the final, Goa beat Gokulam Kerala 3-0, Punjab FC 2-1 and Mohun Bagan SG 3-1. With both teams having lost the ISL semi-finals, the Kalinga Super Cup final is perfectly poised for them to win the trophy and end the season on the best note.

"Fifteen teams tried to win the tournament. We knew that we had to win

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# A Spiritual Journey of CHAR DHAM with Indian Railways

(Standard Post Bureau)

Mumbai, May 2 : 17-day pilgrimage across Char Dham and other revered sites begins May 27, 2025, from Delhi Safdarjung.“

Destinations include Badrinath, Jagannath Puri, Rameshwaram, Dwarkadhish and key Jyotirlingas.“

Deluxe AC train experience with 3-star hotel stays, vegetarian meals, AC transfers & enhanced onboard security.“New Delhi: Fulfilling the spiritual aspirations of thousands, Indian Railways is set to re-operate the Bharat Gaurav Deluxe AC Tourist Train on the iconic Char Dham Yatra circuit, covering Badrinath, Jagannath Puri, Rameshwaram, and Dwarkadhish. The tour will commence on May 27, 2025, from Delhi Safdarjung Railway Station, shortly after the opening of the Badrinath Dham in the first week of May.“

Spanning 17 days, this train will be operated by



Indian railways' tourism and catering cooperation.



One can book tickets from irctc website. This all-

inclusive pilgrimage will offer devotees an



opportunity to visit:“ Badrinath: including

the sacred Badrinath temple, Mana Village and Joshimath.“

Rishikesh, Jagannath Puri, Konark Sun Temple, and Chandrabhaga Beach“

Rameshwaram & Dhanushkodi, including the famous Ramanathaswamy Temple“

Dwarka, featuring Dwarkadhish Temple, Nageshwar Jyotirlinga and Byet Dwarka“

Additional visits to Jyotirlinga temple in Varanasi, Pune and Nashik.“

The Bharat Gaurav Deluxe AC Tourist Train has a host of attractive features and modern amenities that includes dining restaurants, shower cubicles, etc.. The Tourist Train offers AC I, AC II and AC III classes, with upgraded security via CCTV surveillance and dedicated security guards in each coach.

The package also includes 3-star hotel accommodation, all vegetarian meals, AC transfers for sightseeing

## Diesel Loco shed Visakhapatnam celebrates 60 years of Glorious journey : ECoR



(Standard Post Bureau)

Visakhapatnam, May 2 : Visakhapatnam Diesel Loco, the Largest Loco Shed in India, prevalently known as Waltair Diesel Loco Shed, has been established in the year 1965 in the erstwhile undivided South Eastern Railway. It is the only loco shed serving the needs of East Coast Railway with the trifurcation of the South Eastern Railway in the year 2003. In pursuit of excellence, the Loco Shed is completing its 60 glorious years of service to the nation.

The glorious journey of the shed started with its

commissioning on 2nd May 1965 with the holding of sheer fleet of 13 imported WDM1 type ALCO locomotives. Since then the shed has grown leaps and bounds to become the largest diesel loco shed in Indian Railways with locomotive fleet strength of 450 locos today, the Diesel Loco shed ensure that both freight and passenger services run like clockwork. Right from the beginning, the shed has been a major and important shed in the country feeding locos for the premier express services as well as the bread earning freight services in the region.

To commemorate 60 years of its journey, a special function was organized today at the Diesel Loco Shed under the guidance of Shri Rudra Ranjan Mishra, Senior Divisional Mechanical Engineer (DLS). The event was graced by Divisional Railway Manager Shri Lalit Bohra as the Chief Guest.

In his address, the DRM highlighted the pivotal role the shed has played since its inception, serving as one of the country's key facilities by providing locomotives for both premier express trains and crucial freight services in the region.

## WR to permanently augment Ac 3-Tier coach in Mumbai Central - Hazrat Nizamuddin August Kranti Tejas Radhani Express

(Standard Post Bureau)

Mumbai, May 2 : To enhance passenger convenience and meet growing travel demand, Western Railway has decided to permanently augment one additional AC 3-Tier coach in Train No. 12953/12954 Mumbai Central – Hazrat

Nizamuddin August Kranti Tejas Rajdhani Express.

According to a press release issued by Chief Public Relations Officer of Western Railway, Mr Vineet Abhishek, this premier Rajdhani Express is known for its speed, punctuality, and high-quality onboard services, offering

passengers a fast, safe, and comfortable travel option between Mumbai and Delhi. The addition of the AC 3-Tier coach will significantly boost the train's carrying capacity and help accommodate more waitlisted passengers, thereby improving travel

opportunities for long-distance travelers. The extra coach will also carry approx. 72 additional passengers per trip. The details of the augmented train is as under:

Train No. 12953/12954 Mumbai Central – Hazrat Nizamuddin August Kranti Tejas Rajdhani Express will

be augmented with one additional AC 3-Tier coach Ex Mumbai Central from 07th May, 2025 and Ex Hazrat Nizamuddin from 08th May, 2025.

For detailed information regarding timings of halts and composition, passengers may please visit [www.enquiry.indianrail.gov.in](http://www.enquiry.indianrail.gov.in).

## Ryan International School, Chembur sets new standards of academic excellence

(Standard Post Bureau)

Mumbai, May 2 : Ryan International School, Chembur has set new standards of academic excellence and waved the flag of great success due to the extraordinary achievements of its students in the ICSE examination for the academic year 2024-25.

Giving this information, senior teacher of Ryan International School and well-known litterateur of Mumbai, Mrs. Pramila Sharma said that the result of Ryan International School, Chembur in the board examination of class 10th of the academic year 2024-25 has been 100%. When the result was declared, celebrations were held in the school.

In particular, top scorers Aditi Shah, Avni Phokmare and Rohan Singh have



demonstrated exceptional academic prowess, securing impressive marks of 99.2%, 98.4% and 97.8% respectively, she said. Out of a total batch of 153 students, 28 students have excelled with 95% and above marks, while 32 students have scored between 90% to 94%.

Additionally, 48 students have scored between 80% to 89%, 32 students between 70% to 79% and 13 students

between 60% to 69%, reflecting an excellent spectrum of academic proficiency. She added that Ryan International School, Chembur is committed to providing a nurturing environment for education where students not only excel academically but also grow into confident, responsible individuals, ready to make meaningful contributions to society.

She said that the success of our students is a testimony to the tireless efforts and dedication of our esteemed management & academic team. The contribution of Chairman Dr. A.F. Pinto and Managing Director Grace Pinto has been incomparable for their visionary leadership and unwavering support in nurturing the talent of the students. She said that the exceptional performance of the students in the ICSE examinations confirms Ryan International School, Chembur's unwavering commitment to academic excellence and holistic development. The Chairman of the school has congratulated all the students and expressed his heartfelt best wishes for their bright future.

## No one will get a Punjab water, says Mann after all-party meet

Chandigarh, May 2 (UNI) Punjab Chief Minister Bhagwant Singh Mann on Friday said that the state's water belongs to the state and no one would be allowed to take a single drop of it.

Mann was speaking to the media after an all-party meeting in which, along with ruling Aam Aadmi Party, opposition parties such as the Congress, Shiromani Akali Dal, Communist Party of India and the BJP participated.

The BJP was represented by the party's state unit chief Sunil Jakhar and former Minister Manoranjan Kalia.

Jakhar said he was a Punjabi and stands with the state. He also suggested avoiding confrontation and resolving the issue by talks with the Centre.

## Chhota Bheem team up with Western Railway to spread railway safety awareness



Mr Vineet Abhishek, Chief Public Relations Officer of Western Railway & Shri Rajiv Chilakalapudi, the creator of Chhota Bheem, are seen exchanging collaboration letters at WAVES 2025, Jio World Centre, Mumbai.

(Standard Post Bureau)

Mumbai, May 2 : In a unique initiative to promote public awareness and railway safety, Western Railway has entered into a collaboration with Chhota Bheem. Western Railway will utilize beloved characters from the Chhota Bheem universe for educational and outreach activities.

Western Railway's Chief Public Relations Officer, Mr Vineet Abhishek and Mr Rajiv Chilakalapudi, CEO & Managing Director of Green Gold Animation Pvt. Ltd. the creators of Chhota Bheem, signed the Letter of Collaboration at the World Audio Visual & Entertainment Summit (WAVES) 2025, Jio World Centre, Mumbai on 2nd

May, 2025. According to a press release issued by Chief Public Relations Officer of Western Railway, WR will go the non-conventional way to get to the hearts of the masses.

Characters such as Chhota Bheem and his family will be used across various media formats including print, digital, television, radio, and physical installations like posters and school programs for a period of 1 year. This strategic collaboration aims to harness the wide appeal of the Chhota Bheem franchise to effectively communicate essential messages on railway safety and responsible behaviour in railway premises, particularly targeting younger audiences and families.

Notably, the nationwide and global popularity of Chhota Bheem has a good impact on children and has the potential to influence them positively. Western Railway's initiative aligns with this sentiment by integrating these familiar characters into public interest campaigns to enhance reach and engagement.

Shri Vineet further said this partnership is a step forward in making railway safety education more engaging and accessible. With the help of Chhota Bheem and family, Western Railway hopes to create a lasting impact and educate the children and the general public. The collaboration aligns with both organizations' shared goal of promoting public welfare through creative outreach.