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MUMBAI

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Petrol and Diesel

IN BRIEF

Fire breaks out in hotel

Mumbai, May 26 (UNI) A fire broke out Monday morning at the Jyoti Hotel in the Chakla area of Andheri East in city suburb triggering panic among residents and guests, an official

Responding to the emergency, fire brigade and police teams arrived at the scene and evacuated all 35 occupants trapped inside the building.

The fire brigade team took swift action and brought the fire under control.

According to the police, the fire broke out on the sixth floor of the hotel. Soon it spread to the entire building Timely action of the fire brigade and police prevented any loss of life.

ATS to question Nagpur woman who was handed over by Pak

Mumbai, May 26 (UNI): Beside a multiagency probe, the Anti-Terrorism Squad (ATS) of Maharashtra Police will also investigate a Nagpur woman, Sunita Bhaleshwar Jamgade, who was handed over to the Indian authorities by Pakistani officials on Sunday after she had crossed over to Pakistan through the Line of Control earlier this month from the Hunderman village in Kargil, sources said on Monday.

Jamgade, 43, was reported missing on May

According to the police, she crossed the border over ten days ago, leaving her son behind and was subsequently apprehended by the Pakistani forces and later on May 24, she was handed over to Indian authorities.

Sources in the special police unit tasked with countering terrorism and organized crime in the state said that as the disappeared woman is from Nagpur in Maharashtra, officers of the ATS will also join multi-agency probe.

Meanwhile, deputy commissioner of police (Zone V of Nagpur police) Niketan Kadam confirmed that a police team had been dispatched to Amritsar to escort her back to

Nagpur. He stated that a detailed interrogation would follow after her return to assess her mental condition and to explore any potential legal implications, including whether any aspect of her actions could be linked to espionage.

Rain batters State areas, **CM reviews situation**



Pedestrians cross an inundated road amid rains, in Mumbai on Monday.

(Standard Post Bureau)

office (CMO) said in rains affected normal life in Mumbai, May 26: Chief statement on Monday that Pune, Satara, Solapur, Minister Devendra Fadnavis the CM has ordered Raigad, Mumbai and MMR is reviewing the situation immediate Panchnama in areas in the state. As many caused by widespread places where damage has as 25 houses have partially excessive rains across occurred. He is in constant collapsed in Baramati, seven Maharashtra and has asked touch with the chief people trapped in the flood the entire administration to secretary of the state and have been rescued and 80 the state disaster families have been shifted to

Sunday are being restored in Baramati, said the CM Satara district received 163.5 mm of rain and an NDRF team is in the city to rescue 30 residents stranded near Dudhebavi village. They have been provided with accommodation and food facilities.Mumbai received 135.4 mm of rain in the past 24 hours. Complaints of waterlogging were received from 6 places in the city. Complaints of short circuit incidents were also received from 18 places. The Mumbai Municipal Corporation, Fire Department, Mumbai Police have been alerted. There has been no loss of life anywhere. NDRF teams are ready at 5 places in Mumbai for any kind of help, informed the CMO.The Meteorological Department has predicted rain and thunderstorm in The Chief Minister management cell. Heavy safer places, said the Chief Mumbai in the next 24 hours.

Minister office. Mobile

services disrupted on

Sindhudurg, and Yavatmal.

These daily fluctuations are primarily driven by global crude oil prices, as well as local factors including transportation costs, and municipal taxes, resulting in slight price variations across different cities. The provides some respite for consumers, especially as fuel prices continue to be revised daily in response to both international and domestic market dynamics.

prices dip marginally across Maharashtra, offering relief to consumers

Mumbai, May 26 (UNI): office. The Phaltan city in Petrol and diesel prices, a key indicator of inflation for many households in Maharashtra, saw a slight decrease as new rates were announced at 6 AM on Monday. According to the latest data, petrol is now retailing at an average of 104.70 per litre, while diesel averages 91.24 per litre across the state-both reflecting a marginal drop

from previous levels. Mumbai City continues to offer the lowest rate, with petrol priced at 103.50 per litre, while city-wise, petrol prices per litre are as follows: 104.89 in Ahmednagar, 104.18 in Akola, and 105.18 in Aurangabad. Several cities, including Hingoli, Jalna, Latur, Nanded, Parbhani, Ratnagiri, Sindhudurg, and Yavatmal, are reporting petrol prices at 105.50 per litre.

Diesel prices also show a similar trend, ranging from 90.03 per litre in Mumbai City to 92.03 per litre in cities such as Hingoli, Jalna, Latur, Nanded, Parbhani, Ratnagiri,

> Shiv Sena (UBT) leader and former Maharashtra (See on page 3)

Op Sindoor not just military action, but expression of Indian values: PM Modi

just a military action but a reflection of India's values and operation unseen in decades.

images still ignite anger across the nation, as 140 crore development projects worth over Rs 24,000 crore in Gujarat.

demand action against injustice, Prime Minister Narendra he fulfilled his responsibility as the nation's leader, giving Modi said on Monday said Operation Sindoor was not full freedom to India's armed forces, who then executed an

He highlighted that nine major terror hubs across the Without mentioning Pakistan, the Prime Minister said border were identified and destroyed in 22 minutes, and the country born after Partition has focused on hostility stated that Pakistan's military attempted retaliation but was towards India and causing harm, an official statement said. decisively defeated by Indian forces. He reiterated his deep "India, on the other hand, is committed to eradicating respect for the valour of India's armed forces, saluting everty, strengthening its economy, and achieving their courage and dedication from the sacred land of Dahod. development", Modi said, while addressing a gathering in The Prime Minister highlighted that a developed India can reduction in fuel rates today Dahod, Gujarat.Questioning whether the nation could only be built when both its armed forces and economy are remain silent after the terrorist attack in Pahalgam, Jammu strong. Adding that the government is continuously & Kashmir, Modi said terrorists had no idea of the working in this direction, ensuring national security and consequences of their actions, recalling the brutality of economic growth go hand in hand. The Prime Minister laid killing a father in front of his children. He stated that such foundation stone, inaugurated and dedicated to the nation multiple

Entire country to be free from Naxalism before March 2026: Shah

Shah announced on to the world that those who be eradicated from the eye will not be spared. country before March 31, Pakistan-trained terrorists from the country before cowardly killed innocent March 31, 2026, he asserted. tourists in Pahalgam, only terrorists be crushed.

through 'Operation Sindoor' world, he said. and the Modi government

Union Home Minister Amit not only to Pakistan but also Monday that Naxalism will look at India with a wicked

Now, the bases of 2026. Addressing a huge Naxalites in the country are Shankhnaad rally here, he also being destroyed and said that on April 22, Naxalism will be wiped out May seven.

After the Pahalgam then did Prime Minister attack, India launched Narendra Modi warn the 'Operation Sindoor' against Pakistan and killed hundreds Accordingly, India has of terrorists, thus sending a proven its capability and message not only to strength to the world Pakistan but also to the entire forces struck Pakistan by

that if the people of India are the 'Sindoor' (vermillion) together. attacked on the border, 'Goli applied by married women ka Jawab Goli Se Diya on their foreheads is not has issued," said Shah. Jayega', with the Indian cheap, said the Home Army having destroyed nine Minister. terror bases across the

launched drone and missile attacks, but the security forces did not allow a single missile or drone to enter Indian territory by no one will dare to look at a countries to expose the destroying them in the air.

On May nine, the armed attacking its air defence

border in 22 minutes on said that they have sent out Modi has also warned," he a message to Pakistan that said. On May eight, Pakistan the previous Congress-led government was not there in Shiv Sena (Thackeray) for power, but the Modi government is.

> developed and strong India with evil eye, the Modi saying if Balasaheb was government has proven this. there, he would have Blood and water will not hugged Modiji for the

Nanded, May 26 (UNI) has given a clear warning have given out the message made the world realise that terrorism will not go

This is the warning Modi

"If such aggression continued, then be ready to Through this attack, he face serious consequences,

Shah also criticised the questioning the purpose of sending delegation of MPs "This is a new India, and from all parties to foreign terrorist face of Pakistan,

Shah further said, "we systems and air bases, and flow together. Trade and success of Operation Sindoor. Officials must carry out relief work promptly, says Shinde

(Standard Post Bureau)

Mumbai, May 26: With prediction of heavy rains in Mumbai, Konkan and western Maharashtra, Deputy Chief Minister Eknath Shinde told officials to be alert and carry out relief work.

Shinde spoke to Thane and Nashik district collectors as well as Thane and Mumbai municipal corporation commissioners and issued instructions

related to combating heavy take timely and effective rains.He took situational reports from Ratnagiri, Sindhudurg, Palghar, Raigad district collectors and discussed relief works.

The disaster management centres in all these districts will remain open 24 hours and the officers of these parties have been told to work vigilantly.

Shinde also said that the administration should steps to ensure that the rain does not disrupt public life and does not cause any loss of life or property."The entire system should be kept ready, and relief and rescue operations should be carried out promptly as required. Special attention should be paid to waterlogged roads, bridges, and power lines. Care should also be taken in the case of dilapidated and dangerous buildings, and how suburban rail traffic in places like Mumbai and Thane should continue smoothly," Shinde said.

The deputy CM asked people to follow the instructions of the Meteorological Department and do not step out of their homes unless necessary. "Those living in low-lying areas should be especially

careful. The administration is ready to help you, but it is also necessary for citizens to cooperate," he said.Heavy rains are reported in Mumbai, Thane, Raigad, Ratnagiri, Sindhudurg, Pune, and

Nashik. Shinde said the state government is closely monitoring the situation and all measures are being implemented for the safety of citizens.



140 crore Indians are united in building a Viksit Bharat: PM

The Prime Minister Shri Narendra Modi laid the foundation stone, inaugurated and dedicated to the nation multiple development projects worth over Rs 24,000 crore in Dahod, Gujarat today. Addressing the gathering, he remarked that May 26 holds special significance as it marks the day he first took the oath as Prime Minister in 2014. He acknowledged the unwavering support and blessings of the people of Gujarat, who entrusted him with the responsibility of leading the nation. The Prime Minister highlighted that this trust and encouragement have fueled his dedication to serving the country day and night.

(See on page 4)

Aaditya Thackeray slams govt, BMC for disruption of normal



minister Aaditya Thackeray on Monday slammed the Mahayuti government and the BrihanMumbai Municipal Corporation (BMC) over disruption of normal life in Mumbai due to waterlogging following heavy rains

Raducanu alleges preferred treatment for top stars



In a bold post-match statement, Britain's Emma Raducanu has raised eyebrows at Roland Garros by accusing French Open organisers of favouritism, claiming that some players are being granted privileged access to the tournament's main courts."

(See on page 7)

FS Misri to visit Washington



Foreign Secretary Vikram Misri will be on a threeday visit to Washington, from May 27, during which he will meet with senior officials of the US Administration. The visit is a follow up to Prime Minister Modi's visit to the United States in February 2025,

(See on page 8)

Career&tech



This is the age of email communication. Although we have quick access messengers for instant chats, there are instances where you have to send an email.

However, there are no set rules for the same. Remember your language classes in school where you were taught the important components of a letter? Yes, we did learn about letter writing skills - date, salutation, subject, body of the letter and sign off being the not to be missed components.

Fortunately or unfortunately, this is missing from the emails that we exchange on a daily basis. Even though we use emails for office communication, we more often than not end up using an informal tone which at time might land you in trouble.

Here are a few things to keep in mind when you write an email

First things first: Do not use short forms. Agreed, we shorten words to fit the character length on our phones and also save time. However, this is a strict no-no in office communication. For all you know, the email may be read by your super boss or CEO of the company. Using short forms might lead him to

think you are not serious about your work. The bottom line — Be formal where required!

Know the addressee: get your facts right. Know who you are writing to. Also, find out his/her designation and follow protocol. For instance, even people in the top posts are addressed by their names in a media company which may not be the case in other corporate organisations. So it's best not to flout rules. If a person has to be addressed as sir/madam use the

Spell out the subject: Make a clear mention on the contents of the mail in your subject. For instance, if the mail pertains to a delayed project, mention the same in the subject line so the recipient knows what to expect. A subject line is what grabs attention of the recipient who receives hundreds of mails a day on an average.

Be crisp: Be clear on what you want to

convey. In the age of speed news, people do not have an entire day to read mails. Hence, no history required, just get straight to the point. Remember the attention span is limited and there are too many diversions. Hence the reader might lose interest and miss the actual point intended in the mail after reading your prelude. Keep the message brief, yet effective. MAke sure you mention the important information in the first few lines itself.

Proofread your mail: Last, but not the least it's very important to reread what you have written so as to avoid typos and goof-ups to avert disasters. To err is human, but to rectify

them is wise! It's better to be safe than sorry isn't



Is your high-flying job making you sick?

It's not breaking news that most officegoers suffer from lifestyle diseases. But a new survey highlights just how stark the differences are between the health of private sector employees and those who

work in sarkari offices. **85% afflicted**

The difference between a corporate professional and his government counterpart isn't in just how much salary they draw, but also in how healthy they are According to a national survey by the Associated Chambers of Commerce and Industry of India (ASSOCHAM), "Due to demanding schedules, high stress levels and performance-linked perquisites in the private sector, nearly 85% of employees are afflicted with lifestyle, chronic diseases and acute ailments, while

Same work profile, different work hours

government employees range below

IT consultant Akshay Verma, 24, deals with foreign clients, and so his timings are never fixed. He says, "Before joining this consultancy job, I had no health issues. But in the last six months, I've developed spondylitis. I sit at my workstation for more than 12, and at times, 16 hours, per day."

However, Praveen Sahay, 32, who is also an IT consultant but deals with a government enterprise, says, "My client's an Indian bank, so my work life isn't hectic at all. Mine are proper sarkari office timings. I don't have to work after 6pm. After going home, I sometimes help my wife in the kitchen to make her happy."

The young and the sick

Sumit Arora, 26, a web developer, says, "I've developed carpal tunnel syndrome, which happens when the movement of the hand is limited. I sit in front of the computer all day." Pratik Kumar, 27, a chartered accountant, has developed a dry eye because of long computer hours. "I use eye drops, but the damage is done," says he.

Survey says 85% of private sector workers have lifestyle diseases, while only 8% government office-goers do.



computer engineer. Sometimes, I work on Sundays, and if I'm home before 9pm, I have to make excel sheets and PPTs for a morning meeting. I hardly get any quality time to spend with my wife. It is usually at dinner that we talk. She taunts me that I shouldn't have married her, but the excel sheets and PPTs. I've also got high BP because of work tension."

Kapil Deo (name changed), 35, works as an R&D manager in an automobile company. He's called to office at 1 am quite often. "Once you get into a private company, they act like they own you. I often get calls at midnight to be in office because machines are not responding properly. I've become an insomniac. I don't get time to play with my kid. She waits for Sundays as that's the only day I'm available for her."

But Shibani Rai, a bank PO, says, "It's not that government employees don't work. They are not overloaded. They're not understaffed, so work is distributed equally. The only time when I'm really busy is March and April. We have the closing, and after that, audits happen. So, for two months, my routine is rather busy, but otherwise, I leave for home by 7pm. If I have to meet my relatives or have to shop, I don't have to wait till Sunday like many of my

Marshall Goldsmith, in his book, What Got You Here Won't Get You There, makes a pertinent point: "If you keep your mouth shut, no one can ever know how you really feel." Yet, most employees answer diplomatically or simply beat around the bush during their exit interviews.Here are a few points that employers should keep in mind while conducting exit interviews.

-THE BASICS

An exit interview is an important HR tool to assess the company's well being at various levels. Good exit interviews enable organizations to extract relevant information from exiting employee, analyze it, and subsequently, perform reformative or corrective measures for organizational growth.

Elaborating on this point, Manuel D'Souza, director, HR, Serco Global Services, says, "Exit interviews are a means to understand the underlying reasons that influences an employee to leave. Employee feedback can provide insights that can be used to eliminate the recurring factors and lower the attrition rate. The positive impact of such practices can sometimes even result in retaining the concerned employee."

However, exit interviews go beyond simply gauging employee issues and attempting retention. As Lakshmi Iyer, a brand consultant with over 15 years' experience at various branding and marketing and communication agencies, says, "Exit interviews are critical since they provide an opportunity for introspection within the organization. If conducted well, they clearly bring out what the organization should and should not be proud of."

-DOING IT RIGHT

To make the most of exit interviews and ensure that they are not conducted as mere formality, organizations

must begin by asking the right questions through the right people. Appropriately planned discussions are an excellent opportunity to learn about both the strengths and weaknesses of both, the manager and organization.

D'Souza says, "The interviewer must try to comfort the employees and ensure them that the information they share will be confidential. It largely depends on the

How to go about conducting exit Interviews

maturity of the person conducting the interview. If it inspires a level of comfort, then unpleasant conversations and subsequent discussions that trickle in could be sensibly handled." He adds, "The discussion pointers must include the overall work experience of an employee in the organization, reason key triggers for leaving and indicators that can make the employee stay."

He stresses on the fact that the interviewer must keep the discussion open and that information should be fairly presented to the management team.

-PUTTINGIT IN PERSPECTIVE While organizations must remain

While organizations must remain neutral and encourage honest responses from exiting employees, some inputs placed before the organization may be explosive in nature and, perhaps, against the management's practices. "It is important that in the face of negative feedback the organization does not get defensive and lose sight of the larger picture," shares Iyer. The hallmark of a good organization lies in its ability to accept criticism with grace and have mechanisms to assess and effectively deal with them.



Most importantly, perhaps, exit interviews reflect that the organization cares. "When employees resign, companies often steer their focus on finding apt replacements and figuring a smooth transition strategy from everyday business perspective. As a consequence, the importance of organizing a purposeful exit interview takes a backseat. Thus, not only does the organization lose an excellent opportunity to learn about its strengths and weaknesses, but also on parting on good terms," says Lasya Chand, a communications professional, who recently quit her job at a branding agency. However, she also adds that employees must insist on an exit interview and it shouldn't be the sole responsibility of the company.

In conclusion, Iyer puts it best when she says: "An exit interview is an inexpensive and effective primary research that gives solid insights into the internal culture of the organization, its strengths and weaknesses, and identifies the gaps in perception as well. And therefore, it should be taken very seriously."

Maha reports 43 new **COVID-19** cases; active tally at 209, Mumbai sees highest surge

Mumbai, May 26 (UNI) Maharashtra has reported 43 new COVID-19 cases in the past 24 hours, pushing the number of active cases in the state to 209, an official said on Monday.

According to the Public Department, Mumbai continues to lead the surge, recording 35 new infections, while Pune reported eight. The state has logged a total of 242 COVID-19 cases so far in May, marking a significant increase compared to previous months.

Since January 1, Maharashtra conducted 7,389 COVID-19 tests, with 300 individuals testing positive. Of these, Mumbai alone has accounted for 248 cases, representing over 80 per cent of the state's total infections this year. The majority of recent cases have presented with only mild symptoms, and health officials have reassured the public that there is no cause

The state has recorded four COVID-19-related deaths since May 18, all involving patients with significant underlying health conditions such as kidney disease, cancer, cerebrovascular disease, and severe diabetes. Officials have clarified that while these patients tested positive for COVID-19, their comorbidities were the primary causes of death. In response to the

uptick in cases, the Health Department has initiated enhanced surveillance for influenza-like illness and severe acute respiratory infections Maharashtra. Most current COVID-19 patients are experiencing only mild symptoms, and testing and treatment facilities remain available at government

Authorities have urged citizens not to panic but remain vigilant and seek testing if symptoms persist.

Senior social activist **Anandrao Patil** selected for 2025 Bagal Purskar

Kolhapur, May 26 (UNI) Senior social movement leader and founder-working president of Bhartiya Vidhyapeeth, Pune, Anandrao Bahirji Patil, has been selected for year's (2025) prestigious Bagal Purskar, on behalf of Madhavrao Bagal Vidhyapeeth (MBV), Kolhapur.In a press release issued here on Monday, T S Patil, working president of MBV, said that Anandrao Patil, a concept creator of water distribution system and adherent of Rajarshi Shahu Maharaj, Mahatma Phule, Dr Babasaheb Ambedkar and Vitthal Ramji Shinde's thoughts. The award comprises Rs 5,000 in cash, a citation and a plaque.

The award distribution function will be held at Shahu Smarak Bhavan on May 28 on occasion of 129th birth anniversary of late Bagal, state's senior social reformer and senior freedom fighter, in presence of senior thinker and history researcher Dr Jaysingrao Pawar, he added.

Dy CM urges people in low-lying areas to take shelter in safer places in view of heavy rains



Baramati, May 26 (UNI) : Deputy Chief Minister Ajit Pawar on Monday appealed to the citizens, especially those living in low-lying areas and where is possibility of heavy rainfall, to remain careful and take shelter in safe

Stay in touch with the local administration and follow their instructions and cooperate, said Pawar.

With the Monsoon entering Maharashtra, including Mumbai, the Meteorological Department has issued a red alert for

: Shiv Sena (UBT) leader

and former Maharashtra

minister Aaditya Thackeray

on Monday slammed the

Mahayuti government and

Municipal Corporation

(BMC) over disruption of

normal life in Mumbai due

to waterlogging following

social media post X, he

wrote "The absolute apathy

of the BJP government that

controls the BMC for the

In a stinging post on

BrihanMumbai

heavy rainfall in Mumbai, Raigad and Ratnagiri districts. There is a red alert for Sindhudurg district tomorrow, while a yellow alert has been sounded for Palghar.

There is possibility of heavy rain in Mumbai, Thane, Palghar, Raigad, Ratnagiri, Sindhudurg, Nashik, Satara, Sangli and Kolhapur districts, said

The intensity of rain will continue in the ghat areas of Pune, Satara, Sangli and Kolhapur for a few more days, he said. In view of the

Aaditya Thackeray slams govt, BMC for

disruption of normal life after Mumbai rains

heavy rain in the state, the concerned district agencies should remain alert and give top priority to the safety, rescue and relief work of the citizens, he instructed.Pawar, who arrived in Baramati at midnight yesterday, visited villages in Baramati and Indapur talukas and Pune district since early morning and inspected the situation throughout the day.

The State Minority Development and Sports and Youth Welfare Minister Datta Mama Bharne, newlyelected Director of Chhatrapati Cooperative Sugar Factory Prithviraj Jachak, District Collector Jitendra Dudi, along with several others were present. While touring the villages in rural Pune, Pawar also reviewed the rainfall, dam status, and local situation in other districts from the State Level Disaster Control and Management Center in the Mantralaya.

Pawar also directed that Panchnamas of damage to agriculture, livestock, and houses be conducted immediately.

enhanced security checks, detained large number of illegal Bangladeshi immigrants and registered cases against landlords and tenants who failed to submit identity documents, sources said here on Monday.

Mumbai police

Mumbai, May 26 (UNI) Following the Pahalgam

attack

subsequent onslaught of

multiple threat calls and

emails that had put the

maximum city on high alert,

the city police has

undertaken 'Operation All-

Out' as a preventive

measure, under which it

launch

All Out'

terror

'Operation

During the operation, the hotels and lodges are being scrutinised, and over 250 illegal immigrants were deported last week.

Police are focusing on rented accommodations. Landlords in areas like Dadar, Kandivali, Malvani and Shivaji Park are facing action for not reporting tenant details.

Over a dozen First Information Reports were registered within a week.

After the Pahalgam attack, drones and paragliding were banned in Mumbai. Several persons were booked for illegal drone use.

It may be recalled that between January and May 20, Mumbai police received around 10 threat emails and calls, some were traced to foreign IP addresses.

Threats were also made to the airport and airlines, but no suspects have been identified so far.

Amit Shah launches veiled attack on Uddhav Thackeray

Nagpur, May 26 (UNI) Union Home Minister Amit Shah on Monday launched a veiled attack on Shiv Sena (UBT) president and former Maharashtra chief minister Uddhav Thackeray over his remarks on the central sending government delegations to foreign countries to reiterate India's stand on terrorism with an aim to expose Pakistan after Operation Sindoor.

Addressing a public meeting here, he said after Operation Sindoor, Prime decided send delegations of MPs from all parties to various countries so that countries around the world should know about it."These MPs are exposing the terrorist face of Pakistan. But a leader of Shiv Sena (Thackeray) had said, who is this going to marry," he alleged.

Shah said, "I understand what happens to this Uddhav Sena? Once it was Balasaheb Thackeray's party. If Balasaheb Thackeray were here today, Minister Narendra Modi he would have embraced a wicked eye," Shah added.

Prime Minister Narendra Modi for Operation Sindoor. But Uddhav Sena is calling the all-party delegation of MPs as 'grooms'."Even after this criticism, these MPs have gone abroad, he affirmed.

"Through Operation Sindoor, Prime Minister Modi proved that this is a new India. In 2047, we not only want to become a developed India, but we also want to make an India against which no one should dare to look at it with

Mumbai Police question actor **Dino Morea in Mithi river scam**

Mumbai, May 26 (UNI): The city police's Economic Offences Wing (EOW) questioned Bollywood actor Dino Morea and

EAST COAST RAILWAY Auction Catalogue No. CAT-PARK-00078

Lot No./Category: PARKING-WAT-PVP-MX-130-25-2 (Parking - Mixed) DESCRIPTION : PARKING LOT FOR WHEELERS AT LOCATION PARVATIPURAM IN (DIVISION

WALTAIR) Lot Start Date & Time: 28.05.2025 at

te & Time : 28.05.2025 at Lot End D

Minimum Increase : 0.2%, Lot Status New in Published Catalogue. Auction Catalogue No. CAT-PARK-00079

(1) Lot No./Category: PARKING-WAT-VZM-MX-129-25-2 (Parking - Mixed) DESCRIPTION: PARKING LOT FOR TWO WHEELERS. THREE WHEELERS AND FOUR WHEELERS AT LOCATION

VIZIANAGARAM JN. IN (DIVISION

(2) Lot No./Category: PARKING-WAT-VBL-MX-11-25-1 (Parking - Mixed) DESCRIPTION: PARKING LOT FOR TWO WHEELERS. THREE WHEELERS AND FOUR WHEELERS AT LOCATION BOBBILI RAILWAY STATION IN

(DIVISION WALTAIR). (3) Lot No./Category: PARKING-WAT-DVD-MX-10-25-1 (Parking - Mixed) **DESCRIPTION: PARKING LOT FOR** TWO WHEELERS AND FOUR WHEELERS AT LOCATION DUVVADA PLATFORM - 4 IN (DIVISION WALTAIR). Lot Start Date & Time : 06.06.2025 at 1100hrs. (for all SI. Nos.).

Lot End Date & Time : 06.06.2025 at 1130 hrs (for SI. No. 1), 1140 hrs (for SI No. 2) and 1150 hrs (for SI. No. 3). Minimum Increase : 0.2% (for all SI. Nos.), Lot Status: New in Draft Catalogue (for all SI. Nos.).

Complete details available at website: www.ireps.gov.in Sr. Divl. Commercial Manager PR-167/Q/25-26

his brother Santino Morea in the Mumbai multi-crore Mithi river desilting scam, official sources said here on Monday. The actor and his brother, who were served

a summons last week, appeared before the EOW office at the Mumbai police headquarters and joined the probe. Officials confirmed the news and said that

the Morea brothers are being questioned for their possible links with the firm linked to the Mithi river scam and close links with the arrested accused Ketan Kadam of Vodar India

The SIT (special investigation team) of EOW is probing the scam, in which the Brihanmumbai Municipal Corporation suffered a wrongful loss of more than Rs 50 crore.

The SIT has registered a case against 13 persons, including contractors and civic officials, in connection with the scam and initiated searches at the premises of the

CHANGE OF NAME

I HAVE CHANGED MY OLD NAME FROM RIYAZ ISMAIL CYCLEWALA Old Name.: MOHMED RIYAZ **CYCLEWALA** TO NEW NAME **MOHMED RIYAZ** MOHMED ISMAIL **CYCLEWALA** & I WILL BE KNOWN AS **NEW NAME** WHICH PLEASE NOTE SD: MOHMED RIYAZ MOHMED ISMAIL **CYCLEWALA** ADD: 11/1828/2-501, GULSHAN E AHMED, SODAGARWAD, SURAT - 395003

CHANGE OF NAME

I HAVE CHANGED MY OLD NAME FROM **SAZIYABANU RIYAZ CYCLEWALA** TO NEW NAME **SAZIYABANU** MOHMED RIYAZ **CYCLEWALA** & I WILL BE KNOWN AS NEW NAME WHICH PLEASE NOTE SD: SAZIYABANU **MOHMED RIYAZ CYCLEWALA** ADD: 11/1828/ 2-501, GULSHAN E AHMED, SODAGARWAD, SURAT - 395003

Hindmata which was made water- logging free by us in 2021-22, is now waterlogged again today only and only because the @mybmc did not initiate the process of pumping out water on time. Last week it was Andheri Subway and Saki Naka. Today, we see many more areas are suffering due to the BJP's terrible governance."

Mumbai, May 26 (UNI) waterlogging earlier. The

"Why does the BJP hate Mumbai so much that it has left Mumbai grappling with past three years has led to roads half dug up, nallahs Mumbai come to a not cleaned standstill today. Mumbai waterlogged in more places has seen waterlogging in than before? This is places that never saw immensely painful to see. achievements are so great

waterlogging free by us four years ago. Today, because the BJP controlled @mybmc did not initiate the SoPs (standard operating procedures) for the monsoons, it is waterlogged again," he said. Meanwhile, state

This area was made

Congress president Harshwardhan Sapkal alleged that the BJP alliance is corrupt, which has drowned Mumbai in the first rain and asked where have crores of rupees spent on cleaning drains have gone and in whose pockets.

Sapkal criticised the BJP alliance saying their

Investigate financial mismanagement of new water supply scheme: Demands MLC

Chhatrapati Sambhajinagar, May 26 (UNI): MLC Satish Chavan on Monday demanded that the Maharashtra government should immediately appoint an inquiry committee to probe the alleged financial irregularities in the new water supply scheme approved for Chhatrapati Sambhajinagar city.

Regarding the financial mismanagement of the new water supply scheme, MLC Chavan said in a statement

> to the Member Secretary of the MaharashtraJ e e v a n Pradhikaran (MJP) that the new water supply scheme at Chhatrapati Sambhajinagar

the year 2019 and it was expected that the work would be completed on time and the city would be supplied with the required water. However, the city residents get water every 10 to 12 days. As a result, the citizens of the city have to go to the forest to get water."The work is still incomplete. I am receiving complaints that large-scale financial irregularities are being committed by the GVPR company in the new water supply scheme. Machinery and pumping machinery worth crores of rupees were purchased from another company that was not in the planning and was affiliated with the GVPR company," he stated.

Chavan further said that

was purchased when there was machinery from better quality companies in the market. The company that was supposed to build 53 water tanks in the city has not done so yet. It was decided to lay 1,800 km of water pipes in the city, but not even 50 percent of the work has been completed, the work of constructing a jackwell in Jayakwadi Dam is being done in a hurry and the technical standards and quality have been compromised, air valves have been installed incorrectly while laying the water pipes. Chavan has demanded that the government immediately appoint an inquiry committee to investigate the entire maladministration in the new water supply scheme.

was approved in inferior quality machinery

ACB officials nabs Talathi for demanding Rs 50,000

Kolhapur, May 26 (UNI): Anti Corruption Berou (ACB) officials on Monday arrested a Talathi in Maharashtra's Kohapur district for demanding Rs 50,000 for releasing a JCB seized from a complainant.

The arrested person has been identified as Ramesh Murlidhar Waliwdekar, Talathi of Sajja-Wadi Ratnagiri in Panhala tehsil.

An ACB press release said the complainant had worked at Giroli village to remove a truck, which was getting bogged down in mud, by using a JCB without taking permission from Waliwdekar, who seized the JCB and demanded Rs 50,000 as bribe for releasing it. Then the matter was settled at Rs 25,000.

that it seems that they will have to go door-to-door by boat to seek people's votes in upcoming municial elections in state.

BRIHANMUMBAI MUNICIPAL CORPORATION

TREE AUTHORITY

- PUBLIC NOTICE -

In accordance with the provision under section 8 (3) (C) of the Maharashtra (Urban Areas) Protection & Preservation of Trees Act 1975 (As modified upto 24th January 2021) 01 proposal from 'H/West' Ward, 01 proposal from 'H/East' Ward, 01 proposal from 'K/North' Ward & 02 proposals from 'K/East' Ward in Zone-III. Total 05 proposals are received for getting approval of Municipal Commissioner/Chairman, Tree Authority Commitee for removal of trees.

The information of the trees for cutting/ Transplanting in above mentioned proposals is available on BMC website → https://mcqm.qov.in → About us → Wards /Department → Department manuals → Gardens & Tree Authority → Tree Authority → Public Notice → Public Notice 7 Days →392 - Zone-III.

Objections / suggestions from citizens for aforesaid proposals, if any are invited in prescribed format within 7 days from the date of published of this notice in the office of Supdt. of Gardens & Tree

You can also submit your suggestions / objections in prescribed format dysg.ta@mcgm.gov.in this email-ID. Your suggestion/Objections in prescribed format received in stipulated time will be noted. Emails or written suggestions / objections received after the said date will not be entertained. Hearing for objections/ suggestions obtained will be given on 04-06-2025 at 04.30 p.m. to 05.00 p.m. At the office of Supdt. of Gardens & Tree Officer. Those who find it necessary to attend this hearing can remain present with a copy of their e-mail, suggestions/objections.

Supdt. of Gardens & Tree Officer of the Tree Authority Office of Supdt. of Gardens & Tree Officer, 2nd Floor, Humboldt Penguin Building, Veermata Jijabai Bhosale Udyan & Zoo Sant. Savta Mali Marg, Byculla (East), Mumbai - 400 027.

> Tel No: 23742162 Email: dysg.ta@mcgm.gov.in

PRO/510/ADV/2025 - 26 Avoid self medication.

Sd/-Supdt. of Gardens & Tree Officer

STANDARD POST

3 sleepless nights may raise your risk of heart disease

People with poor sleep for just three nights may be at an increased risk of developing heart diseases, according to a study.

With chronic lack of sleep growing as a public health concern, researchers from Uppsala University in Sweden found that disturbed sleep may raise inflammation, increasing the risk of heart disease.

"Many of the larger studies that have been done on the link between sleep deprivation and the risk of cardiovascular diseases have generally focused on slightly older individuals who already have an increased risk of such diseases. That is why it was interesting that the levels of these proteins increased in the same way in younger and previously perfectly healthy individuals after only a few nights of sleep deprivation. This means that it's important to emphasise the importance of sleep for cardiovascular health even early in life," said Jonathan Cedernaes, a physician at Uppsala University.

The team analysed 16 healthy young men of normal weight -- all with healthy sleep habits.

The participants spent time in a sleep laboratory where their meals and activity levels were strictly controlled in two sessions.

In one session, participants got a normal amount of sleep for three consecutive nights, while during the other session, they got only about four hours of sleep each night. During both sessions, morning and evening blood samples were taken, and following high-intensity exercise lasting 30 minutes.

The researchers measured the levels of around 90 proteins in the blood and were able to see that the levels of many of these that are associated with increased inflammation rose when the participants were sleep-deprived.

Many of these proteins have already been linked to an increased risk of cardiovascular disease such as heart failure and coronary artery disease, said the researchers, in the study published in the journal Biomarker Research.

Further, the team found that physical exercise generated a slightly different response after a lack of sleep.

However, the number of key proteins increased equally, whether the person was sleep-deprived or not. Thus, proteins that can be linked to the positive effects of exercise increased, even if the person had too little sleep.

The researchers have previously shown that exercise in the presence of sleep deprivation can result in a slightly increased load on the heart's muscle cells.

Cedernaes said that "further research is needed to investigate how these effects might differ in women, older individuals, patients with heart disease, or those with different sleep patterns".

140 crore Indians are united in building a Viksit Bharat: PM

(Standard Post Bureau)

The Prime Minister Shri Narendra Modi laid the foundation stone, inaugurated and dedicated to the nation multiple development projects worth over Rs 24,000 crore in Dahod, Gujarat today. Addressing the gathering, he remarked that May 26 holds special significance as it marks the day he first took the oath as Prime Minister in 2014. He acknowledged unwavering support and blessings of the people of Gujarat, who entrusted him with the responsibility of leading the nation. The Prime Minister highlighted that this trust and encouragement have fueled his dedication to serving the country day and night. Over the years, India has taken decisions which were unprecedented unimaginable, breaking free decades-old from constraints and advancing across every sector. "Today, the nation has emerged from an era of despair and darkness into a new age of confidence and optimism", he added.

"140 crore Indians are united in building a Viksit Bharat", exclaimed Shri Modi, emphasising the importance manufacturing essential goods within India, stating that self-reliance is the need of the hour. He remarked that India is advancing rapidly in the global manufacturing sector, noting that both domestic production and exports are increasing consistently. India is now exporting a wide range of products, including smartphones, automobiles, toys, defense equipment, and medicines. He further stated that India is not only manufacturing rail and metro technology but also exporting it globally. Citing Dahod as a prime example of this progress, where major projects worth thousands of crores were inaugurated and launched, Shri Modi highlighted the Dahod Electric Locomotive Factory as a significant achievement. He recalled laying its foundation stone three years ago and expressed pride that the first electric locomotive has now been successfully manufactured. He flagged off the locomotive, marking a moment of pride for Gujarat and the entire nation. Additionally, he announced that Gujarat has achieved 100% electrification of its railway network, calling it a remarkable milestone and congratulated the people of Gujarat for achievement.

Reflecting on his longstanding connection with Dahod and recalling the many memories associated with the region, the Prime Minister remarked that he has been visiting Dahod for decades, and during his early years, he often explored the area on a bicycle. He highlighted that these experiences allowed him to understand both the challenges and potential of Even after assuming office as Chief Minister, he continued to



visit the region multiple times and took decisive steps to address its issues. He emphasized that every development initiative in Dahod brings him immense satisfaction, and today is yet another meaningful day for him. Highlighting the rapid

development of India's

railway sector over the past

10-11 years, Shri Modi

emphasized the expansion of metro services and the introduction of semi-highspeed trains, transforming connectivity across the country. He remarked that Vande Bharat trains now operate on nearly 70 routes, further strengthening India's transportation network. He announced the commencement of a new Vande Bharat Express between Ahmedabad and Veraval. Shri Modi further stated that the rise of modern trains in India is due to the country's advancements technology. He emphasized that coaches and locomotives are now manufactured domestically, reducing reliance on imports. "India has emerged as a leading exporter of railway equipment", stated Shri Modi, noting that India exports metro coaches to Australia and train coaches to England, Saudi Arabia, and France. He added that Mexico, Spain, Germany, and Italy also import railway-related components from India. Shri Modi further remarked that Indian passenger coaches are being used in Mozambique and Sri Lanka, and 'Made in India' locomotives are being exported to multiple countries. He stated that this reflects the continuous expansion of the 'Make in

national pride. "A strong railway network enhances convenience and boosts industries and agriculture", remarked the Prime Minister, highlighting that several regions in India received railway connectivity for the first time in the past decade. He remarked that many areas in Gujarat previously had only small, slow-moving trains, but several narrow-gauge routes have now been expanded. Announcing the inauguration of multiple railway routes, including the new express train between Dahod and Valsad, which will greatly benefit the tribal belt, the Prime

India' initiative, reinforcing

factories create large-scale employment opportunities for youth. He highlighted that Dahod's rail factory will manufacture 9,000horsepower locomotives, significantly enhancing the power and capacity of India's trains, noting that every locomotive produced in Dahod will bear the name of the city. The Prime Minister remarked that hundreds of locomotives will be built in the coming generating substantial employment for local youth. He emphasized that the factory will also small-scale support industries producing railway components, leading to economic growth in surrounding areas. He stated that employment opportunities extend beyond the factory, benefiting farmers, owners, livestock shopkeepers, and laborers, ensuring widespread

economic progress. Shri Modi highlighted that Gujarat has made remarkable progress across multiple sectors, including education, semiconductors, and tourism. He emphasized the state has established itself as a leader in various industries. He remarked that a major semiconductor plant is being set up in Gujarat with investment thousands of crores, further strengthening India's position in the global semiconductor industry. He stated that these initiatives are creating employment opportunities for lakhs of youth Gujarat, contributing to the state's economic growth and development.

Underlining that Dahod, Vadodara, Godhra, Kalol, and Halol have collectively established a high-tech engineering and manufacturing corridor in Gujarat, the Prime Minister remarked that Vadodara is rapidly advancing in aircraft manufacturing, with the Airbus assembly line inaugurated a few months ago. He noted that Vadodara is also home to India's first Gati Shakti University. He emphasized that Savli already has a rail-car manufacturing factory, while Dahod now hosts a facility producing India's powerful locomotives-9,000horsepower engines,

marking a moment of pride

for the nation. The Prime Minister stated that Godhra, Kalol, and Halol have a significant presence of manufacturing units, small industries, and MSMEs, contributing to Gujarat's industrial growth. Envisioning a future where this region of Gujarat will be known for producing everything—from bicycles and motorcycles to railway engines and aircraft, the Prime Minister remarked that such a high-tech engineering manufacturing corridor is rare globally, reinforcing Gujarat's position as an industrial powerhouse.

"The development of

tribal regions is essential for

building a developed

India", emphasised Shri Modi, underlining that unprecedented efforts have been made over the past 11 years to uplift tribal communities. He remarked that his long experience working in Gujarat's tribal areas has contributed to national-level initiatives. Shri Modi recalled a time when tribal children in Gujarat faced challenges in studying science. He highlighted that today, the entire tribal belt has access to quality education, with good colleges, ITIs, medical colleges, and two dedicated tribal universities serving these communities. Stating that the network of Eklavya Model Schools has strengthened significantly over the past 11 years, ensuring better educational opportunities for tribal students, Shri Modi noted that Dahod itself has several Eklavya Model Schools, further supporting tribal education.

significant efforts being made for the development of tribal communities across the country, the Prime Minister stated that for the first time in independent India's history, a major scheme has been launched to uplift tribal villages. He remarked that the 'Dhartii Aaba Janjati Gram Utkarsh Abhiyan' is a landmark initiative, with the Government Central investing approximately ?80,000 crore to implement the program. He stated that under this scheme, development work is being carried out in more than 60,000 villages across the country, including Gujarat. The Prime Minister highlighted that these villages are being equipped with electricity, water, roads, schools, and hospitals to

Highlighting

improve the quality of life. He emphasized that pucca houses are being built for tribal families, ensuring better living conditions for the community.

Shri Modi emphasized his commitment to uplifting the most marginalized tribal communities, stating that his government prioritizes those who have long been overlooked. He highlighted that for the first time, the government has introduced the PM Janman Yojana to support particularly vulnerable tribal groups who have been deprived of essential facilities for decades. Shri Modi remarked that under this scheme, new infrastructure and amenities are being developed in tribal villages, and new employment opportunities are being created, ensuring greater economic and social inclusion for these communities.

Highlighting the launch of a national mission to free tribal communities from sickle cell anemia, the Prime Minister stated that millions of tribal citizens have already undergone screening under this initiative. He emphasized that the government is committed to accelerating the development of regions that have lagged behind. He noted that over 100 districts were previously classified as backward, with many of them being tribaldominated areas. He remarked that Dahod was one such district, but today, it is progressing as an Aspirational District, undergoing transformation with modern

infrastructure and smart facilities. The Prime Minister highlighted that South Dahod faced severe water shortages, but now, hundreds of kilometers of pipelines have been laid, ensuring Narmada water reaches every household. He stated that over the past years, 11 lakh acres of land from Umargam to Ambaji have been connected to making irrigation, agriculture easier for tribal communities.

Acknowledging the overwhelming presence of thousands of women in Vadodara, who gathered to honor the nation and its armed forces, Shri Modi expressed his deep respect and gratitude to the women of India for their unwavering support. He highlighted that Dahod is a land of sacrifice and dedication, recalling that

up his life on the banks of the Dudhimati River to protect creation. Shri Modi also noted that this region supported freedom fighter Tatya Tope in times of crisis and that Mangarh Dham stands as a symbol of the sacrifices made by Govind Guru and hundreds of tribal warriors. Emphasizing that India's cultural values demand action against injustice, questioning whether the nation could remain silent after the terrorist attack in Pahalgam, Jammu & Kashmir, Shri Modi stated, "Operation Sindoor was not just a military action but a reflection of India's values and emotions". He remarked that terrorists had of idea consequences of their actions, recalling the brutality of killing a father in front of his children. He stated that such images still ignite anger across the nation, as 140 crore Indians were challenged by terrorism. Shri Modi declared that he fulfilled his responsibility as the nation's leader, giving full freedom to India's armed forces, who then executed an operation unseen in decades. He highlighted that nine major terror hubs across the border were identified and destroyed in 22 minutes, and stated that Pakistan's military attempted retaliation but was decisively defeated by Indian forces. Shri Modi reiterated his deep respect for the valor of India's armed forces, saluting their courage and dedication from the sacred land of Dahod.

Maharishi Dadhichi gave

that the country born after partition has focused on hostility towards India and causing harm. "India, on the other hand, is committed to eradicating poverty, strengthening its economy, achieving development", he added. The Prime Minister highlighted that developed India can only be built when both its armed forces and economy are strong. He stated that government is continuously working in this direction, ensuring national security and economic growth go hand in hand.

Highlighting immense potential of Dahod, stating that the event is just a glimpse of its capabilities, Shri Modi expressed full confidence in the hardworking people of Dahod, emphasizing that they will make the best use of the newly developed facilities and transform Dahod into one of the most developed districts in the country. He concluded by congratulating the people of Dahod once again, reaffirming his belief in their dedication and progress.

The Chief Minister of Gujarat, Shri Bhupendrabhai Patel, Union Minister for Railways, Information and Broadcasting & Electronics and Information Technology, Shri Ashwini Vaishnaw were present among other dignitaries at the event.

Relationships



Is your kid Travelling to school Safely?

With increasing safety concerns and instances of bullying, inculcating schoolbus discipline is essential, say experts

heard her seven-year old return from school one day and mouth expletives. "When asked who taught such words, he said everyone in his school bus used them and he was following suit because he wants to be like his seniors," says Jain, who didn't know how to deal with the situation at that time.

She is not the only one. While most parents and school authorities impress the need to inculcate discipline within the four walls of the classroom, these rules often do not apply to school buses. In the recent times, there have been several cases of rowdy behaviour in buses, with children even hitting each other.

Ground for unruly behaviour

After hours of being cooped up in classrooms, the bus ride provides a perfect ground for the child to let out all that pentup energy.

Says consulting psychiatrist Dr Pavan Sonar, "Unlike classrooms, there is more freedom in buses, as there is an absence of parentteacher supervision. So,

Sawnani, "Kids of all ages travel together in the bus. If the older kids are using foul language or behaving badly, younger kids follow suit to fit in. That leads to more cases of rowdy behaviour." More often than not, these buses are understaffed with only one attendant taking care of around 40-50 children. Moreover, the attendant is only equipped to ensure that the children are not physically injured. "They are not responsible towards children's behaviour, so there is no

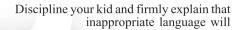
up bad habits from the school bus?



Pakhi Jain was in for a shock when she children feel the liberty to do some mischief." Adds clinical psychologist Saloni supervision at all," she adds.

When your child turns rowdy

Do you feel your kid is picking



not be tolerated. Also, impress upon himher that there is no greatness in being like the older children and doing wrong things. "Often, when a child gets into a fight in the bus and it comes to the parents' attention, they confront the driver or school authorities. This is not the way to tackle the situation as you would be setting a wrong example," says

Instead, get to know both the ver sions and if you feel that your kid is at fault, act with concern rather than harshness. "Make your child under stand that bullying another person is wrong. Often, children don't report instances of bullying. So, teach himher to understand and report such instances to you, the teachers or the supervisor of the bus," says Dr Sonar.

School authorities' role

With safety and discipline in buses being a concern, school authorities are now taking strict measures. While a few city schools have student monitors in every bus -they not only maintain discipline, but also keep an eye on the bus staff -some even have plans of installing CCTV cameras in the vehi cles. Interestingly, at an international school at Chandivali, a text message is sent to the parent when the child swipes his I-card and boards the bus.

Most schools have also hired a lady attendant to comply with the guide lines issued by the RTA (Roads and Transport Authority). "Having trained staff in buses is important. If younger and older kids are travelling together, the attendant should ensure that the y elder ones are seated behind and the n younger ones in front. Any kind of e intermingling between e intermingling betwee s the two should be t avoided," says Sawnani.

Measures school authorities can

Provide instructions about school bus safety in classrooms

Send students on time, so that they don't

have to run to catch the buses. - Get the bus inspected for technical snags

and ensure safety measures. - Ensure that the bus has adequate staff and

that a lady attendant is always present. - Install CCTVs in buses for monitoring the behaviour of kids.

Things parents should remember

Check the background of the agency from where the buses are hired.

- Teach your child the importance of safety, how to wait for the school bus and how to

- Any misbehaviour, on the part of a student or the bus staff, should be brought to notice immediately.

- Teach your child to maintain cleanliness

How to get kids to perform better in exams

schools in the city. But it's also a time when kids will be most vulnerable to pressures and stress.

It's important that parents and children work in cohesion to avoid feeling this way. While at the parents' end there is anxiety and restlessness, the situation can be detrimental for younger kids who suffer loss of appetite and sleep and fears on account of it.

While parents must always show that they are there for their children, it's important that they stay away from doing a few things like going over the question papers again and again, as well as continuously discussing the

It's time for First Unit tests in most score that they want their kids to meet.

What kids can do

1. Discuss not just the highs and lows of studying. Keep them in the loop about your issues and difficulties.

2. Do not create unrealistic goals. Instead, set reasonable daily targets and try to achieve them.

3. Do not allow pressure from peers to affect you. Find the difference between friendly advice and a brag that a friend might throw at you. At the end of the day, you are your own judge and answerable to yourself.

4. Always feel proud and happy of a task well done.

'Gurgaon is such an

Asking yourself 'why' very important

Life is a journey:

around you. When you ask

Asking yourself 'why' is part of that journey, as it helps you to understand yourself, those

why, you are looking at your life as an outsider and this gives a perspective. To question yourself will provide you a clear picture because you will know why you do t h e s e things and what

changes are needed in your life. So, don't feel scared and be open about asking questions.

Say bye to fear:

Fear stops a lot of people from asking 'why', because people just don't want to be in that uncomfortable state of knowing the answer. And there are some who probably know the answer but live

in denial. Remember, acceptance is the ultimate freedom. Getting a reality check is so very

important in life. Essential to your happiness: Have you asked yourself recently if you are doing the things you love? Do you think that you are on the right track and following your passion? Are

you where you always

wanted to be? Are you just letting life to control you? Are you making a conscious decision to follow your dreams? Are you living life king/queen size? Are you pushing your creative boundaries? It's so important to ask yourself these fundamental questions. These questions will give you a ring side view of life. It might be a good time to make some changes, take a new direction, or have an open discussion with someone who matters in your life. What's most important is that you are following your own bliss.

Reportedly, the victim's neighbour first injured her servant who was walking their pet and, on her (the victim's) intervention, took her inside the house and assaulted her, both mentally and physically. A week later, she is back home but, like her husband Suresh Yadav told GT, she is still in shock from the entire experience. We spoke to Suresh about their struggle as an animal loving couple in Gurgaon and the urgent need for Gurgaon residents to condemn this attack and to warm up to animals.

According to Suresh, their neighbour first threw a slipper at their servant, screaming at him for walking the dog on the road. Suresh told us, "When my wife intervened, he screamed at her saying, 'Yeh meri road hai, tumhe pata nahi hai kya? You can't walk your dog here.' When she continued to argue, the man lost it. What happened after that is disturbing for both of us. I rushed back home when I found out and took her to the hospital and have been trying to get her to come back to normal ever since." He added, "We live in an independent plotted community. There are no dog parks or special areas. So, the dogs are walked on the roads. The roads are cleaned on a daily basis and nobody should have a problem with that."

According to Yadav, this isn't the first time that they faced a problem with this particular neighbour, who has now been arrested for abuse. However, he says that this wasn't a personal issue between them, but an attack on the animal loving community of Gurgaon.

I hope animal lovers of Ggn condemn this attack: Suresh

He told us, "Gurgaon is such an animal unfriendly zone. Pets are not welcome and feeding of strays or even getting them vaccinated is looked down upon. Even with our bad history with this resident, we never saw this coming. The attack is just another example of the attitude people have towards animal lovers in Gurgaon. We have been taking care of a number of strays in our street, and slowly and gradually, people in our independent plotted community were getting used to the idea of taking care of animals. But this one incident has taken us back to the very start of that struggle. We're still being treated as criminals and I hope that the animal lovers of Gurgaon condemn this attack. The real villain of this story needs to be

identified and it's not us." He added, "She has been at the forefront of this



It's been a week since the news of the horrifying incident of a Gurgaon woman being stripped and thrashed for walking her dog, first came out.

movement for a very long time. Feeding strays and getting them vaccinated is not a crime. Initially, people used to complain about these strays and the MCG van would come and take them away. But we would get them back because these strays were not harmful to anyone. With time, our neighbours also became okay with the strays - everyone except this one guy. There are many other haters like him all over Gurgaon. Now if he isn't punished with severity, this will encourage these haters to take really extreme steps against dog lovers, which is scary." Alok Mittal, commissioner of police, Gurgaon said, "I do not have data regarding such incidents. Surely there have not been many fights between neighbours over petty issues. In this case we had registered a case under sections 323,354,452 of the IPC."

The incident shocked pet owners and animal

lovers in not just Gurgaon, but in all parts of the world. The Facebook awareness page formed after the incident, which is like a discussion portal on different animalrelated topics, was started by an international supporter of the cause. According to Suresh, "This just shows the support that we have for this incident. It is still gaining momentum in India, but internationally, it's a big movement. In our Gurgaon residential society, I want

the authorities to come forward and put up posters highlighting the basic animal feeding rights that we animal lovers have. So far, there is no rule book on the same, just lots of judgmental stares and angry neighbours in both gated and non-gated residential properties. I want to fight against this, and hope for some support from the government.'

Raducanu alleges preferred treatment for top stars

Paris, May 26 (UNI) In a bold post-match statement, Britain's Emma Raducanu has raised eyebrows at Roland Garros by accusing French Open organisers of favouritism, claiming that some players are being granted privileged access to the tournament's main courts."I feel like certain players get preferred treatment," the world No.42 said, alluding to an uneven playing field ahead of her anticipated showdown with reigning champion Iga Swiatek.Raducanu, who rocketed to fame after her 2021 US Open triumph, took aim at what she described as an "unfair" practice scheduling system that limits lower-ranked players' time on iconic courts such as Court Philippe-Chatrier.

"The tournament doesn't really help in terms of getting you court time on the bigger courts or on the match courts, really," she said, voicing concerns over being made to transition abruptly from peripheral practice courts to the spotlight of stadium play.

21-year-old The acknowledged challenge of making such a leap. "It's very different from the annex courts across the road. To then jump onto Chatrier or any stadium court—it isn't easy."While Raducanu appreciated the atmosphere on the smaller court she played on-describing it as "cute" and "intimate"—she made it clear that more equitable scheduling would benefit all players, not just the top seeds.

Her remarks have added a fresh layer of scrutiny to how Grand Slam tournaments manage practice court allocation and whether rising or midranked players are being unfairly sidelined.

Ninth seed **Navarro suffers** 6-0 6-1 firstround upset

Paris, May 26 (UNI) Ninth seed Emma Navarro exited the French Open in just 57 minutes as she suffered a 6-0 6-1 first-round thrashing by Spain's Jessica Bouzas Maneiro.

Navarro, a semi-finalist at last year's US Open, did not hold serve all match in a wayward performance on the second day in Paris.

Up 6-0 5-0, Bouzas Maneiro was attempting to become the first woman to beat a top-10 player 6-0 6-0 at a Grand Slam since the 1989 US Open, when Navratilova Martina crushed world number seven Manuela Maleeva.

But Navarro got on the board and avoided a 'double bagel' scoreline with help from a double fault by the 68th-ranked Bouzas Maneiro. Earlier this year, Navarro became only the fifth player this century to win a WTA final 6-0 6-0 with victory over Emiliana Arango at the Merida Open in Mexico, the BBC reported.But the American was broken seven times, claimed just 30 of the 86 total points and won only 44% of her first-serve points. Navarro was also hindered by 23 unforced errors compared to just four winners.

PBKS down MI by 7 wkts, **seal Qualifier 1 berth**



Jaipur, May 26 (UNI): Punjab Kings stormed into Qualifier 1 of the IPL with playoffs commanding 7-wicket victory over Mumbai Indians at Sawai Mansingh Stadium here on Monday, chasing down 185 with 9 balls to spare.

The win not only sealed Punjab's place in the top two of the points table but also assured them of two chances to reach the final.

Chasing 185, Punjab were led by a dazzling 73 off 42 balls from wicketkeeper Josh Inglis, who anchored the innings with flair and authority. The Australian right-hander struck 9 fours and 3 sixes, dominating Mumbai's bowling attack even as wickets fell at the

Young opener Priyansh Arya continued his fine form, hammering a brisk 62 off 35 deliveries with 9 boundaries and 2 sixes, Suryakumar Yadav off the bowling of Mitchell Santner.

Earlier, Punjab lost Prabhsimran Singh (13) cheaply in the fifth over to Jasprit Bumrah, but the Arya-Inglis partnership of 109 runs for the second wicket took the game away from the hosts. Skipper Shreyas Iyer then guided the chase home with an unbeaten 26 off 16, while Nehal Wadhera struck the winning runs.Santner was the most effective bowler for Mumbai, returning 2 for 41, while Bumrah was economical yet wicketless in his 4 overs. Mumbai's other bowlers, including captain Hardik Pandya, were taken apart on a flat pitch that offered little assistance.

Earlier in the evening, Mumbai Indians posted 184 for 7 after electing to bat first, courtesy of a fluent 57 from Suryakumar Yadav and before holing out to useful late cameos from Hardik Pandya (26 off 15) and Naman Dhir (20 off 12).

Suryakumar's innings was the bedrock of Mumbai's effort, coming in at a tricky stage and playing with a blend of finesse and aggression. But Mumbai lost momentum in the death overs, scoring just 33 runs in the last 4, as Punjab's bowlers tightened the screws. Arshdeep Singh led the bowling effort with 2 for 28, including the key scalp of Suryakumar off the final delivery of the innings. Marco Jansen and Vijaykumar Vyshak also picked two wickets apiece.

The result sends a strong statement from Punjab Kings, who have gathered steam at the business end of the tournament and now march into Qualifier 1 with confidence and momentum on their side. Mumbai Indians, meanwhile, face an anxious wait to know their fate in the playoff race.

Isco & Gavi back but no Rodri in **Spain Nations League squad**

Madrid, May 26 (UNI): Spain national team coach Luis de la Fuente on Monday named his squad for the Final Four of the UEFA Nations League which will be played during the first week of June in Germany.

Spain will play France in the semi-final hoping to play the winner of the other semifinal between Germany and Portugal, with De la Fuente recalling Betis midfielder Isco and Barcelona's Gavi to his squad.

"It was a good moment for what Isco can bring to us. He has been playing very well, otherwise he would not be here," said the coach, who was glad to recall Gavi after

"It has been a natural process. We

know how long that type of injury needs and now he is playing at a high level. He can still get better and is working to get back to what he was doing a year ago. He is very important to us," said De la Fuente in his press conference. Barcelona forward Ferran Torres misses out through injury as does Ayoze Perez the top scoring Spaniard in La Liga, while De la Fuente opted against recalling Manchester City captain, Rodri after his return to action in the last two games of a season ruined by a knee operation. "He has been out of action for over eight months and he has played just 10 minutes, I think that says everything," De la Fuente commented.

French Open rejects automated line-calling systems

a move that harks back to old guard of tennis, the French Open has become the last Grand Slam tournament to resist the tide of technology, retaining human line judges and refusing to implement automated line-calling systems on its courts this year.French Tennis Federation (FFT) President Gilles Moretton on Monday defended the tournament's decision to persist with traditional officiating, citing a recent controversy at the Madrid Open involving world No 3 Alexander Zverev.

The German received a warning after asking the chair umpire to inspect a disputed mark on the clay, an appeal that was denied, prompting Zverev to take a photo with his phone in protest of a call made by the automated system.

"This is important for us," said Moretton during a press briefing ahead of

Paris, May 26 (UNI): In the main draw at Roland Garros. "We know that it's 10 percent errors possible, 10 percent. That's what we know. Regarding clay, we think that it's very important... we saw it with Zverev in Madrid. He took the picture. We think it can happen, and it did happen already."

While the ATP has implemented electronic line calling across most of its events, including those played on clay, Roland Garros remains a bastion of manual officiating. Even Wimbledon, known for its own emphasis on tradition, has confirmed a shift to full electronic line calling this

further Moretton elaborated that preserving the human element of the game was crucial, especially for the development of tennis at the grassroots level. "It's more human. First of all, we need those people working all year long in our tournaments, promoting

tennis in small clubs, being there for club matches," he said."If we stop having those linesmen, referees, we feel it's not too good for tennis in France... For Roland Garros, we want to keep our linesmen as long as the players agree with that."The president, however, hinted at a possible future shift if players' sentiment turns. "Sometimes the players say we don't want no more. Maybe we will have to change.'

The decision comes amid rising discontent among players over the reliability of electronic systems. Zverev, who was at the centre of the Madrid incident, has indicated his intent to take up the matter with ATP authorities.

"I honestly think that there was a malfunction in the system in that moment... I said, 'Please, come down to have a look at this, I'm not crazy," he told reporters following the match.

Mbappe wins European **Golden Shoe for** first time

Madrid, May 26 (UNI) Kylian Mbappe has won the European Golden Shoe for the first time after scoring twice in Real Madrid's 2-0 defeat of Real Sociedad on Saturday.

France international scored 31 league goals in his debut season in Spain, meaning he also won La Liga's top scorer prize.A double in Real's final game of the season secured Mbappe top spot in the rankings ahead of Sporting striker Victor Gyokeres (39 goals) and Liverpool forward Mohamed Salah (29 goals). Though Gyokeres scored eight more league goals than Mbappe, he finished runner-up because a weighted-points based system decides the rankings.

Goals scored by players competing in Europe's top five leagues - Premier League, La Liga, Bundesliga, Serie A and Ligue 1 - are worth two points, the BBC reported.

Goals from those who play in leagues ranked sixth to 22nd in UEFA's coefficient, including the Portuguese Primeira Liga, are worth 1.5 points. Mohamed Salah needed a hat-trick in Liverpool's final Premier League match against Crystal Palace on Sunday in order to share the prize with Mbappe. The Egypt international scored once in a 1-1 draw.

Mbappe is just the third Real player to win the award, after Hugo Sanchez (1989-90) and Cristiano Ronaldo (2010-11, 2013-14 and 2014-15).

Gyokeres - who has been heavily linked with a summer move to Arsenal had no chance of catching Mbappe because Sporting's league campaign ended the previous weekend.

After scoring in his side's 3-1 defeat of Lisbon rivals Benfica in the Portuguese Cup final on Sunday, the Sweden international finished the season with 53 goals in 51 games in all competitions.

The top five in the rankings were as follows: Mbappe (62 points), Gyokeres (58.5), Salah (58), Robert Lewandowski (54), Harry Kane (52).

athletes to represent India at **Asian Athletics Championships** Mumbai, May 26 (UNI) Asian Championship is a crucial

Ten Reliance Foundation

; A stellar contingent of ten athletes supported by Reliance Foundation is all set to represent India at the Athletics Championships 2025, taking place in Gumi, Republic of Korea from May 27.

continental championship will be a key milestone ahead of the Asian Games next year,

a critical platform for the region's finest talent to

The athletes are part of

the Reliance Foundation's high-performance programme aimed at enabling Indian athletes to excel at the global level. grassroots development to elite performance, Reliance Foundation has remained committed to building a robust sporting ecosystem

Speaking ahead of the championships, James Hillier, Athletics Director, Reliance Foundation said, "We are incredibly proud of our athletes and their dedication. Their recent performances, including multiple national records, reflect their hard work and the comprehensive support they receive from the Reliance Foundation. The platform, and I am confident that our contingent will showcase their talent and make the nation proud. We've focused not just on physical conditioning but also on mental fortitude, ensuring they are prepared for the intense competition ahead."James expressed excitement about coaching India's national relay team in Mumbai—an effort that recently led to the breaking of the longeststanding national record in Indian athletics in the 4x100m relay.

India's top female hurdler Jyothi Yarraji will compete in two events – the 100m hurdles, where she's the defending champion and the 200m, where she bagged the silver medal in the previous edition in Bangkok in 2023.

The 25-year-old has consistently redefined the boundaries of Indian hurdling, holding the national record with a scorching 12.78 seconds – a mark she has matched multiple times. She is the first Indian woman to dip below the 13-second barrier in the 100m hurdles and is the reigning Asian champion in the event, having secured gold at the

Championships, along with a silver at the 2022 Asian

Animesh Kujur recently shattered the national record in the men's 200m. His blistering time of 20.40 seconds at the Senior Federation Cup earlier this year not only set a new national benchmark but also established him as the current Asian leader in the event. Animesh from the Odisha Reliance Foundation HPC will also be a vital cog in the men's 4x100m relay team, alongside Manikanta Hoblidhar, Amlan Borgohain, and Gurvinder Singh. This dynamic quartet recently rewrote the national record books in the 4x100m relay with an impressive 38.69 seconds, showcasing their explosive synergy and readiness to challenge Asia's best.

All eyes will be on India's champion long distance runner Gulveer Singh, a force to be reckoned with in both the 5000m and 10,000m. Gulveer has been on a record-breaking spree, recently setting a new national record in the 10,000m with a time of 27:00.22s, a significant improvement on his

Fourth seed Fritz falls; Tsitsipas, Badosa march on

Paris, May 26 (UNI); The second day of the 2025 French Open was marked by significant upsets and remarkable comebacks, as top-seeded players faced unexpected challenges on the clay courts of Roland Garros. In a major upset, Germany's Daniel Altmaier, ranked 66th globally, eliminated fourth seed Taylor Fritz with a 7-5, 3-6, 6-3, 6-1 victory. Altmaier's aggressive baseline play and strategic shotmaking disrupted Fritz's rhythm, leading to a decisive win. This marks one of the most significant victories in Altmaier's career, as he advances to face Vit Kopriva in the next round.Fritz, who had high hopes following a strong clay-court season, struggled with unforced errors and appeared physically unsettled as the match wore on.

Fifth seed Stefanos Tsitsipas showcased his clay-court prowess, defeating Argentina's Tomas Martin Etcheverry 7-5, 6-3, 6-4. Tsitsipas's consistent groundstrokes and tactical

variety secured his progression to the second round. The Greek, a former finalist in Paris, looked in control throughout and maintained a high first-serve percentage. The match offered a glimpse of the confidence Tsitsipas brings into this year's tournament, especially on his preferred surface. In the women's draw, Paula Badosa overcame a challenging start to defeat former world No. 1 Naomi Osaka 6-7(1), 6-1, 6-4. Badosa, returning from a persistent back injury that had disrupted her season, demonstrated resilience and mental fortitude. After a nervy first-set tie-break loss, she shifted gears in the second and third sets, striking clean winners and defending stoutly from the baseline. She credited her focus on mental preparation and the energy from the Court Simonne Mathieu crowd for the turnaround. Badosa now prepares to face the winner between Elena-Gabriela Ruse and McCartney Kessler in the second round.

Thailand a good test before Hong Kong in AFC Asian Cup Qualifiers: Wangjam

: The preparations in the Indian men's national team camp are in full swing here as the Blue Tigers gear up for the AFC Asian Cup Qualifiers Final Round match against Hong Kong on June 10.

Midfielder Suresh Singh Wangjam believes that the friendly game against Thailand on June 4 will be the perfect way to groom for the all-important clash in Kowloon, Hong Kong.

"The good thing is that we will be playing a friendly against Thailand, who are a similar opponent, in my opinion," said Suresh.

"We got 15 to 20 days of break after the domestic season, and we started our camp on the 18th of this month. We're getting into form day by day, and it's very important to play an international friendly match before Hong Kong. So, it

will be a very good test for us and we will know where we are."The last time India faced Thailand (a 1-0 win for the Blue Tigers in June 2019), Wangjam was still part of the Indian Arrows and hadn't made his senior international debut yet. However, he does have the experience of facing Hong Kong before — a 4-0 win at the previous AFC Asian Cup Qualifiers in Kolkata in June 2022.

With 33 caps to his name so far, that remains Wangjam's biggest win in India's blue so far. But the 24-year-old recalled that despite what the scoreline suggested, it wasn't an easy game at all.

"We played against Hong Kong last time in the Asian Cup Qualifiers. They were a good team, well organised, so it will be a very tough game, especially away from home. We are preparing well. It's been six sessions here, and we're looking sharper day by day. Everyone knows that only one team will qualify for the Asian Cup, so it's very important for us to take as many points as we can," said the Bengaluru FC man.

The last Asian Cup Qualifiers were held in a centralised location in a single round-robin format due to the COVID-19

pandemic. The AFC reverted to the original home-and-away format for the final round of the qualifiers this time, which means each team will play six games across 12 months from March 2025 to March 2026. India's Group C contains Hong Kong, Singapore, Bangladesh, against whom the Blue Tigers drew 0-0 on the first matchday.

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Mahavitaran appeals to be alert Army, Federalism, Democracy and to power systems during rains **People: Uniqueness of Manipur**

24-hour control room operational in Kalyan Circle

(Standard Post Bureau)

Kalyan/Vasai/Palghar, May 26: There is a possibility of electrical accidents due to storms and continuous rains or heavy rains, conditions, broken power lines due to falling trees and branches, short circuits in electrical equipment or systems, etc. Against this backdrop, citizens should be alert to public and domestic power systems and equipment. Also, keeping in mind the possibility of adverse conditions and danger arising at any moment due to floods or heavy rains, the power supply of Rohitras is being shut down as a precautionary measure. In such a situation, Mahavitaran has appealed to electricity consumers to cooperate. 24-hour control have rooms operational in all the mandal offices under Kalyan Circle. Chief Engineer Chandramani Mishra has given instructions to be ready with equipment and manpower in case of emergency. Electrical accidents are possible due to broken power lines, power poles, feeder pillars on the side of the road, iron fences of power lines, fuse boxes, as well as damp electrical appliances in the house, switchboards of agricultural pumps, other damp objects, materials, etc. due to heavy rains, storms, etc. Since water is a conductor of electricity, it is necessary to protect electrical appliances from water during the monsoon. Due to heavy rains and strong winds, trees and branches fall on power lines. In this, power poles remain dangling. Since electricity flowing in such





immediately contact Mahavitaran."

turn off all electrical appliances from the switchboard. Especially in rural areas, animals should not be tied to electric poles. Clothes should not be dried near electric poles or wires. The toll-free numbers of Mahavitaran's Central Customer Service Center 1800-212-3435 or 1800-233-3435 are available 24 hours a day for electricity consumers. Along with this, complaints are also accepted through the mobile app and website www.mahadiscom.in. To complain about power outage, a complaint will be registered by giving a missed call to 022-50897100 from the mobile number registered with Mahavitaran or by sending the message NOPOWER<space><Consumer Number> from the mobile number to Mahavitaran's mobile number 9930399303."

Apart from this, the control room numbers for Kalyan Mandal One and Two (Kalyan East and West, Dombivli, Ulhasnagar, Ambernath, Badlapur, Shahapur, Titwala) in Kalyan Mandal are 8879626151, for Vasai Mandal (Vasai, Virar, Nalasopara, Achole, Wada) 7875760602, for Palghar Mandal (Boisar, Dahanu, Jawhar, Palghar, Mokhada, Safala, Talasari, Vikramgad) 9028154278, for customer complaints and alerts.

Disruption in Badlapur, Ambernath, Ulhasnagar due to Mahatranshan failure

A failure occurred in the ultra-high touch or remove these power lines. If such voltage power line from Padgha to Pal and a situation is found, one should Anandnagar to Palava of Mahatranshan at 6:30 am on Monday (May 26), disrupting the During the monsoon, one should take power supply of Mahavitaran customers in care that the switchboard or various Ambernath East, Badlapur East and bend, power lines break or electrical appliances in the house do not Ulhasnagar 4 and 5 sub-divisions. After the come into contact with moisture. Ensure failure in the Mahatranshan power lines was there is a possibility of that the power supply in the house is repaired, power supply to all the above areas properly earthed. Instead of copper, a was restored in phases at 8:15 am. This special metal wire called aluminum alloy resulted in a power supply disruption in Pal should be used as the fuse wire. Always and Palava areas for 18 minutes.

(By Amar Yumnam)

Imphal, May 26: We all

know what the army is . They wear uniforms and carry guns; some may not wear uniforms but perform things as they feel like in the company of their uniformed compatriots in places far-off-like Manipur - from the Cenfederating units, diverse by the demographic features of the composing population, and so on. Now, a word on federalism may be of interest. Without going longer time back, what Daniel Dujah Elajar introduced his book on Federalism (1987) would be of interest: "Human, and hence scholarly, concern with politics focuses on three general themes: the pursuit of political justice to achieve political order; the search for understanding of the empirical tre of the country. They are fundamentally meant to protect the country where they are recruited, trained, ensured their livelihood. It is also their primary responsibility that they do not try to antagonise the people of their country and take the things to take on the people for granted as they feel like.

This issue is particularly paramount in a diverse country following democratic federalism diverse in the geographic size of the country, diverse by distance from the capital of the country, diverse by geographic features of the reality of political power and its exercise; and the creation bust component of this: "One of the major recurring principles of political import which informs and encompasses all three themes is federalisman idea that defines political justice, transition from the late shapes political behaviour and directs humans toward an appropriately civic synthesis of the two.

eighteenth centuries." Through its covenantal While it was a subject foundations, federalism is analysed mainly by the an idea whose importance political scientists, it has is akin to natural law in joined defining justice and to transformation of the natural rights in delineating disciplines of the Social the origins and proper Sciences towards an constitution of political integrated one with varied society. of an appropriate perspectives merging. It is civic environment through under this federalism that civil society and the civil Manipur happens to have

FS Misri to visit Washington tomorrow

New Delhi, May 26 (UNI): Foreign Secretary Vikram Misri will be on a three-day visit to Washington, from May 27, during which he will meet with senior officials of the US Administration.

The visit is a follow up to Prime Minister Modi's visit to the United States in February 2025, when both sides had launched the India-US COMPACT (Catalysing Opportunities for Military Partnership,

Accelerated Commerce & Technology) for the 21st Century, a statement

The visit comes as an all-party delegation from India briefed US officials on Operation Sindoor and on Pakistan's role in fomenting cross-border terrorism.

The visit also comes as India and the US are firming up a trade deal.



integrating the first two

themes to produce a good

political life. In that

pursuit, political scientists

have uncovered or

architectonic principles,

seminal ideas, and plain

political truths that capture

the reality of political life or

some significant segment of

it and relate that reality to

larger principles of justice

and political order and to

practical yet normative

civic purposes." Now the

element of justice is a

foundations have been

somewhat eclipsed since

the shift to organic and

then positivistic theories of

politics, which began in the

mid-nineteenth century,

federalism as a form of

political organization has

grown as a factor shaping

political behaviour. Now, in

the crisis of transition from

the modern to the

postmodern epochs, the

federal idea is resurfacing

as a significant political

force just as it did in the

medieval to the modern

epoch, which took place

from the sixteenth to the

fundamental

Although

certain

identified

large population (comparatively speaking) following the religion of Hinduism. The major destinations for worship for the followers lie in West Bengal and central India. It has been a very common experience for the Hinduism-following elders in Manipur to go to these places in groups by hiring a bus on which one would generally find the name and banners indicating the origin of the team from Manipur.

While there could be stories of like the experience of pick-pockets, as is common as anywhere, there would be no story like the recent case of the Indian Army manifesting the power of capability by removing the banner on Manipur; the political economy of this power can only be defined in a very adverse way. Now, what is the recent case. The Shiroi Lily of the Ukhrul is an internationally known flower – the beauty and attractiveness of a flower can never be defined completely. Since it is the time of flowering, the population of the district naturally organised a festival on the flower such that people would have the opportunity to enjoy watching of the beauty of the flower in situ and in a systematic way. An interestingly rare thing happened to the bus

Well, before reaching the place, the Indian Army

the place of the festival.

carrying the journalists to

stopped the bus and saw to it that any Manipur written on the bus should be invisible. There is a concept in economics called "public good" under which anyone should be accessible to appreciate this, and none can be excluded. But in this recent case, while going to the Vrindavan for worshipping the Hindu deities with Manipur banner in the bus of travel was never a social administrative challenge, in the present case the travel with the banner was completely restricted.

Second, the beautiful public good - the Shiroi Lily was converted into a private good by the imposition of restrictions. implications for public policy of the difference between the 'public good' and the 'private good' are not simple ones, which can never be settled by the army. The interesting part here is that all these were performed by none else but the Army.

This makes us recall what Ivo Duchacek had said more than half a century back that Federalism had become 'one of those good echo words that evoke a positive response but that may mean all things to all men, like democracy, socialism, progress, constitution, justice, or peace." But Duchacek was definitely not talking of the armed, but it is the Army which had make it look like to mean anything in Manipur case. The involvement of the Army in the manner happened, and the 'supposed' Democratic Federalism India follows and, in an event, acting against the agents of sharing information with the public that is most painful. In fact, this amounts to insulting nature and compromising the prestige of the precious the Shiroi Lily. The evolution of governance as a modern approach from plain government and the usual social pluralism associated with it have been hurt hard by this plain act.

Besides insulting Manipur, this act has insulted humanity and humanism.

Repair work of power distribution system in Palghar district on war footing

Chief Engineer Chandramani Mishra himself on the field; power supply restored in most places

(Standard Post Bureau) Kalyan/Palghar:, May 26: On Friday, unseasonal rains accompanied by stormy winds caused extensive damage to the power distribution system in Palghar district throughout the day. As a result, the employees of Mahavitaran worked day and night to restore the affected power supply and restored power supply in most places by Saturday afternoon. Chief Engineer Kalyan Circle Chandramani Mishra was personally present and gave essential instructions regarding the repair work throughout the day on Saturday.

power lines, one should be

Eight poles on the 33 KV Vikramgad power line were damaged near Savade village due to Friday's stormy rains. Due to this, the 33/22 KV Vikramgad substation has been closed since Friday evening. The power supply of consumers at 11 and 22 kV Bhopodi,



substations originating from this substation was disrupted. Four poles fell near Manor village and one pole of the Jawhar to Mokhada power line fell. A total of 40 electricity poles of high and low voltage lines collapsed in this disaster. Along with this, power lines were affected due to uprooted trees and falling tree branches in various areas.

Chief Engineer Chandramani Mishra himself has been stationed in Palghar since Saturday

morning. Earlier, since Friday afternoon, he had been closely monitoring every aspect, advising to restore the affected power supply by carrying out repairs as soon as possible. Despite the adverse situation, the officers and employees of Mahavitaran along with the

employees of registered contractors have worked tirelessly and restored power supply in most places. All the poles of the power line leading to the 33/ 22 KV Vikramagad substation have been erected and power supply to Vikramagad is expected to be restored by Saturday evening. Mahavitaran has appealed for cooperation in view of the natural disaster situation.

Historic British-era DC Underslung Portal **Dismantled, Marking Completion** of 100-Year-Old Infrastructure Removal

(Standard Post Bureau)

Mumbai, May 26: In a significant milestone towards modernising Mumbai's suburban railway infrastructure, Central Railway's Mumbai Division (TRD Department) has successfully dismantled the last remaining three-track British-type Direct Current (DC) underslung portal at Vidyavihar station on 24.05.2025. This 100-year-old portal has been replaced by a modern three-span overlap system, thereby enhancing the reliability and maintainability of the Overhead Equipment (OHE).

The British-type DC underslung portals were iconic symbols of early railway electrification in India, and their phased removal marks the end of an era and the beginning of a more robust and efficient railway network."

The project to remove these old portals began in 2012, and with this final dismantling, all 22 such portals along the CSMT-Kalyan suburban main line have now been successfully removed. This



achievement reflects Central Railway's commitment to safety, reliability, and modernization of railway infrastructure.

This work was completed with meticulous planning and dedicated efforts by the Mumbai Division's TRD team, ensuring minimal disruption to train operations.